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3-Iodothyronamine reduces insulin secretion *in vitro* via a mitochondrial mechanism

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1 **3-iodothyronamine reduces insulin secretion *in vitro* via a mitochondrial mechanism**

2

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8

9 **Abbreviated Title:** Glucoregulation by 3-T<sub>1</sub>AM *in vitro*

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22

23 **Disclosure Statement:** The authors have nothing to disclose.

24

25 **Abstract**

26 **Purpose:** 3-iodothyronamine (3-T<sub>1</sub>AM), a decarboxylated and deiodinated thyroid hormone  
27 metabolite, leads at pharmacological doses to hypoinsulinemia, hyperglucagonemia and  
28 hyperglycemia *in vivo*. As the pancreatic Langerhans islets express thyroid hormone  
29 transmembrane transporters (THTT), we tested the hypothesis that not only plasma membrane-  
30 mediated 3-T<sub>1</sub>AM binding to and activation of G-protein coupled receptors, but also 3-T<sub>1</sub>AM  
31 metabolite(s) generated by 3-T<sub>1</sub>AM uptake and metabolism might decrease glucose-stimulated  
32 insulin secretion (GSIS).

33 **Methods:** Murine pancreatic  $\beta$ -cells MIN6 were characterized for gene expression of THTT,  
34 deiodinases and monoamine oxidases. 3-T<sub>1</sub>AM uptake and intracellular metabolism to the  
35 corresponding 3-iodothyroacetic acid were analysed by liquid-chromatography tandem mass  
36 spectrometry (LC-MS/MS) at different time points in cells as well as the conditioned medium.  
37 Mitochondrial activity, especially ATP-production, was monitored real-time after 3-T<sub>1</sub>AM application  
38 using Seahorse Bioanalyzer technique. Effect of 3-T<sub>1</sub>AM on GSIS into the culture medium was  
39 assayed by ELISA.

40 **Results:** MIN6 cells express classical THTT, proposed to transport 3-T<sub>1</sub>AM, as well as 3-T<sub>1</sub>AM  
41 metabolizing enzymes comparable to murine primary pancreatic islets. 3-T<sub>1</sub>AM accumulates in  
42 MIN6 cells and is metabolized by intracellular MaoB to 3-iodothyroacetic, which in turn is rapidly  
43 exported. 3-T<sub>1</sub>AM decreases mitochondrial ATP-production concentration dependently. GSIS is  
44 diminished by 3-T<sub>1</sub>AM treatment. Using LC-MS/MS, no further 3-T<sub>1</sub>AM metabolites except 3-  
45 iodothyroacetic were detectable.

46 **Conclusions:** This data provides a first link between cellular 3-T<sub>1</sub>AM uptake and regulation of  
47 mitochondrial energy metabolism in  $\beta$ -cells, resulting in reduced insulin secretion. We conclude that  
48 MIN6 is an appropriate cell model to study 3-T<sub>1</sub>AM-dependent (intra-)cellular biochemical  
49 mechanisms affecting insulin production *in vitro*.

50

51

52

53 **Introduction**

54 Thyronamines (TAM) are a new class of signalling molecules, influencing brain and cardiac function  
55 as well as energy metabolism (Hoefig, Zucchi and Koehrlé, 2016). Although combined deiodination  
56 and decarboxylation of the thyroid hormones (TH) L-Thyroxine (T<sub>4</sub>) and L-T<sub>3</sub> would produce nine  
57 possible TAMs, only 3-T<sub>1</sub>AM, 3,5-T<sub>2</sub>AM and T<sub>0</sub>AM have been detected via LC-MS/MS *in vivo* in  
58 human, rodent and pig serum and tissues (Braulke, Klingenspor, DeBarber et al., 2008, Hoefig,  
59 Köhrlé, Brabant et al., 2011, Scanlan, Suchland, Hart et al., 2004, Saba, Chiellini, Frascarelli et al.,  
60 2010). Repeated 3-T<sub>1</sub>AM application in pharmacological dosage (10 or 25 mg/kg body weight)  
61 results in reduction of body weight due to a loss of fat mass caused by its lipolytic and anti-lipogenic  
62 action (Haviland, Reiland, Butz et al., 2013). In animal models 3-T<sub>1</sub>AM rapidly switches energy  
63 source usage from carbohydrate to fat oxidation accompanied by delayed protein degradation  
64 (Braulke et al., 2008). Metabolic turnover as well as oxygen consumption are reduced, with F<sub>(0)</sub>/F<sub>(1)</sub>-  
65 ATPase and complex III (Cumero, Fogolari, Domenis et al., 2012) reported as direct mitochondrial  
66 targets of 3-T<sub>1</sub>AM action. 3-T<sub>1</sub>AM influences glucoregulatory processes, resulting in  
67 hypoinsulinemia, hyperglycemia and hyperglucagonemia (Venditti, Napolitano, Di Stefano et al.,  
68 2011, Klieverik, Foppen, Ackermans et al., 2009, Regard, Kataoka, Cano et al., 2007). In addition, a  
69 clinical study showed a direct correlation of serum concentrations of 3-T<sub>1</sub>AM with glycosylated  
70 hemoglobin (HbA<sub>1c</sub>; 23 patients) as well as significantly elevated 3-T<sub>1</sub>AM serum concentrations in  
71 diabetic vs. non-diabetic patients (7 vs. 8 patients) (Galli, Marchini, Saba et al., 2012). Impact of 3-  
72 T<sub>1</sub>AM on glucose homeostasis may therefore have physiologic and pathophysiologic relevance. 3-  
73 T<sub>1</sub>AM reaches tissue concentrations higher than T<sub>3</sub> and T<sub>4</sub> (Saba et al., 2010, Hoefig, Wuensch,  
74 Rijntjes et al., 2015). 3-T<sub>1</sub>AM binds to the serum protein ApoB100 but not to the serum distributor  
75 proteins of classical TH. This might provide at the same time a mechanism for selective 3-T<sub>1</sub>AM  
76 uptake by cells expressing LDL-receptor. Cellular uptake of 3-T<sub>1</sub>AM is not mediated via the classical  
77 THTT MCT8 and MCT10 (Scanlan et al., 2004), and some more transporter candidates are in  
78 discussion. 3-T<sub>1</sub>AM is *in vivo and in vitro* rapidly metabolized via monoamine oxidases (Mao) at the  
79 alanine-side chain to yield its corresponding thyroacetic acid (3-TA<sub>1</sub>, Fig. 1) (Hackenmueller and  
80 Scanlan, 2012, Wood, Geraci, Nilsen et al., 2009). This process diminishes the biological availability

81 of 3-T<sub>1</sub>AM in the circulation and target tissues. Until now, it is not completely understood whether  
82 metabolites from 3-T<sub>1</sub>AM contribute to the metabolic effects described for 3-T<sub>1</sub>AM. So far Hoefig et  
83 al. showed lack of thermoregulatory and cardiovascular effects of 3-TA<sub>1</sub> upon single (50 mg/kg, i.p.)  
84 or repeated (5 mg/kg, i.p. for 7 days) injection *in vivo* (Hoefig, Jacobi, Warner et al., 2015) while a  
85 vasodilatory action of its precursor 3-T<sub>1</sub>AM was reported in mice (Gachkar, Oelkrug, Martinez-  
86 Sanchez et al., 2017). In contrast, Musilli et al. suggested that both 3-T<sub>1</sub>AM and 3-TA<sub>1</sub> play a role in  
87 the stimulation of memory acquisition and reduce the threshold to pain stimuli in mice (i.c.v., 0.4  
88 µg/kg) by activating the histaminergic system (Musilli, De Siena, Manni et al., 2014). 3-T<sub>1</sub>AM effects  
89 partly disappear when inhibiting the enzymatic conversion to 3-TA<sub>1</sub> by Mao inhibitors (Ghelardoni,  
90 Chiellini, Frascarelli et al., 2014, Manni, De Siena, Saba et al., 2012), although direct application of  
91 3-TA<sub>1</sub> is not able to restore 3-T<sub>1</sub>AM effects (Hoefig et al., 2015). One may assume that part of the  
92 effects so far described for 3-T<sub>1</sub>AM are caused by 3-TA<sub>1</sub>. It's still unclear if the intracellular  
93 metabolism of 3-T<sub>1</sub>AM to 3-TA<sub>1</sub> is needed to exert effects, using 3-T<sub>1</sub>AM as vehicle for across the  
94 plasma membrane. For 3-TA<sub>1</sub> no transport mechanism has been described so far. If 3-TA<sub>1</sub>  
95 contributes to 3-T<sub>1</sub>AM effects one may separate the latter from its metabolite by inhibiting MAO, the  
96 metabolizing enzymes, to provoke 3-T<sub>1</sub>AM dependent effects only. To distinguish effects of 3-T<sub>1</sub>AM  
97 from 3-TA<sub>1</sub> several specific and unspecific Mao inhibitors are in use. Iproniazid is a non-selective  
98 aminoxidase inhibitor, whereas pargylin and chlorgylin are specific inhibitors of MaoA and MaoB  
99 (Jiang, Li, Liu et al., 2015). In addition, semicarbazide-sensitive aminoxidase (Ssao) is specifically  
100 inhibited by aminoguanidin as well as semicarbazide. Conversion of 3-T<sub>1</sub>AM to 3-TA<sub>1</sub> is completely  
101 blocked by iproniazid, but not by pargylin or semicarbazide (Saba et al., 2010, Orsi, Frascarelli,  
102 Zucchi et al., 2011). Using Mao inhibitors for *in vivo* experiments it came apparent, that some  
103 formerly described effects of 3-T<sub>1</sub>AM vanish. Hepatic glucose production in HepG2 cells after 3-  
104 T<sub>1</sub>AM-exposition (1 µM) was not any longer measurable in presence of iproniazid. Paradoxically,  
105 direct stimulation with 3-TA<sub>1</sub> had no effect at all. 3-T<sub>1</sub>AM-dependent hyperglycemia was completely  
106 absent or significantly changed when using chlorgylin (Manni et al., 2012, Manni, De Siena, Saba et  
107 al., 2012).

108 The aim of this project was to study the 3-T<sub>1</sub>AM dependent regulatory mechanisms leading to  
109 decreased insulin secretion in a pancreatic  $\beta$ -cell line. As mitochondria are one subcellular  
110 compartment that can be modulated by 3-T<sub>1</sub>AM, we wanted to test if such an interaction could be  
111 linked to reduced insulin secretion *in vitro*. Using intact murine  $\beta$ -cells as *in vitro* system, we  
112 focussed on cellular uptake and intracellular metabolism of 3-T<sub>1</sub>AM in context of mitochondrial  
113 activity and insulin secretion.

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**115 Material and methods**

116 All chemicals used were of the highest grade of purity and from the following suppliers: Carl Roth  
117 (Karlsruhe, Germany), Merck (Darmstadt, Germany), Roche Diagnostics (Mannheim, Germany),  
118 Serva Feinbiochemikalien (Heidelberg, Germany), Sigma-Aldrich Chemie (Steinheim, Germany),  
119 Thermo Fisher Scientific Inc. (Waltham, MA, USA) and VWR International (Hannover, Germany).  
120 The following substances were kindly provided by Thomas S. Scanlan, OHSU, Portland, USA: 3-  
121 T<sub>1</sub>AM, <sup>2</sup>H<sub>4</sub>-3-T<sub>1</sub>AM, <sup>15</sup>N-3,5-T<sub>2</sub>, 3-TA<sub>1</sub>. Further internal standards <sup>13</sup>C<sub>6</sub>-T<sub>4</sub>, <sup>13</sup>C<sub>6</sub>-T<sub>3</sub>, <sup>13</sup>C<sub>6</sub>-rT<sub>3</sub> and <sup>13</sup>C<sub>6</sub>-  
122 3,3'-T<sub>2</sub> were procured from Isoscience LLC (King of Prussia, PA, USA). All mentioned TH, TH  
123 metabolites (THM) as well as internal standards were dissolved in pure dimethylsulfoxide (DMSO).  
124 DMSO concentration in the described experiments was at any time below 0.1%.

**125 Cell culture**

126 MIN6 cells were kindly provided by Dr. Miyazaki (Institute for Medical Genetics, Kumamoto, Japan)  
127 and tested negative concerning mycoplasma. Cells were cryo-conserved in passage 14. MIN6  
128 pancreatic β-cell culture was maintained in DMEM (4.5 g/l glucose, 4 mM L-glutamine, 10 % FBS,  
129 0.0005 % mercaptoethanol) as described before (Miyazaki, Araki, Yamato et al., 1990).  
130 Experiments were performed until passage number 25. Before every experiment cells were grown  
131 for three passages on 100 nM sodium selenite to induce Dio activity. 24 hrs prior to the performed  
132 experiments, culture medium was changed to deplete cells from high glucose and TH (DMEM 1.0  
133 g/l glucose, 40 mM L-glutamine, FBS-free, 0.0005 % mercaptoethanol). Cells in continuous culture  
134 were split 1:3-1:5, every 4-6 days never overgrowing 70-80 % confluence to maintain β-cell function.

**136 RNA extraction**

137 After the experiment cells were directly lysed in a 6 well with 0.5 ml Trizol (Peqlab, Erlangen,  
138 Germany) and stored at -20 °C until further use. After thawing and before further treatment solution  
139 was left standing at RT for 10 min. A Teflon-sphere was added to each sample and shaken for 5  
140 min, 15/s in a tissue lyser. 0.1 ml Chloroform was added and mixed with use of the tissue lyser (15  
141 sec, 15/s), following 2-3 min incubation step at RT. Samples were centrifuged for 10 min, 12.000 g,

142 RT. Further steps in RNA preparation were performed as recommended by the supplier. RNA, used  
143 for cDNA-synthesis was digested with RQ1 RNase-free DNase (Promega, Madison, WI, USA) to  
144 deplete genomic DNA.

145

#### 146 **Transporter- and enzyme expression in MIN6 cells and pancreatic mouse islets**

147 Primary murine islets were prepared by a protocol modified after Gotoh *et al.* (Gotoh, Maki,  
148 Kiyozumi et al., 1985), followed by RNA isolation and cDNA synthesis. cDNA was kindly provided  
149 from the German Institute of Human Nutrition, Department of Experimental Diabetology. cDNA of 4-  
150 6 animals was pooled resulting in three individual cDNA pools with comparable concentration.

151

#### 152 **cDNA synthesis and real-time qPCR**

153 cDNA synthesis was carried out using iScript Select cDNA Synthesis Kit (Bio-Rad, Munich,  
154 Germany) following instructions provided by the manufacturer. Real-time qPCR was performed in a  
155 Bio-Rad Laboratories iCycler using Absolute qPCR SYBR Green Mix (Abgene, Epsom, UK).  
156 Amplification was started with an initial step (15 min 95 °C und 2 min 95 °C), followed by 40 cycles  
157 (30 sec 95 °C / 45 sec 58 °C / 30 sec 72 °C) and a final extension step (3 min 72 °C). iCyclers  
158 software generates Ct-values (cycle of threshold) and data-analysis followed the  $2^{-\Delta Ct}$  method for  
159 calculation (Hellemans, Mortier, De Paepe et al., 2007). Hypoxanthin-Guanin-  
160 Phosphoribosyltransferase (*HPRT*) was chosen as housekeeping gene, because it is not regulated  
161 via classical TH, as well as the Ct-values are comparable to analysed genes of interest. Specificity  
162 of primers was tested after qPCR by analysing fragment length with agarose electrophoresis.  
163 Tested primers for gene expression are listed in Supplemental Table 1.

164

#### 165 **3-T<sub>1</sub>AM uptake assay in MIN6 cells**

166 MIN6 cells were seeded at a density of 300,000 cells / 2 ml (6 well plate) for uptake assays and  
167 allowed to grow till day five. Medium was exchanged for overnight (ON) incubation with FBS-free  
168 DMEM. Assays were performed on day six. Medium was exchanged to HEPES-containing Krebs-  
169 Ringer-buffer (KRBH; 119 mM NaCl, 4.74 mM KCl, 1.19 mM KH<sub>2</sub>PO<sub>4</sub>, 25 mM NaHCO<sub>3</sub>, 2.54 mM

170 CaCl<sub>2</sub>, 1.19 mM MgCl<sub>2</sub>, 10 mM HEPES; pH 7.4, (Ishihara, Asano, Tsukuda et al., 1993)) ± 200 µM  
171 iproniazid or the corresponding DMSO control for 20 min. Iproniazid was washed off and cells were  
172 incubated with 100 nM 3-T<sub>1</sub>AM diluted in KRBH. Incubation was performed at 37 °C for 0, 2.5, 5, 10,  
173 15, 20, 30 min. After the incubation time plate was shaken to ensure equal distribution of agents.  
174 The supernatant was collected, spun down at 4 °C (2,000 rpm, 5 min) to remove cells and 200 µl  
175 supernatant was stored for analysis via LC-MS/MS. Cellular uptake-reaction was stopped by  
176 washing each well with ice cold KRBH. Cell culture plates with MIN6 cells were immediately put on  
177 dry ice and stored at -80 °C until further analysis.

178

### 179 **Glucose stimulated insulin secretion (GSIS)**

180 MIN6 cells were seeded at a density of 200,000 cells / 1 ml in 12 well plates in culture media for two  
181 days. Then cells were starved ON in FBS-free culture medium. At the beginning of GSIS cells were  
182 washed with KRBH and pre-incubated in KRBH with 0.1 mM glucose ± 200 µM iproniazid or the  
183 corresponding DMSO control for 2 hrs at 37°C and 5% CO<sub>2</sub>. Thereafter, cells were incubated for 1 h  
184 with 0.5 ml KRBH/well (2.8 mM glucose) containing 10 or 100 nM 3-T<sub>1</sub>AM, the corresponding  
185 DMSO concentration (negative control) or 30 mM KCl (positive control). GSIS was stopped by  
186 removing the incubation medium. Plates were washed with phosphate buffered saline (PBS), shock  
187 frozen on dry ice and stored at -80°C until protein determination. Incubation media were centrifuged  
188 at RT at 2,000 rpm, 5 min to reduce detached cells. Supernatant was transferred to a clear safe-  
189 lock reaction tube and stored at -80°C until insulin determination. Insulin was measured with insulin  
190 (mouse) ultrasensitive ELISA (DRG Instruments GmbH, Germany). For insulin determination from  
191 cell culture supernatants, insulin containing KRBH was diluted 1:10 in calibrator solution supplied  
192 with the used ELISA.

193

### 194 **Seahorse Bioanalyzer**

195 MIN6 cells were seeded at a density of 15,000 cells / 100 µl (96 well Seahorse Bioanalyzer cell  
196 culture plate) in cell culture medium. Culture medium was removed and replaced with FBS-free  
197 culture medium for ON incubation. At day two, culture medium was removed and replaced by

198 Seahorse Assay medium (unbuffered DMEM5030, 2 mM L-glutamine,  $\pm$  2.8 mM Glucose, pH 7.0).  
199 For determination of the different mitochondrial functions (see calculations in Supplemental Table 2)  
200 oligomycin (1.5  $\mu$ M), carbonyl cyanide-p-trifluoromethoxyphenylhydrazone (FCCP; 1.0  $\mu$ M),  
201 antimycin (0.5  $\mu$ M), rotenon (1.5  $\mu$ M) were used at the indicated final concentrations and following  
202 the standard assay manual provided by the manufacturer (Seahorse Bioscience, Billerica, MA,  
203 USA).

204

## 205 **Extraction for LC-MS/MS Analysis**

### 206 **1. Cells in culture**

207 Cell culture plates were thawed on ice. Cells were scraped in 200  $\mu$ l buffer (250 mM D(+)-  
208 saccharose, 20 mM HEPES, 0.5 M EDTA, pH 7,4) and afterwards sonicated. Samples (180  $\mu$ l) were  
209 extracted following the indicated protocol (Piehl, Heberer, Balizs et al., 2008), but acetone protein  
210 precipitation was performed ON at -20 °C. After extraction procedure residues were reconstituted in  
211 50  $\mu$ l ddH<sub>2</sub>O:methanol:acetic acid (90:10:1) mixed, centrifuged and stored at -20 °C until LC-MS/MS  
212 analysis.

213

### 214 **2. Cell culture supernatant**

215 Stored cell culture supernatants were thawed, vortexed and centrifuged again, in order to precipitate  
216 cell debris (500 g, 10 min, 4 °C). 180  $\mu$ l cell culture supernatant, equalling the cell lysis volume, was  
217 extracted. TMBE (methanol (MeOH)-tert-butyl methyl ether)-extraction was performed as recently  
218 published (Rathmann, Rijntjes, Lietzow et al., 2015). After extraction procedure residues were  
219 reconstituted in 100  $\mu$ l ddH<sub>2</sub>O:methanol:acetic acid (90:10:1) and mixed, centrifuged and stored at -  
220 20 °C until LC-MS/MS analysis.

### 221 **Protein normalization for LC-MS/MS**

222 LC-MS/MS and GSIS data were normalized for protein content to control for variations in cell  
223 content per cell culture well. 1:10 vol/vol aliquot of cells in homogenization buffer was used to  
224 determine protein content in triplicate (Bio-Rad Protein Assay Dye Reagent Concentrate, Bio-Rad

225 Laboratories, Munich, Germany) using 96 well plate format and following the suppliers instructions.  
226 For quantification a BSA-standard curve was used (Bradford-standard, Bio-Rad Laboratories,  
227 Munich, Germany).

228

#### 229 **Statistics and data handling**

230 Used statistic tests, number of replicates within and between experiments are indicated in the  
231 corresponding figure legends. Data analysis was performed using GraphPad Prism 4.

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## 232 Results

### 233 Cell viability upon 3-T<sub>1</sub>AM and 3-TA<sub>1</sub> treatment

234 Before starting exposure experiments, 3-T<sub>1</sub>AM as well as the corresponding thyroacetic acid 3-TA<sub>1</sub>,  
235 were tested concerning acute toxic effects on the used cell system MIN6, with respect to exposure  
236 time and substance concentration (Supplemental Fig. 1). We report no cytotoxic effects or impaired  
237 cell viability upon substance application *in vitro*. Cellular ATP content in the cell increased when  
238 using 1 μM 3-T<sub>1</sub>AM concentration.

239

### 240 3-T<sub>1</sub>AM transport into MIN6 cells – gene expression

241 To enable TH and THM interaction with mitochondria, these charged compounds need to pass the  
242 plasma membrane via THTT, but none has been specified for 3-T<sub>1</sub>AM so far. Therefore, we  
243 screened murine pancreatic islets and MIN6 cells for matched expression of classical THTT and 3-  
244 T<sub>1</sub>AM candidate transporter(s) described so far (Ianculescu, Friesema, Visser et al.,  
245 2010, Ianculescu, Giacomini and Scanlan, 2009) (Fig. 2). MIN6 cells show high expression of  
246 monocarboxylate transporter 10 (*Mct10*) and L-type amino acid transporter 1 (*Lat1*) (Fig. 2A). *Lat2*  
247 is expressed to a lower extent and *Mct8* is completely absent. Low expression of *Mct8* and high  
248 expression of *Lat1* was found in murine pancreatic islets, too (Fig. 2B). In contrast expression of  
249 *Lat2* and especially *Mct10* is more pronounced in islets compared with MIN6. Three (*Slc7a1*,  
250 *SlcO3a1*, *Slc31a1*) of the 3-T<sub>1</sub>AM candidate transporters are expressed in mouse as well as human  
251 pancreas (Kounnis, Ioachim, Svoboda et al., 2011). Although described *in silico*, we found no  
252 *SlcO3a1* expression in MIN6 cells and murine pancreatic islets. In contrast, *Slc7a1* and *Slc31a1*  
253 were highest expressed in MIN6 cells (Fig. 3A) as well as abundantly expressed in murine  
254 pancreatic islets (Fig. 2B).

255

### 256 Metabolism of 3-T<sub>1</sub>AM in MIN6 cells – gene expression

257 In addition to THTT, cellular expression pattern of metabolizing enzymes was evaluated (Fig. 2), as  
258 3-T<sub>1</sub>AM can be deiodinated (*Dio1-3*) and oxidized (*MaoA/B*). In both, MIN6 cells and pancreatic  
259 islets, expression of *Dio3* and *Dio2* was absent (Fig. 2). *Dio1* shows low expression levels in MIN6

260 in contrast to pancreatic islets with higher *Dio1* expression. MIN6 cells as well as pancreatic islets  
261 express exclusively *MaoB*, whereas *MaoA* was not detectable.

262

### 263 **3-T<sub>1</sub>AM is taken up by MIN6 cells**

264 MIN6 cells were incubated with 100 nM 3-T<sub>1</sub>AM ± 200 µM iproniazid for up to 30 min, followed by 3-  
265 T<sub>1</sub>AM analysis in cell lysates by LC-MS/MS (Fig. 3). Endogenous 3-T<sub>1</sub>AM was not detectable (time  
266 point 0 min) in MIN6 cells (Fig. 3A). From 2.5 min of exposure on, 3-T<sub>1</sub>AM was clearly detectable in  
267 the cell lysate (about 20 pmol 3-T<sub>1</sub>AM / mg protein) and increases over time up to 60 pmol / mg  
268 protein. In the group treated with iproniazid, we observed less 3-T<sub>1</sub>AM in the cell lysate over time,  
269 giving a first evidence towards 3-T<sub>1</sub>AM metabolism.

270

### 271 **Intracellular metabolism of 3-T<sub>1</sub>AM in MIN6 cells**

272 As Dio and Mao are exclusively intracellular enzymes, metabolism of 3-T<sub>1</sub>AM provides evidence for  
273 3-T<sub>1</sub>AM uptake. The use of enzymatic inhibitors in addition helps to distinguish effects caused by 3-  
274 T<sub>1</sub>AM or its metabolites. MIN6 cell have low endogenous concentrations of 3-TA<sub>1</sub> (2 pmol/mg  
275 protein, Fig. 3B). During 3-T<sub>1</sub>AM (100 nM) exposure, 3-TA<sub>1</sub> concentration in the cell increases  
276 significantly already after 2.5 min, peaks after 10 min (6 pmol /mg protein) and remains elevated  
277 over the investigated time period. Preincubation with iproniazid prevents Mao-dependent  
278 metabolism of 3-T<sub>1</sub>AM. 3-TA<sub>1</sub> was the only metabolite detectable by LC-MS/MS, although we  
279 analysed for e.g. T<sub>0</sub>AM or TA<sub>0</sub>, too.

280

### 281 **Export of the 3-T<sub>1</sub>AM-metabolite 3-TA<sub>1</sub>**

282 Cellular 3-T<sub>1</sub>AM concentration was significantly lower in the group with iproniazid-pretreatment (Fig.  
283 3B). This discrepancy cannot be completely explained by intracellular accumulation of the 3-T<sub>1</sub>AM  
284 metabolite 3-TA<sub>1</sub> (steady state of 4 pmol/mg protein, excluding peak after 10 min, Fig. 3B). We  
285 therefore analysed the cell culture supernatant with LC-MS/MS to control for 3-T<sub>1</sub>AM (Fig. 3C) and  
286 3-TA<sub>1</sub> export (Fig. 3D). We analysed the export of 3-T<sub>1</sub>AM in cell culture supernatants during  
287 exposure time. Although 3-T<sub>1</sub>AM content increases fast in the cell lysate, concomitant decrease in

288 the supernatant is less present (Fig. 3C). 3-TA<sub>1</sub> was already detectable in cell culture supernatants  
289 from MIN6 cells after 5min of exposure with 100 nM 3-T<sub>1</sub>AM (Fig. 3D). Following the time course, 3-  
290 TA<sub>1</sub> concentration increases linearly over time in the supernatants (from 5 up to 20 pmol/mg  
291 protein). 3-TA<sub>1</sub> concentration in the supernatant approximately compensates for decrease in  
292 intracellular 3-T<sub>1</sub>AM content. Cell culture supernatants from MIN6 cells preincubated with iproniazid,  
293 are free from 3-TA<sub>1</sub> throughout the time course. This indicates a preferential unidirectional import of  
294 3-T<sub>1</sub>AM accompanied by preferential export of its oxidation product 3-TA<sub>1</sub> in MIN6 cells.

295

### 296 **3-T<sub>1</sub>AM reduces glucose-stimulated insulin secretion**

297 Using the MIN6 cell line, we tested the hypothesis that moderate 3-T<sub>1</sub>AM concentrations modulate  
298 GSIS directly in the  $\beta$ -cell (Fig. 4). Simultaneous exposure of 10-100 nM 3-T<sub>1</sub>AM together with 2.8  
299 mM glucose significantly decreased cellular insulin output with respect to the corresponding solvent  
300 control (Fig. 4A). Potassium chloride (KCl, 30 mM) was used as positive control because it acts as a  
301 non-specific membrane stimulator. Additional preincubation with iproniazid reversed the 3-T<sub>1</sub>AM-  
302 dependent inhibition of GSIS (Fig. 4B). These data suggest, that intracellular metabolism to 3-TA<sub>1</sub>  
303 contributes to 3-T<sub>1</sub>AM-induced hypoinsulinemia, because it is less pronounced under Mao-inhibition.

304

### 305 **3-T<sub>1</sub>AM and 3-TA<sub>1</sub> affect mitochondrial activity**

306 As 3-T<sub>1</sub>AM is imported by MIN6 cells, metabolized to 3-TA<sub>1</sub> and decreased GSIS, we analysed the  
307 potential interaction of 3-T<sub>1</sub>AM and 3-TA<sub>1</sub> with mitochondria as intracellular target in order to unravel  
308 one potential signaling pathway linking THM and insulin secretion (Fig 5.). We hypothesized as a  
309 mechanism that 3-T<sub>1</sub>AM and/or to a lesser extent its metabolite 3-TA<sub>1</sub> decrease mitochondrial ATP-  
310 production, resulting in lower insulin secretion. We used the Seahorse Bioanalyzer and stimulated  
311 intact MIN6 cells with moderate concentrations of 3-T<sub>1</sub>AM and 3-TA<sub>1</sub>. As depicted in Fig. 5A 10 nM  
312 3-T<sub>1</sub>AM significantly reduced mitochondrial ATP-production, with increasing potency at higher  
313 concentrations. Under control conditions, cellular mitochondria are able to convert 70 % of the  
314 supplied glucose energy to ATP but nM 3-T<sub>1</sub>AM exposure decreases oxygen consumption rate

315 (OCR) to 10 – 20 %. This is due to an increased proton leak, whereas non-mitochondrial respiration  
316 is unchanged (data not shown). 3-TA<sub>1</sub> (1 μM) also significantly reduced mitochondrial ATP-  
317 production (Fig. 5B). Although unlikely, a contribution of 3-TA<sub>1</sub> to 3-T<sub>1</sub>AM effects cannot be  
318 excluded.

319 We analysed in the same series of experiments if in addition maximal cellular respiration is  
320 disturbed by acute incubation with increasing concentrations of 3-T<sub>1</sub>AM or 3-TA<sub>1</sub>. We tested, if  
321 under conditions of complete substrate supply for mitochondria, cellular respiration can be  
322 increased over basal respiration. Under control conditions MIN6 cells were able to increase their  
323 respiration by almost 100 % (Fig. 5C). With exposure to increasing nM concentrations of 3-T<sub>1</sub>AM the  
324 spare respiratory capacity over basal decreased (60 – 20 %). In contrast, 3-TA<sub>1</sub> had no significant  
325 effect probably due to higher variation within and between the performed analyses, while an  
326 inhibitory effect at 1 μM 3-TA<sub>1</sub> is detectable (Fig. 5D).

327 Using 100 nM 3-T<sub>1</sub>AM, mitochondrial ATP-production as well as cellular respiratory spare capacity  
328 decreased, suggesting one possible signalling way of 3-T<sub>1</sub>AM in pancreatic β-cells resulting in  
329 decreased insulin output, while its metabolite 3-TA<sub>1</sub> showed only minor potency.

330

## 331 Discussion

### 332 Cellular transport and glucoregulatory effects of 3-T<sub>1</sub>AM and its metabolites

333 Using an *in vitro* cell culture system we analysed uptake, metabolism and action of 3-T<sub>1</sub>AM in  
334 murine pancreatic β-cells (MIN6). LC-MS/MS analysis demonstrated that 3-T<sub>1</sub>AM is taken up into  
335 MIN6 cells as indicated by its intracellular metabolism to 3-TA<sub>1</sub>. This metabolic step was blocked by  
336 iproniazid, an unspecific aminoxidase inhibitor. We screened for *MaoA* and *MaoB* mRNA  
337 expression, but only *MaoB* transcripts were detectable using qPCR suggesting that 3-T<sub>1</sub>AM is  
338 converted to 3-TA<sub>1</sub> via *MaoB*. Whether 3-T<sub>1</sub>AM passes the plasma membrane through a transporter  
339 or via another mechanism, e.g. Apo-B100 mediated endocytosis (Roy, Placzek and Scanlan, 2012),  
340 remains to be clarified. So far, only a few approaches to identify 3-T<sub>1</sub>AM transporters at the plasma  
341 membrane are documented. Using a large-scale RNA interference a systematic screen of the whole  
342 SLC-family of transporter genes was done (Ianculescu et al., 2009). Ianculescu et al. identified eight

343 different candidate-transporters (SLC7A1, SLC16A7, SLC17A5, SLCO3A1, SLCO4A1, SLC9A2,  
344 SLC31A1 and SLC43A3), sharing thyronamine specificity and transport-dependency on  $\text{Na}^+/\text{Cl}^-$  ions  
345 as well as pH. At least three of them are expressed in the human and murine pancreas: SLCO3A1,  
346 SLC7A1 und SLC31A1 (Peters, Thaete, Wolf et al., 2003, Krokowski, Han, Saikia et al., 2013). Our  
347 data indicate that the latter two are present in murine pancreatic islets and MIN6 cells and highly  
348 expressed with respect to all other studied transporters. Single and combined knock down of the  
349 three mentioned transporter in the same cell system followed by studies on 3-T<sub>1</sub>AM uptake and  
350 intracellular metabolism might provide insight into their contribution enabling or limiting 3-T<sub>1</sub>AM  
351 effects on GSIS. A combined knock down of transporters will be necessary, because the probability  
352 is high that 3-T<sub>1</sub>AM is transported by different THTT exhibiting distinct functional characteristics, as  
353 already discussed in the literature (Ianculescu et al., 2010, Ianculescu et al., 2009). A saturable cell-  
354 specific mechanism for 3-T<sub>1</sub>AM uptake appears critical for the maintenance of physiological control  
355 (Janssen and Janssen, 2017). T<sub>3</sub> and T<sub>4</sub> are transported via different THTT like MCT8, MCT10,  
356 LAT1 and LAT2 with tissue-specific expression profiles (Friesema, Ganguly, Abdalla et al.,  
357 2003, Friesema, Jansen, Jachtenberg et al., 2008, Visser, Friesema and Visser, 2011, Wirth,  
358 Schweizer and Kohrle, 2014).

### 359 360 **Inhibition of transporter dependent thyronine upake by 3-T<sub>1</sub>AM**

361 T<sub>3</sub> itself is an essential growth factor, regulating cellular metabolism, resulting in enhanced cellular  
362 growth and differentiation. Type I diabetes mellitus (DM) induces destruction of pancreatic  $\beta$ -cells  
363 through apoptotic processes. Falzacappa *et al.* tested in pancreatic  $\beta$ -cell lines (rat and human) as  
364 well as in primary pancreatic rat islets if T<sub>3</sub> has an anti-apoptotic effect on  $\beta$ -cells in culture (Verga  
365 Falzacappa, Panacchia, Bucci et al., 2006, Verga Falzacappa, Patriarca, Bucci et al., 2009, Verga  
366 Falzacappa, Mangialardo, Raffa et al., 2010). They showed that T<sub>3</sub> stimulates cell proliferation,  
367 while cell number increases under this treatment and cell viability is enhanced. This occurs through  
368 interaction of T<sub>3</sub> with TR $\beta$ 1 subsequently leading to regulation of pro- and anti-apoptotic factors.  
369 These effects are dependent on PI3K and pAkt308. Their studies revealed, that uptake of TH in  
370 pancreatic  $\beta$ -cells supports survival and maintenance of function. Therefore, an assured transport of

371 TH, across the plasma membrane via THTT is essential. Ianculescu *et al.* demonstrated in 2010,  
372 that micromolar 3-T<sub>1</sub>AM concentrations inhibit the transport of T<sub>3</sub> and T<sub>4</sub> via OATP1A2 (IC<sub>50</sub> = 0.27  
373 and 2.1 μM), transport of T<sub>4</sub> through OATP1C1 (IC<sub>50</sub> = 4.8 μM), as well as T<sub>3</sub>- and T<sub>4</sub>-uptake via  
374 MCT8 (IC<sub>50</sub> = 95.0 and 31.0 μM) but mechanism of inhibition was not studied in detail. This data  
375 may be an indirect hint for 3-T<sub>1</sub>AM transport via these THTT, although mere inhibition of T<sub>4</sub> and T<sub>3</sub>  
376 transport by 3-T<sub>1</sub>AM is a second possibility. It was not examined so far if 3-T<sub>1</sub>AM restricts β-cell  
377 function by blocking TH transporter (Ianculescu *et al.*, 2010). It is only known that 3-T<sub>1</sub>AM does not  
378 impact MCT10 transport properties (Ianculescu *et al.*, 2010). Even though the Mct10 expression in  
379 isolated islets and MIN6 cells is really high with respect to Mct8, Mct10 is a likely transporter for  
380 thyronines, but excluding 3-T<sub>1</sub>AM. Moreover, none of the analysed OATP is expressed in the  
381 healthy human pancreas. Expression of OATP1A2, 1B3 and 1C1 only increase in expression in the  
382 state of pancreas carcinoma. Oatp1c1 is not expressed at all in MIN6 cells. Slco4c1 and 1a5 are not  
383 or only to a low extent expressed in MIN6 cells and murine Langerhans islets. Hence, the  
384 contribution of these transporters to 3-T<sub>1</sub>AM uptake in the studied cell culture model is unlikely. Mct8  
385 shows low expression levels in MIN6 cells and murine pancreatic islets, too. 3-T<sub>1</sub>AM transport via  
386 this THTT is unlikely, because the published IC<sub>50</sub>-value (Kinne, Kleinau, Hoefig *et al.*, 2010) is far  
387 above the concentration range used in our experiments. As 3-T<sub>1</sub>AM uptake experiments reported  
388 here were performed in absence of serum which, contains ApoB100, a lipoprotein with high avidity  
389 for 3-T<sub>1</sub>AM (Roy *et al.*, 2012), such an THTT-independent contribution to 3T1AM uptake by LDL-  
390 receptor mediated endocytosis, intercellular metabolism and cellular action in Min6 cells can be  
391 neglected.

### 392 393 **Intracellular metabolism and consequences for insulin secretion**

394 3-T<sub>1</sub>AM is rapidly taken up and subsequently metabolized in MIN6 cells via MaoB to yield 3-TA<sub>1</sub>.  
395 Generation of 3-TA<sub>1</sub> can be suppressed by Mao inhibitors. Our data indicates that 3-TA<sub>1</sub> is not  
396 accumulated but exported from MIN6 cells in concentration- and time-dependent manner. In  
397 addition to export, the intracellular 3-TA<sub>1</sub> concentration remains over time in an elevated steady  
398 state. Exposure of MIN6 cells to nanomolar 3-T<sub>1</sub>AM concentrations decreases GSIS. Uptake of 3-

399 T<sub>1</sub>AM has been described for other target cell types (Saba et al., 2010, Ghelardoni et al.,  
400 2014, Agretti, De Marco, Russo et al., 2011, Schanze, Jacobi, Rijntjes et al., 2017). Schanze et al.  
401 reported 3-T<sub>1</sub>AM uptake and its metabolism by PTU-sensitive Dio1 and iproniazid-sensitive MAO for  
402 the rat thyroid cell line FRTL, which release 3-TA<sub>1</sub> and T<sub>0</sub>AM into the culture medium (Schanze et  
403 al., 2017). Exposure of these cells to 3-T<sub>1</sub>AM alters expression of thyroid-relevant genes and Ca<sup>2+</sup>  
404 signalling (Schanze et al., 2017). Ghelardoni *et al.* demonstrated 3-T<sub>1</sub>AM uptake into HepG2 cells  
405 and its metabolism to 3-TA<sub>1</sub> (Ghelardoni et al., 2014). After its formation 3-TA<sub>1</sub> also accumulates in  
406 the cell supernatant, indicating its exchange across the hepatocyte plasma membrane. In MIN6  
407 cells, in contrast to HepG2 cells, 3-TA<sub>1</sub> concentration transiently reaches an elevated intracellular  
408 steady state concentration while at the same time being exported leading to increasing  
409 concentrations in the cell culture conditioned medium, reaching concentrations manifold above the  
410 intracellular concentration. Therefore, contribution of 3-TA<sub>1</sub> to modulation of insulin secretion cannot  
411 be excluded. Ghelardoni et al. reported on the 3-T<sub>1</sub>AM stimulated gluconeogenesis in HepG2 cells,  
412 which is prevented in presence of a Mao-inhibitor (Ghelardoni et al., 2014). Direct incubation with 3-  
413 TA<sub>1</sub> alone was not able to restore the gluconeogenic effect, but no further details were provided. If  
414 applied i.c.v., 3-T<sub>1</sub>AM-dependent hyperglycemia, reduction of serum fT<sub>3</sub>-levels, improvement of  
415 learning capacity as well as reduced pain-susceptibility for hot stimuli were all abolished or changed  
416 in outcome by pre-treatment with the unspecific Mao-inhibitor chlorgyline (*i.p.*). However, 3-TA<sub>1</sub> itself  
417 was not directly tested in comparison. Similar Mao-related changes in outcome were observed in  
418 our study presented here. GSIS as well as mitochondrial ATP-turnover were significantly decreased  
419 upon 3-T<sub>1</sub>AM treatment. The Mao-inhibitor iproniazid, diminishes GSIS suppression by 3-T<sub>1</sub>AM. In  
420 contrast, direct incubation of MIN6 cells with 3-TA<sub>1</sub> was less effective on mitochondrial ATP-  
421 turnover. We conclude from this data that a direct effect of 3-TA<sub>1</sub> cannot be excluded, but is  
422 dependent on its intracellular formation from 3-T<sub>1</sub>AM via MaoB, whereas these effects are less  
423 pronounced like in heart and thyroid (Schanze et al., 2017, Rutigliano and Zucchi, 2017) or even  
424 absent if MIN6 cells are directly exposed to 3-TA<sub>1</sub>. One reason may be, that import of 3-TA<sub>1</sub> is  
425 inefficient, while 3-T<sub>1</sub>AM may serve as directional shuttle system to pass the plasma membrane that  
426 is however permeable for 3-TA<sub>1</sub> export. Intracellular conversion to 3-TA<sub>1</sub> may serve as local

427 regulation mechanism of intracellular 3-T<sub>1</sub>AM concentration, necessary if 3-T<sub>1</sub>AM import is not  
428 strictly regulated or unspecific and thus resulting in increased intracellular accumulation of 3-T<sub>1</sub>AM.  
429 3-TA<sub>1</sub> itself is predominantly exported and accumulates in the cell culture medium. Further  
430 investigations have to be performed to clarify the underlying context.

431 In contrast to HepG2 cells 3-T<sub>1</sub>AM is metabolized preferably to T<sub>0</sub>AM in perfused hepatocytes. It is  
432 unknown so far if a comparable discrepancy can also be expected for MIN6 cells compared to  
433 primary murine Langerhans islets. Referring to the literature we are only aware of the fact that 3-  
434 T<sub>1</sub>AM reaches the pancreas through the circulation (Chiellini, Erba, Carnicelli et al., 2012), but no  
435 further metabolites from 3-T<sub>1</sub>AM could be analysed *in vivo*. Due to comparable enzymatic  
436 expression pattern (*Dio* and *Mao*), we assume that the cell line and the murine pancreas share  
437 similarities in metabolism.

438

#### 439 **Mechanism of 3-T<sub>1</sub>AM action – binding to plasma membrane vs. cellular uptake**

440 Following the 3-T<sub>1</sub>AM uptake into MIN6 cells we observed reduced mitochondrial ATP-production  
441 and decreased GSIS. Although uptake was proven by intracellular metabolism of 3-T<sub>1</sub>AM to 3-TA<sub>1</sub>,  
442 3-T<sub>1</sub>AM interaction with GPCR, TRP channels or TAAR at the plasma membrane cannot be  
443 excluded. But uptake and intracellular interaction with mitochondria provide a new way of direct  
444 glucohomeostatic regulation in pancreatic  $\beta$ -cells. Regard et al. already investigated in 2007 the role  
445 of 3-T<sub>1</sub>AM in GPCR mediated insulin secretion (Regard et al., 2007). They demonstrated that 3-  
446 T<sub>1</sub>AM modulates insulin secretion negatively via G<sub>i</sub>-coupled Adra<sub>2 $\alpha$</sub>  as well as positively via G<sub>s</sub>-  
447 coupled TAAR1 receptor. They demonstrated that a single high dose application of 50 mg/kg i.p., as  
448 already described by Scanlan et al., induces hyperglycemia and hypoinsulinemia. Direct inhibition of  
449 G<sub>i</sub>-coupled signaling pathways in pancreatic  $\beta$ -cells prevented the 3-T<sub>1</sub>AM induced effects on  
450 glucohomeostasis *in vivo*. *In vitro* experiments using isolated primary murine and human pancreatic  
451 islets showed that the high concentration of 10  $\mu$ M 3-T<sub>1</sub>AM inhibits GSIS. This effect was reversed  
452 by suppressing G<sub>i/o</sub>-coupled signalling pathways. As it was known before that 3-T<sub>1</sub>AM binds Taar1  
453 resulting in elevated cAMP levels they suggested an interaction with G<sub>i</sub> signalling (Scanlan et al.,  
454 2004). But this approach failed to be an explanation as the effect persisted in TAAR1 knockout mice

455 (Regard et al., 2007), resulting in the conclusion that there has to be another GPCR, coupling  $G_{i/o}$   
456 and being activated by binding of 3-T<sub>1</sub>AM. In addition to TAAR1, Adra<sub>2 $\alpha$</sub>  is highly expressed in  
457 pancreatic islets that is known to couple to  $G_{i/o}$ . 3-T<sub>1</sub>AM has structural relations to catecholamines  
458 as main activating compounds. Membrane-binding studies showed, that 3-T<sub>1</sub>AM binds as good as  
459 or even better to Adra<sub>2 $\alpha$</sub>  in comparison to epinephrine (Dinter, Muhlhaus, Jacobi et al., 2015).  
460 Besides this, 3-T<sub>1</sub>AM application in Adra<sub>2 $\alpha$</sub>  null-mice did not induce hyperglycemia. Central  
461 regulation of hyperglycemia via Adra<sub>2 $\alpha$</sub> -expression in neurons was also excluded. Recently,  
462 experiments in transfected HEK cells revealed 3-T<sub>1</sub>AM induced  $G_{i/o}$  activation at Adra<sub>2 $\alpha$</sub>  and  
463 reduction of the norepinephrine-induced MAPK activation (Dinter et al., 2015). This data supports  
464 an agonistic effect of 3-T<sub>1</sub>AM on the Adra<sub>2 $\alpha$</sub>  mediated  $G_{i/o}$  pathway, while antagonizing MAPK  
465 activation after stimulation with norepinephrine. In this study the *in vivo* administration of 3-T<sub>1</sub>AM  
466 over six days at the lower daily dose of 5 mg/kg did not alter glucose homeostasis in mice (Dinter et  
467 al., 2015), indicating different outcome with respect to the dose and duration of treatment.

468 Together, this data give a strong hint that an acute high dose of 3-T<sub>1</sub>AM induces hyperglycemia  
469 directly in the pancreas dependent on interaction with Adra<sub>2 $\alpha$</sub>  coupled to  $G_{i/o}$ . As we demonstrated,  
470 3-T<sub>1</sub>AM uptake and rapid metabolism by pancreatic  $\beta$ -cells *in vitro* we consider cellular uptake as a  
471 second molecular event to initiate intracellular 3-T<sub>1</sub>AM action independent from interactions with  
472 receptors at the plasma membrane. In addition to the data presented here we are aware that  
473 plasma membrane initiated signaling pathways resulting in hypoinsulinemia cannot be excluded by  
474 our approach. Clear results may be generated using MIN6 cells with induced Adra<sub>2 $\alpha$</sub>  knock down,  
475 even though we consider that activation of this receptor needs pharmacologic micromolar 3-T<sub>1</sub>AM  
476 concentrations much higher than those nanomolar concentrations resulting in decreased GSIS and  
477 OCR in our experiments.

478

### 479 **Mitochondria are 3-T<sub>1</sub>AM target structures**

480 We present data demonstrating 3-T<sub>1</sub>AM interference with mitochondrial energy metabolism in the  
481 nanomolar concentration range resulting in concentration-dependent decrease in ATP-turnover.  
482 Comparable or micromolar concentrations of 3-TA<sub>1</sub> had minor effects on mitochondrial action. Thus,

483 3-T<sub>1</sub>AM is modulating mitochondrial energy production more efficiently. 3-T<sub>1</sub>AM has already been  
484 described in literature as non-competitive inhibitor of F<sub>0</sub>/F<sub>1</sub>-ATP synthase (Venditti et al., 2011).  
485 Venditti et al. used isolated liver mitochondria from hypothyroid rats to demonstrate that 3-T<sub>1</sub>AM  
486 decreases oxygen consumption and increases H<sub>2</sub>O<sub>2</sub> production. Two interaction sites with different  
487 affinities were identified for 3-T<sub>1</sub>AM in the respiratory chain. Kinetic analysis using sub-mitochondrial  
488 particles, soluble ATPase, membrane-integrated F<sub>0</sub>/F<sub>1</sub>-ATPase as well as 3-T<sub>1</sub>AM treated  
489 permeabilized cardiomyocytes (H9c2) showed that low submicromolar 3-T<sub>1</sub>AM concentrations have  
490 a positive effect on mitochondrial energy production. In contrast, high 3-T<sub>1</sub>AM concentrations  
491 favoured binding to a low affinity-site of F<sub>0</sub>/F<sub>1</sub>-ATP synthase. Enzyme activity was blocked and ATP  
492 turnover was reduced. We showed in intact MIN6 cells, that 3-T<sub>1</sub>AM concentration-dependently  
493 inhibits ATP-turnover compared to a DMSO solvent control. As 3-T<sub>1</sub>AM accumulates in MIN6 cells  
494 over time, we propose that these concentrations are sufficiently high to decrease mitochondrial  
495 ATP-production favouring the idea that 3-T<sub>1</sub>AM may interact with the above described F<sub>0</sub>/F<sub>1</sub>-ATP  
496 synthase low-affinity binding site in this target cell.

497

#### 498 **Human relevance**

499 So far only one preliminary human study is documented describing the association between 3-T<sub>1</sub>AM  
500 serum concentration and DM (Galli et al., 2012). This study reported on a significant relation  
501 between 3-T<sub>1</sub>AM and fT<sub>4</sub>, tT<sub>4</sub>, fT<sub>3</sub> as well as tT<sub>3</sub> serum concentrations (n=42). In a subpopulation  
502 (n=18) they tested for DM type II. Endogenous 3-T<sub>1</sub>AM serum concentrations were significantly  
503 elevated in seven patients with diagnosed DM type II compared to non-diabetic patients. In addition,  
504 3-T<sub>1</sub>AM was significantly associated with HbA<sub>1c</sub> as well as fasting blood sugar. Authors concluded  
505 from the data, that individuals with elevated 3-T<sub>1</sub>AM values in the circulation tend to be  
506 hyperglycemic in combination with impaired insulin secretion. For sure, the studied population was  
507 too small for a generalized statement. Such associations have to be addressed in a bigger cohort  
508 with DM type II to confirm the hypothesis. However, results from this human study harmonize with  
509 local effects of 3-T<sub>1</sub>AM on pancreatic  $\beta$ -cells in our study where exposure of MIN6 cells to 10-100

510 nM 3-T<sub>1</sub>AM significantly reduced GSIS. This effect may support hyperglycemia, as described in the  
511 preliminary human study.

512

513 In summary, we present novel data on uptake, intracellular metabolism and action of 3-T<sub>1</sub>AM in a  
514 pancreatic  $\beta$ -cell model resulting in decreased GSIS at low nanomolar concentrations of this TH  
515 metabolite due to a mitochondrial mechanism.

516

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523

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695

696 **Figure legends**

697 **Figure 1: Metabolism of 3-Iodothyronamine (3-T<sub>1</sub>AM) to generate the corresponding 3-**  
698 **iodothyroacetic acid (3-TA<sub>1</sub>).** The alanine side chain of 3-T<sub>1</sub>AM is modified by monoamine oxidase  
699 (MAO) and semicarbazid-sensitive aminoxidase (SSAO) to generate 3-iodothyroacetic acid 3-TA<sub>1</sub>.

700

701 **Figure 2: MIN6 cell line and murine primary pancreatic islets express a comparable enzyme-**  
702 **and transporter pattern.** Expression profile of enzymes and transporters involved in handling of TH  
703 by MIN6 cells (A) compared to murine primary pancreatic islets (B). RNA was isolated from  
704 technical triplicates of three consecutive MIN6-passages. RNA from murine primary pancreatic islets  
705 was combined, generating three individual pools from different animals each. qRT-PCR data is  
706 presented as Mean ± SEM.

707

708 **Figure 3: Time course of 3-T<sub>1</sub>AM uptake (A) and 3-TA<sub>1</sub> formation (B) by murine MIN6**  
709 **pancreatic cells and their concentration profile in conditioned media (C,D) in absence (●) or**  
710 **presence (■) of the Mao inhibitor iproniazid.** 3-TA<sub>1</sub> remains at an elevated intracellular steady  
711 state concentration, peaking after 10 min, following 3-T<sub>1</sub>AM application (B). 3-T<sub>1</sub>AM declines in  
712 conditioned medium over time (C). 3-TA<sub>1</sub> as intracellular metabolite of 3-T<sub>1</sub>AM is exported from  
713 MIN6 cells in increasing concentrations over time (D). MIN6 cells were incubated with 100 nM 3-  
714 T<sub>1</sub>AM for 0 - 30 min with (■) or without (●) 200 μM iproniazid as Mao-inhibitor (A-D). Extracted cell  
715 lysates (A & B) and cell culture supernatants (C & D) were analysed for their 3-T<sub>1</sub>AM and 3-TA<sub>1</sub>  
716 concentration using LC-MS/MS. Data are generated from three individual experiments using  
717 triplicates each, normalized to protein content and presented as Mean ± SEM. Statistics: two-sided  
718 t-test per time point (A-C); \*\* P<0.01, \* P<0.05, ns = not significant. Data-fitting: one-sided-specific  
719 binding (A & C).

720

721 **Figure 4: 3-T<sub>1</sub>AM impairs insulin secretion in MIN6 cells dependent on Mao activity. 3-T<sub>1</sub>AM-**  
722 **dependent changes in glucose-stimulated insulin secretion (GSIS).** MIN6 cells were incubated

723 with 100 nM 3-T<sub>1</sub>AM and 2.8 mM glucose as well as without (A) or with 200 μM iproniazid as Mao-  
724 inhibitor (B). Insulin secretion was measured in cell culture supernatants. Data are normalized to  
725 cellular protein content. Data is generated from three individual experiments using triplicates each  
726 and presented as relative insulin secretion based on solvent-treated control (Mean ± SEM). 3-T<sub>1</sub>AM  
727 and 3-TA<sub>1</sub> both contribute to lowered insulin secretion, because Mao-inhibition reduces the  
728 aforementioned effect (not shown). Statistics: One-way ANOVA with Bonferroni post test; \*\*\*  
729 P<0.001, \*\* P<0.01 \* P<0.05, ns = not significant.

730

731 **Figure 5: 3-T<sub>1</sub>AM and to a lower extent 3-TA<sub>1</sub> decrease mitochondrial ATP-production (A & B)**  
732 **as well as maximal respiration over basal (spare capacity, C & D) in MIN6 cells.** MIN6 cells  
733 were acutely treated with 3-T<sub>1</sub>AM (A,C) or 3-TA<sub>1</sub> (B,D) with increasing concentrations as well as  
734 different mitochondrial inhibitors to determine mitochondrial functions. Normalization: OCR-values  
735 for oligomycin (A & B) as well as FCCP (C & D) are presented as % basal respiration, excluding  
736 non-mitochondrial respiration. Data is generated from three individual experiments with consecutive  
737 passages of MIN6 cells. Each substance incubation contains six technical replicates (Mean ± SEM).  
738 Statistic: One-way ANOVA (Kruskal-Wallis test) with Dunns Post Test; \*\*\* P< 0.001, \*\* P< 0.01.

739

740 **Fig. 6: Schematic overview of 3-T<sub>1</sub>AM effects in pancreatic MIN6 cells as β-cell model.** 3-T<sub>1</sub>AM  
741 passes transporter-dependent the plasma membrane, is intracellular metabolized via MaoB to TA<sub>1</sub>,  
742 which in return is released from the cell via a not further specified exporter. 3-T<sub>1</sub>AM and partly 3-TA<sub>1</sub>  
743 can reach target structures at the mitochondria resulting in decreased ATP-turnover. The signalling  
744 metabolite ATP reduces 3-T<sub>1</sub>AM-dependently the insulin secretion upon glucose stimulation.

**745 Supplement****746 Material and methods****747 Toxicity test**

748 MIN6 cells were seeded at a density of 20,000 cells / 200  $\mu$ l (96 well) in cell culture medium. Then  
749 culture medium was removed and replaced with FBS-free culture medium for ON incubation. At day  
750 three culture medium was removed and replaced by KRBH, containing the indicated concentrations  
751 of 3-T<sub>1</sub>AM, 3-TA<sub>1</sub> or the corresponding DMSO control concentrations. After 2 h 10 % Vol 3-(4,5-  
752 dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT, 1 mg/ml) was added and incubation  
753 was continued for additional 2 h at 37 °C 5 % CO<sub>2</sub>. Substance incubation and MTT exposure were  
754 stopped by aspiration of medium followed by addition of 0.1 ml lysis-buffer (10 % sodium dodecyl  
755 sulphate, 0.6 % acetic acid in DMSO). Cells were lysed for 5 min at room temperature (RT) and  
756 homogenized by 5 min shaking. Photometric measurement was performed at 595 nm.

757

**758 ATP production – cell viability test**

759 MIN6 cells were seeded at a density of 10,000 cells/0.1 ml (96 well) in cell culture medium. Culture  
760 medium was removed and replaced with FBS free culture medium for ON incubation. At day three,  
761 medium was removed and replaced by KRBH, containing the indicated concentrations of 3-T<sub>1</sub>AM, 3-  
762 TA<sub>1</sub> or the corresponding DMSO solvent concentrations. Substance exposure was stopped after 2 h  
763 by adding CellTiter Glo substrate (0.1 ml), followed by 2 min shaking to induce cell lysis and 10 min  
764 incubation at RT to stabilize the luminescence signal. Luminescence was read in a luminometer and  
765 ATP production analysis was done as recommended by the supplier (Cell Titer Glo, Promega,  
766 Madison, USA).

767

**768 Results****769 Cytotoxicity and cell viability upon 3-T<sub>1</sub>AM and 3-TA<sub>1</sub> application in pharmacological dose**

770 Before starting exposure experiments, 3-T<sub>1</sub>AM as well as the corresponding 3-iodothyroacetic acid  
771 3-TA<sub>1</sub> were tested concerning acute toxic effects on the used cell system MIN6, with respect to  
772 exposure time and substance concentration.

773 3-T<sub>1</sub>AM and 3-TA<sub>1</sub> were administered acutely in the concentration range of 10 nM – 10 µM.  
774 Because effects on glucose homeostasis in animal models occurred fast within hours, we  
775 conducted experiments with a readout after 0.5-4.0 h. Increasing concentrations of 3-T<sub>1</sub>AM and 3-  
776 TA<sub>1</sub> showed after 4 h of exposure the same relative cytotoxicity as the DMSO-control using the MTT  
777 cytotoxicity test (Suppl. Fig. 1A & 1B). Because this NADH/NADPH dependent assay is less  
778 sensitive, referring especially to the acute exposure time, a second ATP-dependent cell viability  
779 assay was performed. It was expected, that rising substance concentration may decrease the  
780 portion of living cells. In contrast, high concentrations of 3-T<sub>1</sub>AM (1-10 µM) doubled cellular ATP-  
781 content (Suppl. Fig. 1C). Lower concentrations (10-100 nM) had no effect, as cell viability was  
782 comparable to the DMSO control. Exposure with 3-TA<sub>1</sub> showed a 20 % increase of ATP in this cell  
783 system with 10 µM only (Suppl. Fig. 1D). ATP is one of the signaling metabolites supporting insulin  
784 secretion (Maechler, 2003). Based on our data we suggested that 3-T<sub>1</sub>AM concentrations above  
785 100 nM might cause hyperinsulinemia due to high ATP production or accumulation, contrasting *in*  
786 *vivo* data from animal models. We conclude from these first data to use substance concentrations  
787 not higher than 100 nM 3-T<sub>1</sub>AM in this respective cell line.

788

## 789 **Figures legend**

790 **Supplemental Fig. 1: 3-T<sub>1</sub>AM increases intracellular ATP content at high pharmacological**  
791 **dosages, but has no cytotoxic effects.** Cytotoxicity (A & B) and cell viability (C & D) of MIN6 cells  
792 during 3-T<sub>1</sub>AM (A & C) or 3-TA<sub>1</sub> (B & D) incubation. MIN6 cells were incubated with increasing  
793 concentrations of either 3-T<sub>1</sub>AM or 3-TA<sub>1</sub> (10 nM-10 µM) to test acute substance toxicity. Data is  
794 presented as Mean ± SEM. Mean OD<sub>595</sub> of cell wells treated with DMSO as control is represented  
795 as 100 %. 3-T<sub>1</sub>AM and 3-TA<sub>1</sub> treated cells are shown as % with respect to the control. Statistics:  
796 One-way ANOVA (Kruskal-Wallis test); \* P<0.05, \*\*\* P<0.001. Data are results from two (cell  
797 viability test) or three (cell toxicity test) independent experiments using six wells per group and per  
798 substance concentration. Solvent control and substance incubations contain the same DMSO  
799 concentration.

800

## 801 Supplemental Tables

802 Supplemental Table 1: Overview of investigated genes and corresponding primers to  
 803 detect transcripts of THTT and metabolizing enzymes in MIN6 cell line as well as murine  
 804 primary pancreatic islets.

	Gene	Sequence	Amplicon length	Name
TH transporter	<b>Slc16a10 fwd</b>	GCCCCATCGTGAGTGTCTTC	182 bp	<i>Mct10</i>
	<b>Slc16a10 rev</b>	GACCAGTGACGGCTGGTAGG	202 bp	<i>Mct8</i>
	<b>Slc16a2 fwd</b>	CCTCGCTATGGGCATGATCT		
	<b>Slc16a2 rev</b>	TGGTTGAAAGGCGAATGAGC	189 bp	<i>Lat2</i>
	<b>Slc7a8 fwd</b>	GCCACCCGGGTTCAAGATA		
	<b>Slc7a8 rev</b>	ATAGGCAAAGGAGCCCTGGA		
	<b>Slc7a5 fwd</b>	GGCCATCATCATCTCCTTGC	197 bp	<i>Lat1</i>
	<b>Slc7a5 rev</b>	ACCCATTGACAGAGCCGAAG		
unspecific transporter	<b>Slco4c1 fwd</b>	TGGCAAACTTCCCAGACTCA	186 bp	<i>OATP4C1</i>
	<b>Slco4c1 rev</b>	AAAAATGTGGCAAATCCCGTA	205 bp	<i>OATP1</i>
	<b>Slco4a1 fwd</b>	TGACCACTGACAGCCCACTG		
	<b>Slco4a1 rev</b>	TTGCCAAAAGCTGGATTGCT	186 bp	<i>Oatp14</i>
	<b>Slco1c1 fwd</b>	AGTGTGGCCGGACTGACTGT		
	<b>Slco1c1 rev</b>	ACTCCGGCTGGAGGATTGAC	211 bp	<i>OATP3</i>
	<b>Slco1a5 fwd</b>	CATCCTGACAAGTGTGCTCCAG		
<b>Slco1a5 rev</b>	TGCCATGTATGCAGCCTTCTT			
deiodase	<b>Dio1 fwd</b>	CACAGCCGATTTCTCATCA	184 bp	<i>Dio1</i>
	<b>Dio1 rev</b>	GCTGCTCTGGTTCTGCATTG	211 bp	<i>Dio2</i>
	<b>Dio2 fwd</b>	CTCCAAGTGCCTCTTCTGG		
	<b>Dio2 rev</b>	GACGTGCACCACACTGGAAT	203 bp	<i>Dio3</i>
	<b>Dio3 fwd</b>	CTACATCGAGGAAGCCCACC		
	<b>Dio3 rev</b>	TGACGTAGAGGCGCTCAAAA		
reference gene	<b>hprt fwd</b>	GGCCAGACTTTGTTGGATTTG	144 bp	<i>HPRT</i>
	<b>hprt rev</b>	TGCGCTCATCTTAGGCTTTGT		
postulated 3-T <sub>1</sub> AM transporter	<b>Slco3a1 fwd</b>	TCTTCTCGTCCCTCCTGATG	224 bp	<i>Slco3a1</i>
	<b>Slco3a1 rev</b>	CACAGGGTTTGAGAGCAGGT	179 bp	<i>Slc7a1</i>
	<b>Slc7a1 fwd</b>	CTGGAGTGCGACTTTTGACG		
	<b>Slc7a1 rev</b>	TGTTGACCATGGCTGACTCC		

	<b>Slc31a1 fwd</b>	TTGTTTTCCGGTTTGGTAATCA	178 bp	<i>Slc31a1</i>
	<b>Slc31a1 rev</b>	GGATGGTTCCATTTGGTCCT		
<b>monoamine oxidase</b>	<b>MaoA fwd</b>	GGGGCTGCTACACAGCCTAC	243	<i>MaoA</i>
	<b>MaoA rev</b>	CAAGAGCTGGAACATCCTTGG		
	<b>MaoB fwd</b>	ATTGCCACGCTCTTTGTGAA	237	<i>MaoB</i>
	<b>MaoB rev</b>	CCCTGTCTGGTCAATGTGGA		

805

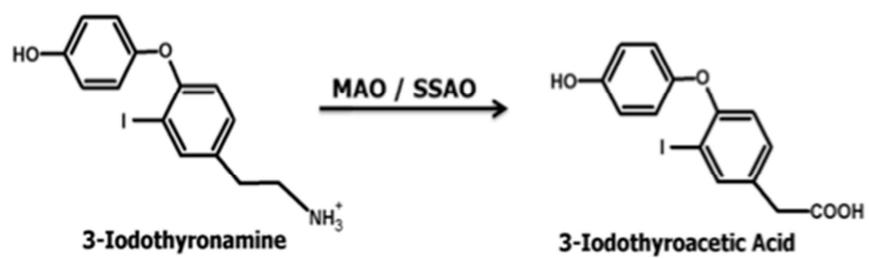
806

807 **Supplemental Table 2: Description and calculation of mitochondrial functions measured with**  
808 **Seahorse XF96e Bioanalyzer.** Non-mitochondrial respiration was subtracted from individual  
809 functions for calculations of reserve capacity and ATP-turnover.

<b>Function</b>	<b>Description / calculation</b>
<b>Reserve capacity</b>	= uncoupled respiration / basal respiration
<b>ATP-turnover</b>	= 1 – (inhibitor ATP-synthesis / basal respiration)
<b>Basal respiration</b>	last point of measurement before first injection
<b>Maximal respiration</b>	highest point of measurement after addition of uncoupling agent
<b>Non-mitochondrial respiration</b>	respiration after inhibition of mitochondrial electron transport

810

Figure 1



ACCEPTED MANUSCRIPT

Figure 2

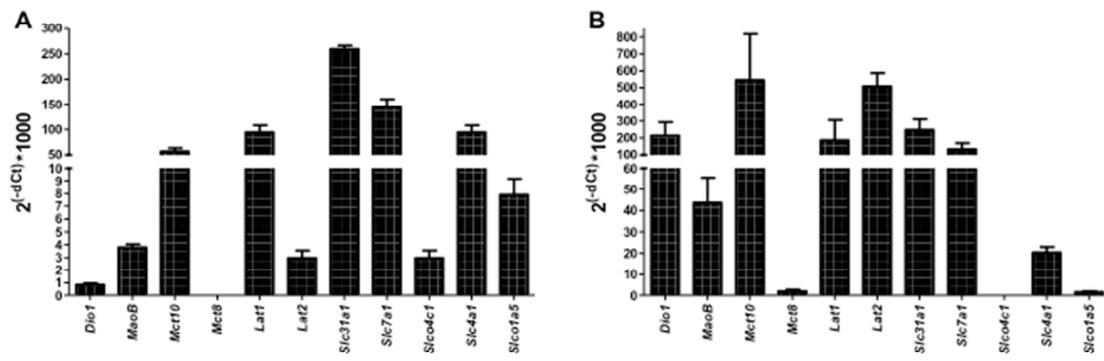


Figure 3

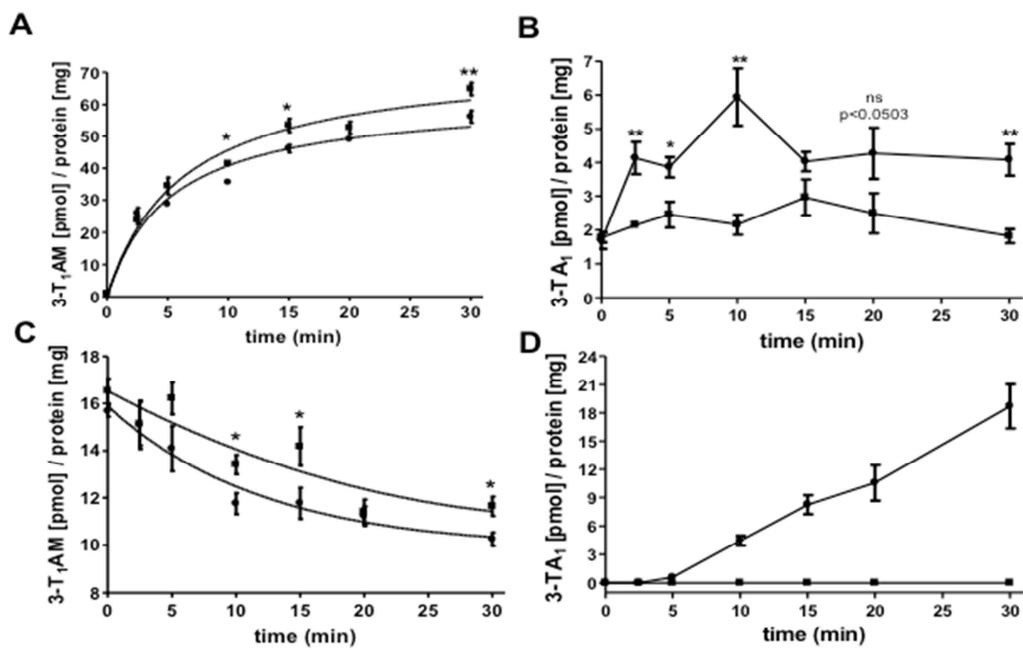


Figure 4

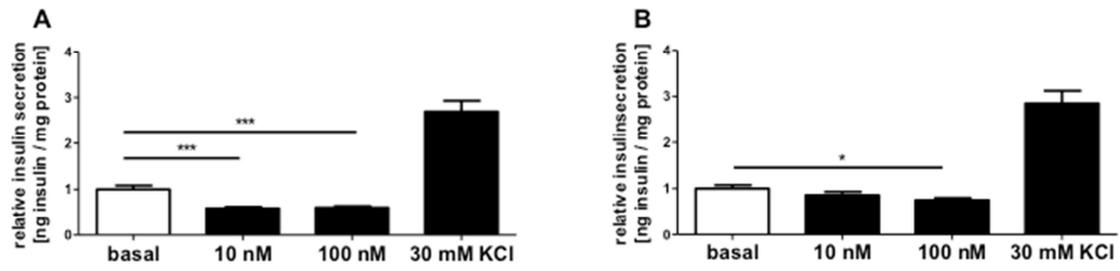


Figure 5

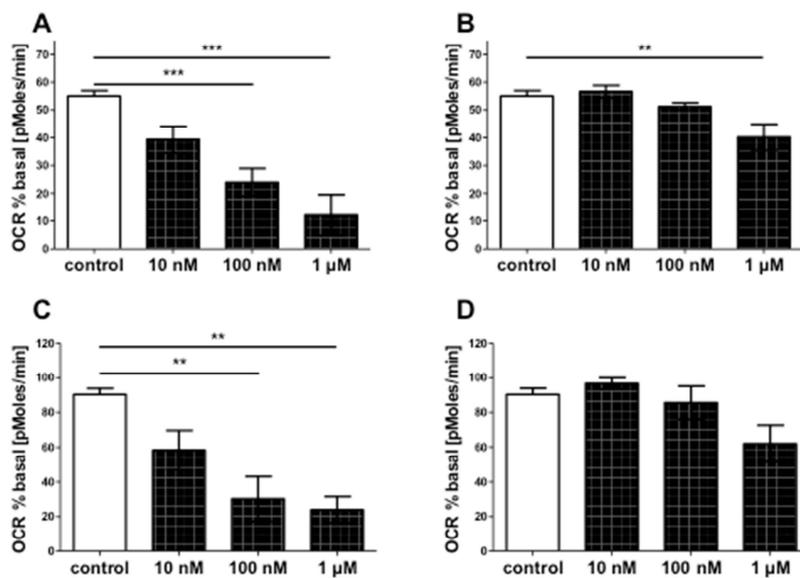
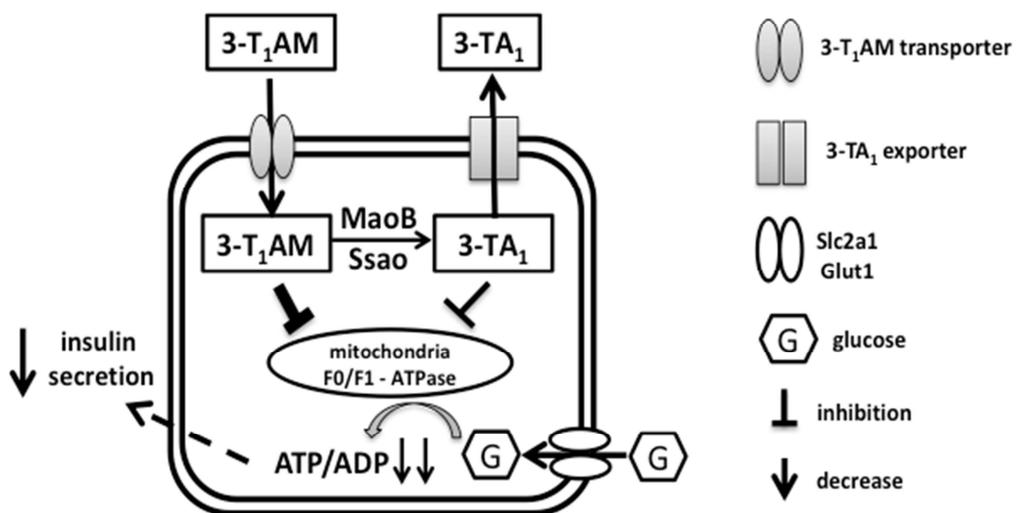


Figure 6



**Highlights**

- 3-T<sub>1</sub>AM influences glucoregulatory processes *in vivo* and *in vitro*
- 3-T<sub>1</sub>AM decreases GSIS due to a mitochondrial mechanism
- Min6 cells transport and metabolize 3-T<sub>1</sub>AM
- Pancreatic MIN6 cells were used as suitable *in vitro*  $\beta$ -cell model