

trans-Resveratrol-*d*₄, a Molecular Tracer of the Wild-Type Phytoalexin; Synthesis and Spectroscopic Properties

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Abstract: A convenient, six-step synthesis of the so far unknown *trans*-resveratrol-*d*₄, (*E*)-3',4,5'-trihydroxy-2,3,5,6-tetradeuterostilbene, starting from commercially available phenol-*d*₆, with an overall yield of 25%, is described. The final labeled resveratrol was fully characterized by MS, IR, and ¹H and ¹³C NMR spectroscopy. The isotopic distribution of the final product, determined by high resolution mass spectrometry, was as follows: *d*₄, 96%; *d*₃, 4%.

Key words: deuterated resveratrol, olefination, resveratrol, stable isotope dilution assay

Resveratrol (3,4',5-trihydroxystilbene) is a polyphenolic phytoalexin found in more than 70 plants and many foods, including grapes, peanuts, berries, and red wine.¹ Resveratrol has recently attracted considerable attention in view of its significant biological activity, which include antioxidant and/or anti-inflammatory activity.² Recent data suggest that nutritional intake of resveratrol may contribute to the so-called 'French paradox', that is, the unexpectedly low incidence of coronary heart disease in the Mediterranean population, in spite of a relatively high intake of saturated fats. Resveratrol has been shown to inhibit LDL oxidation and prevent the oxidative stress in general, which results in an anti-aging effect.^{2,3} Moreover, resveratrol has been classified as a phytoestrogen, due to its ability to interact to estrogenic receptors, and has been shown to exert antiproliferative and cancer-protective effects.⁴

Considering the potential beneficial effects on human health of resveratrol, the development of new, reliable, and sensitive techniques for its quantitative determination in foods appears to be of primary importance. One of the most promising methodologies for the highly sensitive quantitative determination of microcomponents in food products is currently represented by stable isotope dilution assay (SIDA).⁵ Thus, resveratrol could in principle be detected and quantified in food samples by means of SIDA using, for example, a deuterated derivative such as (*E*)-3',4,5'-trihydroxy-2,3,5,6-tetradeuterostilbene as internal standard, which, however, to our knowledge, has not been reported in the literature so far. Here we wish to present an easy and convenient synthesis for this deriva-

tive, starting from commercially available phenol-*d*₆, with an overall yield of 25% over six steps.

(*E*)-3',4,5'-Trihydroxy-2,3,5,6-tetradeuterostilbene (*trans*-resveratrol-*d*₄, **7**) has been prepared according to the convergent synthetic strategy shown in Scheme 1.

Commercially available phenol-*d*₆ (**1**) was converted into 2,3,4,5,6-pentadeuteroanisole (**2**) in 90% yield by deprotonation with sodium hydride in tetrahydrofuran at 0 °C followed by quenching with iodomethane. Formylation/oxidation of **2** with formaldehyde-sulfuric acid-*d*₂/2,3-dichloro-5,6-dicyano-1,4-benzoquinone in acetonitrile at 80 °C led to a mixture of 3,4,5,6-tetradeutero-*o*-anisaldehyde (20% yield) and 2,4,6,7-tetradeutero-*p*-anisaldehyde (**3**, 60% yield), which could be easily separated by column chromatography. On the other hand, commercially available 3,5-dimethoxybenzyl bromide (**4**) was easily converted into (3,5-dimethoxybenzyl)triphenylphosphonium bromide (**5**) in 92% yield by the reaction with an excess of triphenylphosphine in acetonitrile at room temperature. The key step of the synthesis then consisted of the olefination reaction between **3** and **5**, to give 3',4,5'-trimethoxy-2,3,5,6-tetradeuterostilbene (**6**) as a *E/Z* mixture in 70% yield based on **3**. Double bond isomerization with a catalytic amount of diphenyl disulfide in refluxing tetrahydrofuran to give the *trans*-isomer (*E*)-**6** followed by deprotection (BBr₃, CH₂Cl₂, -20 °C) eventually led to the desired deuterated resveratrol **7** in 47% yield based on deuterated aldehyde **3**. The overall yield of **7** based on starting **1** was 25% over six steps.

No H/D exchange and/or redistribution was observed in the course of the synthesis, as confirmed by the spectroscopic characterization (MS, ¹H NMR, ¹³C NMR, IR) of the key intermediates **2**, **3**, and (*E*)-**6**. The final deuterated resveratrol **7** was also isotopically stable and fully characterized by MS, IR, and ¹H and ¹³C NMR spectroscopy. The isotopic distribution of **7** was determined by high resolution mass spectrometry, and gave the following result: *d*₄, 96%; *d*₃, 4%. The characteristics of the new labeled resveratrol **7** are therefore suitable in view of its utilization as internal standard for the quantitative determination of naturally occurring resveratrol in food samples.

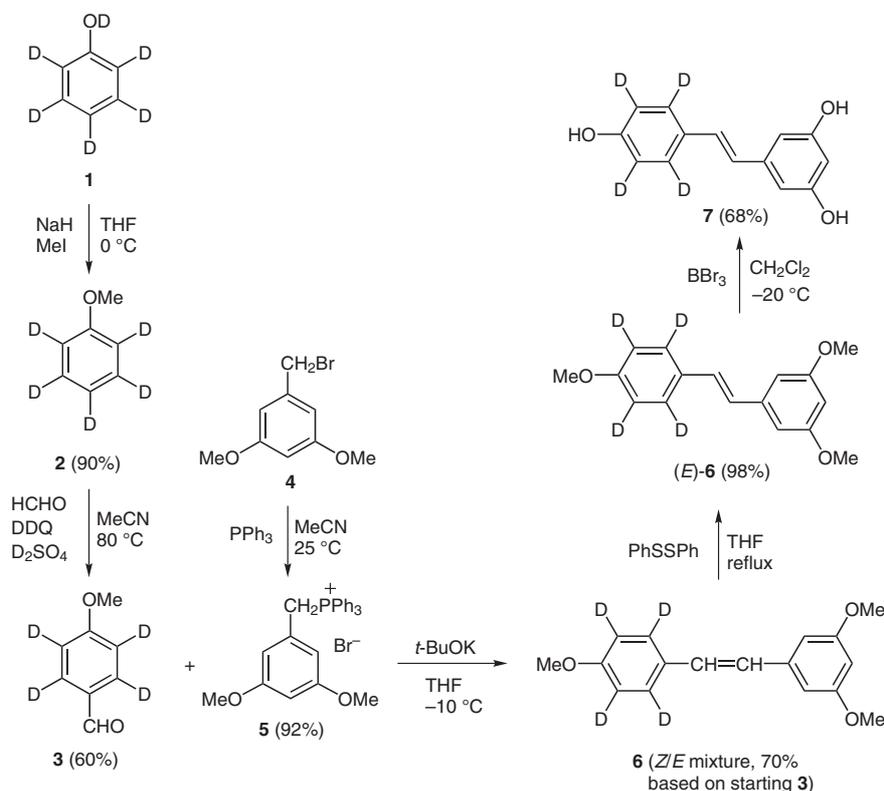
In conclusion, a convenient synthesis of a new labeled resveratrol derivative, (*E*)-3',4,5'-trihydroxy-2,3,5,6-tetradeuterostilbene (**7**), with an overall yield of 25% over six

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Scheme 1 Synthesis of (*E*)-3',4,5'-trihydroxy-2,3,5,6-tetradeuterostilbene (*trans*-resveratrol-*d*₄, **7**)

steps and an isotopic purity of 96%, has been developed. The new labeled resveratrol is isotopically stable and, therefore, suitable for its utilization as internal standard for the quantitative determination of resveratrol in food samples by means of the stable isotope dilution assay technique.

Melting points were taken on a Reichert Thermovar apparatus are uncorrected. ¹H and ¹³C NMR spectra were recorded on a Bruker DPX Avance 300 spectrometer at 25 °C in CDCl₃ or DMSO-*d*₆ solns at 300 MHz and 75 MHz, respectively, with TMS as internal standard. IR spectra were taken with a Perkin-Elmer Paragon 1000 PC FT-IR spectrophotometer. MS spectra were obtained using a Shimadzu QP-2010 GC-MS apparatus at 70 eV ionization voltage. The high resolution electrospray ionization (ESI) experiments were carried out with a hybrid Q-Star *Pulsar-i* (PE SCIEX) mass spectrometer equipped with an ion spray ionization source. All samples were acquired at the optimum ion spray voltage of 4800 V by direct infusion (5 μL/min) of a soln containing the appropriate compound dissolved in MeOH (10 pmol/μL). The N₂ gas flow was set at 20 psi and the declustering and the focusing potentials were kept at 50 and 220 V relative to ground, respectively. Commercially available Renin substrate was used as calibration standard compound. The accuracy of the measurement was within 5 ppm.

Phenol-*d*₆ (**1**) (99% atom D), NaH (anhyd, 95%), MeI, paraformaldehyde, DDQ, D₂SO₄ (96–98 wt% in D₂O, 99.5 atom% D) 3,5-dimethoxybenzyl bromide (**4**), Ph₃P, (PhS)₂, and BBr₃ were commercially available (Aldrich) and were used as received.

All reactions were analyzed by TLC on silica gel 60 F₂₅₄ and by GLC using a Shimadzu GC-2010 gas chromatograph and capillary columns with polymethylsilicone + 5% phenylsilicone as the stationary phase. Column chromatography was performed on silica gel

60 (Merck, 70–230 mesh). Evaporation refers to the removal of solvent under reduced pressure.

2,3,4,5,6-Pentadeuteroanisole (**2**)

The method of Kendall⁶ was employed. A soln of phenol-*d*₆ (**1**, 1.0 g, 9.99 mmol) in anhyd THF (4 mL) was added dropwise over 1 h under N₂ to a cooled suspension (0 °C) of NaH (350.0 mg, 13.85 mmol) in anhyd THF (3 mL). The mixture was stirred at 0 °C for an additional 10 min. MeI (4.6 g, 32.4 mmol) was added rapidly. The mixture was allowed to warm up to r.t. and then refluxed for 19 h. After cooling to r.t., the mixture was quenched with H₂O (80 mL) and extracted with hexane (3 × 50 mL). The combined organic layers were dried (Na₂SO₄), the solvent was removed by distillation at atmospheric pressure, and the residue subjected to short path distillation (bp 153–155 °C) to give **2** (1.02 g, 90%) as a colorless liquid. The spectroscopic properties of the product were in agreement with those previously reported.⁷

2,4,6,7-Tetradeutero-*p*-anisaldehyde (**3**)

The method of Neumann⁸ was employed. A mixture of **2** (1.0 g, 8.84 mmol), paraformaldehyde (2.4 g, 79.92 mmol), D₂SO₄ (0.25 mg, ca. 2.5 mmol), and DDQ (3.61 g, 15.90 mmol) in MeCN (10 mL) was stirred under N₂ at 80 °C for 5 h. After cooling, EtOAc was added, the mixture was filtered, and the solid washed with EtOAc. The solvent used for washing the solid was added to the filtrate. The collected EtOAc phases were evaporated and the residue was purified by column chromatography (silica gel, hexane–EtOAc, 97:3) to give pure 3,4,5,6-tetradeutero-*o*-anisaldehyde (colorless oil, 245.2 mg, 20%) and 2,4,6,7-tetradeutero-*p*-anisaldehyde (**3**) (colorless oil, 746.1 mg, 60%) in this order.

IR (film): 1689, 1580, 1571, 1236 cm⁻¹.

¹H NMR (300 MHz, CDCl₃): δ = 3.88 (s, 3 H, OCH₃), 9.88 (s, 1 H, CHO).

¹³C NMR (75 MHz, CDCl₃): δ = 55.6 (OCH₃), 114.0 (t, *J* = 23.8 Hz, C3, C5), 129.9 (C1), 131.7 (t, *J* = 23.8 Hz, C2, C6), 164.6 (C4), 190.9 (CHO).

GC-MS (EI, 70 eV): *m/z* (%) = 140 (73, [M⁺]), 139 (100), 111 (24), 96 (24), 81 (45), 80 (18), 69 (19), 68 (20), 66 (17).

(3,5-Dimethoxybenzyl)triphenylphosphonium Bromide (4)

3,5-Dimethoxybenzyl bromide (2.0 g, 8.65 mmol) was added to a stirred soln of Ph₃P (3.0 g, 11.44 mmol) in MeCN (30 mL). The resulting mixture was stirred at r.t. for 72 h. After removal of the solvent by evaporation, the residue was solubilized in CH₂Cl₂ (30 mL). Et₂O (10 mL) was slowly added without stirring, leading to the precipitation of pure **4** (3.92 g, 92%) as colorless crystals; mp 273–274 °C. The ¹H NMR data of the product were in good agreement with those previously reported.⁹

IR (KBr): 1607, 1582, 1438, 1155 cm⁻¹.

¹H NMR (300 MHz, DMSO-*d*₆): δ = 3.52 (s, 6 H, 2 OMe), 5.25 (d, *J* = 15.4 Hz, 2 H, CH₂P), 6.22 (t, *J* = 2.2 Hz, 2 H, H2, H6), 6.44 (q, *J* = 2.2 Hz, 1 H, H4), 7.71–7.82 (m, 12 H_{ph}), 7.88–7.98 (m, 3 H_{ph}).

¹³C NMR (75 MHz, DMSO-*d*₆): δ = 28.3 (d, *J* = 46.3 Hz, CH₂P), 55.0 (2 OCH₃), 100.1 (d, *J* = 3.8 Hz, C_{4,3,5-MeO2C6H3}), 108.9 (d, *J* = 6.3 Hz, C_{2,3,5-MeO2C6H3}, C_{6,3,5-MeO2C6H3}), 117.8 (d, *J* = 86.3 Hz, C1_{ph}), 129.9 (d, *J* = 8.8 Hz, C_{1,3,5-MeO2C6H3}), 130.0 (d, *J* = 12.5 Hz, C_{2,ph}, C_{6,ph}), 134.0 (d, *J* = 10.0, C_{3,ph}, C_{5,ph}), 135.0 (d, *J* = 3.8 Hz, C_{4,ph}), 160.2 (d, *J* = 2.5 Hz, C_{3,3,5-MeO2C6H3}, C_{5,3,5-MeO2C6H3}).

(*E*)-3',4,5'-Trimethoxy-2,3,5,6-tetradeuterostilbene [(*E*)-**6**]

The method of Tsuda¹⁰ was employed. To a cooled (−10 °C), stirred mixture of (3,5-dimethoxybenzyl)triphenylphosphonium bromide (1.68 g, 3.41 mmol) and *t*-BuOK (381.5 mg, 3.40 mmol) in anhyd THF (50 mL) under N₂ was added **3** (400 mg, 2.85 mmol) dropwise. After additional stirring at −10 °C under N₂ for 1 h, the mixture was allowed to warm up to r.t. and then it was poured into H₂O (ca. 100 mL) and neutralized with 1 M HCl. The resulting mixture was extracted with Et₂O (3 × 30 mL) and the combined organic phases were dried (Na₂SO₄). After filtration, the solvent was evaporated and the residue purified by column chromatography (silica gel, hexane–EtOAc, 8:2), to give **6** (544 mg, 70%) as a *E/Z* mixture. A mixture of the latter (400 mg, 1.46 mmol) and (PhS)₂ (60 mg, 0.27 mmol) in anhyd THF (50 mL) was refluxed under N₂ for 2 h. After cooling, the solvent was evaporated, and the residue was purified by column chromatography (silica gel, hexane–EtOAc, 8:2), to give pure (*E*)-**6** (390 mg, 98%) as a colorless solid; mp 54–55 °C.

IR (KBr): 1591, 1456, 1204, 1151 cm⁻¹.

¹H NMR (300 MHz, CDCl₃): δ = 3.83 (s, 9 H, 3 OMe), 6.36–6.42 (m, 1 H, H4'), 6.64–6.68 (m, 2 H, H2', H6'), 6.89 (distorted d, *J* = 16.5 Hz, 1 H, HC=CH), 7.04 (distorted d, *J* = 16.5 Hz, 1 H, HC=CH).

¹³C NMR (75 MHz, CDCl₃): δ = 55.4 (2 OCH₃), 100.0 (C4'), 104.8 (C2', C6'), 114.0 (t, *J* = 23.4 Hz, C3, C5), 126.9 (HC=CH), 127.5 (t, *J* = 23.4 Hz, C2, C6), 128.9 (HC=CH), 129.5 (C1), 140.0 (C1'), 159.6 (C4), 161.3 (C3', C5').

GC-MS (EI, 70 eV): *m/z* (%) = 274 (100, [M⁺]), 273 (8), 259 (4), 243 (8), 228 (6), 216 (5), 200 (6), 185 (4), 173 (5), 157 (7), 156 (6), 155 (5), 145 (6), 137 (6), 119 (4).

(*E*)-3',4,5'-Trihydroxy-2,3,5,6-tetradeuterostilbene (*trans*-Resveratrol-*d*₄, **7**)

To a cooled (−20 °C), stirred soln of (*E*)-**6** (180.0 mg, 0.66 mmol) in anhyd CH₂Cl₂ (20 mL) under N₂ was added dropwise BBr₃ (1.30 g, 5.19 mmol). The mixture was allowed to warm up to r.t., then it was poured into ice-water, and extracted with EtOAc. The organic layer was washed with brine and dried (Na₂SO₄). After filtration, the residue was purified by column chromatography (silica gel, hex-

ane–EtOAc, 6:4), to give pure **7** (105 mg, 68%) as a colorless solid; mp 254–256 °C.

IR (KBr): 3294, 1590, 1407, 1345, 1155 cm⁻¹.

¹H NMR (300 MHz, DMSO-*d*₆): δ = 6.12 (s, 1 H, H4'), 6.38 (s, 2 H, H2', H6'), 6.81 (distorted d, *J* = 16.5 Hz, 1 H, HC=CH), 6.93 (distorted d, *J* = 16.5 Hz, 1 H, HC=CH), 9.18 (s, 2 H, C3'-OH, C5'-OH), 9.53 (s, 1 H, C4-OH).

¹³C NMR (75 MHz, DMSO-*d*₆): δ = 101.7 (C4'), 104.2 (C2', C6'), 115.0 (t, *J* = 19.0 Hz, C3, C5), 125.5 (HC=CH), 127.3 (t, *J* = 22.2 Hz, C2, C6), 127.7 (HC=CH), 127.8 (C1), 139.2 (C1'), 157.0 (C4), 158.4 (C3', C5').

HRMS (ES⁺): *m/z* [(M-*d*₄ + H)⁺] calcd for C₁₄H₉D₄O₃: 233.1112; found: 233.1105 (96%); *m/z* [(M-*d*₃ + H)⁺] calcd for C₁₄H₁₀D₃O₃: 232.1050; found: 232.1043 (4%).

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