# Conformational Preferences of some Substituted Methyl Groups in Cyclohexanes as Studied by Carbon-13 Nuclear Magnetic Resonance 

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#### Abstract

Low temperature ${ }^{13} \mathrm{C}$ NMR spectra of 80:20 mixtures of cis and trans-4-CH $-\mathrm{C}_{6} \mathrm{H}_{\mathbf{1 0}} \mathrm{CH}_{2} \mathrm{X}$, where $-\mathrm{C}_{6} \mathrm{H}_{10}-$ is 1,4 -disubstituted cyclohexyl and $\mathrm{X}=\mathrm{Br}, \mathrm{CN}, \mathrm{OH}, \mathrm{OCH}_{3}, \mathrm{Si}\left(\mathrm{CH}_{3}\right)_{3}, \mathrm{Sn}\left(\mathrm{CH}_{3}\right)_{3}, \mathrm{~Pb}\left(\mathrm{CH}_{3}\right)_{3}$ and $\mathrm{HgOCOCH}_{3}$ have been recorded. The signals of the trans ( $\mathrm{e}, \mathrm{e}$ ) components were assigned from the ambient temperature spectra of $\mathrm{C}_{6} \mathrm{H}_{11} \mathrm{CH}_{2} \mathrm{X}$ and the established substituent effects of an equatorial methyl group in cyclohexane. Conformational equilibria of the cis $(\mathrm{e}, \mathrm{a} \rightleftarrows \mathrm{a}, \mathrm{e})$ components were then computed from the intensities of the (remaining) signals ( $\sim \mathbf{1 8 0} \mathrm{K}$ ) of the two conformational isomers. From these equilibria A values of $\mathbf{C H}_{2} \mathrm{X}$ were calculated, assuming additivity of conformational energies of $\mathbf{C H}_{3}$ and $\mathbf{C H}_{2} \mathrm{X}$ (the counter-poise approach). In general, these values are very similar to the value of $\mathbf{C H}_{3}$, although some trends do emerge. This study provides $\alpha, \beta, \gamma$ and $\delta$ effects for a wide range of axial and equatorial $\mathbf{C H}_{2} \mathrm{X}$ groups.


## INTRODUCTION

For some time we have been concerned with the substituent effects exerted by substituted methyl groups when attached to aromatic systems, and the conformations facilitating this interaction. ${ }^{1-6}$ As an extension of this work, and our other interests in conformational preferences of metallo-containing groups, ${ }^{7-9}$ it was considered worthwhile to determine (by NMR spectroscopy) the conformational $A$ values of various substituted methyl groups. Information already available ${ }^{10}$ indicated that these $A$ values would be comparable with that for $\mathrm{CH}_{3}\left(1.74 \mathrm{kcal} \mathrm{mol}^{-1}\right.$ appears to be the best value), ${ }^{12}$ but the selection of the $\mathrm{CH}_{2} \mathrm{X}$ groups was limited and did not contain any metal functions.

As determination of $A$ values in excess of $1.7 \mathrm{kcal} \mathrm{mol}^{-1}$ by direct low temperature NMR observation is not feasible, or at least highly inaccurate (unless ${ }^{13} \mathrm{C}$ enriched samples are examined ${ }^{12}$ ), we chose the alternative counter-poise method. ${ }^{13}$ In this approach, the conformational preference of the group to be studied $\left(\mathrm{CH}_{2} \mathrm{X}\right)$ is balanced against that of another group, usually methyl, and if the $A$ value of $\mathrm{CH}_{2} \mathrm{X}$ is greater than $1.74 \mathrm{kcal} \mathrm{mol}^{-1}$, then $\mathbf{B}$ would predominate, and vice versa.


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## RESULTS

The parent (unsubstituted) cyclohexylmethyl compounds were obtained in a straightforward manner from either cyclohexanecarboxylic acid (ethyl ester) or cyclohexylmethyl bromide. Reduction of $p$-toluic acid provided an 80:20 cis:trans mixture of 4methylcyclohexanecarboxylic acid which was esterified (see Experimental). No attempt to separate these isomers was made; the presence of the trans isomer ( $\sim 20 \%$ ) was not a problem in the interpretation of the ${ }^{13} \mathrm{C}$ spectra as its signals were essentially temperature invariant. Standard manipulation of the ester function provided the compounds examined.
The ${ }^{13} \mathrm{C}$ chemical shifts and, where appropriate, metal- ${ }^{13} \mathrm{C}$ couplings are listed below (Table 1) for the parent system, $\mathrm{C}_{6} \mathrm{H}_{11} \mathrm{CH}_{2} \mathrm{X}$. Spectral assignments were made on the basis of chemical shifts, signal intensities and substituent effects. In the cases where $X=$ magnetically active .nuclei $\left(I=\frac{1}{2}\right)$, e.g. ${ }^{199} \mathrm{Hg}$, ${ }^{119} \mathrm{Sn},{ }^{207} \mathrm{~Pb}$, definite assignment was possible on the basis of these couplings, and these agreed with conclusions based on the other criteria.

The substituent effects listed in Table 1 must be regarded as approximate, as at $\sim 300 \mathrm{~K}$ a significant population ( $\sim 5 \%$ ) of the axial $-\mathrm{CH}_{2} \mathrm{X}$ conformer will exist. Nevertheless, these values are an adequate basis for calculating the chemical shifts of the trans-4methylcyclohexyl derivatives.

The signals for the trans-4-methyl series could be selected in the ambient spectra on the basis of their intensities ( $\sim 20 \%$ ) and agreement with the calculated shifts. These signals also exhibited very little response to lower temperature as expected, ${ }^{14}$ whereas the cis

Table 1. Carbon- 13 chemical shifts ${ }^{\mathbf{a}}$ of cyclohexylmethyl compounds


| x | 1 | 2.6 | $\text { Carbonn }_{3,5}^{\text {b-d }}$ | 4 | $\mathrm{CH}_{2}$ | Other carbons |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $B r^{\text {e }}$ | 40.05 | 31.74 | 25.97 | 26.27 | 40.51 |  |
|  | (+12.95 | (+4.64) | (-1.13) | (-0.83) |  |  |
| CN | 34.40 | 32.02 | 25.34 | 26.56 | 24.27 | 118.42 |
|  | (7.30) | (4.90) | (-1.80) | (-0.54) |  |  |
| OH | 40.35 | 29.55 | 25.78 | 26.53 | 68.32 |  |
|  | (13.25) | (2.45) | (-1.32) | (-0.57) |  |  |
| $\mathrm{OCH}_{3}$ | 37.91 | 29.94 | 25.78 | 26.51 | 78.7 | 58.5 |
|  | (10.81) | (2.84) | (-1.32) | (-0.59) |  |  |
| $\mathrm{Sn}\left(\mathrm{CH}_{3}\right)_{3}{ }^{\text {e }}$ | 36.36(18.32) | 37.25(42.12) | 26.67 | 26.30 | 21.2(362.55) | -9.41(313.11) |
|  | (9.26) | (10.15) | (-0.43) | (-0.80) |  |  |
| $\mathrm{Si}\left(\mathrm{CH}_{3}\right)_{3}$ | 34.45 | 36.94 | 26.66 | 26.31 | 25.78 | -0.54 |
|  | (7.35) | (9.84) | (-0.44) | (-0.79) |  |  |
| $\mathrm{Pb}\left(\mathrm{CH}_{3}\right)_{3}$ | 38.15(34.43) | 37.22(70.3) | 26.54 | 26.28 | 29.23(331.2) | $-3.94(192.7)$ |
|  | (11.05) | (10.12) | (-0.56) | (-0.82) |  |  |
| $\mathrm{HgOCOCH}_{3}$ | 37.62(82) | 38.26(156.9) | 26.22(~14) | 25.78 | 35.99(1507.6) | 177.28; 23.88 |
|  | (10.52) | (11.16) | (-0.88) | (-1.32) |  |  |

${ }^{\text {a }}$ Chemical shifts for $\mathrm{CDCl}_{3}$ solutions ( 298 K ) referenced to internal TMS.
${ }^{\text {b }}$ Substituent effects of $-\mathrm{CH}_{2} \mathrm{X}$ in parentheses below chemical shift. A chemical shift of 27.1 ppm has been used for cyclohexane to calculate the substituent chemical shifts.
${ }^{c}$ Metal- ${ }^{13} \mathrm{C}$ coupling constants in parentheses following chemical shift.
${ }^{d} \alpha, \beta, \gamma$ and $\delta$ effects of e- $\mathrm{CH}_{3}$ are: $+6.4,+8.5,-0.4$ and -0.1 ppm , respectively. Corresponding values for $\mathrm{a}-\mathrm{CH}_{3}$ are $+1.1,+5.2,-5.9$ and +0.2 ppm .
${ }^{e}$ Data for $\mathrm{X}=\mathrm{Br}$ and $\mathrm{Sn}\left(\mathrm{CH}_{3}\right)_{3}$ obtained at 67.89 MHz , others at 25 MHz .
isomers exhibited marked broadening and essential separation into two sets of signals corresponding to $\mathbf{A}$ and $\mathbf{B}$. The observed and calculated ${ }^{13} \mathrm{C}$ chemical shifts of trans-4-methylcyclohexyl- $\mathrm{CH}_{2} \mathrm{X}$ are located in Table 2, and values at $\sim 180 \mathrm{~K}$ are also listed. The agreements between observed and calculated shifts are very good.

With the signals for the trans isomers assigned, it was possible then to assign the remaining signals in the low temperature ('frozen') spectra to the two conformations of the cis isomers (Table 3). The $\mathrm{CH}_{3}$ and $\mathrm{CH}_{2} \mathrm{X}$ signals were straightforwardly assigned, as there is a large difference between axial ( $\sim 17 \mathrm{ppm}$ ) and equatorial ( $\sim 23 \mathrm{ppm}$ ) methyl group chemical shifts, as well as in the $\alpha$ and $\gamma$ effects such groups exert. Additional assistance is provided by easy observations of metal $-{ }^{13} \mathrm{C}$ couplings (e.g. ${ }^{207} \mathrm{~Pb},{ }^{199} \mathrm{Hg}$ ) which lead to unambiguous assignment of certain signals, and significant population differences between the cis conformers was also useful. Spectral observations at intermediate temperatures also indicated the relationship between signals at low and higher temperatures.

With the assignments for the cis conformers $\mathbf{A}$ and B determined, the substituent chemical shifts of equatorial and axial $-\mathrm{CH}_{2} \mathrm{X}$ groups were calculated (knowing the $\alpha, \beta, \gamma$ and $\delta$ effects of equatorial and axial $\mathrm{CH}_{3}$ groups) and are listed in Table 4.

## DISCUSSION

The chief features to emerge from the data in Tables 1-4 concern: substituent chemical shifts of
$\mathrm{CH}_{2} \mathrm{X}$ groups in equatorial and axial orientations; metal- $-{ }^{13} \mathrm{C}$ spin coupling and the information it might provide on preferred conformations within the $\mathrm{CH}_{2} \mathrm{X}$ group relative to the ring; and the conformational preferences of the various $\mathrm{CH}_{2} \mathrm{X}$ groups.

## Substituent chemical shifts of $\mathbf{C H}_{2} \mathbf{X}$

In Table 4 are listed $\alpha, \beta, \gamma$ and $\delta$ effects of equatorial and axial $\mathrm{CH}_{2} \mathrm{X}$. Two sets of values for the equatorial groups are presented-the first for the parent system $\mathrm{C}_{6} \mathrm{H}_{11} \mathrm{CH}_{2} \mathrm{X}$ and the second based on trans-4-methylcyclohexyl- $\mathrm{CH}_{2} \mathrm{X}$ (after correction for the effects of equatorial $\mathrm{CH}_{3}$ ). The first set is approximate, as at -300 K a significant population of axial $\mathrm{CH}_{2} \mathrm{X}$ conformer will exist and influence, in particular, the $\alpha$ and $\gamma$ effects. This is fairly clear when the two sets of values are compared and the second set of $\gamma$ values are generally significantly more positive because of the 'factoring' out of the slight axial contribution in the first set of values. One set of values for axial- $\mathrm{CH}_{2} \mathrm{X}$ is available from the cis-conformer $\mathbf{A}$. The differences between the values for $\mathrm{CH}_{3}$ and $\mathrm{CH}_{2} \mathrm{X}$ are quite



Table 2. Carbon-13 chemical shifts" of trans-4-methylcyclohexylmethyl compounds


| $x$ | 1 | 2.6 | 3,5 | 4 | $\mathrm{CH}_{3}$ | $\mathrm{CH}_{2}$ | Other carbons |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathrm{Br}(300 \mathrm{~K})$ | 40.38 | 32.10 | 35.08 | 32.91 | 22.52 | 41.11 |  |
| (Calc.) ${ }^{\text {b }}$ | 39.75 | 31.74 | 34.87 | 31.87 | $\sim 23$. | $\sim 41$. |  |
| (193 K) | 39.89 | 31.63 | 34.56 | 32.60 | 22.71 | 42.09 |  |
| CN(300 K) | 35.01 | 32.77 | 34.90 | 32.50 | 22.53 | 24.90 | 119.71 |
| (Calc.) | 34.1 | 32.00 | 34.20 | 32.04 | $\sim 23$ | $\sim 24$ | $\sim 118$ |
| (183 K) | 34.57 | 32.26 | 34.38 | 32.15 | 22.75 | 24.93 | 120.42 |
| $\mathrm{OH}(300 \mathrm{~K})$ | 40.76 | 29.95 | 35.13 | 33.30 | 22.84 | 68.91 |  |
| (Caic) | 40.05 | 29.55 | 34.68 | 32.13 | $\sim 23$ | $\sim 68$ |  |
| (185 K) | 40.01 | 29.57 | 34.63 | 33.05 | 23.06 | 67.97 |  |
| $\mathrm{OCH}_{3}(300 \mathrm{~K})$ | 38.21 | 30.40 | 35.18 | 33.32 | 22.88 | 79.16 | 58.8 |
| (Calc.) | 37.61 | 29.94 | 34.68 | 32.11 | $\sim 23$ | $\sim 78$ | $\sim 58$ |
| (183 K) | 37.70 | 29.94 | 34.54 | 32.95 | 23.05 | 78.88 | 58.98 |
| $\mathrm{Si}\left(\mathrm{CH}_{3}\right)_{3}(300 \mathrm{~K})$ | 34.63 | 37.34 | '36.06 | 32.85 | 22.56 | 25.62 | -0.48 |
| (Calc.) | 34.15 | 36.94 | 35.56 | 31.91 | $\sim 23$ | $\sim 25$. | - -0.5 |
| (173 K) | 34.05 | 36.70 | 35.43 | 32.45 | 23.09 | 25.20 | -0.43 |
| $\mathrm{Sn}\left(\mathrm{CH}_{3}\right)_{3}(300 \mathrm{~K})^{\text {c }}$ | 36.66 | $\begin{aligned} & 37.76 \\ & (\sim 39) \end{aligned}$ | 36.06 | 32.90 | 22.77 | 21.27 | -9.47 |
| (Calc.) | 36.06 | 37.25 | 35.57 | 31.90 | -23 | -21 | --9 |
| (193 K) | $\begin{aligned} & 36.08 \\ & (\sim 20) \end{aligned}$ | 37.23(42) | 35.53 | 32.51 | 22.98 | 21.60(362) | -9.47 (313) |
| $\mathrm{Pb}\left(\mathrm{CH}_{3}\right)_{3}(300 \mathrm{~K})^{\mathrm{c}}$ | $\begin{gathered} 38.26 \\ (34.48) \end{gathered}$ | $\begin{gathered} 37.53 \\ (71.4) \end{gathered}$ | $\begin{gathered} 35.82 \\ (7.19) \end{gathered}$ | 32.80 | 22.74 | $\begin{gathered} 29.23 \\ (346.62) \end{gathered}$ | $\begin{array}{r} -3.94 \\ (192.35) \end{array}$ |
| (Calc.) | 37.85 | 37.21 | 35.44 | 31.88 | $\sim 23$ | $\sim 29$ | -3 to -4 |
| (193 K) | $\begin{array}{r}37.75 \\ \hline\end{array}$ | 37.08 $\mathbf{1 7 2 0 )}$ | 35.37 | 31.96 | 22.93 | 29.02(330) | -3.98(191.4) |
| $\left.\mathrm{HgOCOCH}_{3}{ }^{\text {c }} 300 \mathrm{~K}\right)$ | 37.81 | $38.64$ (158) | $\begin{aligned} & 35.50 \\ & (\sim 15) \end{aligned}$ | 32.60 | 22.63 | 35.92 | 177.3; 24.07 |
| (Caic.) | 37.32 | 38.26 | 35.12 | 31.38 | $\sim 23$ | $\sim 36$ | ~177; 23-24 |
| (173 K) | 37.36 | 37.91 | 34.89 | 32.24 | 22.98 | $\begin{gathered} 36.47 \\ (1510) \end{gathered}$ | 177.48; 24.6 |

a Spectra recorded at 67.89 MHz for $\mathrm{CD}_{2} \mathrm{Cl}_{2}$ solvent relative to internal TMS.
${ }^{\text {b }}$ Assuming additivity of substituent chemical shifts and values for $\mathrm{e}-\mathrm{CH}_{2} \mathrm{X}$ from Table 1.
${ }^{\mathrm{c}}$ Values in parentheses are metal- ${ }^{13} \mathrm{C}$ couplings.
substantial and, of course, reflect the substituent chemical shifts of the X groups themselves, operating presumably from the favoured conformations drawn below. For example, the reduced $\beta$ effect of $\mathrm{CH}_{2} \mathrm{OH}$ and $\mathrm{CH}_{2} \mathrm{OCH}_{3}$ [ 3.19 and 3.24 ppm , respectively, compared with $\mathrm{CH}_{3}$ ( 5.2 ppm )] is associated with the shielding ' $\gamma$-anti' effect of OH and $\mathrm{OCH}_{3} .{ }^{15}$ Similarly, the greater $\beta$ effects of $\mathrm{CH}_{2} \mathrm{M}\left(\mathrm{CH}_{3}\right)_{3}$ and $\mathrm{CH}_{2} \mathrm{HgOAc}$ reflect the positive $\gamma$ effects ${ }^{16,17}$ of $\mathrm{M}\left(\mathrm{CH}_{3}\right)_{3}$ and HgOAc and so on. The $\gamma$ effects of axial $-\mathrm{CH}_{2} \mathrm{X}$ are all larger than that of axial- $\mathrm{CH}_{3}(-5.9 \mathrm{ppm})$ although the differences are not large, except for -OH and $-\mathrm{OCH}_{3}{ }^{18}$ This would be reasonable if the conformation above for the axial- $\mathrm{CH}_{2} \mathrm{X}$ was highly predominant, as would be expected on statistical and energetic grounds.

## Metal- ${ }^{13} \mathrm{C}$ spin coupling

In the case of $\mathrm{X}={ }^{119.117} \mathrm{Sn},{ }^{207} \mathrm{~Pb}$ and ${ }^{199} \mathrm{Hg}$, the observation of satellite signals in the ${ }^{13} \mathrm{C}$ spectra was generally possible and, as mentioned previously,
greatly facilitated assignment of certain signals. The generalization is that ${ }^{1} J>{ }^{3} J>^{2} J$ and, additionally, ${ }^{3} J$ (vicinal coupling) is largely regulated by the dihedral angle (Karplus-type dependence). ${ }^{8,19.20}$ The observed ${ }^{3} J$ values are summarized below.


Utilizing the angular dependences for ${ }^{3} \mathrm{~J}$ already established in other systems for these nuclei, ${ }^{8,19,20}$ it is quite clear that the conformations previously drawn

Table 3. Carbon-13 chemical shifts of cis-4-methylcyclohexylmethyl compounds


| $x$ | 1 | 2,6 | 3.5 | 4 | $\mathrm{CH}_{3}$ | $\mathrm{CH}_{2}$ | Other carbons |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathrm{Br}(300 \mathrm{~K})$ | 38.64 | 27.60 | 30.83 | 30.10 | 19.96 | 39.37 |  |
| A | 34.64 | 29.33 | 28.80 | 33.21 | 23.12 | 38.08 |  |
| B | 40.69 | 25.76 | 31.24 | 26.94 | 17.31 | 42.27 |  |
| B Calc.) $^{\text {b }}$ | 39.95 | 26.34 | 31.17 | 27.37 | $\sim 17$ | -41-42 |  |
| CN(300 K) | 33.29 | 28.14 | 30.57 | 29.78 | 19.94 | 22.61 | 119.71 |
| A | 30.08 | 31.06 | 28.96 | 32.86 | 23.10 | 19.62 | 121.15 |
| B | 35.28 | 26.51 | 29.12 | 26.81 | 17.27 | 25.15 | 120.42 |
| B(Calc.) | 34.3 | 26.62 | 30.54 | 27.54 | $\sim 17$ | $\sim 24$ | $\sim 118$ |
| $\mathrm{OH}(300 \mathrm{~K})$ | 38.69 | 25.62 | 31.08 | 30.46 | 20.23 | 66.46 |  |
| A | 34.72 | 29.89 | 26.82 | 33.20 | 23.32 | 62.44 |  |
| B | 40.85 | 23.66 | 31.18 | 27.41 | 17.42 | 67.97 |  |
| B(Calc.) | 40.25 | 24.15 | 30.98 | 27.63 | -17 | ~68 |  |
| $\mathrm{OCH}_{3}(300 \mathrm{~K})$ | 35.80 | 26.07 | 31.13 | 30.58 | 20.36 | 76.61 | 58.80 |
| A | 33.16 | 29.94 | 27.26 | 32.42 | 23.31 | 73.42 | 58.98 |
| B | 38.56 | 24.03 | 31.13 | 27.34 | 17.41 | 78.88 | 58.98 |
| B(Calc.) | 37.81 | 24.54 | 30.98 | 27.61 | $\sim 17$ | $\sim 78$ | $\sim 58$ |
| $\mathrm{Si}\left(\mathrm{CH}_{3}\right)_{3}(300 \mathrm{~K})$ | 30.68 | 31.03 | 32.45 | 31.11 | 20.62 | 22.87 | -0.65 |
| A | 28.56 | 32.78 | 29.10 | 33.35 | 23.42 | 18.01 | -0.78 |
| B | 34.99 | 30.75 | 31.98 | 26.81 | 17.45 | 25.57 | -0.46 |
| B (Calc.) | 34.35 | 31.54 | 31.86 | 27.41 | $\sim 17$ | -25 | $\sim-0.5$ |
| $\mathrm{Sn}\left(\mathrm{CH}_{3}\right)_{3}(300 \mathrm{~K})^{\text {c }}$ | 34.41(~17) | 32.80(40) | 31.18 | 30.34 | 20.25 | 18.64(~340) | -9.69 |
| A | 30.46(~22) | 33.44(42) | 29.03 | 33.56 | 23.35 | 14.18(330) | $-9.85(313)$ |
| B | 36.98(~20) | 31.32(44) | 32.09 | 26.84 | 17.49 | 21.05(366) | -9.47(313) |
| B (Calc.) | 36.26 | 31.85 | 31.87 | 27.40 | $\sim 17$ | $\sim 21$ | $\sim-9$ |
| $\mathrm{Pb}\left(\mathrm{CH}_{3}\right)_{3}(300 \mathrm{~K})^{\text {c }}$ | 36.04 | 32.68 | 31.03 | 30.19 | 20.19 | 26.80 | -4.16(192.36) |
|  | (34.38) | (71.47) | (14.00) |  |  | (336.56) |  |
| A | 32.07(~35) | 33.51(74.9) | 29.02 | 32.50 | 23.33 | 22.68(336) | -4.36(191.3) |
| B | 38.64(~28) | 31.18(73.2) | 31.96 | 26.78 | 17.47 | 28.61(~330) | -3.98(191.4) |
| B(Calc.) | 38.05 | 31.81 | 31.74 | 27.38 | $\sim 17$ | $\sim 29.30$ | $\sim-3$ to -4 |
| $\mathrm{HgOCOCH}_{3}(300 \mathrm{~K})^{\text {c }}$ | 36.4(75) | 33.28(165) | 31.22 | 29.16 | 19.37 | 34.35(1495) | 23.95; 177.30 |
| A | 31.64 | 33.96(~140) | 28.97 | 33.48 | 23.28 | 31.34 | 24.63; 177.52 |
| B | 38.21(~75) | 31.98( $\sim 165$ ) | 31.55 | 26.58 | 17.41 | 36.47(1510) | 24.63; 177.52 |
| B(Calc.) | 37.52 | 32.86 | 31.42 | 26.88 | $\sim 17$ | -36 | $\sim 24 ; \sim 177$ |

${ }^{\text {a }}$ Spectra recorded at 67.89 MHz for $\mathrm{CD}_{2} \mathrm{Cl}_{2}$ solvent.
${ }^{\text {b }}$ Calculated assuming additivity of chemical shifts, and using substituent chemical shifts (SCS values) for axial- $\mathrm{CH}_{3}$ and equatorial $-\mathrm{CH}_{2} \mathrm{X}$ (Table 1).
${ }^{\mathrm{c}}$ Values in parentheses are metal- ${ }^{13} \mathrm{C}$ couplings.
for equatorial and axial $\mathrm{CH}_{2} \mathrm{X}$ are consistent with these ${ }^{3} J$ values, and that populations of (presumed) higher energy forms (below) are relatively low. For example, in the favoured conformations for axial and equatorial $\mathrm{CH}_{2} \mathrm{X}$, the average ${ }^{3} J$ would be derived from ${ }^{3} J_{180^{\circ}}$ and ${ }^{3} J_{60^{\circ}}$. The calculated values are $\sim 40 \mathrm{~Hz}\left({ }^{119} \mathrm{Sn}\right), \sim 80 \mathrm{~Hz}\left({ }^{207} \mathrm{~Pb}\right)$ and $170 \mathrm{~Hz}\left({ }^{199} \mathrm{Hg}\right)$, all in reasonable agreement with the ${ }^{3} J$ observed. (The ${ }^{3} J_{180^{\circ}}$ and ${ }^{3} J_{60^{\circ}}$ values employed ${ }^{8,19,20}$ were: ${ }^{199} \mathrm{Hg}, 270$ and $70 \mathrm{~Hz} ;{ }^{19} \mathrm{Sn}, 65$ and 10 Hz and ${ }^{207} \mathrm{~Pb}, 120$ and 20 Hz .)



Significant populations of the presumed less stable conformers above would reduce ${ }^{3} J_{\mathrm{AV}}$, as the dihedral angle to each of the two vicinal carbons is $60^{\circ}$. The
one and two bond couplings reported here are unexceptional, but nevertheless greatly assist in assignments.

## Conformational preferences of $\mathbf{C H}_{\mathbf{2}} \mathbf{X}$

Assuming additivity of conformational free energies, it is possible to determine $A$ values for $\mathrm{CH}_{2} \mathrm{X}$ in several ways. Previously we have shown that in cis-4methylcyclohexyltin compounds, the 'ambient' $(\sim 300 \mathrm{~K})$ chemical shift of the $\mathrm{C}-\mathrm{CH}_{3}$ signal could be used, along with standard values for axial and equatorial $\mathrm{C}-\mathrm{CH}_{3}$, to calculate relative populations of $\mathbf{A}$ and $B$ type cis-conformers, and hence an $A$ value for $\mathrm{Sn}\left(\mathrm{CH}_{3}\right)_{3}$, in excellent agreement with that based on direct observation of the system at -180 K where chair-chair reversal is sufficiently slow. ${ }^{21}$ We have employed this procedure in the present cases, and $A$ values based on this procedure are entered in Table 5.

Table 4. Substituent chemical shifts ${ }^{\mathbf{a}}$ of substituted methyl groups ( $-\mathbf{C H}_{2} \mathbf{X}$ )

|  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| x | $\alpha$ | $\beta$ | $\gamma$ | $\delta$ | $\alpha$ | $\beta$ | $\gamma$ | $\delta$ |
| Br | 12.95 | 4.64 | $-1.13$ | -0.83 | 7.64 | 2.64 | $-6.80$ | -0.29 |
|  | 13.38 | 5.40 | -0.52 | $-0.59$ |  |  |  |  |
| CN | 7.30 | 4.90 | -1.80 | -0.54 | 3.08 | 4.36 | -6.64 | -0.64 |
|  | 8.01 | 6.07 | -0.70 | -1.00 |  |  |  |  |
| OH | 13.25 | 2.45 | -1.32 | -0.57 | 7.72 | 3.19 | -8.78 | -0.30 |
|  | 13.76 | 3.25 | -0.47 | $-0.20$ |  |  |  |  |
| $\mathrm{OCH}_{3}$ | 10.81 | 2.84 | $-1.32$ | -0.59 | 6.16 | 3.24 | -8.34 | -1.08 |
|  | 11.21 | 3.70 | -0.42 | -0.18 |  |  |  |  |
| $\mathrm{Si}\left(\mathrm{CH}_{3}\right)_{3}$ | 7.35 | 9.84 | -0.44 | -0.79 | 1.56 | 6.08 | $-6.50$ | $-0.15$ |
|  | 7.63 | 10.64 | +0.46 | -0.65 |  |  |  |  |
| $\mathrm{Sn}\left(\mathrm{CH}_{3}\right)_{3}$ | 9.26 | 10.15 | -0.43 | -0.80 | 3.46 | 6.74 | -6.57 | +0.06 |
|  | 9.66 | 11.06 | +0.46 | -0.60 |  |  |  |  |
| $\mathrm{Pb}\left(\mathrm{CH}_{3}\right)_{3}$ | 11.05 | 10.12 | -0.56 | -0.82 | 5.07 | 6.81 | $-6.58$ | -1.00 |
|  | 11.26 | 10.83 | +0.22 | 0.70 |  |  |  |  |
| $\mathrm{HgOCOCH}_{3}$ | 10.52 | 11.16 | -0.88 | -1.32 | 4.64 | 7.26 | $-6.63$ | $-0.02$ |
|  | 10.81 | 11.94 | -0.10 | -0.90 |  |  |  |  |
| $\mathrm{H}^{\text {d }}$ | 6.4 | 8.5 | -0.40 | -0.1 | 1.1 | 5.2 | -5.9 | $+0.2$ |

a Using a value of 27.1 ppm for cyclohexane relative to TMS.
${ }^{b}$ For $e-\mathrm{CH}_{2} \mathrm{X}$, the first set of values based on the parent $\mathrm{C}_{6} \mathrm{H}_{11} \mathrm{CH}_{2} \mathrm{X}$ system, and the second on the trans-4-methyl system, with correction for the e-CH3 effects, on the spectra obtained under ambient conditions.
c The SCS values for a- $\mathrm{CH}_{2} \mathrm{X}$ were derived from conformer $\mathbf{A}$ (table 3) (with correction for e-CH3 effects), necessarily from the low temperature spectra.
${ }^{d}$ From ref. 11.

In the low temperature spectra, where the populations of the two cis-conformers are comparable, several measures of relative concentrations are possible, but the signals for $\mathrm{C}-\mathrm{CH}_{3}$ and $\mathrm{CH}_{2} \mathrm{X}$ are assignable unambiguously and are used in the calculations in Table 5. We have also conducted calculations based on the intensities of other signals, and these values are

Table 5. Conformational free energies $\left(-\Delta G^{0}\right)$ of $\mathrm{CH}_{2} \mathrm{X}$

| $\mathrm{CH}_{2} \mathrm{X}$ | A values (kcal $\mathrm{mol}^{-1}$ ) |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Method |  |  |  |
| $x$ | $\mathrm{C}-\mathrm{CH}_{3}$ Chemical shift ${ }^{\text {a }}$ | $\mathrm{C}-\mathrm{CH}_{3}$ <br> Intensity ${ }^{\text {b }}$ | $\underset{\text { Intensity }}{\mathrm{CH}_{2} \mathrm{X}}$ | Average |
| Br | 1.84 | 1.73 | 1.79 | 1.79 |
| $\mathrm{CN}^{\text {c }}$ | 1.84 | 1.69 | 1.78 | 1.77 |
| OH | 1.79 | 1.73 | Signal overlap | 1.76 |
| $\mathrm{OCH}_{3}$ | 1.74 | 1.69 | 1.74 | 1.72 |
| $\mathrm{Si}\left(\mathrm{CH}_{3}\right)_{3}$ | 1.67 | 1.67 | 1.61 | 1.65 |
| $\mathrm{Sn}\left(\mathrm{CH}_{3}\right)_{3}$ | 1.81 | 1.71 | 1.84 | 1.79 |
| $\mathrm{Pb}\left(\mathrm{CH}_{3}\right)_{3}$ | 1.87 | 1.79 | 1.76 | 1.81 |
| $\mathrm{HgOCOCH}_{3}$ | 2.16 | 2.08 | 1.91 | 2.05 |

[^1]not seriously different. Integral comparisons of carbons bearing the same number of hydrogen atoms for spectra at 180 K are expected to introduce insignificant errors with the pulse repetition times employed.

This is supported by our examination of the ${ }^{1} \mathrm{H}$ spectra (at various temperatures) of the cis, trans-4methylcyclohexylmethyl cyanide system. At ambient temperature, the trans isomer exhibits signals (doublets, $\mathrm{J} \sim 6.5 \mathrm{~Hz}$ ) for $\mathrm{C}-\mathrm{CH}_{3}$ at $\delta 0.87$ and $\mathrm{CH}_{2} \mathrm{CN}$ at $\delta 2.23$, with corresponding signals for the cis isomer at $\delta 0.93$ and $\delta 2.31$. At $189 \pm 3 \mathrm{~K}$, with ring reversal suitably slowed, the following chemical shifts are observed (all relative to internal TMS for $\mathrm{CD}_{2} \mathrm{Cl}_{2}$ solvent). Utilizing the integrals for the $\mathrm{CH}_{2} \mathrm{CN}$ signals, and correcting for the presence of the (c. $20 \%$ ) trans isomer, an $A$ value of $1.78 \pm 0.07 \mathrm{kcal} \mathrm{mol}^{-1}$ is obtained. This is in excellent agreement (Table 5) with the value based on ${ }^{13} \mathrm{C}$ signal intensities.


The clear and perhaps not surprising result is that $A$ values for $\mathrm{CH}_{2} \mathrm{X}$ are barely distinguishable from the accurately determined ${ }^{12}$ value ( $1.74 \mathrm{kcal} \mathrm{mol}^{-1}$ ) for $\mathrm{CH}_{3}$ itself. This is again consistent with the presumed
highly preferred conformations for axial and equatorial $\mathrm{CH}_{2} \mathrm{X}$ below, as in these arrangements


little change to the torsional energy difference between the conformers would result. The interesting result concerns $-\mathrm{CH}_{2} \mathrm{HgOAc}$ and that the larger $A$ value ( $2.05 \mathrm{kcal} \mathrm{mol}^{-1}$ ) (compared with $\mathrm{CH}_{3}$ ) is real is quite obvious from the low temperature spectrum. The factor involved here is not apparent, but it is worthwhile noting that -HgOAc prefers the axial orientation in cyclohexylHgOAc. ${ }^{7}$

Previously, Stothers ${ }^{10}$ had reported $A$ values for $\mathrm{CH}_{2} \mathrm{OH}$ and $\mathrm{CH}_{2} \mathrm{OCH}_{3}$ of c. $1.40 \mathrm{kcal} \mathrm{mol}^{-1}\left({ }^{13} \mathrm{C}\right.$ method) and $1.70 \mathrm{kcal} \mathrm{mol}^{-1}\left({ }^{1} \mathrm{H}\right.$ method), values close to those reported here. Eliel ${ }^{22}$ has provided a value of $1.65 \mathrm{kcal} \mathrm{mol}^{-1}$ for $-\mathrm{CH}_{2} \mathrm{OH}$, based on the equilibration method. Although not presented in detail, our methods provide $A$ values for $-\mathrm{COOCH}_{2} \mathrm{CH}_{3}$ of $1.29 \mathrm{kcal} \mathrm{mol}^{-1}\left(\mathrm{C}-\mathrm{CH}_{3}\right.$ chemical shift) and $1.24 \mathrm{kcal} \mathrm{mol}^{-1}\left(\mathrm{C}-\mathrm{CH}_{3}\right.$ intensities in low temperature spectra), values in good agreement with the literature ${ }^{23}\left(\sim 1.1 \mathrm{kcal} \mathrm{mol}^{-1}\right)$, and providing confidence in the methods used here. The main conclusion to be drawn is that from the viewpoint of general conformational analysis, substituted methyl groups, with both electro-negative and -positive substituents, differ only marginally from the methyl group itself. This situation may not obtain, however, if other polar functionality were installed at appropriate positions in the ring, so that energy-lowering interactions could emanate from axially disposed polar $\mathrm{CH}_{2} \mathrm{X}$ groups.
Recently, Booth and Everett ${ }^{33}$ have demonstrated that in the series methyl, ethyl and isopropyl, $-\Delta H^{\circ}$ and $\Delta S^{\circ}$ move in opposite senses so that at very low temperatures $(\sim 40 \mathrm{~K})$ methyl has a greater equatorial preference than isopropyl. At higher temperatures, e.g. room temperature, $\Delta G^{\circ}$ is dominated by $T \Delta S^{\circ}$ so that isopropyl has the greatest equatorial preference. This study ${ }^{33}$ confirmed that the 'counter-poise' approach, utilizing a relatively evenly balanced equilibrium, allowed calculation of conformational parameters of good accuracy.

## EXPERIMENTAL

## Compounds

cis and trans-4-methylcyclohexylmethyl derivatives. As outlined in the Discussion, examination was conducted on an $80: 20$ cis: trans mixture of these derivatives, this ratio being established by GLC and ${ }^{1} \mathrm{H}$, ${ }^{13} \mathrm{C}$ NMR analysis. This predominantly cis mixture results from the hydrogenation of $p$-toluic acid, as described by Eliel. ${ }^{23}$ Thus, this $80: 20$ cis: trans mixture of 4 -methylcyclohexanecarboxylic acid was esterified ${ }^{24}$ and reduced $\left(\mathrm{LiAlH}_{4}\right)$ in the normal way to
provide the same mixture of cis,trans-4-methylcyclohexylmethyl alcohol, with b.p. 85-88 ${ }^{\circ}$ ( 15 mm ). (Lit. ${ }^{25}$ $90-91^{\circ}(12 \mathrm{~mm})$ for cis and $90-91^{\circ}(15 \mathrm{~mm})$ for trans $)$. ${ }^{1} \mathrm{H}$ NMR: $\mathrm{CH}_{3} \quad(\mathrm{~d}, \mathrm{~J} \sim 6 \mathrm{~Hz}), \delta 0.91$ (cis), $\delta 0.89$ (trans); $\mathrm{CH}_{2}-\mathrm{OH}(\mathrm{d}, J \sim 6 \mathrm{~Hz}$ ), $\delta 3.47$ (cis) and $\delta 3.40$ (trans). (Cyclohexyl protons resonated in the $\delta 1.0-2.0$ range in all compounds and are not detailed further.) The $4-\mathrm{CH}_{3}$ and $\mathrm{CH}_{2} \mathrm{X}$ groups appeared as doublets $(J \sim 6-7 \mathrm{~Hz})$ in all derivatives and the chemical shifts of the doublets are provided below.

4-Methylcyclohexylmethyl bromide. This was obtained by treatment of the alcohol with triphenylphosphine/bromine in the standard way. ${ }^{26}$ Yield $=70 \%$ b.p. $64-65^{\circ} \quad(5.5 \mathrm{~mm}) . \quad\left(\right.$ Lit. $^{27} 82-83^{\circ} \quad(13 \mathrm{~mm})$. ${ }^{1} \mathrm{H}$ NMR: $\mathrm{CH}_{3} \delta 0.91$ (cis), 0.88 (trans); $\mathrm{CH}_{2} \mathrm{Br}$ $\delta 3.36$ (cis), $\delta 3.28$ (trans).

4-Methylcyclohexylmethyl cyanide. This was prepared from the bromide by treatment with sodium cyanide in DMSO, according to Smiley and Arnold. ${ }^{28}$ Yield $=75 \%$; b.p. $90-93^{\circ}(10 \mathrm{~mm})$. [Lit. ${ }^{29} 218-219^{\circ}$ ]. ${ }^{1} \mathrm{H}$ NMR: $\mathrm{CH}_{3} \delta 0.93$ (cis), 0.90 (trans); $\mathrm{CH}_{2} \delta 2.33$ (cis), 2.30 (trans).

4-Methylcyclohexylmethyl methyl ether. This resulted from treatment of the lithio salt $\left(\mathrm{CH}_{3} \mathrm{Li}\right.$ on the alcohol at $-78^{\circ}$ ) with methyl iodide. Yield $=78 \%$; b.p. $47^{\circ}$ ( 6 mm ). ${ }^{1} \mathrm{H}$ NMR: $\mathrm{C}-\mathrm{CH}_{3} \delta 0.91$ (cis), 0.89 (trans); $\mathrm{CH}_{2} \delta 3.26$ (cis, trans); $\mathrm{O}-\mathrm{CH}_{3}, \delta 3.30$ (cis, trans).

4-Methylcyclohexylmethyltrimethylstannane. This was synthesized in the standard way by reaction of trimethyltin chloride ( 0.95 equivalent) with the Grignard reagent from the above bromide. Yield $=41 \%$; b.p. $93-94^{\circ}(5 \mathrm{~mm}) .{ }^{1} \mathrm{H}$ NMR: $\left(\mathrm{CH}_{3}\right)_{3} \mathrm{Sn}$ (cis, trans) $\delta 0.07[J(\mathrm{H}, \mathrm{Sn})=52 \mathrm{~Hz}] ; \quad \mathrm{CH}_{2}-\mathrm{Sn}$ and $\mathrm{C}-\mathrm{CH}_{3}$ overlap at $\delta 0.90$.

4-Methylcyclohexylmethylmercuric acetate. The corresponding mercuric bromide (m.p. $76^{\circ}, 46 \%$ yield) was prepared from the Grignard reagent of the bromide above in the manner outlined by Jensen and Gale. ${ }^{30}$ Treatment of this mercuric bromide with silver acetate at room temperature (acetone) provided the title compound in $96 \%$ yield, m.p. 102-103 ${ }^{\circ}$. ${ }^{1} \mathrm{H}$ NMR: $\mathrm{CH}_{3} \delta 0.91 ; \mathrm{CH}_{2}-\mathrm{Hg} \delta 2.05\left[J\left(\mathrm{H}^{199} \mathrm{Hg}\right)=\right.$ 204 Hz ]; acetate, $\delta 2.00$ (No resolution of cis/trans signals).

4-Methylcyclohexylmethyltrimethylplumbane. Trimethyllead chloride ( 0.95 equivalents) was added (as a THF solution) to the Grignard reagent prepared from the bromide described above, until the first signs of darkening of the solution ( $\sim 10-15 \mathrm{~min}$ ). After workup of the reaction mixture in the normal way, the crude oil was distilled. Yield $=46 \%$; b.p. $96-100^{\circ}(4 \mathrm{~mm})$. ${ }^{1} \mathrm{H}$ NMR: $\quad\left(\mathrm{CH}_{3}\right)_{3} \mathrm{~Pb} \quad \delta 0.70 \quad\left[\mathrm{~J}\left(\mathrm{H}^{207} \mathrm{~Pb}\right)=56 \mathrm{~Hz}\right] ;$ $\mathrm{C}-\mathrm{CH}_{3} \delta 0.93 ; \mathrm{CH}_{2}-\mathrm{Pb}, \delta 1.65$ (?).

4-Methylcyclohexylmethyltrimethylsilane. This was prepared from the Grignard reagent of the bromide,

Table 6. Physical properties ${ }^{2}$ of cyclohexylmethyl derivatives $\left(\mathbf{C}_{6} \mathbf{H}_{11} \mathbf{C H}_{\mathbf{2}} \mathrm{X}\right)$

| $x$ | Yield (\%) | Observed b.p./m.p. | Literature value | 'H NMR ${ }^{\text {b }}$ |
| :---: | :---: | :---: | :---: | :---: |
| OH | 80 | $86-88(20 \mathrm{~mm})$ | $88-89^{31}(22 \mathrm{~mm})$ | $\mathrm{CH}_{2} \mathrm{OH} \delta 3.50$ |
| Br | 60 | $60-64(10 \mathrm{~mm})$ | $76-77^{31}(26 \mathrm{~mm})$ | $\mathrm{CH}_{2} \mathrm{Br} \delta 3.26$ |
| CN | 86 | $78(10 \mathrm{~mm})$ | 208-209 ${ }^{29}$ | $\mathrm{CH}_{2} \mathrm{CN} 52.28$ |
| $\mathrm{OCH}_{3}$ | 60 | 40-42 (10 mm) | $154{ }^{32}$ | $\begin{aligned} & \mathrm{CH}_{2} \cdot \mathrm{OCH}_{3} \& 3.20 ; \\ & \mathrm{OCH}_{3} \delta 3.38 . \end{aligned}$ |
| $\mathrm{Sn}\left(\mathrm{CH}_{3}\right)_{3}$ | 40 | 50-51 (2 mm) | - | $\begin{aligned} & \mathrm{Sn}(\mathrm{CH})_{3} \delta 0.07 \\ & {[J(\mathrm{H}, \mathrm{Sn}) \sim 52 \mathrm{~Hz}]} \\ & \mathrm{CH}_{2} \delta 0.87 \end{aligned}$ |
| HgBr | 31 | (m.p.) $48^{\circ}$ | - | $\begin{aligned} & \mathrm{CH}_{2}-\mathrm{Hg} \delta 2.20 \\ & {[\mathrm{~J}(\mathrm{H}, \mathrm{Hg})=192 \mathrm{~Hz}]} \end{aligned}$ |
| $\mathrm{HgOCOCH}_{3}$ | 48 | (m.p.) $108^{\circ}$ | - | $\begin{aligned} & \mathrm{CH}_{2}-\mathrm{Hg} \delta 2.08 \\ & {[J(\mathrm{H}, 199 \mathrm{Hg})=204] ; \mathrm{CH}_{3}} \\ & \delta 2.00 \end{aligned}$ |
| $\mathrm{Pb}\left(\mathrm{CH}_{3}\right)_{3}$ | 36 | 88 (3 mm) | - | $\mathrm{CH}_{2}-\mathrm{Pb} \delta 1.60$ (?); <br> $\mathrm{Pb}\left(\mathrm{CH}_{3}\right)_{3} \delta 0.70$ <br> $\left[J\left(\mathrm{H},{ }^{207} \mathrm{~Pb}\right)=56 \mathrm{~Hz}\right.$ ] |
| $\mathrm{Si}\left(\mathrm{CH}_{3}\right)_{3}$ | 29 | 60-62 (10 mm) | - | $\begin{aligned} & \mathrm{CH}_{2}-\mathrm{Si} \delta 0.50 ; \\ & \mathrm{Si}\left(\mathrm{CH}_{3}\right)_{3} \delta 0.00 . \end{aligned}$ |

a New compounds provided satisfactory C, H analyses.
${ }^{\text {b }}$ Cyclohexyl protons absorbed in the general range $\delta 0.7-2.2$. The $\mathrm{CH}_{2}$ resonances were all doublets with $J \sim 6-7 \mathrm{~Hz}$.
and trimethylchlorosilane, utilizing the in situ technique. Vacuum distillation provided the required silane in $30 \%$ yield; b.p. $69^{\circ}(9 \mathrm{~mm}) .{ }^{1} \mathrm{H}$ NMR: $\left(\mathrm{CH}_{3}\right)_{3} \mathrm{Si}$, $\delta 0.00$ (cis, trans); $\mathrm{C}-\mathrm{CH}_{3}, \quad \delta 0.95$ (cis), $\delta 0.91$ (trans), $\mathrm{CH}_{2}-\mathrm{Si} ; \delta 0.58$ (cis, trans).
The elemental analyses of the above compounds were in satisfactory agreement with the assigned molecular structures which are, of course, fully consistent with the ${ }^{1} \mathrm{H}$ and ${ }^{13} \mathrm{C}$ NMR spectra.

Cyclohexylmethyl derivatives. Several of these were known compounds, and all were prepared in the manner outlined above for the corresponding 4 -methyl derivatives. The essential aspects are summarized in Table 6.

## NMR spectra

${ }^{1} \mathrm{H}$ NMR spectra were recorded on JEOL MH-100 or JEOL PS-100 instruments for $\mathrm{CDCl}_{3}$ solutions of the
samples. Chemical shifts are relative to internal TMS.
${ }^{13} \mathrm{C}$ spectra of the parent cyclohexylmethyl series were, in the main, obtained on the JEOL FX-100 instrument and chemical shifts are again relative to internal TMS. They were recorded in the Fourier transform mode for solutions c. 0.5 M in $\mathrm{CDCl}_{3}$ or $\mathrm{CD}_{2} \mathrm{Cl}_{2}$ with internal lock to the solvent. Spectral widths of 5 or 2.5 kHz were employed with $16 \mathrm{~K} / 8 \mathrm{~K}$ data points. Digital resolution was better than $\pm 0.05 \mathrm{ppm}$.

Low temperature ${ }^{13} \mathrm{C}$ spectra were obtained $\left(\mathrm{CD}_{2} \mathrm{Cl}_{2}\right.$ solutions) on the Bruker spectrometer ( 67.89 MHz ) of the National NMR Center, Canberra.

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[^1]:    ${ }^{a}$ Utilizing values for axial and equatorial $\mathrm{C}-\mathrm{CH}_{3}$ from low temperature spectra but these were $17.3 \pm 0.1 \mathrm{ppm}$ and $23.3 \pm 0.2 \mathrm{ppm}$ for all systems.
    ${ }^{\text {b }}$ Based on spectra $\left(\mathrm{CD}_{2} \mathrm{Cl}_{2}\right.$ solvent) recorded for the temperature range $173-193 \mathrm{~K}$.
    ${ }^{c}$ Low temperature ${ }^{1} \mathrm{H}$ examination of cis-4methylcyclohexylmethyl cyanide provided an $A$ value of $1.78 \mathrm{kcal} \mathrm{mol}^{-1}$ based on intensities of the $\mathrm{CH}_{2} \mathrm{CN}$ doublets. See text.

