



Flavonoids from *Scutellaria baicalensis* inhibit senescence-associated secretory phenotype production by interrupting $I\kappa B\zeta/C/EBP\beta$ pathway: Inhibition of age-related inflammation

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1 Flavonoids from *Scutellaria baicalensis* inhibit senescence-associated secretory
2 phenotype production by interrupting I κ B ζ /C/EBP β pathway: Inhibition of age-
3 related inflammation
4

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17

18 **ABSTRACT**

19

20 *Background:* Prolonged exposure to the senescence-associated secretory phenotype (SASP)
21 with age leads to chronic low-grade inflammation in neighboring cells and tissues, causing
22 many chronic degenerative diseases.

23 *Purpose:* The effects on SASP production of the ethanol extract from *Scutellaria radix* and 17
24 isolated flavonoid constituents were examined *in vitro* and *in vivo*.

25 *Methods:* Cellular senescence was induced by bleomycin. Expression of the SASP and cell
26 signaling molecules was detected using ELISA, RT-qPCR, Western blotting, and
27 immunofluorescence staining. To investigate the *in vivo* effects, 21-month-old aged rats were
28 used.

29 *Results:* The ethanol extract and 5 compounds including **1** (Oroxylin A; 5,7-dihydroxy-6-
30 methoxyflavone), **5** (2',6',5,7-tetrahydroxy-8-methoxyflavone), **8** (2',5,7-trihydroxyflavone),
31 **10** (2',5,7-trihydroxy-8-methoxyflavone) and **11** (2',5,7-trihydroxy-6-methoxyflavone)
32 potently reduced IL-6 and IL-8 production and gene expression of the SASP, including IL-1 α ,
33 IL-1 β , IL-6, IL-8, GM-CSF, CXCL1, MCP-2, and MMP-3. This finding indicates the
34 important role of the B-ring 2'-hydroxyl group in flavonoid molecules. **Furthermore,**
35 **compounds 8 and 11, the strongest SASP inhibitors, decreased the expression of I κ B ζ and**
36 **C/EBP β protein without affecting either BrdU uptake or the expression of senescence**
37 **markers, such as pRb and p21.** Finally, the oral administration of compound **8** to aged rats at
38 2 and 4 mg/kg/day for 10 days significantly inhibited the gene expression of SASP and I κ B ζ
39 in kidneys. This is the first report of the strong SASP inhibitory action of flavonoids from
40 *Scutellaria radix* on *in vitro* and *in vivo* senescence models. **The inhibitory action was shown**

41 to be mediated mainly by interfering with the I κ B ζ /C/EBP β signaling pathway.

42 *Conclusion:* Targeting production of the SASP using flavonoids from *Scutellaria radix* or its
43 extract might help reduce low-grade sterile inflammation and control age-related diseases.

44

45 *Keywords:* *Scutellaria baicalensis*; Senescence; SASP; I κ B ζ ; C/EBP β ; Chronic low-grade
46 inflammation

47

48 *Abbreviations:*

49 BrdU, 5-bromo-2'-deoxy-uridine; C/EBP β , CCAAT/enhancer-binding protein beta; CXCL1,
50 chemokine (C-X-C motif) ligand 1; ELISA, enzyme-linked immunosorbent assay; GM-CSF,
51 granulocyte-macrophage colony-stimulating factor; IL, interleukin; IRAK1, interleukin-1
52 receptor-associated kinase; MCP-2, monocyte chemoattractant protein-2; MMP-3, matrix
53 metalloproteinase-3; RT-qPCR, reverse transcription-quantitative polymerase chain reaction

54

55

56 **1. Introduction**

57

58 The identification of anti-aging agents that extend the lifespan of organisms is not a
59 simple task. The compounds such as resveratrol, curcumin, and rapamycin have been shown
60 to prolong lifespan of fruit flies *Drosophila melanogaster* and *Caenorhabditis elegans* (Bass
61 et al., 2007; Bjedov et al., 2010; Lee et al., 2010). Recently, potential targets such as senolytic
62 activity of fisetin, microbiome modulation of rapamycin, and proteostatic maintenance of
63 rapamycin with or without metformin have been demonstrated to be associated with lifespan
64 extension in mice (Bitto et al., 2016; Reid et al., 2020; Yousefzadeh et al., 2018). However,
65 evidence demonstrating the extension of the human lifespan is lacking. Agents that inhibit
66 cellular senescence may have some deleterious effects, possibly resulting in cancer cell
67 formation, because cellular senescence is one way to eliminate potential cancer-transforming
68 cells. Instead, eliminating the harmful effects of cellular senescence is an option for healthy
69 aging. As organisms age, cells can become damaged or telomerase shorten that triggers
70 activation of a signaling cascade that results in cell senescence, a permanent cell cycle arrest.
71 The senescent cells express molecules known as senescence-associated secretory phenotype
72 (SASP) during this process (Coppé et al., 2008; 2010). Although the SASP, consisting of the
73 proinflammatory cytokines, proteases, and growth factors, has some beneficial effects, such
74 as normal development and tissue remodeling (Coppé et al., 2010; Storer et al., 2013),
75 prolonged exposure to SASP factors can cause chronic low-grade sterile inflammation during
76 aging, also known as inflammaging, which facilitates aging and transformation of the
77 surrounding cells, leading to age-related chronic inflammatory diseases, such as type 2
78 diabetes, cardiovascular diseases, neurodegenerative diseases, and cancer (Campisi et al.,

79 2011; Kumar et al., 2014; Onat and Can 2014; Singh and Newman 2011). In this regard,
80 finding SASP-inhibiting agents without affecting cellular senescence is a current issue in the
81 field of healthy aging.

82 Recently, several natural and synthetic flavonoids were shown for the first time to inhibit
83 SASP production without affecting the senescence process itself. The optimum chemical
84 structures are found to be basic flavone structures having hydroxyl and/or methoxyl
85 substitutions on C-5,7,2',3' and/or 4' (Lim et al., 2015). The inhibitory activity was shown to
86 be associated with the activation of transcription factors, such as nuclear factor-kappa B (NF-
87 κ B) and I κ B zeta (I κ B ζ) (Lim et al., 2015). Moreover, one of the strong inhibitors,
88 apigenin, showed a similar response in aged-rats by the oral administration of doses as low as
89 2 – 4 mg/kg/day (Lim et al., 2015). The similar suppressive effect of apigenin on expression
90 of the SASP was also confirmed in fibroblasts and breast cancer cells (Perrott et al., 2017).
91 During our preliminary experiment to screen various herbal products, the alcohol extract of
92 the radix of *Scutellaria baicalensis* Georgi strongly inhibited SASP production. It is well-
93 known that the chemical structures of the main flavonoids in the radix of *S. baicalensis* are
94 flavones with hydroxy/methoxyl substitution(s) at C-5,6,7 or 5,7,8 in the A-ring and C-2'
95 and/or 6' in the B-ring (Liu et al., 2009). However, the effects of these flavonoids on SASP
96 production are not known. Based on the potential importance of this SASP inhibitor, we
97 isolated 17 flavonoids from *S. baicalensis* and their inhibitory action against SASP
98 production, as well as the mechanisms of action, were evaluated in the present investigation.

99

100 **2. Materials and methods**

101

102 *2.1. Chemicals and animals*

103

104 Bleomycin and apigenin were purchased from Enzo Life Sciences (Farmingdale, NY,
105 USA). Fetal bovine serum (FBS) and Dulbecco's Modified Eagle Medium (DMEM) were
106 bought from MP biomedical (Santa Ana, CA, USA) and Hyclone Laboratories (South Logan,
107 UT, USA). Phenylmethylsulfonyl fluoride (PMSF), sodium orthovanadate, sodium fluoride,
108 protease inhibitor cocktail and 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide
109 (MTT) were obtained from Sigma-Aldrich (St. Louis, MO, USA). Human IL-6 and IL-8
110 ELISA kits were bought from BD Biosciences (San Jose, CA, USA). The origins and grades
111 of other chemicals, primers and antibodies were described in detail in supplementary file.

112 Male Sprague Dawley (SD) rats (5-month-old young and 21-month-old) were purchased
113 from Samtako (Osan, Korea). The animals were maintained in the animal facility at 20 - 22°C
114 under 40 - 60% relative humidity and a 12 h light/dark cycle for at least 7 days prior to the
115 experiment. The experimental design using the animals was approved by the local committee
116 for animal experimentation, KNU (KW-190927-3). In addition, the ethical guidelines
117 described in the Korean Food and Drug Administration guide for the care and use of
118 laboratory animals was followed throughout the experiments.

119

120 *2.2. Preparation of 80% ethanol extract from Scutellaria radix and isolation of flavonoid*
121 *constituents*

122

123 The dried radix of *Scutellaria baicalensis* was purchased in local herbal market and
124 taxonomically identified by one of the authors (Dr. Y. S. Kwon). A voucher specimen

125 (KNUH-R-15-1) was deposited at the Herbarium of the College of Pharmacy (KNU, Korea).
126 The dried radix of *S. baicalensis* (1 kg) was refluxed in 80% ethanol three times and filtered.
127 The evaporation gave the dried ethanol extract (2.8 kg) and the extract was used for the assay.
128 Part of the ethanol extract (2.7 kg) was suspended in water and fractioned with *n*-hexane,
129 ethylacetate and *n*-butanol, successfully. The evaporation of each fraction under reduced
130 pressure provided *n*-hexane (38.7 g), ethylacetate (84.4 g) and *n*-butanol (106.0 g) fractions.

131 The flavonoid constituents were isolated with repetitive column chromatography. Briefly,
132 ethylacetate fraction (80.0 g) was separated in silica gel chromatography using
133 chloroform:methanol mixture as mobile phase, yielding fractions (S-1 to S-6). Fraction S-1
134 (12.9 g) was separated with Buchi MPLC, Rdisep silica gel, ODS and Sephadex LH20
135 column chromatography, yielding compound **1** (70 mg), **2** (110 mg) and **3** (160 mg). Using
136 similar column chromatography, fraction S-2 gave compounds **4** (65 mg), **5** (5 mg), **6** (20
137 mg), **7** (7 mg), **8** (6 mg), **9** (4.2 mg), **10** (4 mg) and **11** (2.4 mg). From S-3 (19 g), consecutive
138 silica gel and ODS column chromatography produced compounds **12** (350 mg) and **13** (1.3 g).
139 Fraction S-4 (11 g) was separated successfully with silica gel flash column and ODS column
140 chromatography, yielding compounds **14** (365 mg) and **15** (2.3 g). From *n*-butanol fraction
141 (30 g), repetitive silica gel column chromatography yielded compound **16** (40 mg) and
142 compound **17** (1.98 g). All the chemical structures of the isolated compounds are shown in
143 Fig. 1A and confirmed by the comparison of the previously reported data. The detailed
144 separation procedures and instrumental data are represented in supplementary file. **The**
145 **isolated compounds showed one spot in two-dimensional thin-layer chromatography and the**
146 **purities (> 95%) were determined by Thermo Dynamic HPLC system using a intersil column**
147 **(ODS-2, 150 x 4.5 mm) with acetonitrile:water (4:6) as a mobile phase.**

148 For *in vivo* study, compound **8** was chemically synthesized. 2',5,7-Trihydroxyflavone (**8**)
149 was synthesized from commercially available 1[2,4-bis(benzyloxy)-6-
150 hydroxyphenyl]ethanone via a aldol condensation-oxidative cyclization-debenzylation
151 sequence as shown in Fig. 1B.

152

153 2.3. Bleomycin-induced cellular senescence and SASP production

154

155 BJ cells (human foreskin fibroblast) purchased from the American Type Culture
156 Collection (ATCC, Manassas, VA) were maintained in DMEM containing 10% FBS,
157 glutamine, and penicillin/streptomycin. Damage-induced cellular senescence was produced
158 by treating BJ cells with bleomycin according to a protocol in previous reports (Lim et al.,
159 2015; Robles and Adami, 1998). In brief, the cells were treated with bleomycin (50 µg/ml)
160 for 24 h and washed twice with phosphate-buffered saline (PBS), followed by further
161 incubation for 6 days. Completion of cellular senescence was determined by the ratio of
162 incorporated BrdU into cellular DNA using the BrdU labeling and detection kit using anti-
163 BrdU antibody. Percentages of BrdU-positive cells of 10% or less indicate that the cellular
164 senescence is complete (Laberge et al., 2012).

165 To identify the effect of the test compounds after the completion of senescence, the cells
166 were treated with test compounds for the last 24 h after the completion of senescence by
167 bleomycin. To examine simultaneous effects, the cells were treated with the test compounds
168 with bleomycin (50 µg/ml) for 24 h at the initial time of senescence induction and incubated
169 for 6 days with the test compounds. On the 6th day, the IL-6 and/or IL-8 (representative
170 markers of SASP molecules) production in the media was quantified with an ELISA kit. The

171 gene expression of the SASP (IL-6, IL-8, IL-1 α , IL-1 β , GM-CSF, CXCL1, MCP-2, and
172 MMP-3) was evaluated using RT-qPCR with specific primers on an C1000 Touch Thermal
173 Cycler (Biorad Lab., Hercules, CA, USA) according to protocols described in a previous
174 report (Lim et al., 2015). The primer sequences for the human genes are shown in Table 1 of
175 the supplementary file. Senescence-associated- β -galactosidase (SA- β -gal) activity was
176 determined by counting the number of blue-stained cells versus the number of total cells
177 using senescence cells histochemical staining kit (Sigma Aldrich, St. Louis, MO, USA). Cells
178 are considered to be senescent if >80% of cells are stained in blue (Itahana et al., 2013).
179 Cellular viability was examined using the MTT assay (Mosmann, 1983) and all tested
180 compounds were used at non-cytotoxic concentrations.

181

182 *2.4. Cellular mechanisms associated with SASP production*

183

184 To investigate the cellular mechanisms related to the inhibitory effects on SASP
185 production, compound **8** and **11** were selected due to their strong SASP inhibitory activity
186 among the 17 compounds and the mechanism study was carried out by simultaneous
187 treatment with bleomycin. On the 6th day, the total proteins in the cell lysates were extracted
188 with Proprep solution (iNtRON Biotechnology, Korea). All Western blot procedures,
189 including the preparation of nuclear protein, were essentially the same as previously
190 described (Lim et al., 2015). Each protein band on the blots was visualized using an enhanced
191 chemiluminescence (ECL) system (GE Healthcare, UK) with ImageQuant LAS4000 mini
192 and analyzed using Image J (NIH, USA).). Images of the cells immunostained with anti-I κ B ζ
193 or CCAAT/enhancer-binding protein beta (C/EBP β) antibody on cells were obtained using a

194 super-sensitive high resolution confocal laser scanning microscope (SR-CLSM) (Carl Zeiss,
195 Oberkochen, Germany). The detailed procedures are found in the supplementary file.

196

197 *2.5. siRNA transfection against C/EBP β*

198

199 siRNA against C/EBP β and non-targeting siRNA were prepared in 1 \times siRNA buffer (60
200 mM KCl, 6 mM HEPES and 0.2 mM MgCl₂) as suggested in the manufacturer's protocol
201 (Dharmacon Inc, Lafayette, CO, USA). siRNA against C/EBP β or non-targeting siRNA and
202 DharmaFECT reagent were mixed and incubated for 20 min. To increase the transfection
203 efficiency, each siRNA (25 nM) was pre-transfected for 24 h, washed out with PBS twice,
204 and re-transfected with bleomycin (50 μ g/ml) for 24 h. The gene expressions of C/EBP β ,
205 I κ B ζ , p21, and the SASP were detected by RT-qPCR.

206

207 *2.6. SASP production in aged rats*

208

209 Compound **8** was dissolved in 0.3% carboxymethyl cellulose (CMC) and orally
210 administered to 21-month-old aged rats at 2 and 4 mg/kg/day once daily for 10 consecutive
211 days. For the control group, only 0.3% CMC was administered to 5- and 21-month-old rats
212 for 10 days. Five-month-old rats were used as young controls for comparison with 21-month-
213 old aged rats. After 10 days, the rats were euthanized under CO₂. Organs, including the
214 kidneys, liver, and lung were excised and blood was collected. To measure the expression of
215 the SASP genes in the kidneys, kidney tissue (50 mg) was homogenized in 1 ml of Trizol
216 reagent (Invitrogen, Carlsbad, CA, USA) at 50 Hz for 2 min using TissueLyser LT (Qiagen,

217 Hilden, Germany). Total RNA was extracted with chloroform and purified with a NucleoSpin
218 Clean-up kit (MACHEREY-NAGEL GmbH & Co. KG, Düren, Germany). RT-qPCR was
219 performed by the same method used in the BJ cells above. The primer sequences and
220 manufacturer's information are shown in Table 1 of the supplementary file.

221

222 2.7. Statistics

223

224 Experimental values were represented as arithmetic mean \pm SD. One way analysis of
225 variance (ANOVA) followed by Dunnett's *post hoc* test was used to determine the statistical
226 significance (IBM SPSS Statistics, version 24).

227

228 3. Results

229

230 3.1. Effects of the ethanol extract of *Scutellaria radix* on cellular senescence and SASP 231 production

232

233 Bleomycin treatment provoked cellular senescence with SASP production. Treatment
234 with the extract after senescence inhibited SASP production (IL-6 and IL-8, 59.5% and
235 41.5%, respectively, at 100 μ g/ml), whereas the level of BrdU uptake was not changed (Fig.
236 2A). When the expression levels of the SASP genes (IL-6 and IL-8), $\text{I}\kappa\text{B}\zeta$ and p21
237 (senescence marker) were examined using RT-PCR, the extract significantly inhibited the
238 expression of IL-6 and IL-8 (55.5% and 24.3% at 100 μ g/ml), and $\text{I}\kappa\text{B}\zeta$ expression was
239 slightly decreased by 18.3% at 100 μ g/ml, although not significant. However, the mRNA

240 level of p21 was not changed (Fig. 2B).

241 When the extract (5, 10, and 20 $\mu\text{g/ml}$) was simultaneously treated with bleomycin from
242 the initial point of senescence induction, the expression of IL-6 and IL-8 in the media was
243 inhibited by 80.1% and 80.3%, respectively, at 20 $\mu\text{g/ml}$ (Fig. 2C). The gene expression of
244 IL-6, IL-8 and $\text{I}\kappa\text{B}\zeta$ was strongly inhibited by 86.3%, 85.1%, and 58.8%, respectively, at 20
245 $\mu\text{g/ml}$ (Fig. 2D). The ratio of BrdU uptake and the p21 gene level were not changed by
246 treatment with the extract (Fig. 2C and 2D). These results showed that the ethanol extract of
247 *Scutellaria radix* had strong SASP inhibitory activity without affecting cellular senescence.

248

249 *3.2. Effects of flavonoid constituents isolated from the extract of Scutellaria radix on SASP*
250 *production*

251

252 To identify the specific constituents responsible for SASP inhibitory activity in the extract
253 of *Scutellaria radix*, 17 flavonoid derivatives were isolated from the extract (Fig. 1A). The
254 effects of all flavonoids isolated on IL-6 production were examined at 10 μM , a
255 pharmacologically-relevant concentration (Rodriguez-Mateos et al., 2014). When treated
256 after senescence completion, only compound **5** (5,7,2',6'-tetrahydroxy-8-methoxyflavone)
257 significantly inhibited IL-6 production (Fig. 3A). However, when treated concomitantly with
258 bleomycin from the initial point of senescence induction, eight compounds (**1**, **2**, **5**, **8**, **9**, **10**,
259 **11** and **16**) significantly inhibited IL-6 production (Fig. 3B). Compound **1** (oroxylin A), **2**
260 (wogonin), **5** (5,7,2',6'-tetrahydroxy-8-methoxyflavone), **8** (2',5,7-trihydroxyflavone), **9**
261 (norwogonin), **10** (2',5,7-trihydroxy-8-methoxyflavone), **11** (2',5,7-trihydroxy-6-
262 methoxyflavone), and **16** (baicalin) inhibited IL-6 production by 107.5%, 69.9%, 73.0%,

263 153.9%, 42.6%, 96.9%, 136.3%, and 41.6%, respectively, at 10 μ M. Among them, five
264 compounds (compounds **1**, **5**, **8**, **10** and **11**) showing strong inhibitory activity were selected
265 to further examine the effects on IL-8 production and the ratio of incorporated BrdU into cells.
266 When treated once for the last 24 h after reaching senescence, the compounds slightly
267 reduced IL-8 production, although not significantly (Fig. 3C). On the other hand, in the case
268 of simultaneous treatment, compounds **1**, **5**, **8**, **10**, and **11** inhibited IL-8 production by 55.3%,
269 69.1%, 76.7%, 44.8% and 71.8%, respectively, at 10 μ M (Fig. 3D). The ratio of BrdU uptake
270 into cells was not changed in either experiments (Fig. 3C and 3D). Thus, these results
271 indicate that certain flavonoid constituents were responsible for the strong SASP inhibitory
272 activity exerted by *Scutellaria radix* without affecting cellular senescence itself. Like the
273 extract, these flavonoids also showed more potent activity when simultaneously treated with
274 bleomycin.

276 3.3. Effects on gene expression of SASP molecules

278 Each compound (**1**, **5**, **8**, **10**, and **11**) was simultaneously treated with 50 μ g/ml of
279 bleomycin. At 10 μ M, all five compounds strongly suppressed the gene expression of SASP
280 molecules including IL-6, IL-8, IL-1 α , IL-1 β , GM-CSF, CXCL1, MCP-2, and MMP-3 (Fig.
281 4A). Among them, compounds **8** and **11** most strongly suppressed the gene expression of IL-6,
282 GM-CSF, IL-1 α , IL-1 β , and MCP-2 by more than 90% at 10 μ M. Apigenin, a potent inhibitor
283 (Lim et al., 2015), also strongly inhibited the gene expression of all tested SASP molecules at
284 10 μ M. Expression of the I κ B ζ gene showed a close relationship with the cellular signaling
285 pathway for SASP production and was also significantly decreased by these five compounds

286 and apigenin (Fig. 4B). In contrast, none of the compounds changed the gene expression level
287 of p21, a senescence marker. Furthermore, compound **8** and **11** having potent activity on
288 SASP inhibition, did not affect SA- β -gal activity compared to bleomycin-treated positive
289 control (Fig. 4C). These results clearly showed that certain flavonoids from *Scutellaria radix*
290 inhibited the expression of SASP molecules and these inhibitory effects coincided with the
291 reduced expression of the I κ B ζ gene without changing the p21 gene expression and SA- β -gal
292 activity.

293 294 *3.4. Cellular mechanisms related to SASP inhibition by compound 8 and 11*

295
296 Compounds **8** and **11** were selected for further investigation of the cellular signaling
297 mechanism of SASP inhibition. Bleomycin treatment reduced the expression of IRAK1 and
298 I κ B α protein and phosphorylation of signal transducer and activator of transcription 3
299 (STAT3) (Fig. 5A). Among them, the degradation of IRAK1 protein was blocked by 56.3%
300 and 32.0% by treatment with 10 μ M **8** and **11** compounds, respectively. Also, the
301 phosphorylation level of STAT3 was slightly increased by 24.5 % following treatment with
302 compound **11** at 10 μ M. The decreased expression of I κ B α protein provoked by bleomycin
303 was not recovered by these compounds. Compounds **8** and **11** did not affect either the
304 degradation of pRb protein or the expression of p21 protein, senescence markers. Among the
305 transcription factors involved in SASP production, the elevated expression of I κ B ζ in the
306 nuclear fraction by bleomycin was decreased by 65.1% and 79.2% by treatment with
307 compounds **8** and **11**, respectively, at 10 μ M (Fig. 5B). Whereas the expression of C/EBP β
308 protein was increased 3.9-fold in the nuclear fraction by bleomycin, compounds **8** and **11** at

309 concentrations of 5 - 10 μ M significantly inhibited the expression by more than 50%. As a
310 reference, apigenin also suppressed the expression of I κ B ζ and C/EBP β . Reduction of the
311 expression of I κ B ζ and C/EBP β protein by compounds **8** and **11** was also confirmed by
312 immunofluorescence staining using anti-I κ B ζ and C/EBP β antibodies (Fig. 5C). **These results**
313 **demonstrate that the inhibitory effect of compounds 8 and 11 on SASP production was**
314 **closely related to the inhibition of signaling pathways involved in I κ B ζ and C/EBP β .**

315 To further characterize the essential role of C/EBP β , an siRNA transfection study was
316 designed, since the correlation between I κ B ζ expression and SASP production has been
317 shown in previous reports (Alexander et al., 2013; Lim et al., 2015). When siRNA against
318 C/EBP β (25 nM) was treated with bleomycin (50 μ g/ml) for 24 h, the expression of C/EBP β
319 gene was successfully blocked compared to that of non-targeting siRNA-transfected cells, as
320 expected (Fig. 5D). The increased expression of several SASP genes by bleomycin was
321 significantly suppressed by transfection with C/EBP β -targeting siRNA. The levels of IL-1 α ,
322 IL-1 β , IL-6, IL-8, GM-CSF, CXCL1, MCP-2, and MMP-3 genes were inhibited by 41.8%,
323 50.5%, 49.1%, 47.5%, 38.9%, 56.8%, 69.5%, and 61.7%, respectively. Moreover, along with
324 the inhibition of SASP expression resulting from blocking the C/EBP β gene, the I κ B ζ gene
325 level was inhibited by 32.4%, as well. However, the expression level of the p21 gene
326 (senescence marker) was not changed. All these results indicate that C/EBP β expression was
327 essential to the signaling pathway for SASP production and I κ B ζ expression without affecting
328 senescence itself in the bleomycin-induced senescence model.

329

330 *3.5. Effects of compound 8 on SASP production in aged rats*

331

332 To demonstrate the *in vivo* effect, compound **8** was orally administered to 21-month-old
333 aged rats for 10 days (2 and 4 mg/kg/day). After euthanasia, the expression of SASP genes in
334 the kidney was evaluated using RT-qPCR. The expression of IL-6, IL-1 α , IL-1 β , GM-CSF,
335 and CXCL1 genes in 21-month-old aged rats was significantly increased by 17.1, 20.7, 5.2,
336 6.7, and 8.2-fold, respectively, over those in 5-month-old rats used as young controls (Fig.
337 6A). The elevated expression of these SASP genes was reduced by oral treatment with
338 compound **8** for 10 days. In particular, IL-6 was strongly decreased by 47.1% and 49.6% at
339 the doses of 2 and 4 mg/kg/day, respectively. IL-1 β expression was significantly inhibited by
340 42.9% at 4 mg/kg/day and CXCL1 was inhibited by 40.4% at 2 mg/kg/day. In parallel with
341 the increased SASP expression, the expression of I κ B ζ found as the transcription factor
342 associated with senescence, was also increased by 6.1-fold in the kidney of a 21-month-old
343 aged rat, whereas this increase was significantly reduced by 48.0% with the administration of
344 compound **8** at 2 mg/kg/day (Fig. 6B). The C/EBP β gene was also slightly increased by 1.2-
345 fold in 21-month-old aged rats ($P < 0.5$). This increase in the C/EBP β gene was down-
346 regulated to similar levels as those in 5-month-old aged rats at 4 mg/kg/day, although not
347 statistically significant. All these results showed that compound **8** was a strong SASP
348 inhibitor in the aged animal model. It also demonstrated that the I κ B ζ and C/EBP β key
349 factors were downregulated by the oral administration of compound **8** in aged rats.

350

351

352 **4. Discussion**

353

354 The present study demonstrated that the ethanol extract of *Scutellaria radix* and flavonoid

355 constituents possessed strong inhibitory activities against SASP production without affecting
356 cellular senescence in bleomycin-treated senescence cells. In particular, the study found that
357 flavone derivatives having a B-ring 2'-hydroxyl substitution among the constituents had an
358 enhanced inhibitory activity on SASP production. For the cellular action mechanism, the
359 present study strongly suggests that transcription factors, such as $\text{I}\kappa\text{B}\zeta$ and $\text{C/EBP}\beta$, are
360 closely involved in SASP production and flavonoids possibly interrupt their expression.

361 Based on these results, the analysis of the chemical structures of 17 flavonoid derivatives
362 isolated from the extract of *Scutellaria radix* provided some structure-activity relationships
363 involved in SASP production, despite some limited structural diversities. Among the isolated
364 flavonoids, compounds **8**, **10**, and **11** showed strong inhibitory action. These three
365 compounds have B-ring 2'-hydroxyl substitution in common and showed higher inhibition
366 than flavonoids having the same chemical structures devoid of 2'-hydroxyl moiety
367 (compound **8** vs. chrysin, **10** vs. **2**, **11** vs. **1**). Chrysin did not show significant inhibitory
368 action under the same experimental conditions (Lim et al., 2015). Of note, methoxyl
369 substitution at C-6 in the A-ring maybe favorable (compound **1** vs. **12**, baicalein, 5,6,7-
370 trihydroxyflavone). In our previous report, the results suggested that apigenin, kaempferol,
371 2',3'-dihydroxyflavone, 3',4',7-trihydroxyflavone, and 2',3',5,7-tetrahydroxyflavone were
372 the flavonoid derivatives with optimum structures for SASP inhibition (Lim et al., 2015). In
373 the present study, the importance of a hydroxyl substitution at C-2' in the B-ring and/or a
374 methoxy group substitution at C-6 in the A-ring was revealed.

375 Following the initial discovery of SASP inhibitory action of some flavonoids (Lim et al.,
376 2015), several studies demonstrated the SASP inhibitory action of certain flavonoid and
377 polyphenol derivatives. Quercetin was found to reduce SASP production under various

378 treatment conditions alone or in combination with dasatinib *in vitro* and *in vivo* (Hickson et
379 al., 2019; Kim et al., 2019; Xu et al., 2018). Epigallocatechin gallate and resveratrol were
380 shown to suppress SASP production in 3T3-L1 preadipocytes and stromal senescent
381 fibroblasts, respectively (Kumar et al., 2019; Menicacci et al., 2017). In the present study,
382 another cluster of flavonoids with B-ring 2'-hydroxyl group was found to be strong SASP
383 inhibitors.

384 Thus far, the regulatory mechanisms of SASP production have been linked to NF- κ B,
385 C/EBP β , DNA damage response, and the p38 mitogen-activated protein kinase pathway
386 (Freund et al. 2011; Salminen et al. 2012). Mixed lineage linkage, GATA4 and reactive
387 oxygen species-protein kinase C δ -protein kinase 1 cascade were also proposed to regulate
388 SASP expression (Capell et al., 2016; Kang et al., 2015; Wang et al. 2014). These signaling
389 molecules contribute to SASP production differently depending on the cell type and
390 senescence inducers.

391 The involvement of the I κ B ζ transcription factor was demonstrated in the signaling
392 pathway for IL-6 and IL-8 expression in DNA damage- and oncogene-induced senescence
393 (Alexander et al., 2013). I κ B ζ expression in the kidneys of aged rats was maintained at an
394 elevated level in 17- to 19-month-old aged rats and greatly increased in 21-month-old aged
395 rats (data not shown). Regarding the cellular mechanisms of action of the flavonoids, in our
396 previous report, the inhibitory action of flavonoid derivatives, including apigenin on the
397 SASP production, was shown to be mediated through the I κ B ζ and NF- κ B pathways (Lim et
398 al., 2015). Compound **8** was also found to affect the expression of I κ B ζ in the present study.
399 Furthermore, in the present study, C/EBP β expression was suggested to be associated with
400 the cellular mechanism of the SASP production, as well as I κ B ζ expression. C/EBP β was

401 previously reported to regulate $\text{I}\kappa\text{B}\zeta$ target genes by interacting with other transcription
402 factors, such as $\text{NF-}\kappa\text{B}$ and $\text{I}\kappa\text{B}\zeta$ (Matsuo et al. 2007). Using microarray analysis of SASP
403 genes by targeting against $\text{C/EBP}\beta$, the expression of 127 SASP genes was reported to be
404 $\text{C/EBP}\beta$ -dependent (Flanagan et al., 2017). In our experimental results, blocking $\text{C/EBP}\beta$ by
405 siRNA transfection was found to significantly decrease the gene expression of SASP factors
406 (Fig. 5D). Furthermore, the $\text{I}\kappa\text{B}\zeta$ mRNA level was inhibited by treatment with $\text{C/EBP}\beta$
407 siRNA. These results strongly support that $\text{I}\kappa\text{B}\zeta$ and $\text{C/EBP}\beta$ are involved in the signaling
408 pathway for SASP production in the DNA damage-induced senescence model and present an
409 opportunity for discovering key mediators targeting SASP production.

410 To treat age-associated disorders, besides the strategy targeting SASP production, the
411 removal of the senescent cells from the organisms seems to be a possible option. Since high-
412 level activation of the $\text{p16}^{\text{INK4a}}$ promoter is a feature of cellular senescence and coincided
413 with SASP production (Liu et al., 2019), the clearance of $\text{p16}^{\text{INK4a}}$ -positive cells in a mouse
414 model was shown to slow down age-related symptoms in organs, such as kidneys and heart
415 (Baker et al., 2016). Clearance of senescent cells using the p16-3MR transgenic mouse also
416 attenuated inflammatory markers in degenerative joints of the anterior cruciate ligament
417 transection mouse model (Jeon et al., 2017). However, some studies have reported with
418 conflicting results. Somatic inactivation of $\text{p16}^{\text{INK4a}}$ did not lower SASP production and did
419 not protect against aging-related osteoarthritis (Diekman et al., 2018). $\text{P16}^{\text{INK4a}}$ global
420 knockout did not attenuate the lung inflammation induced in a chronic obstructive pulmonary
421 disease mouse model (Sundar et al., 2018). Senescent cells have dual and opposite functions
422 in complex aging processes. Beneficial actions of senescent cells include tissue remodeling
423 by promoting wound healing and anti-cancer mechanisms by recruiting immune cells to

424 eliminate damaged cells in normal tissues (Campisi, 2005; Storer et al., 2013). Therefore, the
425 approach targeting only SASP factors could be more safe and effective. In this regard, it is
426 important to mention that the properties of flavonoids may fit into a therapeutic role by
427 inhibiting SASP production without interfering with proliferative activity. Thus, SASP
428 inhibitory activity of the extract and certain constituents from the roots of *S. baicalensis* may
429 be good candidates with less toxicity to slow down age-associated chronic inflammation,
430 prolonging the healthy lifespan.

431

432 **5. Conclusions**

433

434 In conclusion, our experimental results demonstrate that the extract and certain flavonoids
435 from *Scutellaria radix* acted as strong SASP inhibitors in bleomycin-induced senescence in
436 BJ fibroblasts. Among the 17 flavonoids isolated from *Scutellaria radix*, 5 compounds
437 showed strong SASP suppressive action and 2'-hydroxyl substitution in the B-ring of the
438 flavone structure is an important moiety for SASP inhibition. Compounds **8** (2',5,7-
439 trihydroxyflavone) and **11** (2',5,7-trihydroxy-6-methoxyflavone) showed most potent SASP
440 inhibitory activity. Their inhibitory action was possibly mediated by blocking the signaling
441 pathway associated with $\text{I}\kappa\text{B}\zeta/\text{C}/\text{EBP}\beta$ expression. Importantly, the oral administration of
442 compound **8** significantly inhibited the gene expression of SASP, $\text{I}\kappa\text{B}\zeta$ and $\text{C}/\text{EBP}\beta$ in old-
443 aged rats. Therefore, our data suggest that the extract and certain flavonoids from the roots of
444 *Scutellaria baicalensis* have strong SASP inhibitory activity and that treatment with the
445 compounds or blocking the target molecules can be helpful to prevent or slow down the
446 progression of age-related chronic inflammatory disorders.

447

448 **Conflict of interest statement**

449

450 There are no conflicts of interest.

451

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453

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459

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602 Figure legends

603

604 Fig. 1. The chemical structures of 17 flavonoid derivatives isolated from *S. baicalensis* used
605 in this study (A) and synthesis of 2',5,7-trihydroxyflavone (**8**) (B).

606

607 Fig. 2. Effects of the ethanol extract of *Scutellaria radix* on the expression of IL-6, IL-8, IκBζ,
608 and p21 and BrdU uptake in bleomycin-treated BJ cells.

609 A, Effects on IL-6 and IL-8 protein production and BrdU uptake by the ethanol extract
610 (100, 50, and 20 μg/ml) for the last 24 h after senescence completion. B, Effects on the gene
611 expression of IL-6, IL-8, IκBζ, and p21 by the ethanol extract (100 and 50 μg/ml) for the last
612 24 h after senescence completion. C, Effects of the ethanol extract (20, 10, and 5 μg/ml) on
613 IL-6 and IL-8 production and BrdU uptake by concomitant treatment with bleomycin during
614 cellular senescence. D, Effects of the ethanol extract (20, 10, and 5 μg/ml) on the gene
615 expression of IL-6 IL-8, IκBζ, and p21 by concomitant treatment with bleomycin, Bl:
616 bleomycin, EXT: ethanol extract. * $P < 0.05$, ** $P < 0.01$, significantly different from the
617 bleomycin-treated control group ($n = 3$).

618

619 Fig. 3. Effects on IL-6/IL-8 production and BrdU uptake by flavonoid derivatives isolated
620 from the ethanol extract of *Scutellaria radix*.

621 A, Effects on IL-6 production by 17 compounds for the last 24 h after senescence
622 completion. B, Effects of 17 compounds on IL-6 production when simultaneously treated
623 with bleomycin during cellular senescence. C, Effects on IL-8 production and BrdU uptake
624 by 5 compounds (compound **1**, **5**, **8**, **10**, and **11**, 10 μM), having strong activity, for the last 24

625 h after senescence completion. D, Effects of 5 compounds on IL-8 production and BrdU
626 uptake when simultaneously treated with bleomycin. Bl: bleomycin. * $P < 0.05$, ** $P < 0.01$,
627 significantly different from the bleomycin-treated control group ($n = 3$).

628

629 Fig. 4. Effects of 5 flavonoid derivatives on the gene expression of SASP and cellular
630 senescence itself when simultaneously treated with bleomycin during cellular senescence.

631 A, Effects of flavonoids (compound **1**, **5**, **8**, **10**, and **11**, 10 μM) on the gene expression of
632 SASP (IL-6, IL-8, IL-1 α , IL-1 β , GM-CSF, CXCL1, MCP-2, and MMP-3). B, Effects on the
633 gene expression of I κ B ζ and p21. C, Effects of compound **8** and **11** on SA- β -gal activity,
634 $\times 100$, Bl: bleomycin, A: apigenin. * $P < 0.05$, ** $P < 0.01$, significantly different from the
635 bleomycin-treated control group ($n = 3$).

636

637 Fig. 5. Effects of compound **8** and **11** on cellular signaling molecules and C/EBP β
638 knockdown on SASP expression in bleomycin-induced cellular senescence.

639 Compound **8** and **11** (5 -10 μM) were simultaneously treated with bleomycin (50 $\mu\text{g/ml}$)
640 and incubated further for 6 days. A, Effects of compound **8** and **11** on protein expression of
641 IRAK1, I κ B α , p-STAT3, pRb, and p21. B, Effects of compound **8** and **11** on protein
642 expression of I κ B ζ and C/EBP β in nuclear fraction. C, Effects of compound **8** and **11** on the
643 immunofluorescence staining of I κ B ζ and C/EBP β protein. * $P < 0.05$, ** $P < 0.01$,
644 significantly different from the bleomycin-treated control group ($n = 3$). D, Effects of
645 transfection of C/EBP β siRNA (25 nM) on the gene expression of SASP (IL-6, IL-8, IL-1 α ,
646 IL-1 β , GM-CSF, CXCL1, MCP-2, and MMP-3), I κ B ζ and p21. Each blot is a representative
647 for three separate experiments. Bl: Bleomycin, A: Apigenin, DAPI: 4',6'-diamino-2-

648 phenylindole, N: non-targeting siRNA, C: C/EBP β siRNA. * P < 0.05, ** P < 0.01,
649 significantly different from that with non-targeting siRNA control group ($n = 3$).

650

651 Fig. 6. Inhibitory activity of compound **8** on the gene expression of SASP molecules, I κ B ζ ,
652 and C/EBP β in aged rats.

653 Compound **8** (in 0.3% CMC) was orally administered into young rats (5-month-old, 5 m)
654 and aged rats (21-month-old, 21 m) at 2 - 4 mg/kg/day for 10 days. A, Effects on SASP genes
655 (IL-6, IL-1 α , IL-1 β , GM-CSF, and CXCL1) in the kidneys. B, Effects on I κ B ζ and C/EBP β
656 genes in the kidneys. ⁺ P < 0.1, * P < 0.05, ** P < 0.01, significantly different from that 0.3%
657 CMC-treated aged (21 m) control group ($n = 5$).

658

659

660