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## **Molecular Interaction Between Salivary Proteins and Food Tannins**

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#### 1 Abstract

Polyphenols interaction with salivary proteins (SP) has been related with organoleptic features
such as astringency. The aim of this work was to study the interaction between some human
SP and tannins through two spectroscopic techniques, fluorescence quenching and Saturation
Transfer Difference-Nuclear Magnetic Resonance (STD-NMR).

6 Generally, the results showed a significant interaction between SP and both condensed tannins 7 and ellagitannins. Herein, STD-NMR proved to be a useful tool to map tannins' epitopes of 8 binding, while fluorescence quenching allowed to discriminate binding affinities. Ellagitannins showed the greatest binding constants values ( $K_{SV}$  from 20.1 to 94.1 mM<sup>-1</sup>;  $K_{A}$  from 0.7 to 8.3 9 10 mM<sup>-1</sup>) in comparison with procyanidins ( $K_{SV}$  from 5.4 to 40.0 mM<sup>-1</sup>;  $K_A$  from 1.1 to 2.7 mM<sup>-1</sup>). In 11 fact, punicalagin was the tannin that demonstrated the highest affinity for all three SP. 12 Regarding SP, P-B peptide was the one with higher affinity for ellagitannins. On the other hand, 13 cystatins showed in general the lower K<sub>sv</sub> and K<sub>A</sub> values. In the case of condensed tannins, 14 statherin was the SP with the highest affinity, contrasting with the other two SP. 15 Altogether, these results are evidences that the distinct SP present in the oral cavity have

16 different abilities to interact with food tannins class.

17

18 Keywords: ellagitannins, procyanidins, punicalagin, castalagin, vescalagin, fluorescence19 quenching, STD-NMR

#### 20 Introduction

21 Polyphenols are natural phenolic compounds that result from plant secondary 22 metabolism and that have been associated with numerous health benefits, mostly owing to their antioxidant properties.<sup>1</sup> Besides their benefic effects in many health disorders,<sup>2-4</sup> they 23 24 have a wide array of applications as colorants and antioxidants in the food, beverage and cosmetic fields.<sup>5</sup> Therefore, polyphenols have been drawing a lot of attention from all-around 25 26 researchers to expand their applicability. Polyphenols can be divided into many classes and, 27 among them, tannins are an important group which can be further divided into two major 28 families: condensed tannins (proanthocyanidins) and hydrolysable tannins (ellagitannins and 29 gallitannins).<sup>6</sup> These latter are found not only in fruits, especially berries, such as pomegranate 30 or raspberry, and nuts, but also in red wine due to their migration from oak wood during wine ageing.<sup>7, 8</sup> Ellagitannins differ from gallotannins in that some gallic acid moieties or galloyl 31 32 groups are biaryl coupled to each other through carbon-carbon bond to form a 33 hexahydroxydiphenyl (HHDP) mojety. Ellagitannins contain numerous of these HHDP units, as well as galloyl and/or sanguisorboyl units bound to a sugar moiety.<sup>9</sup> Castalagin and vescalagin 34 35 are the most representative structures of ellagitannins and are the major ones found in oak wood.<sup>7</sup> Condensed tannins are naturally found in cereals, vegetables, fruits and also in some 36 37 beverages. However, condensed tannins are much more available in the diet comparing to hydrolysable tannins, being the most abundant polyphenols in plants after lignins.<sup>10</sup> They are 38 39 composed of flavan-3-ol units, forming dimers, oligomers and polymers with different 40 substitution patterns (hydroxylation and galloylation). Procyanidins are a subclass of 41 condensed tannins composed by (+)-catechin and/or (-)-epicatechin subunits linked through 42 C4-C8 (dimers from B1 to B4) or C4-C6 (dimers from B5 to B8) interflavanic linkage. These 43 compounds in solution present different conformers, specially resulting from the rotation of 44 the interflavanic bond. This behavior in solution can also result in an equilibrium of different isomers forms.<sup>11</sup> 45

46 In a sensorial point of view, tannins are associated with the consumer's perception of 47 astringency. Astringency has been defined as a complex group of tactile sensations involving 48 dryness, puckering and tightening of the oral cavity, typically experienced during the ingestion 49 of tannin-rich food and beverages. It has been generally accepted that astringency results from the tannin-induced interaction and/or precipitation of salivary proteins (SP) in the mouth.<sup>12</sup> 50 51 Tannins interact with proteins through multiple binding sites and this association is mediated 52 by hydrophobic and hydrogen bonds, depending on the protein size, charge and structure, as well as on tannins molecular weight.<sup>13</sup> 53

54 Among SP, the most important families include proline-rich proteins (PRPs), statherin, P-B peptide, cystatins and mucin.<sup>14</sup> Statherin (5232 Da) is known to contain a highly acidic N-55 terminal and for being phosphorylated at two residues (Ser2 and Ser3).<sup>15</sup> This protein is 56 produced by the parotid and submandibular glands and has several isoforms.<sup>16</sup> Among the 43 57 58 amino acid residues of statherin, tyrosine residues are very abundant. Salivary P-B peptide 59 (5792 Da) is usually included into the bPRPs family due to its high content in proline residues (near 50% of its sequence) but it shows higher similarities with salivary statherin.<sup>17, 18</sup> Statherin 60 61 and P-B peptide have in common convertase consensus sequences, but their structures differ 62 as P-B peptide present several hydrophobic amino acid residues (such as Phe, Leu and Ile) and 63 three tyrosine residues. Besides, P-B peptide is the product of a specific gene very close to 64 STATH gene, unlike other bPRPs which are encoded by the four genes PRB1–4. Cystatins are a group of endogenous cysteine proteinase inhibitors. They are structured proteins with 65 molecular masses ranging from 13 to 14 kDa and two disulfide bridges.<sup>19</sup> 66

Most of astringency studies are focused on condensed tannins, due to its considerable amount in diet. Further, among SP, PRPs and especially basic PRPs have been referred as the most reactive SP toward tannins.<sup>20, 21</sup> However, previous *in vitro* and *in vivo* studies have gather evidences that statherin and P-B peptide are highly reactive and precipitated by tannin, while cystatins are slightly precipitated by tannins.<sup>14, 22</sup>

72	Some works point out that hydrolysable tannins tend to be more reactive toward proteins
73	when compared with condensed tannins. <sup>6, 23</sup> However, in general, these works were done with
74	model proteins. <sup>8, 24</sup> Therefore, the aim of this work was to study the interaction between three
75	important SP (statherin, P-B peptide and cystatins) and five common tannins (castalagin,
76	vescalagin, punicalagin and procyanidins B3 and B6). Tannin compounds were chosen due to
77	particular structural features. Concerning ellagitannins, the major difference between
78	castalagin/vescalagin (stereoisomers) and punicalagin it is in the glucose moiety, acyclic for the
79	firsts and cyclic for the last one (Figure 1). Procyanidin dimer B3 and B6 are isomers with
80	different position of the interflavonoid linkage, C4-C8 and C4-C6, respectively. The interaction
81	between these compounds was studied by two molecular techniques: fluorescence quenching
82	and Saturation Transfer Difference-Nuclear Magnetic Resonance (STD-NMR).

#### 83 Materials and Methods

Reagents. All reagents used were of analytical grade or better. Acetonitrile (ACN) was
purchased from Chem-Lab, Trifluoracetic acid (TFA) from Sigma-Aldrich and ethanol was
acquired from AGA, Álcool e Géneros Alimentares, SA.

87 Salivary Proteins Isolation and Purification. The procedure of saliva collection and treatment 88 was already described previously.<sup>14, 18</sup> Whole saliva was collected from healthy non-smoking 89 volunteers at 2 p.m. after at least 1 hour without food or beverages ingestion. Then, it was 90 treated with 10% TFA solution (final concentration 0.1%) and centrifuged at 8000 g for 5 91 minutes. The supernatant (acidic saliva, AS) was dialyzed (cellulose membrane, MWCO: 3.5 92 KDa) for 24 hours at 4°C under constant stirring and with at least 3 water changes. After, the 93 sample was centrifuged at 3000 rpm for 7 minutes, lyophilized, re-suspended in water and 94 injected into semi-preparative-HPLC in order to isolate the human SP families of interest 95 (statherin, P-B peptide and cystatins). For this, a HPLC Lachrom Merck Hitachi system (L-7100) 96 was used equipped with a Vydac C8 column (Grace Davison Discovery Sciences, 5µm particle, 97 150 x 2.1 mm), detection at 214 nm, eluent A: 0.2% aqueous TFA in water, eluent B: 0.2% TFA 98 in ACN/water 80/20 (v/v), linear gradient from 10 to 55% (eluent B) in 45 minutes, at a flow rate of 0.60 mL.min<sup>-1</sup>. After this program, the column was washed with 100% eluent B for 10 99 100 minutes to elute other late-eluting proteins. After washing, the column was stabilized with the 101 initial conditions (90% eluent A and 10% eluent B).

Identification of salivary proteins. The three SP were freeze-dried and identified by ESI-MS by
flow injection analysis into an LTQ Orbitrap XL mass spectrometer (Thermo Fischer Scientific,
Bremen, Germany) controller by LTQ Tune Plus 2.5.5 and Xcalibur 2.1.0. The capillary voltage
of the electrospray ionization (ESI) was set at 3100 V. The capillary temperature was 275°C.
The sheath gas flow rate (nitrogen) was set to 5 (arbitrary unit as provided by the software
settings). The capillary voltage was 36 V and the tube lens voltage 110 V. Samples were diluted

in a methanol/CAN/TDA 0.01% (5:5:90 v/v) mixture 1:10 prior analysis. After mass
 spectrometry analysis, deconvolution of mass spectra was done using the MagTran 1.03
 software.

Ellagitannins Extraction and Isolation. Castalagin and vescalagin were obtained from *Quercus* petraea (Matt.) Liebl wood (medium-toasted oak chips) as referred in the literature.<sup>7</sup> It was used a Sephadex LH-20 column and methanol:acidified water for elution to obtain different fractions which contained major ellagitannins. This composition was determined by HPLC-DAD-MS as well as the ellagitannins purity after they were isolated by semi-preparative HPLC.

Punicalagin was isolated from pomegranate, as previously reported.<sup>25</sup> Briefly, 1g of dried husk powder was extracted ultrasonically with 30 mL of 40% ethanol for 30 minutes twice. After ethanol evaporation, the extract was lyophilized and analyzed by LC-MS. Punicalagin purification was performed by semi-preparative HPLC and its purity was determined by LC-MS.

120 Procyanidin Dimers B3 and B6 synthesis. The synthesis of procyanidin dimers B3 (catechin-(4-121 8)-catechin) and B6 (catechin-(4-6)-catechin) followed the procedure described in the literature.<sup>26</sup> Briefly, a taxifolin and (+)-catechin mixture (ratio 1:3) was dissolved in ethanol 122 123 under argon atmosphere and treated with sodium borohydride (in ethanol). Using 124  $CH_3COOH/H_2O$  50% (v/v), the pH was adjusted to 4.5 and the mixture was kept under argon 125 atmosphere for 30 min. The reaction mixture was extracted with ethyl acetate. After 126 evaporation of the solvent, water was added, and the mixture was passed through reversed-127 phase C18 gel, washed again and recovered with methanol. After methanol evaporation, this 128 fraction was separated through a TSK Toyopearl HW-40(s) gel column (300 mm × 10 mm i.d., 129 0.8 mL/min, methanol as eluent) coupled to a UV-Vis detector. From this, several fractions 130 were recovered and analyzed by ESI-MS (Finnigan DECA XP PLUS). The fractions yielding procyanidin dimers B3 and B6 were analyzed by HPLC-MS. Spectroscopical data were in 131 accordance with literature.<sup>27</sup> 132

133 Fluorescence Quenching. In all experiments, proteins and polyphenols stocks were prepared in 134 distilled water. The mixtures were prepared using 30 or 60 µM concentration of each protein 135 and tannins were added at increasing concentrations (0 to 50  $\mu$ M). Statherin, P-B peptide and 136 cystatins exhibit intrinsic fluorescence due to their content in aromatic residues, such as 137 tryptophan and tyrosine. Herein, tryptophan was used as intrinsic fluorophore. The excitation 138 wavelength ( $\lambda_{ex}$ ) was 284 nm. After mixing, the samples were transferred to the fluorimeter 139 cell and the emission spectra (from 290 to 500 nm) were measured in a Perkin-Elmer LS 45 140 Luminescence Spectrometer. After each measurement, the cell was washed with ethanol and 141 distilled water. Fluorescence intensity was always registered at the wavelength of maximum 142 fluorescence signal concerning each SP. These wavelengths were 314 nm, 313 nm and 355nm 143 for statherin, P-B peptide and cystatins, respectively. To evaluate the possibility of 144 fluorescence resonance energy transfer (FRET) between the proteins and the procyanidins, the 145 absorption spectra of both were analyzed (data not shown): the proteins studied herein 146 presents an absorption spectrum at 200 to 290 nm. At this wavelength, the procyanidins do 147 not emit light (maximum at 330 nm). Procyanidins have an absorption maximum at 270 nm, 148 and their spectrum decreases reaching residual values close to 310 nm. The protein emission 149 spectrum starts at 320 nm, and at this  $\lambda$  the polyphenol absorbance is small. FRET seems highly 150 unlikely at the experimental conditions used. However, it was made a blank measurement for each concentration for these tannins at the  $\lambda_{ex}$ , where the protein was replaced by distilled 151 water.<sup>28</sup> These blank signals were then subtracted to the corresponding measurements of the 152 153 complexes SP-dimer. Castalagin, vescalagin and punicalagin did not display fluorescence in 154 these conditions. 155 Fluorescence guenching data was addressed considering the Stern-Volmer equation (equation

156 1):

157 
$$\frac{F_0}{F} = 1 + k_q \tau_0[Q] = 1 + K_{SV}[Q]$$
 (Equation 1)

158 Where  $F_0$  and F represent the fluorescence intensities before and after the addition of the 159 quencher (tannin), respectively;  $k_q$  is the bimolecular quenching constant;  $\tau_0$  is the lifetime of 160 the fluorophore (SP) in the absence of the quencher; [Q] concern the quencher concentration; 161 and  $K_{sv}$  is the Stern-Volmer quenching constant. Taking this into account, the results obtained 162 from the fluorimeter were represented in plots of  $F_0/F$  versus [Q] in order to determine  $K_{sv}$  by 163 linear regression.

164 A linear Stern-Volmer plot generally indicates that only one kind of mechanism occurs: static, 165 which implies the formation of a stable complex, or dynamic, which is related to collisional 166 encounters between the fluorophore (protein) and quencher (tannin). On the other hand, a 167 positive deviation toward the x-axis appears when the extent of quenching is large and it could 168 mean two situations: either mechanisms (static and dynamic) are present simultaneously or a 169 sphere of action exists, which means that the quencher is adjacent to the fluorophore at the 170 moment of excitation. In this circumstance the Stern-Volmer equation is modified to (equation 171 2), where K<sub>app</sub> represents the "apparent static quenching":

172 
$$\frac{F_0}{F} = (1 + K_{app}[Q]) \exp([Q]VN/1000)$$
 (Equation 2)

173 The apparent static constant ( $K_{app}$ ) can also be determined by linear regression from a plot of 174  $ln(F_0/F)$  as a function of [Q].

**Determination of salivary proteins lifetime** ( $\tau_0$ ):  $\tau_0$  was measured on a Fluoromax-4 spectrophotometer attached to a single photon counting controller (FluoroHub), both from Horiba Jobin-Yvon, at room temperature. The fluorescence excitation was performed with a Horiba Nano LED source of 290 nm, and fluorescence emission was recorded at the maximum wavelength for the protein solution (313, 314 and 355 nm). The lamp profile was recorded by placing a scatter (dilute solution of LUDOX in water) in place of the sample.<sup>2, 29</sup>

181 Saturation Transfer Difference-Nuclear Magnetic Resonance (STD-NMR): A solution of each 182 SP was prepared in  $D_2O$  (3  $\mu$ M) and the ligands were added at increasing concentrations (0.1 to 183 3.5 mM) as a lyophilized powder.

184 NMR experiments were recorded on a Bruker Avance III 600 HD spectrometer, operating at 185 600.13 MHz, equipped with a 5 mm CryoProbe Prodigy and pulse gradient units capable of 186 producing magnetic field pulsed gradients in the z direction of 50 G/cm. The measurements 187 were made with standard Bruker pulse sequences at 300 K. <sup>1</sup>H and STD spectra were recorded 188 with a shaped pulse to suppress the water resonance using the following parameters: spectral 189 width, 16 ppm; nutation angle, 7.08 µs and 90°; and shaped pulse duration, 2 ms. Selective 190 saturation of the SP off-resonance at 20 ppm and on-resonance at -1 ppm was performed 191 using a pseudo-two-dimensional (2D) sequence for STD with a shaped pulse train alternating 192 between the on and off resonances. STD-NMR spectra were acquired using Gaus 1.1000 pulses 193 for selective saturation (50 ms), with a total saturation time of 2.5 s. The number of scans for 194 tannins (4), receptor gain value (250), and relaxation delay (2.5) were kept constant. To 195 process the STD-NMR spectra it was used TopSpin 2.1 software from Bruker.

The amplification factor (A<sub>STD</sub>) and the association constant (K<sub>A</sub>) were determined by equations
3 and 4, respectively<sup>30</sup>:

198 
$$A_{STD} = \frac{I_0 - I_{SAT}}{I_0} \times \frac{[L]}{[P]} = \frac{I_{STD}}{I_0} \times \frac{[L]}{[P]} = \frac{\alpha_{STD}[L]}{K_D + [L]}$$
(Equation 3)

199 
$$K_A = \frac{1}{K_D}$$
 (Equation 4)

200 Where  $I_{SAT}$  is the signal intensity of the selectively saturated protein spectrum (*on-resonance*),  $I_0$  represent the signal intensity of the spectrum recorded without protein saturation (*off-resonance*), [L] is the concentration of the ligand (tannin), [P] is the protein concentration and  $\alpha_{STD}$  is the maximum amplification factor.

204	After the determination of $A_{STD}$ values from the experimental results (Equation 3), a plot of $A_{STD}$
205	in function of [L] was done and $K_{\ensuremath{\text{D}}}$ values were determined by Solver Supplement of Microsoft
206	Excel Office.

**Statistical Analysis:** All assays, except STD-NMR analysis, were performed at least in n = 3 repetitions. Values are expressed as the arithmetic means (SEM). Statistical significance of the difference between various groups was evaluated by one-way analysis variance (ANOVA) followed by the Tuckey test. Differences were considered significant when p < 0.05. All statistical data were processed using GraphPad Prism 5.0 for Windows (GraphPad Software, San Diego, USA).

#### 213 Results and Discussion

In this work, the interaction between SP statherin, P-B peptide and cystatins and some representative food tannins (ellagitannins: punicalagin, vescalagin and castalagin; condensed tannins: procyanidin B3 and B6) was studied by two complementary techniques, STD-NMR and fluorescence quenching, thus allowing the study of differences in protein-tannin interaction related both with proteins and tannin structures.

219 Tannin compounds were chosen due to its particular structural features and to gather insights 220 about how these features affect the interaction with proteins. Ellagitannins are more apolar compounds when compared to condensed tannins.<sup>13</sup> Castalagin and vescalagin are 221 222 diastereoisomers which differ in the stereochemistry at C1 position of glucose moiety, with 223 one HHDP unit in their structure (Figure 1). Punicalagin also presents a HHDP group, but 224 oppositely to castalagin and vescalagin, its glucose moiety is cyclic. Procyanidins dimers B3 and 225 B6 are isomers composed by two catechin units that differ only in the interflavonoid linkage, C4-C8 and C4-C6, respectively. SP were chosen based on previous studies<sup>14, 22</sup> that statherin 226 227 and P-B peptide are also highly precipitated by tannins, opposing to cystatins.

228 Binding constants of the interactions between salivary proteins and tannins by fluorescence

229 quenching. Fluorescence quenching is a spectroscopic method described as a reduction in the 230 fluorescence intensity of a sample due to molecular interactions with a guencher.<sup>31</sup> In this 231 process, the fluorescence intensity of the fluorophore (intrinsic fluorescence of statherin, P-B 232 peptide and cystatins) decreases when it is associated with tannins. This technique has been 233 widely used to study polyphenols interactions, providing binding affinities information of the complexes formed.<sup>26, 32, 33</sup> Due to its high sensitivity, this technique allowed to study the 234 235 interaction with low tannins concentration. The fluorescence quenching assays permitted to 236 establish a relation between the decrease of protein fluorescence intensity and the increase of 237 tannins concentrations. This is observed in the spectrum presented in Figure 2 for the

interaction between P-B peptide and punicalagin. Similar fluorescence spectra were obtainedfor all the other interactions (data not shown).

From these fluorescence spectra, the maximum fluorescence signals were acquired and SternVolmer plots obtained. Regarding procyanidin dimers B3 and B6, the interaction with all SP
exhibited a linear behaviour.

A different behaviour was observed for ellagitannins, since castalagin, vescalagin and punicalagin interaction with most proteins presented a non-linear behaviour (Figure 3). Only the interaction of punicalagin with P-B peptide and statherin exhibited a linear behaviour.

From a linear Stern-Volmer plot and considering equation 1, the Stern-Volmer quenching constant ( $K_{SV}$ ) can be directly determined (Table 1).  $K_{SV}$  constants were mainly obtained for the interactions with condensed tannins. In the situations where an upward-curving Stern-Volmer plot is observed, a modified form of these plots was represented based on equation 2, to determine the corresponding apparent static constant ( $K_{app}$ ), which was mainly obtained for ellagitannins (Table 1). Both constants are a measure of the interaction affinity. The different form of calculation for each constant is related to the quenching mechanism.

The lowest affinity constants were obtained for the interaction of cystatins with condensed tannins, procyanidin B3 (5.4 mM<sup>-1</sup>) and B6 (6.5 mM<sup>-1</sup>). On the other hand, it is also evident that the affinity constants obtained for procyanidin B6 are always higher than the ones for procyanidin B3. Another tendency observed by comparing the different SP was that statherin showed the highest affinities for the interaction with procyanidins B3 and B6, 17.8 and 40.0 mM<sup>-1</sup>, respectively.

In general, the highest affinity constants were obtained for the interaction with hydrolysable tannins, in particular for punicalagin. This latter presents the highest constant (94.1 mM<sup>-1</sup>) for the interaction with P-B peptide. Indeed, hydrolysable tannins have been referred in other studies as the ones with higher interaction when compared with condensed tannins.<sup>6, 23, 34, 35</sup> This higher interaction could be related with the fact that hydrolysable tannins present in

general much more complex structures than the oligomeric procyanidins studied. The affinity constants obtained for the interactions with castalagin and vescalagin were significantly lower than for the ones with punicalagin. On the other hand, castalagin presented similar constants to those of vescalagin for the different proteins studied.

In general, P-B peptide was the protein with highest interaction for ellagitannins, while for condensed tannins it was statherin. This high binding affinity of P-B peptide is somehow expected if we consider the high content in proline residues of this protein. The presence of proline residues induces more rigid and open structures, and therefore more exposure of hydrophobic residues able to form hydrophobic bonds.<sup>36-38</sup>

273 In the case of statherin, the high affinity toward condensed tannins could be owed to the 274 presence of two polar serine residues (phosphorylated amino acids) which are assumed to 275 establish hydrophilic bonds, strengthening the interaction with those more polar tannins.

276 A linear Stern-Volmer plot generally indicates that only one kind of mechanism occurs: static, 277 which implies the formation of a stable complex, or dynamic, which is related to collisional 278 encounters between the fluorophore (protein) and quencher (tannin). To discriminate the type 279 of mechanism involved, the calculation of the bimolecular quenching constant  $(k_0)$  (Equation 1) 280 is required. For this, it was also necessary to determine proteins' lifetime (Table 2). The  $k_a$ values higher than the diffusion-controlled limited value (1×10<sup>10</sup> M<sup>-1</sup>s<sup>-1</sup>) are usually associated 281 282 with higher affinities and stronger interactions, which was observed for all linear Stern-Volmer 283 plots. In fact, the interactions of punicalagin with statherin and P-B peptide presented the 284 highest  $k_a$  values. These high values, about 100-fold larger than the diffusion-controlled limited 285 value, suggests that a static mechanism is more probable to occur, where a stable complex is 286 formed between each protein and tannin.

Therefore, the results suggest the formation of a stable complex for procyanidins B3 and B6
with statherin, P-B peptide and cystatins, as well as punicalagin with statherin and P-B peptide.

289 A positive deviation toward the x-axis observed for castalagin and vescalagin appears when the 290 extent of quenching is large (Figure 2) and this could mean one of two situations: both 291 mechanisms (static and dynamic) are present or a sphere of action exists, which means that 292 the quencher (tannin) is adjacent to the fluorophore at the moment of excitation. In these 293 situations, the deduction referred above (magnitude of  $k_a$ ) cannot be directly applied to 294 determine the mechanism responsible for the quenching. Therefore, it becomes necessary to 295 verify whether the protein is being quenched by both mechanisms simultaneously or if a 296 sphere of action exists. For this, the proteins' lifetime was measured as a function of tannin 297 concentration and the subsequent data gathered evidences that fluorescence quenching could 298 be due to the sphere of action mechanism (data not shown). This mechanism assumes the 299 existence of a sphere of volume within which the quenching only occurs if a quencher is 300 immediately adjacent to the fluorophore when it is excited. In other words, if a tannin is 301 adjacent to a protein at the moment of excitation, the SP will not fluoresce and the quenching is experienced.<sup>26</sup> 302

The presence of a sphere of action was observed for the interaction between cystatins and punicalagin, as well as for all the interactions of castalagin and vescalagin. It is interesting that these two last compounds, which are stereoisomers, present a similar mechanism of interaction for the several proteins studied.

307 **STD-NMR studies.** STD technique was used to determine the tannins binding epitopes, as well 308 as to estimate association constants (K<sub>A</sub>). The structure of castalagin, vescalagin, punicalagin 309 and procyanidins B3 and B6 were clarified by NMR <sup>1</sup>H chemical shifts described in the 310 literature.<sup>10, 27, 39-41</sup>

In STD experiments, primary control assays with high tannins concentrations were made to confirm that the on-resonance irradiation frequency did not affect the tannins aromatic protons and that each protein was saturated by the on-resonance irradiation. The tannins' aromatic protons resonances were not visible with these control conditions.

315 Figure 4 presents a STD-NMR spectra titration obtained for the interaction between the three 316 SP studied and increasing concentrations of tannin. After establishing the experimental 317 parameters and test several protein and ligand concentrations, it was only possible to obtain 318 STD-NMR signals in the tannins concentration range from 0.1 mM to 3.5 mM, depending on 319 the tannin. From the results presented in Figure 4, it is possible to observe that at low 320 concentrations (i.e. 0.1 to 0.5 mM) the signals of protons that appear first are near 7.0 ppm, 321 which correspond to the HHDP and NHTP moieties' protons. When concentration increases, 322 other protons signals emerge namely in 4.0 and 3.0 ppm regions, which correspond to glucose 323 moiety protons. This was observed for the interaction between all hydrolysable tannins and 324 proteins studied. 325 Regarding condensed tannins, it was also observed a similar tendency. For procyanidin B3, at 326 low concentrations the firsts sites of interaction are rings B and E while other regions of the 327 molecule interact only at higher concentrations (rings A and D). Interestingly, the same 328 tendency was not observed for procyanidin B6. In this case, the only molecular regions that 329 interacted were rings B and E even for the highest concentrations. 330 The engagement of procyanidin B3 rings B and E was already observed for the interaction with other proteins, namely trypsin enzyme and small PRP peptides (IB9<sub>37</sub> and IB7<sub>14</sub>).<sup>28, 38, 42</sup> When 331 332 concentration increases, it was observed that rings A, D and F also seem to be involved in 333 these interactions. To our knowledge, there is no data in the literature about the involvement 334 of procyanidin dimer B6 (C4-C6 linkage) epitopes in the interaction with proteins. 335 From these results, evidences that tannins could act as multidentate ligands were gathered,

wherein one region of the molecule is favoured for the initial interaction and the other parts participate in the interaction when concentration increases. The same does not exactly happens for procyanidin B6, which seems to be more selective. This could be related to a more elongated and flexible structure of C4–C6 dimers.

Binding constants of the interaction between salivary proteins and tannins by STD-NMR. The protons that presented the highest intensities on the STD spectrum were used to perform a STD-NMR titration for each protein/tannin pair. The STD amplification factor ( $A_{STD}$ ) was calculated from the differences between the off-ressonance and the on-ressonance spectra with increasing procyanidins concentration, according to equation 1 (Experimental Section). The plots of each tannin titration regarding  $A_{STD}$  values as a function of ligand concentration at a fixed SP concentration (3  $\mu$ M) are represented in Figure 5.

Based in these graphics, the STD signal increases systematically with concentration until reaching a plateau of maximum interaction, which depends on the protein. Each corresponding K<sub>A</sub> was estimated according to equations 3 and 4 (Experimental Section), using the Solver tool of Microsoft Excel software. The K<sub>A</sub> obtained range from 0.7 to 8.3 mM (Table 3).

In general, and although the K<sub>A</sub> values have the same magnitude, there is an increase of K<sub>A</sub> in the order procyanidin B3 < procyanidin B6 and vescalagin < castalagin < punicalagin. Overall, hydrolysable tannins present higher K<sub>A</sub> than procyanidins. The highest K<sub>A</sub> value was obtained for punicalagin interaction with P-B peptide (8.3 mM), while procyanidins maximum value was only 2.7 mM (for interaction with statherin).

The K<sub>A</sub> values obtained by STD-NMR are lower than the values obtained by fluorescence quenching assays. However, it must be noted that the concentrations imposed by each technique were different. Fluorescence quenching allowed the use of low tannins concentrations (up to 50.0  $\mu$ M), while STD-NMR focused on higher concentrations (up to 3.5 mM). The interaction between tannins (T) and proteins (P) are highly dependent on the T and P concentration and molar ratio T/P.<sup>13</sup>

The K<sub>A</sub> values obtained for procyanidins are similar to the ones reported in literature for similar
 interactions using STD-NMR (proline-rich peptide IB7<sub>14</sub> interaction with procyanidin dimers B1
 to B4 and trimers).<sup>42</sup>

To the best of our knowledge, with exception of procyanidin B3,<sup>38</sup> there is no data in the literature about the affinity toward SP or similar proteins. Thus, this is the first time that the affinity of statherin, PB- peptide and cystatins towards different food tannins have been studied.

370 In summary, regarding the influence of each SP, P-B peptide presents  $K_A$  values higher than the 371 other proteins for the interactions with ellagitannins, except vescalagin. In fact, this 372 ellagitannin showed very similar K<sub>A</sub> values for the three SP. Cystatins are the SP with the lowest  $K_A$  values for almost all tannins, except for the interaction with procyanidin B3 and castalagin. 373 374 On the other hand, statherin was the SP with higher KA when the interaction involved 375 procyanidins. This is in agreement with previous studies in which statherin has been reported as one of the SP with higher interaction for condensed tannins.<sup>14</sup> Overall, the combination of 376 377 fluorescence guenching and STD-NMR techniques allowed the characterization of the tannin-378 SP interaction. It was observed that ellagitannins (vescalagin, castalagin and punicalagin) 379 interact better with the three SP than procyanidins. This could be explained since ellagitannins 380 are globally more apolar molecules than condensed tannins, being probably more able to stablish hydrophobic interactions,<sup>13</sup> which have been described as the main driving forces 381 involved in tannin-protein interaction.<sup>14</sup> Their higher interaction was observed for P-B peptide, 382 383 which is the only one rich in proline residues among the studied proteins.<sup>18</sup> These amino acids 384 have been pointed as crucial for interaction with tannins and are able to stablish hydrophobic stacking.<sup>13</sup> Thus, the results point out that hydrophobic bonds may be more significant for 385 386 hydrolysable tannins interaction than for condensed tannins, as it was already proposed by other authors.<sup>13, 43</sup> However, in the case of vescalagin, the affinity is significant lower than in 387 the case of the other ellagitannins and close to that shown by B3 and statherin. Since 388 vescalagin is more hydrophilic than its stereoisomer castalagin,<sup>9</sup> the hydrophobic interactions 389 with protein could be less important, which may explain the lower affinity of vescalagin 390 391 regarding the other ellagitannins.

The high affinity of procyanidin B6 towards tannins comparatively to procyanidin B3 was also observed. This could be related to a more extended structure of procyanidin B6 than procyanidin B3. Molecular mechanistic studies have shown that C4-C6 linkage presents a large number of conformers and a more extended structure, which results in a higher flexibility of these structures comparing to the C4-C8 isomers.<sup>44, 45</sup>

Moreover, it seems that protein structure could play an important role in the interaction with tannins. It has been observed that proteins with structure have low affinity toward tannins, probably because the interaction is thought to involve only surface exposed residues.<sup>46, 47</sup> This could explain the lowest affinity for tannins of cystatins, since they are the only structured proteins here studied.

402 Based in the results herein, it seems that the ability of tannins to interact with SP is highly 403 related with tannin structure, which in turn is related to the hydrophobicity of these 404 compounds. Moreover, the existence of more extended tannin structures may favor the 405 interaction with SP. Regarding proteins, the abundance of some specific amino acids such as 406 proline in the structure and the fact that they are structured proteins are the main factors 407 affecting the interaction with tannins. Further studies must be done in order to explore the 408 interaction between other proteins and tannins and also to try to stablish a relationship with 409 sensorial properties.

#### 410 Supporting Information description

- 411 Figure S1. A. RP-HPLC profile (214 nm) of the whole human saliva used to isolate the different
- 412 SP (statherin, P-B peptide and cystatins). B. Deconvolution of the mass spectra outlining the
- 413 major SP, their molecular weight and isoforms.
- 414 **Figure S2.** RP-HPLC profile (280 nm) of each tannin compound to assess its purity. a)
- 415 castalagin, **b**) vescalagin, **c**) punicalagin isomers  $\alpha$  and  $\beta$ , **d**) procyanidin B3, **e**) procyanidin B6
- 416 **Figure S3.** Stern-Volmer plots representative of the fluorescence quenching of ( $\triangle$ ) statherin,
- 417 (□) P-B peptide and (•) cystatins in the presence of increasing concentrations of condensed
- tannins [a) procyanidin dimer B6] and ellagitannins [b) vescalagin, c) punicalagin]. Each curve
- 419 results from a triplicate assay.
- Figure S4. Modified form of Stern-Volmer plots representative of the fluorescence quenching of ( $\triangle$ ) statherin, ( $\Box$ ) P-B peptide and ( $\bullet$ ) cystatins in the presence of increasing concentrations of ellagitannins [a) castalagin, b) vescalagin, c) punicalagin]. Each curve results from a triplicate assay.
- 424 Figure S5. STD amplification factor (A<sub>STD</sub>) for the interaction between the three different SP (3
- 425 μM) [a) P-B peptide, b) statherin, c) cystatins] and increasing concentrations of procyanidin B3.
- 426 Symbols represent experimental values and lines represent theoretical values by equation 1.
- 427 Figure S6. STD amplification factor (A<sub>STD</sub>) for the interaction between the three different SP (3
- 428 μM) [a) P-B peptide, b) statherin, c) cystatins] and increasing concentrations of procyanidin B6.
- 429 Symbols represent experimental values and lines represent theoretical values by equation 1.
- 430 **Figure S7.** STD amplification factor ( $A_{STD}$ ) for the interaction between the three different SP (3)
- 431 μM) [a) P-B peptide, b) statherin, c) cystatins] and increasing concentrations of castalagin.
- 432 Symbols represent experimental values and lines represent theoretical values by equation 1.
- 433 **Figure S8.** STD amplification factor (A<sub>STD</sub>) for the interaction between the three different SP (3
- 434 μM) [a) P-B peptide, b) statherin, c) cystatins] and increasing concentrations of vescalagin.
- 435 Symbols represent experimental values and lines represent theoretical values by equation 1.

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564

#### 565 **FIGURE CAPTIONS**

- 566 **Figure 1.** Molecular structure of condensed tannins: a) procyanidin B3 and b) procyanidin B6]
- 567 and ellagitannins [c) vescalagin, d) castalagin and e) punicalagin.
- 568 **Figure 2.** Fluorescence spectra of P-B peptide (30  $\mu$ M) recorded at  $\lambda_{ex}$  284 nm with increasing
- 569 concentrations of punicalagin (0 to 30 μM).
- 570 **Figure 3.** Stern-Volmer plots representative of the fluorescence quenching of ( $\triangle$ ) statherin,
- 571 ( $\Box$ ) P-B peptide and ( $\bullet$ ) cystatins in the presence of increasing concentrations of a)
- 572 procyanidin dimer B3 and b) castalagin. Each curve results from a triplicate assay.
- 573 Figure 4. STD-NMR spectra for the interaction with increasing concentrations of each tannins
- and proteins (3  $\mu$ M). It is presented the 8.0-2.0 ppm region, where most protons resonate.
- 575 Spectra were recorded at 600 MHz and 300 K in deuterium oxide (D<sub>2</sub>O). Interaction between
- 576 statherin with a) procyanidin B3 and b) procyanidin B6. Interaction between P-B peptide and c)
- 577 punicalagin, d) castalagin and e) vescalagin.
- 578 **Figure 5.** STD amplification factor (A<sub>STD</sub>) for the interaction between increasing concentrations
- 579 of punicalagin and the three different proteins (3  $\mu$ M): [a) P-B peptide, b) statherin, c)
- 580 cystatins]. Symbols represent experimental values and lines represent theoretical values by
- 581 equation 1.

- 582 Abbreviations
- 583 ACN, Acetonitrile
- 584 AS, Acidic Saliva
- 585 A<sub>STD</sub>, Amplification Factor
- 586 ESI, Electrospray Ionization
- 587 FRET, Fluorescence Resonance Energy Transfer
- 588 K<sub>A</sub>, Association Constant
- 589 K<sub>APP</sub>, Apparent Static quenching constat
- 590 K<sub>D</sub>, Dissociation Constant
- 591 k<sub>q</sub>, Bimolecular quenching constant
- 592 K<sub>sv</sub>, Stern-Volmer quenching constant
- 593 PRPs, Proline-Rich Proteins
- 594 SP, Salivary Proteins
- 595 STD-NMR, Saturation Transfer Difference-Nuclear Magnetic Resonance
- 596 TFA, Trifluoracetic Acid
- 597  $\tau_0$ , lifetime

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607

**Table 1.** Stern-Volmer ( $K_{sv}$ ) and apparent static quenching ( $K_{app}$ ) constants for the interaction of statherin, P-B peptide and cystatins with the five studied tannins. Values with the different letter are significantly different (p<0.01)

	CONDENSED TANNINS						
B3				B6			
Protein	Statherin	P-B	Cystatins	Statherin	P-B	Cystatins	
K <sub>sv</sub> /mM⁻¹	$17.8 \pm 1.2^{f,g}$	$11.8 \pm 0.7^{h}$	$5.4 \pm 0.3^{j}$	$40.0 \pm 4.1^{\circ}$	$14.9\pm0.8^{g}$	$6.5 \pm 0.2^{i}$	

	ELLAGITANNINS								
	Castalagin			Vescalagin			Punicalagin		
Protein	Statherin	P-B	Cystatins	Statherin	P-B	Cystatins	Statherin	P-B	Cystatins
K <sub>sv</sub> /mM <sup>-1</sup>	-	-	-	-	-	-	77.9 ± 4.3 <sup>b</sup> 9	4.1 ± 3.0	a _
$K_{app}/mM^{-1}$	$25.3 \pm 0.7^{d}$ 2	$27.2 \pm 0.8^{d}$	$25.9 \pm 0.6^{d}$	$20.2 \pm 0.9^{e,f}$	$21.1 \pm 0.6^{e}$	$20.1 \pm 0.6^{e,f}$	-	-	$78.2 \pm 2.4^{b}$

		k <sub>q</sub> (10 <sup>15</sup> )/ M <sup>-1</sup> s <sup>-1</sup>					
SP	τ <sub>0</sub> / ns	B3	B6	Castalagin*	Vescalagin*	Punicalagin	
Statherin	1.73	1.03 ± 0.07	$2.32 \pm 0.02$	-	-	4.51 ± 0.25	
P-B peptide	2.55	$0.46 \pm 0.03$	$0.59 \pm 0.03$	-	-	$3.69 \pm 0.12$	
Cystatins	4.02	$0.135 \pm 0.009$	$0.16 \pm 0.01$	-	-	*	

**Table 2.** Proteins' lifetime and biomolecular quenching constants  $(k_q)$  for the interaction of statherin, P-Bpeptide and cystatins with the five studied tannins.

\*These compounds present a non-linear Stern-Volmer plot

unerent tannins determined by equations 2 and 5.									
	K <sub>A</sub> (mM <sup>-1</sup> )								
SP	B3	B6	Castalagin	Vescalagin	Punicalagin				
P-B peptide	1.1**	1.8*	3.3*	1.4*	8.3*				
Statherin	1.7***	2.7*	1.7***	1.6*	3.3*				

2.2\*\*

0.7\*\*

2.6\*

1.6\*\*

Table 3. Association constant  $(K_A)$  values estimated for the interaction between each SP and the different tanning determined by equations 2 and 3

1.2\*\* Confidence of the fitting: \*≥97%, \*\*≥93%, \*\*\*≥80%

Cystatins



Figure 2.





Figure 4.



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