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Insight into *cis*-to-*trans* Olefin Isomerisation Catalysed by Group 4 and 6 Cyclopentadienyl Compounds

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Intramolecular isomerisation of the pendant allyl unit present in the model compound [MoH(η^5 -C₅H₄SiMe₂CH₂CH=CH₂)-(CO)₃] reported before was investigated by DFT calculations. The coordination of CO and the splitting of the agostic Mo-H interactions found in metallacyclic transition states stabilise the *cis* and *trans* hydride compounds [MoH(η^5 -C₅H₄Si-Me₂CH=CHCH₃)(CO)₃] relative to the corresponding tricarbonyl molybdenum alkyl metallacycles. A comparison with an analogous zirconium system is included. To contrast these results with the behaviour of metal hydride cyclopentadienyl compounds, which have no intramolecular alkene functionality, group 4 and 6 derivatives such as [Zr(η^5 -C₅H₄SiMe₂- η^1 -NtBu)(η^5 -C₅H₄SiMe₂CH₂- η^1 -CH₂)] (2), [MH(η^5 -C₅HMe₄)(CO)₃] [M = Mo (3), W (4)], and [ZrH(η^5 -

Introduction

Metal-catalysed isomerisation of olefinic double bonds has been extensively studied and exploited as a desired reaction in many industrial processes.^[1,2] However, some key issues with practical implications remain unresolved. In particular, it is not clear what controls, with certain catalysts, selectivity towards the formation of *cis* olefins versus the generally more thermodynamically stable *trans* isomers.^[3] Within this context, transition-metal hydrides are of fundamental importance, as they are involved as catalysts or proposed intermediates in alkene isomerisation reactions.^[4–8] In particular, when a M–H bond is present in the catalyst, the generally accepted mechanism involves olefin coordination to give a π –olefin metal complex, which by

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 $C_5H_4SiMe_2-\eta^1-NtBu)(\eta^5-C_5H_4R)]$ [R = H (5), SiMe₃ (6)] were examined as selective catalysts for the intermolecular isomerisation of the terminal olefins allyltrimethylsilane (A) and 4-methyl-1-pentene (B). Zirconium hydride compounds were the most efficient catalysts. Compound 4 catalysed the same reaction but required heating at 140 °C, whereas compound 3 was inactive due to a dehydrogenation process, which produced the dinuclear compound [Mo($\eta^5-C_5HMe_4$)(CO)₃]₂ (7). Reaction of 4 and 5 with the internal alkenes trimethyl(1propenyl)silane (C) and 4,4-dimethyl-2-pentene (D) favoured *cis*-to-*trans* isomer conversion with poor production of the corresponding terminal olefins.

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subsequent addition-elimination reactions makes isomerisation possible.^[4]

The design of model compounds that contain cyclopentadienyl ligands with a hemilabile binding profile has proved to be a useful strategy to stabilise intermediates that are transient under typical catalytic conditions.^[7–9] We began our investigations of early transition metal olefin isomerisation reactions with a family of allyldimethylsilyl- η^5 cyclopentadienyl hydride group 4 and 6 metal model systems.^[7,8] Whereas group 6 metal compounds of formula $[MH(\eta^5-C_5R_4SiMe_2CH_2CH=CH_2)(CO)_3]$ can isomerise the intramolecular pendant allyl unit selectively to the transprop-1-en-yl-dimethylsilyl group,^[7] the allyldimethylsilyl cyclopentadienyl Zr hydride compound [ZrH(n⁵-C₅H₄SiMe₂- η^{1} -NtBu)(η^{5} -C₅H₄SiMe₂CH₂CH=CH₂)] (1) evolves into the six-membered zirconacycle derivative $[Zr(\eta^5-C_5H_4 SiMe_2-\eta^1-NtBu$)($\eta^5-C_5H_4SiMe_2CH_2CH_2-\eta^1-CH_2$)] (2). DFT calculations on these model zirconium systems confirmed^[8] that formation of derivative 2 is a consequence of the higher thermodynamic stability of the six-membered zirconacycle compound relative to that of Zr hydride derivative 1 and the analogous *trans*-prop-1-en-yl-dimethylsilvlcyclopentadienyl complex $[ZrH(\eta^5-C_5H_4SiMe_2-\eta^1-$ NtBu)(η^5 -C₅H₄SiMe₂CH=CHCH₃)].

This result moved us to perform analogous theoretical calculations on the allyldimethylsilylcyclopentadienyl Mo hydride compound described before^[7,8] to compare the be-

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haviour of both group 4 and 6 compounds and to provide a detailed picture of the favoured pathways followed for these metal hydride species in their isomerisation processes. In addition, the ability of these hydride organometallic derivatives to participate in intramolecular allyl isomerisation^[7,8] prompted us to test similar Mo, W and Zr cyclopentadienyl compounds lacking an alkene functionality in the cyclopentadienyl ring as selective olefin isomerisation catalysts.

Results and Discussion

Computational Study

The widely accepted isomerisation mechanism for 18electron carbonyl species requires previous displacement of one carbonyl ligand by the olefinic moiety to afford allyl cyclopentadienyl dicarbonyl hydride molybdenum species with the required cis geometry between the hydride and the olefin ligands. Accordingly, we could not locate any transition state involving isomerisation of the double bond in a monocyclopentadienyl hydride molybdenum complex bearing three carbonyl ligands, whereas Mo complexes of 16 (loss of one neutral ligand) or 20 electrons (concomitant coordination of the olefin and three carbonyl groups to this type of metal centre) were computationally unstable. Thus, the transition states (TS) for dissociation of one carbonyl group by the double bond were located and the intrinsic reaction coordinates (IRC) undoubtedly showed that they connect the Mo complexes allyl-1 and allyl-2 (TS1), cis-1 and cis-2 (TS8) and trans-1 and trans-2 (TS9) (Figures 1 and 2). The activation energies of the three processes are rather large. For example, an activation enthalpy of 40.3 kcal/mol, with a free energy value of 40.6 kcal/mol was calculated for conversion of allyl-1 into allyl-2. The loss of one carbonyl ligand is a highly endothermic process, $(H_{\text{allyl-2}} - H_{\text{allyl-1}} = 21.2 \text{ kcal/mol})$, although the entropic benefit of splitting allyl-1 into two molecules (namely, carbonyl and allyl-2) reduced the value of ΔG to 14.5 kcal/mol. Similar activation parameters were obtained for TS8 and TS9. Allyl-2 can suffer migratory insertion of the hydride ligand into the double bond in either of two ways, TS2 or TS3, to afford complex A or B, respectively, as shown in Figure 1. Both transition states have similar activation energies, but metallacycle **B** is the thermodynamically preferred species by ca. 5 kcal/mol and the only one that opens access to isomerisation, as A cannot evolve to any complex other than allyl-2. The higher stability of **B** could be related to the presence of agostic H-bonding (1.97 Å) between Mo and one hydrogen atom of the terminal methyl group. In fact, the analogous compound lacking that Mo-H interaction was computationally found to be 5.0 kcal/mol higher in energy than **B**. Subsequent β -H elimination from either of the two diastereotopic hydrogen atoms of the silvlmethylene group present in **B** results in two TSs of very different energy. The lowest of these two transition states, TS5, with an activation free energy of 10.7 kcal/mol $(G_{TS5} - G_B)$ gives complex trans-2, which affords, after coordination of one carbonyl ligand, the experimentally unique product of the allyl isomerisation, derivative trans-1. An alternative mechanism could be responsible for the transformation of cis-1 into trans-1. Indeed, both complexes are connected through a β -H insertion/elimination process, which involves metallacycle C as intermediate. This pathway represents an energetically less demanding process than the one occurring



Figure 1. Reaction pathway for the intramolecular isomerisation of the pendant allyl unit present in molybdenum compound allyl-1.



Figure 2. Transitions states TS1-TS9 and calculated relevant distances.

through intermediate **B**, as transition states TS6 and TS7 (24.3 and 21.0 kcal/mol, respectively) are ca. 11 kcal/mol lower in energy than corresponding TS4 and TS5. Note-worthy, an agostic Mo···H interaction (1.94 Å) was found to be responsible for the stabilisation of **C** by ca. 4.1 kcal/mol.

Moreover, metallacycles **B** and **C** might be competitive species in the equilibrium with the dicarbonyl olefin complexes *trans*- and *cis*-**2**. However, their tricarbonyl compound counterparts, **B**-**2** and **C**-**2**, (Figure 3) are entropically disfavoured species, as they have fewer degrees of freedom than compounds *trans*- and *cis*-**2**. In these species, the coordination of CO provokes the entropically favoured decoordination of the olefin to afford *trans*- and *cis*-**1**, whereas a similar ligand coordination in **B** and **C** would split the agostic Mo–H interaction to afford **B**-**2** and **C**-**2**, respectively.



Figure 3. Free energies (kcal/mol) and some relevant bond lengths for compounds **B**, **B-2**, **C** and **C-2**.

Furthermore, the presence of three CO ligands weakens the Mo–C bond present in **B** and **C** up to $d_{Mo-C} > 2.4$ Å (standard Mo–C bond is ca. 2.25 Å), further contributing to their instability. Comparison of the free energy values of **B-2** (0.5 kcal/mol) and **C-2** (2.2 kcal/mol) with those of *cis*-1 (-1.5 kcal/mol) and *trans*-1 (-4.7 kcal/mol) also confirm the experimental results.

In summary, theoretical calculations for the intramolecular isomerisation reaction permit us to conclude that although six-membered zirconacycle derivative 2 is expected to be isolated, only the allyl or the methylvinyl cyclopentadienyl molybdenum compound can be synthesised, which agrees with the experimental observations.^[7,8]

Isomerisation of Alkenes

In view of the results described above, we decided to test the *cis/trans* selectivity of similar group 4 and 6 cyclopentadienyl compounds lacking an alkene functionality in the cyclopentadienyl ring as catalysts of the well-known olefin isomerisation reaction. Thus, $[MH(\eta^5-C_5HMe_4)(CO)_3]$ [M = Mo (3), W (4)] and $[ZrH(\eta^5-C_5H_4SiMe_2-\eta^1-NtBu)(\eta^5-C_5H_4R)]$ [R = H (5), SiMe₃ (6)] were tested in the intermolecular isomerisation of terminal and internal alkenes. The results are summarised in Tables 1 and 2.

We decided to use tetramethylcyclopentadienyl hydride species **3** and **4** as catalysts, rather than the corresponding nonsubstituted cyclopentadienyl hydride derivatives, which undergo dehydrogenation processes very easily to form the corresponding hexacarbonyl dimer compounds. However, for Mo the active species are not stable under these catalytic conditions and dehydrogenation of **3** towards the formation of the dinuclear complex $[Mo(\eta^5-C_5HMe_4)(CO)_3]_2$ (7) was inferred from the ¹H NMR spectra of the $[D_6]$ benzene reaction mixture. This thermal dehydrogenation of derivatives of the general formula $[MH(\eta^5-C_5R_5)(CO)_3]$ is a wellknown and documented reaction,^[10] which is about two or



Entry	Substrate	Catalyst	[Cat]/[S] [%]	Conditions ^[a]	Conversion ^[b] [%]	Product distribution ^[b] [%]
1	SiMe ₃ CH ₂ CH=CH ₂ (A)	3	1	100–140 °C, 48 h	0	_
2		3	10	48 h	20	24:76
3		4	1.5	24 h	20	24:76
4		4	1.5	48 h	32	17:83
5		4	1.5	>72 h	45	15:85
6		4	10	48 h	69	9:91
7	iPrCH ₂ CH=CH ₂ (B)	3	10	48 h	15	42:58
8		4	10	48 h	54	36:64
9		4	10	>72 h	67	36:64
10	<i>cis+trans</i> -SiMe ₃ CH=CHCH ₃ (<i>cis+trans</i> -C)	3	1–20	100–140 °C, 48 h	0	_
11	(cis/trans, 40:60)	4	15	48 h	_	9:76:15
12 13	$cis-tBuCH=CHCH_3$ (D)	3 4	1–20 15	100–140 °C, 48 h 48 h	0 16	50:50

Table 1. Isomerisation of olefins catalysed by Mo/W compounds 3 and 4.

[a] Reaction conditions: A Young-valved NMR tube was charged with a [D₆]benzene solution of the alkene and the catalyst, and the mixture was heated to 140 °C. Entries 1, 10 and 12 covered the indicated temperature and/or [Cat]/[S] ranges. [b] Conversions and product distributions were determined by ¹H and ¹³C NMR spectroscopy. Product distributions for olefins **A** and **B** show the ratio of the *cis/trans*-**C** and *cis/trans-i***P**rCH=CHCH₃ (**E**) isomer mixture, respectively. Total conversion cannot be calculated for olefin **C**, as the substrate contained an initial 40:60 *cis/trans* isomer ratio, and thus only the final product distribution (*cis*-**C**/*trans*-**C**/**A**) is given. Product distribution for olefin **D** shows the ratio of *trans*-**D** and the terminal counterpart *t*BuCH₂CH=CH₂ (**F**).

Table 2. Isomerisation of olefins catalysed by Zr compounds 5 and 6.

Entry	Substrate	Catalyst	[Cat]/[S] [%]	Conditions ^[a]	Conversion ^[b] [%]	Product distribution ^[b] [%]
1	SiMe ₃ CH ₂ CH=CH ₂ (A)	5	1	50 °C	36	44:56
2	5 2 2()	5	1	100 °C	59	30:70
3		5	1	120 °C	66	26:74
4		5	25	r.t.	36	48:52
5		5	25	r.t., >72 h	58	25.75
6		6	1	50 °C	28	88:12
7		6	1	80 °C	41	54:46
8		6	1	100 °C	53	39:61
9		6	25	80 °C	51	14:86
10	$iPrCH_2CH=CH_2$ (B)	5	1	50 °C	24	14:86
11	2 2 ()	5	1	80 °C	41	9:91
12		5	1	80 °C, >72 h	62	8:92
12	cis+trans-SiMe ₃ CH=CHCH ₃	5	6	50.90		12.00
15	(cis+trans-C)	5	0	50 C	_	12:88
14	(cis/trans, 40:60)	5	6	50 °C, >72 h	_	0:100
15	cis-tBuCH=CHCH ₃ (D)	5	6	80 °C	12	30:70

[a] Reaction conditions: Young-valved NMR tube was charged with a [D₆]benzene solution of the alkene and the catalyst, and the mixture was heated at the temperature shown for 48 h. [b] Conversions and product distributions were determined by ¹H and ¹³C NMR spectroscopy. Product distributions for olefins **A** and **B** show the ratio of *cis/trans*-**C** and *cis/trans*-**i**PrCH=CHCH₃ (**E**) isomer mixture, respectively. Total conversion cannot be calculated for olefin **C**, as the substrate contained an initial 40:60 *cis/trans* isomer ratio, thus only the final product distribution (*cis*-**C**/*trans*-**C**) is given. Product distribution for olefin **D** shows the ratio of *trans*-**D** and the terminal counterpart *t*BuCH₂CH=CH₂ (**F**).

three times faster for Mo than for W compounds and explains the differences in activities of each metal complex under the reaction conditions used in our experiments. In order to unambiguously confirm the formation of dinuclear compound 7 under these reaction conditions, we prepared this derivative by following a similar procedure as that used for the reported synthesis of $[Mo(\eta^5-C_5H_4CH_2CH=CH_2)-(CO)_3]_2^{[7]}$ (Scheme 1). Thus, treatment at room temperature



Scheme 1.

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of toluene solutions of **3** with trimethylamine oxide afforded a red solid that was characterised by ¹H and ¹³C NMR and IR spectroscopy and elemental analysis as dinuclear compound **7**. Although there are several examples of organometallic carbonyl clusters showing activity in alkene isomerisation reactions,^[1,11] the Mo dimer discussed showed no conversion of the olefins tested.

Group 6 metal compounds (Table 1) achieved isomerisation only at temperatures of ca. 140 °C and, in general, high catalyst concentrations increased conversions at this temperature. Both terminal alkenes allyltrimethylsilane (**A**) and 4-methyl-1-pentene (**B**) afforded their corresponding internal olefins trimethyl(1-propenyl) (**C**) and 4-methyl-2pentene, *i*PrCH=CHCH₃ (**E**), respectively, as a mixture of *cis/trans* isomers as shown in Table 1 (Entries 1–9). Congruent with the more thermodynamic stability of *trans* isomers, major production of *trans*-**C** and *trans*-**E** was favoured with long reaction times, reaching *cis/trans* product distributions up to 9:91 (Table 1, Entry 6) and 36:64 (Table 1, Entry 8), respectively, after 48 h at 140 °C, and suggesting a *cis*-to*trans* isomerisation.

Zr catalysts 5 and 6, (Table 2) achieved isomerisation of terminal olefins A and B under milder conditions than those required for the Mo and W systems, even though higher temperatures and/or catalyst concentrations achieved better conversions. These reaction conditions also increased production of trans-C from olefin A (Table 2, Entries 1-9), whereas cis/trans-E distributions of ca. 10:90 were observed independent of the reaction temperature when B was the substrate (Table 2, Entries 10-12). Interestingly, there are differences between the cis/trans product distribution reached with unsubstituted cyclopentadienyl complex 5 and trimethylsilyl-substituted system 6, with cis-C productions of 44% (Table 2, Entry 1) and 88% (Table 2, Entry 6), respectively, under the same catalytic conditions. Accepting the traditional olefin insertion and β -H elimination mechanism for the isomerisation process catalysed by hydride metal compounds, catalyst 6 would give the most sterically hindered four-centred transient species for a trans-isomer formation, which would favour high cis-isomer production. An increase in the temperature and in the amount of catalyst had dramatic effects on the cis-isomer production of catalyst 6. Thus, the cis/trans-C isomer ratio changed from 88:12 at 50 °C up to 14:86 at 80 °C with 25% of catalyst loaded (Table 2, Entries 6-9) allowing the product distribution to be modulated by appropriate selection of the reaction conditions.

The presence in the substrate of a silv substituent seems to have no important effect on the activities of any of the catalysts tested. Thus, catalysts 4-6 achieved only slightly higher conversions when A was used as substrate instead of **B**.

Internal alkenes **C** and 4,4-dimethyl-2-pentene (**D**) were tested in the isomerisation reaction in order to probe the *cis* to *trans* isomer transformation. Both **C** and **D** need higher concentrations of catalysts **4** and **5** than their terminal counterparts **A** or **B**. As expected from their relative stabilities, internal olefins were converted, to some extent, into their terminal counterparts only at high temperatures (Table 1, Entries 11 and 13; Table 2, Entry 15). Rather, a *cis*-to-*trans* isomerisation was the favoured process at mild temperatures, which afforded, with catalyst **5** and olefin **C** (Table 2, Entries 14 and 15), a 0:100 *cis/trans*-**C** ratio. In the absence of catalyst, [D₆]benzene solutions of *cis/trans*-**C** and *cis*-**D** showed no modification of the isomer distribution after heating up to 150 °C for 1 week.

The six-membered zirconacycle derivative $[Zr(\eta^5 C_5H_4SiMe_2-\eta^1-NtBu$)($\eta^5-C_5H_4SiMe_2CH_2CH_2-\eta^1-CH_2$)] (2) provides an example of a stable β -H containing Zr–alkyl derivative^[6,8,12] and has been proposed to model the transient Zr-alkyl intermediates present in the isomerisation processes achieved by analogous cyclopentadienyl Zr hydride derivatives 5 or 6.[8] In order to explore the ability of 2 to give β -H elimination reactions, the zirconacycle compound was also tested in the isomerisation reaction of A in [D₆]benzene. Compound 2 afforded low conversions in the intermolecular allyltrimethylsilane isomerisation even at 140 °C with ca. 10% of catalyst loaded (Table 3). The most interesting feature is, however, that the ¹H NMR spectra of the reaction between 2 and allyltrimethylsilane always showed clean formation of C together with the set of signals due to zirconacycle derivative 2.

Table 3. Allyltrimethylsilane isomerisation achieved by compound **2**.

Entry ^[a]	[2]/[A] [%]	Conversion [%]	Product distribu- tion ^[b] [%]
1	1	0	_
2	10	15	39:61
3	30	54	0:100
4	50	100	0:100

[a] Reaction conditions: Young-valved NMR tube was charged with a [D₆]benzene solution of A and 2, and the mixture was heated at 140 °C for 48 h. [b] The isomerisation reaction afforded a mixture of *cis/trans*-C, conversions and % *cis/trans* distribution were determined by ¹H NMR spectroscopy.

Recovery of unmodified compound 2 implies formation of zirconium hydride 1 as the active species of the isomerisation process (Scheme 2) and confirms the role of 2 as a model of transient Zr-alkyl intermediates present in processes of this kind.



Scheme 2



Conclusions

A DFT computational study of the allyl isomerisation on the model compound [MoH(η^5 -C₅R₄SiMe₂CH₂CH=CH₂)-(CO)₃] shows that *trans*-substituted complexes *trans*-1 and *trans*-2 are the most stable tri- and dicarbonyl species, respectively, which is consistent with the experimental results reported earlier. The results explain the reactivity differences between group 4^[8] and 6^[7] allyl cyclopentadienyl hydride compounds. An alternative isomerisation route was found computationally for the transformation of compound *cis*- to *trans*-2, showing a model example of the *cis*-to-*trans* isomer conversion.

Compounds $[WH(\eta^5-C_5HMe_4)(CO)_3]$ (4) and $[ZrH(\eta^5-C_5H_4SiMe_2-\eta^1-NtBu)(\eta^5-C_5H_4R)]$ [R = H (5), SiMe₃ (6)] can catalyse the isomerisation of 1-alkenes Si-Me₃CH₂CH=CH₂ and *i*PrCH₂CH=CH₂ to the corresponding internal olefins with, in general, high *trans/cis* isomer ratios. Reactions of catalysts 4 and 5 with the internal alkenes SiMe₃CH=CHCH₃ and *t*BuCH=CHCH₃ strongly suggest that this *trans* selectivity in alkene production is due to a *cis*-to-*trans* isomerisation process analogous to that computationally found for intramolecular olefin isomerisation. In addition, conversion of SiMe₃CH₂CH=CH₂ to the corresponding olefin SiMe₃CH=CHCH₃ with zirconacycle 2 demonstrates its role as a model for the transient Zr–alkyl intermediates present in the isomerisation processes.

Experimental Section

Computational Methods: All reported structures were optimised at the DFT level by using the B3LYP^[13] hybrid functional as implemented in Gaussian 03.^[14] Optimisations were carried out by using the standard 6-31G* basis set for C, H, O and Si. The LANL2DZ basis set, which includes the relativistic effective core potential (ECP) of Hay and Wadt and employs a split-valence (double-\zeta) basis set, was used for Mo.^[15] All energy minima and transition structures were characterised by harmonic frequency analysis at the same level. The energies reported in this work include thermal and zero-point vibrational energy corrections (ZPVE) and are not scaled. The stationary points were characterised by frequency calculations in order to verify that they have the right number of negative eigenvalues. The intrinsic reaction coordinates (IRC)^[16] were followed to verify the energy profiles connecting each TS to the correct associated local minima. In the discussion and figures all energy values are relative to allyl-1, which was taken as G = 0 energy.

General Information: All manipulations involving syntheses of metal complexes and catalysis were performed at an argon/vacuum manifold by using standard Schlenk-line techniques under an argon atmosphere or in a glove box MBraun MOD System. Solvents were dried by conventional procedures and freshly distilled prior to use. $[M(NCMe)_3(CO)_3]$ (M = Mo, W),^[17] [Zr(η^5 -C₅H₄SiMe₂- η^1 -N*t*Bu)(η^5 -C₅H₄SiMe₂CH₂CH₂- η^1 -CH₂)] (2),^[8] [MoH(η^5 -C₅H4R)] (R = H (5), SiMe₃ (6)]^[8] were prepared according to previous reports. Commercially available reagents were used without further purification. NMR spectra were recorded with a Bruker 400 Ultrashield. ¹H and ¹³C chemical shifts are reported relative to tetramethylsilane. Coupling constants *J* are given in Hertz. IR spec-

tra were measured with a Perkin–Elmer 883 IR spectrometer. Elemental analysis was performed in our laboratories (UAH) with a Perkin–Elmer 2400 CHNS/O Analyzer, Series II.

General Procedure for Isomerisation of Alkenes: The isomerisation reactions were carried out in a Young-valved NMR tube, which was charged with [D₆]benzene solutions of the corresponding catalyst and alkene. For catalysts 3 and 4, 1.66 (1%) to 0.35 (15%) mmol of the alkene was charged. For catalysts 5 and 6, 2.8 (1%) to 0.85 (15%) mmol of the alkene was loaded. In the experiments with compound **2**, 5.8×10^{-2} (10%), 1.3×10^{-2} (30%) and 8.9×10^{-3} (50%) mmol of allyltrimethylsilane were used. Exact % of [Cat]/[S] was inferred from the ¹H NMR spectrum of the mixture before heating. The reaction mixture was then warmed to the required temperature and the transformation monitored by ¹H NMR spectroscopy. Allyltrimethylsilane, 4-methyl-1-pentene, cis-4,4-dimethyl-2-pentene and cis+trans-trimethyl(1-propenyl)silane were used as received from Aldrich, without further purification. cisand trans-Trimethyl(1-propenyl)silane, allytrimethysilane and 4,4dimethyl-1-pentene were spectroscopically identified by comparison of ¹H and ¹³C NMR spectra of commercially available samples. cis- and trans-4-Methyl-2-pentene^[18] and 4,4-dimethyl-1-pentene^[19] were spectroscopically characterised and identified by comparison of reported ¹H and ¹³C NMR spectra of the olefins.

trans-4-Methyl-2-pentene (*trans*-E): ¹H NMR (plus HSQCGP, 400 MHz, C₆D₆): $\delta = 5.72$ (m, ^{trans}J_{H,H} = 12 Hz, ⁴J_{H,H} = 1.2 Hz, 1 H, =CH-*i*Pr), 5.34 (dq, ^{trans}J_{H,H} = 12 Hz, ³J_{H,H} = 5.2 Hz, 1 H, =CH-Me), 2.18 (m, ³J_{H,H} = 6.8 Hz, 1 H, -CHMe₂), 1.56 (dd, ³J_{H,H} = 5.2 Hz, ⁴J_{H,H} = 1.2 Hz, 3 H, CH₃-CH=), 0.93 [d, ³J_{H,H} = 6.8 Hz, 6 H, -C(CH₃)₂] ppm. ¹³C NMR (plus APT, plus HSQCGP, 100 MHz, C₆D₆): $\delta = 139.7$ (+,=CH-*i*Pr), 122.5 (+,=CH-Me), 32.2 (+, -CHMe₂), 23.5 [+, 3 H, (CH₃)₂-CH-], 18.7 [+, -CH(CH₃)] ppm.

cis-4-Methyl-2-pentene (*cis*-E): ¹H NMR (plus HSQCGP, 400 MHz, C₆D₆): δ = 5.36–5.20 (m, 2 H, =CHMe + =CH-*i*Pr), 2.55 (m, ³J_{H,H} = 6.4 Hz, 1 H, -CHMe₂), 1.51 (dd, ³J_{H,H} = 6.4 Hz, ⁴J_{H,H} = 1.6 Hz, 3 H, CH₃-CH=), 0.91 [d, ³J_{H,H} = 6.4 Hz, 6 H, -C(CH₃)₂] ppm. ¹³C NMR (plus APT, plus HSQCGP, 100 MHz, C₆D₆): δ = 139.2 (+, =CH-*i*Pr), 122.2 (+, =CH-Me), 27.1 (+, -CHMe₂), 23.8 [+, 3 H, (CH₃)₂-CH-], 13.4 [+, -CH(CH₃)] ppm.

4,4-Dimethyl-1-pentene (F): ¹H NMR (plus HSQCGP, 400 MHz, C_6D_6): $\delta = 5.76$ (m, 1 H, =CH-C), 5.00 (m, 2 H, =CH₂), 1.86 (d, ${}^3J_{H,H} = 8.0$ Hz, 2 H, -CH₂), 0.84 [s, 9 H, -C(CH₃)₃] ppm. ¹³C NMR (plus APT, plus HSQCGP, 100 MHz, C_6D_6): $\delta = 136.9$ (+, =CH), 117.4 (-, =CH₂), 49.3 (-, -CH₂), 30.0 (-, Me₃C-), 12.8 [+, -C(CH₃)₃] ppm.

[WH(\eta^5-C₅HMe₄)(CO)₃] (4): An analogous procedure to that used to synthesise the reported [MoH(η^5 -C₅HMe₄)(CO)₃] (3)^[7] was followed. A THF solution of commercially available tetramethylcyclopentadiene (C₅H₂Me₄; 0.18 g, 1.40 mmol) was added to dry [W(CO)₃(NCMe)₃] (0.5 g, 1.20 mmol), and the mixture was stirred at room temperature for 8 h. After solvent evaporation and extraction of the orange solid residue into hexane, an orange solution was obtained, which afforded, after solvent removal, derivative **4** as an orange oil. Yield: 0.25 g (53%). C₁₂O₃H₁₄W (390.08): calcd. C 36.95, H 3.59; found C 37.10, H 3.77. IR (THF): \tilde{v} = (CO) 2007, 1909 cm⁻¹. ¹H NMR (400 MHz, C₆D₆): δ = 4.57 (s, 1 H, Cp: CH), 1.67, 1.68 (both s, each 6 H, Cp: -CH₃), -6.58 (s, 1 H, W-H) ppm. ¹³C NMR (plus APT, 100 MHz, C₆D₆): δ = 221.5 (-, CO), 103.6, 106.8 (both -, Cp^{ipso}: C-Me), 87.9 (+, Cp: C-H), 11.6, 13.4 (both +, -CH₃) ppm.

 $[Mo(\eta^5-C_5HMe_4)(CO)_3]_2$ (7): Toluene (5 mL) was added to a dry mixture of 3 (0.5 g, 1.65 mmol) and trimethylamine oxide (0.10 g,

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1.65 mmol). Stirring the reaction mixture for 12 h at room temperature gave a red solution. The solvent was removed under vacuum, and the solid residue was washed with hexane (2 × 3 mL) and dried under vacuum to give a red solid. Yield: 0.90 g (89%). $C_{24}H_{26}Mo_2O_6$ (602.34): calcd. C 47.86, H 4.35; found C 48.10, H 4.26. IR (THF): $\tilde{v} =$ (CO) 2008, 1900 cm⁻¹. ¹H NMR (400 MHz, C_6D_6): $\delta = 4.5$ (s, 1 H, Cp: -CH), 1.72, 1.77 (both s, each 6 H, Cp: -CH₃) ppm. ¹³C NMR (plus APT, 100 MHz, C_6D_6): $\delta = 234.9$ (–, CO), 107.3, 105.5 (both –, Cp^{ipso}: C-Me), 92.4 (+, Cp: CH), 10.4, 12.6 (both +, Cp: -CH₃) ppm.

Supporting Information (see also the footnote on the first page of this article): Cartesian coordinates of the DFT optimised compounds.

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