

Curcumin analogues inhibit phosphodiesterase-5 and dilate rat pulmonary arteries

Oraya Kruangtip^a, Krongkarn Chootip^b, Prapapan Temkitthawon^a, Kanokwan Changwichit^a, Thippawan Chuprajob^c, Chatchawan Changtam^d, Apichart Suksamrarn^c, Nantaka Khorana^a, C. Norman Scholfield^a and Kornkanok Ingkaninan^a

^aDepartment of Pharmaceutical Chemistry and Pharmacognosy, Faculty of Pharmaceutical Sciences and Center of Excellence for Innovation in Chemistry, ^bDepartment of Physiology, Faculty of Medical Sciences, Naresuan University, Phitsanulok, ^cDepartment of Chemistry and Center of Excellence for Innovation in Chemistry, Faculty of Science, Ramkhamhaeng University, Bangkok, ^dDivision of Physical Sciences, Faculty of Science and Technology, Huachiew Chalermprakiet University, Samutprakarn, Thailand

Keywords

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Correspondence

Kornkanok Ingkaninan, Faculty of Pharmaceutical Sciences and Center of Excellence for Innovation in Chemistry, Naresuan University, Phitsanulok 65000, Thailand.

E-mail: k_ingkaninan@yahoo.com

Krongkarn Chootip, Department of Physiology, Faculty of Medical Sciences, Naresuan University, Phitsanulok 65000, Thailand.

E-mail: krongkarn@gmail.com

Abbreviations

Ach, acetylcholine; BSA, bovine serum albumin; cGMP, guanosine cyclic monophosphate; DMSO, dimethylsulphoxide; EC₄₀, 40% of maximal effective concentration; ESMS, electrospray mass spectrometry; IC₅₀, half maximal inhibitory concentration; NMR, nuclear magnetic resonance; PAH, pulmonary artery hypertension; PDE, phosphodiesterase; PE, phenylephrine; QAE, quaternary aminoethyl anion exchanger; sGC, soluble guanylyl cyclase.

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Introduction

Idiopathic pulmonary arterial hypertension (PAH) is a relatively rare lung disorder (prevalence ~6 cases/million people^[1]) with a poor prognosis. Pulmonary arteries become constricted, thus reducing blood flow to the lungs and increasing pulmonary arterial pressure. This PAH

increases the load on the right ventricle, leading to right heart failure and death.^[2] Several mechanisms for the disease have been proposed and shown to produce PAH in animal models, but none appears to reflect the human condition. Because of this unclear aetiology, current drug

Abstract

Objectives Phosphodiesterase (PDE)-5 inhibitors are useful as vasodilators for the treatment of pulmonary arterial hypertension. We aimed to study curcumin analogues for PDE5 inhibitory activity and vasorelaxation of rat pulmonary arteries.

Methods Three natural curcuminoids (1–3) and six synthetic analogues (4–9) were tested for PDE5 and PDE6 inhibitory activities using enzymatic radioassay. Their vasorelaxation was measured using freshly isolated segments of rat pulmonary artery and aorta.

Key findings Curcuminoids (1–3) mildly inhibited PDE5 (half maximal inhibitory concentration (IC₅₀) = 18 μM): the metamethoxyl of curcumin was important for PDE5 inhibition. But hydroxyl rearrangements, removing both methoxyls and one ketomethylene, yielded the potent 7 and 9 (IC₅₀ = 4 μM) (compared with sildenafil, IC₅₀ = 0.03 μM). Only 1, 3 and 4 were PDE5 selective over PDE6. Triazole-carboxylic addition provided water-solubility while preserving potency. All analogues possessed concentration-dependent vasorelaxant activity on pulmonary arteries (40% of maximal effective concentration (EC₄₀) = 29–90 μM, maximum response = 60–90% at 300 μM), while compounds (1–8) were weakly acting in aorta (maximum response <40%). Only demethoxycurcumin (2) and analogues 5, 8, 9 had endothelium-dependent actions. Sildenafil was highly potent (EC₄₀ = 0.04 μM) and highly endothelium dependent in pulmonary artery but weak on intact aorta (EC₄₀ = 1.8 μM). Activity profiles suggest actions through additional cell pathways for promoting vasorelaxation.

Conclusions Curcumin analogues are potential leads for developing efficacious and selective PDE5 inhibitors and other pathologies of pulmonary hypertension.

treatments have focused on symptomatic treatment in the form of vasodilators. Of these, sildenafil, tadalafil, vardenafil and similar drugs have received the most widespread application. These compounds are inhibitors of phosphodiesterase-5 (PDE5), which is found in many cells including the smooth muscle cells of pulmonary vascular tree expressed as PDE5A.^[3] This enzyme is upregulated in pulmonary hypoxia and PAH^[4] making it an attractive drug target for treatment of these pathologies. The target substrate for PDE5 is the inactivation of guanosine cyclic monophosphate (cGMP) via hydrolysis. Cytosolic cGMP constitutively activates in particular, adenosine triphosphate and big potassium current channels^[5] and the resulting increased K-permeability maintains vasorelaxant tone. Thus inhibiting PDE5 favours cGMP accumulation hence promoting vasodilatation.^[6,7]

Sildenafil was initially registered as an oral drug for erectile dysfunction, then later approved for PAH treatment^[6] and is now licensed for Raynaud's disease.^[7] There is a growing list of successful clinical trials with PDE5 inhibitors^[8] that may lead to extended licensing by regulatory bodies.^[7] Clearly, these inhibitors also cause vasodilatation in other tissues^[8] and more especially have retinal-related complications most commonly associated with additional PDE6 blockade.^[9] Therefore, the hunt continues for drugs that are specific for diseased targets including the pulmonary arterial circulation and especially erectile dysfunction.

Several *Curcuma* species are known to be vasorelaxant including *Curcuma longa*,^[10] while curcumin reduces pulmonary arterial pressure.^[11] We have shown that extracts of these plants exhibit PDE5 inhibitory activity.^[12] This suggests that curcuminoids might provide leads for the development of a new generation of selective PDE5 inhibitors. Therefore, here we aimed to explore the activities of both natural and synthetic curcumin analogues on the inhibition of PDE5 in cell-free assay and on the vasorelaxation of freshly isolated rat pulmonary arteries *in vitro*.

Materials and Methods

Materials

Krebs' solution (mM): (NaCl 122; KCl 5; (N-(2-hydroxyethyl)piperazine-N'-(2-ethane-sulfonic acid)) 10; KH₂PO₄ 0.5; NaH₂PO₄ 0.5; MgCl₂ 1; glucose 11 and CaCl₂ 1.8; adjusted to pH 7.3 with 1-N NaOH), acetylcholine (ACh), phenylephrine (PE), ingredients in buffer 1 (100-mM Tris-HCl, pH 7.5; 100-mM imidazole; 15-mM MgCl₂; 1.0-mg/ml bovine serum albumin (BSA) and 2.5-mg/ml snake venom from *Crotalus atrox*), ingredients in Buffer 2 (100-mM Tris-HCl, pH 7.5 100-mM imidazole, 15-mM MgCl₂, 1.0-mg/ml BSA and 0.5-mg/ml histone) were obtained from Sigma (St Louis, MO, USA). Pentobarbital sodium solution (Nembutal) was obtained from Ceva

Sante Animale (Libourne, France). Quaternary aminoethyl anion exchanger (QAE) resin (QAE Sephadex A-25) was purchased from GE Healthcare (Uppsala, Sweden). The PDE5 and PDE6 were prepared from rat lung tissues and chicken retinas, respectively.

Preparations of compounds

The natural compounds, (1) curcumin, (2) demethoxycurcumin and (3) bisdemethoxycurcumin, were obtained from the rhizomes of *C. longa*.^[13] Compound 4 was synthesised by the demethylation reaction of compound 1 as described previously.^[13] Compounds 5–7 were prepared by aldol condensation of substituted cinnamones (10a and 10b) and substituted cinnamaldehydes (11a, 11b and 11c) under a base-catalysed condition, which has recently been reported^[14] (Figure 1). Compounds 8 and 9, the acid group-containing analogues of 7, were synthesised by coupling the alkyne analogues 12 and 13 with the azide 14 as shown in Figure 2. Briefly, the cinnamones 10c and 10b were coupled with cinnamaldehydes 11c and 11d by the same method used to synthesise compounds 5–7^[14] to yield compounds 12 (32%) and 13 (34%). Each of compounds 12 and 13 was later reacted with 2-azidoacetic acid (14) under click conditions^[15] to give compounds 8 and 9 in 69% and 38% yields, respectively. Compound 8: ¹H nuclear magnetic resonance (NMR) (400 MHz, acetone-*d*₆) δ (ppm): 5.36 (s, 2H), 5.38 (s, 2H), 6.62 (d, *J* = 15.3 Hz, 1H), 6.82 (d, *J* = 7.8 Hz, 1H), 7.01–7.08 (m, 5H), 7.21 (t, *J* = 7.8 Hz, 1H), 7.32 (d, *J* = 7.7 Hz, 1H), 7.36 (d, *J* = 16.1 Hz, 1H), 7.42 (t, *J* = 7.7 Hz, 1H), 7.51 (ddd, *J* = 15.3, 6.6, 3.4 Hz, 1H), 7.73 (d, *J* = 7.6 Hz, 1H), 7.93 (d, *J* = 16.1 Hz, 1H), 8.22 (s, 1H). ¹³C NMR (100 MHz, acetone-*d*₆) δ (ppm): 51.3, 63.0, 114.0, 114.5, 117.1, 119.7, 122.1, 125.0, 126.3, 126.6, 128.3, 130.1, 130.7, 130.8, 132.4, 138.2, 138.8, 142.0, 143.6, 144.0, 158.6, 158.5, 168.5, 189.2. electrospray mass spectrometry (ESMS) (–ve): *m/z* 430 [M – H][–]. Compound 9: ¹H NMR (400 MHz, acetone-*d*₆) δ (ppm): 5.26 (s, 2H), 5.34 (s, 2H), 6.74 (d, *J* = 15.2 Hz, 1H), 6.90 (t, *J* = 7.4 Hz, 1H), 6.98 (d, *J* = 8.1 Hz, 1H), 7.03 (d, *J* = 8.1 Hz, 1H), 7.09 (d, *J* = 15.6 Hz, 1H), 7.17–7.33 (m, 6H), 7.54 (dd, *J* = 15.1, 10.8 Hz, 1H), 7.69 (d, *J* = 7.7 Hz, 1H), 8.04 (d, *J* = 16.1 Hz, 1H), 8.15 (s, 1H). ¹³C NMR (100 MHz, acetone-*d*₆) δ (ppm): 51.2, 62.4, 113.8, 116.6, 117.1, 120.8, 121.2, 122.9, 126.0, 126.1, 128.7, 129.4, 130.6, 130.7, 132.4, 138.5, 138.9, 141.5, 143.3, 144.3, 157.7, 159.9, 168.7, 189.2. ESMS (–ve): *m/z* 430 [M – H][–]. The purity of all the test compounds was more than 95% as determined by NMR and thin layer chromatography. The samples were stored at –20°C until use.

Determination of phosphodiesterase-5 inhibitory activity

All samples were dissolved in dimethylsulfoxide (DMSO) and diluted with water giving a final DMSO concentration

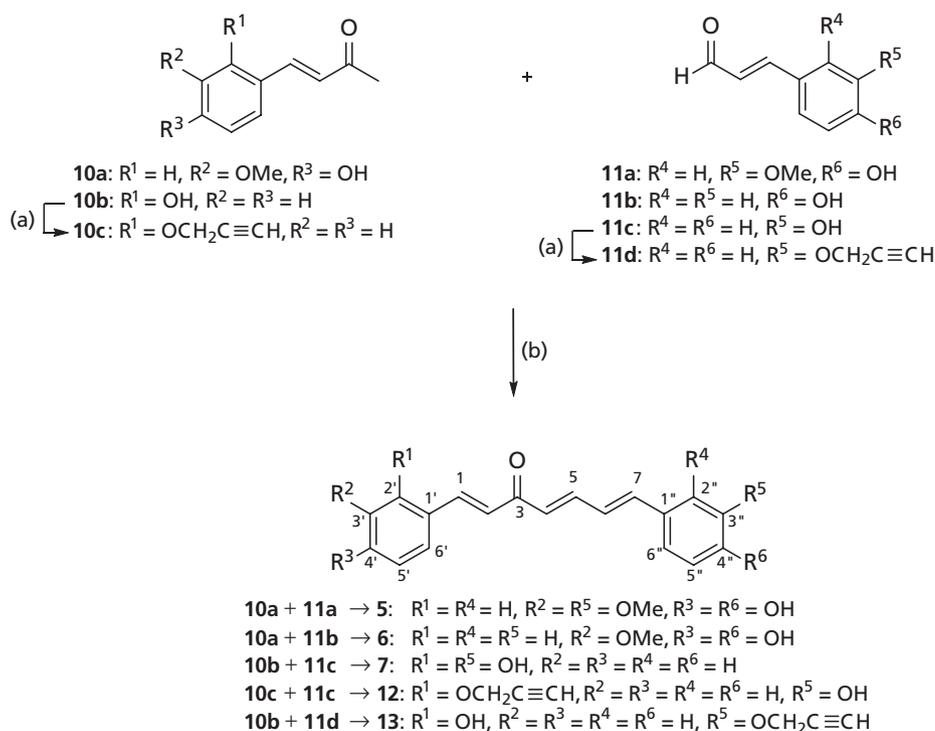


Figure 1 Preparation of compounds 5–7, 12 and 13. Reagents and conditions: (a) propargyl bromide, K_2CO_3 , acetone, room temperature. (b) 20% aq. NaOH, EtOH, $0^\circ C$ – room temperature.

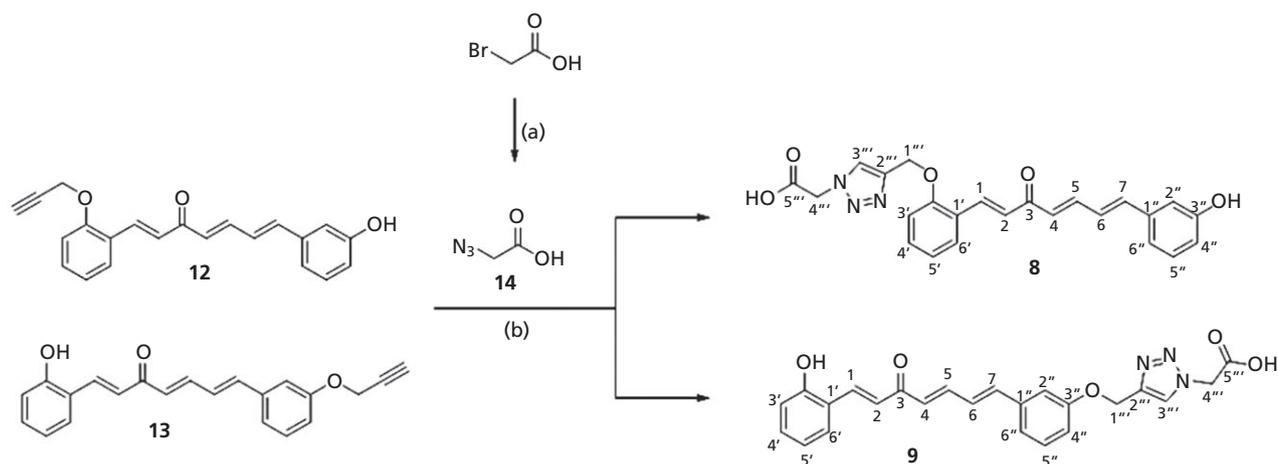


Figure 2 Preparation of compounds 8 and 9. Reagents and conditions: (a) NaN_3 , H_2O , room temperature. (b) $CuSO_4$, sodium ascorbate, THF : H_2O (9 : 1).

of 5%. PDE5 was extracted from rat lung tissue as described previously.^[16] The PDE5 assay was conducted using the two-step radioactive procedure, which has been modified from Sonnenburg *et al.*, 1998.^[17] Twenty microlitres of the following reagents was added to 96-well plates: buffer 1, EGTA, PDE5 solution and test samples or control (5% DMSO in buffer). The reaction was started by adding 20 μl of 5- μM

$[^3H]cGMP$ (~50 000 cpm) to the reaction mixture and incubated at $30^\circ C$ for 40 min. Then, 100 μl of 50% QAE resin in water was added to the wells to purify the hydrolysate. The plate was shaken for 10 min and left for 20 min to allow the resin to sediment. The supernatants (100 μl) were transferred to new microplate wells containing 100 μl of fresh 50% QAE resin. The plate was again

shaken and left to permit sedimentation. Then, 100- μ l supernatant was mixed and shaken with 200 μ l of Microscint (Perkin Elmer, Waltham, MA, USA) 20 for 2 h. The radioactivity was counted by a TopCount NXT (PerkinElmer, Boston, MA, USA), each well for 1 min. The PDE5 activity in the study was standardised to have a hydrolysis activity of 20–25% of the total substrate counts. The calculation of hydrolysis is shown in equation (1). The PDE5 inhibitory activity was calculated using equation (2).

$$\% \text{hydrolysis}_{\text{sample}} = \left(\frac{(\text{CPM}_{\text{sample}} - \text{CPM}_{\text{background}})}{(\text{CPM}_{\text{total count}} - \text{CPM}_{\text{background}})} \right) \times 100 \quad (1)$$

where $\text{CPM}_{\text{sample}}$ is the radioactive count rate of the assay with enzyme and $\text{CPM}_{\text{background}}$ is the count rate without enzyme. $\text{CPM}_{\text{total count}}$ is the count rate of 20 μ l of substrate plus 100 ml of buffer 1.

$$\% \text{PDE5 inhibition} = \left[1 - \left(\frac{\% \text{hydrolysis}_{\text{sample}}}{\% \text{hydrolysis}_{\text{control}}} \right) \right] \times 100 \quad (2)$$

where $\% \text{hydrolysis}_{\text{sample}}$ and $\% \text{hydrolysis}_{\text{control}}$ were the enzyme activities of the sample and solvent (1% DMSO) used in the assay, respectively. The IC_{50} values were determined using the test samples at >80% PDE5 inhibition.

Determination of phosphodiesterase-6 inhibitory activity

PDE6 activity was conducted using the procedure previously reported,^[14] which has been modified from Huang *et al.*, 1998.^[18] Twenty-five millilitres of the following reagents was added to tube: buffer 2, EGTA, PDE6 solution and test samples or control (5% DMSO in buffer). The reaction was started by adding 25 μ l of 5- μ M [³H]cGMP and incubated at 30°C for 10 min. Then, the reaction was stopped by placing the tube in boiling water for 1 min and cooled for 5 min. The second step of reaction used 25 μ l of 2.5-mg/ml snake venom added to the reaction, incubated at 30°C for 5 min. After that, 250 μ l of 20-mM Tris-HCl, pH 6.8 (buffer I) was added. The reaction was transferred to a QAE resin column and eluted four times with 500 μ l of buffer I. The eluent was mixed with a scintillation cocktail, and the radioactivity was measured using a β -counter. The $\% \text{hydrolysis}$ of PDE6 was similarly calculated as for PDE5.

Animals

Male Wistar rats (200–250 g) were obtained from the National Laboratory Animal Center, Mahidol University, Nakhornpathom, Thailand. The study was approved by the Animal Ethics Committee, Naresuan University, Phitsanulok, Thailand (NU-AE540416). Animals were

housed under standard environmental conditions at $25 \pm 2^\circ\text{C}$, 12-h light and dark cycle, fed with standard rodent diet and tap water in the Center for Animal Research, Naresuan University, Thailand.

Tissue preparation and vascular protocols

Rats were anaesthetised by pentobarbital (65-mg/kg, i.p. injection) and the lungs and aorta were isolated. Intrapulmonary artery was removed from lung and soaked in Krebs' solution to wash off the surrounding loose connective tissue. The vessel was cut into rings 2–3 mm in length and mounted in tissue chambers via a pair of intraluminal wires. The chambers contained Krebs' solution at 37°C and bubbled with air. The rings were incubated for 45–60 min at an optimum tension of 1 g during which the solution was replaced every 15 min. The wires were connected to force transducers to measure isometric tension via a MacLab A/D converter (Chart V5, A.D. Instruments, Castle Hill, NSW, Australia), stored and displayed on personal computer. The arterial contraction and relaxation was tested by sequential application of 10- μ M PE and 10- μ M ACh. Only vessels showing 80–100% relaxation to ACh were considered as endothelium intact, while in some experiments, the endothelium was predenuded mechanically, and relaxations of <20% were considered as successfully denuded. After washing for 45–60 min, vessels were precontracted by adding 10- μ M PE again. When stable contractions were obtained, the samples (containing compounds 1–9) at concentrations of 0.1–100 μ M were cumulatively added (Figure 3). The samples were dissolved in DMSO and then diluted with water to obtain the final concentrations of 300, 100, 30, 10, 3, 1, 0.1 μ M in 2-ml tissue baths (final solutions contained <0.1% DMSO). Sildenafil was similarly diluted to working concentrations of 0.0001–100 μ M.

Statistical analysis

Data were expressed as the mean \pm standard error of the mean. Statistical analysis was conducted using Student's *t*-test: unpaired and one-way analysis of variance, followed by Tukey's post-hoc test. *P*-values of < 0.05 were considered significant.

Results

Inhibition of phosphodiesterase-5 and phosphodiesterase-6 by curcumin analogues

Three naturally occurring curcuminoids (1–3) and six synthetic analogues (4–9) were tested using the PDE5 and PDE6 inhibition assays. The highest potency on PDE5 was for compounds 7 and 9 with IC_{50} s of $\sim 4 \mu$ M. Nevertheless, compounds 7 and 9 were ~ 100 -fold less potent than sildenafil, but more effective than the naturally occurring

Table 1 The inhibitory effects of curcumin and its analogues on PDE5 and PDE6. Values are means \pm standard error of the mean ($n = 3$)

Compounds	Chemical structures	IC ₅₀ against	
		PDE5 (μM)	PDE6 (μM)
1		18.8 \pm 2.1 ^a	113.9 \pm 20.9 ^b
2		50.6 \pm 3.3 ^c	12.6 \pm 2.8 ^a
3		94.4 \pm 5.2 ^d	>500 ^c
4		44.5 \pm 1.5 ^c	>700 ^d
5		30.5 \pm 5.1 ^b	18.1 \pm 9.7 ^a
6		27.6 \pm 5.7 ^b	7.6 \pm 1.8 ^a
7		4.4 \pm 1.6 ^a	4.0 \pm 2.1 ^a
8		17.1 \pm 2.0 ^a	5.1 \pm 2.0 ^a
9		3.9 \pm 0.6 ^a	2.8 \pm 2.3 ^a
Sildenafil		0.03 \pm 0.01 ^e	ND

PDE, phosphodiesterase. ^{a-e}Difference within columns (samples not connected by the same letter are statistically different at $P < 0.05$). PDE, phosphodiesterase.

Vasorelaxant effects of curcumin analogues

In these experiments, sildenafil potency on intact pulmonary arteries expressed as EC₄₀ was 0.04 μM (0.074 \pm 0.016 μM calculated as EC₅₀), which accords with

previous work in rat pulmonary artery^[21] and aorta.^[22] Furthermore, the potency of sildenafil here was similar to the cell-free action on PDE5 protein. Endothelial removal caused a dramatic decrease in sildenafil potency (200-fold less) both here and in previous work on aorta.^[20] This

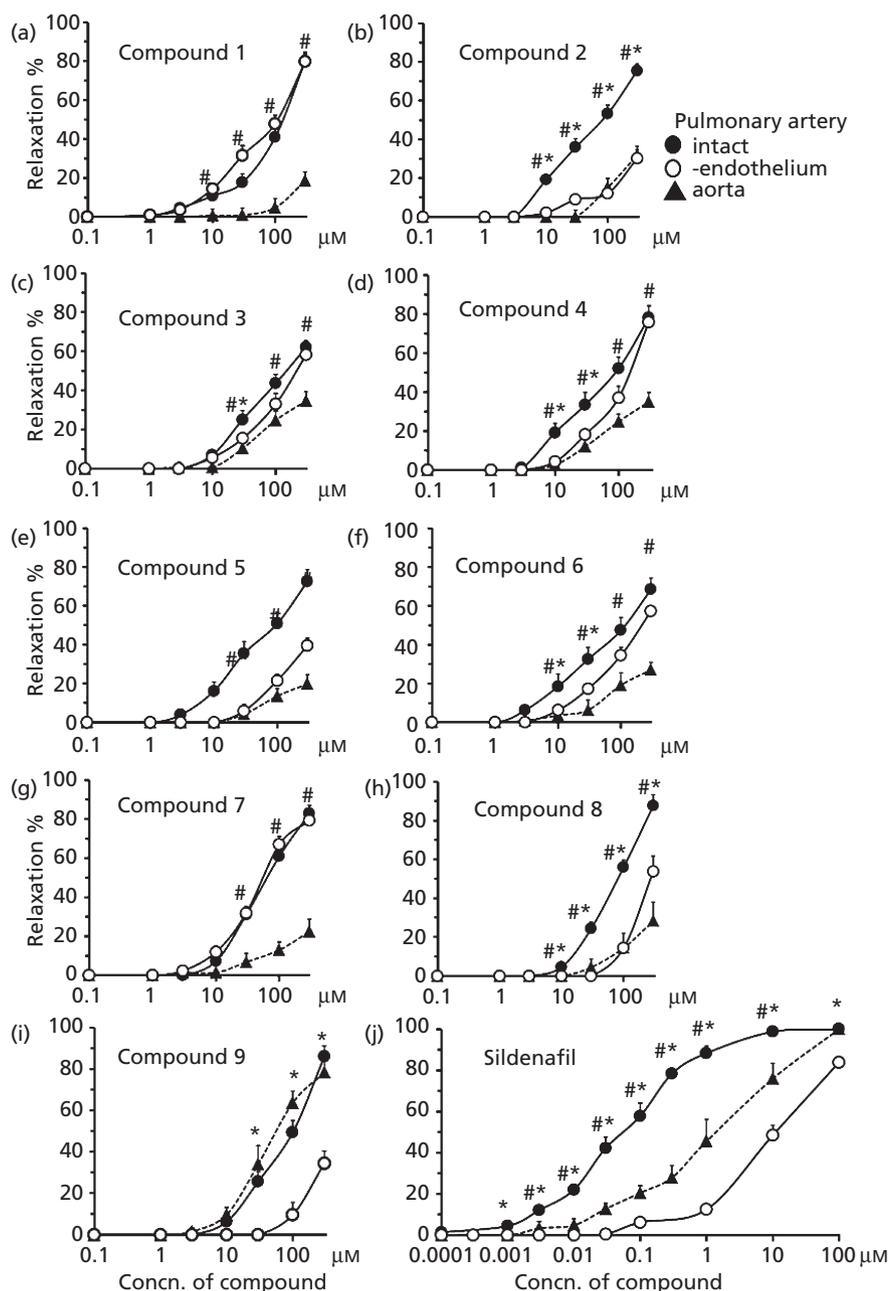


Figure 4 Concentration-vasorelaxation plots for the nine curcumin analogues and sildenafil. Each value is mean \pm standard error of the mean ($n = 5-6$). * $P < 0.05$ compared relaxation of pulmonary arteries with and without endothelium, # $P < 0.05$ comparing endothelium-intact pulmonary arteries with aortas.

confirms that the vascular smooth muscle relaxation was largely mediated through the endothelium-releasing vasodilator factors even though sildenafil is acting on vascular smooth muscle.^[22]

All the curcuminoids were vasorelaxant using endothelium-intact pulmonary artery and all had similar potencies (Table 2). Compounds 2, 5, 8, 9 and possibly 4

had actions that indicate that the endothelium was necessary. But, these four compounds had similar potencies that did not reflect those variations seen in the cell-free assays on either PDE5 or PDE6. Thus for compounds 2, 5, 8 and 9, there was clearly endothelium dependency, but the poor potency correlation with the cell-free studies does not clearly indicate that they are acting on PDE5.

Table 2 Vasorelaxant actions of curcumin and its analogues on rat endothelium-intact and denuded pulmonary arteries and aorta. ($n = 5-6$), P -values listed are for differences between endothelium-intact versus endothelium-denuded pulmonary arteries.

Compounds	EC ₄₀ (μ M)		
	Pulmonary artery intact	Pulmonary artery denuded	Aorta-intact
1	109 \pm 23	93 \pm 30 ($P = 0.82$)	>300 \pm 0 [#]
2	58 \pm 10	>300 \pm 0 ($P < 0.0001$)	>300 \pm 0 [#]
3	111 \pm 29	184 \pm 31 ($P = 0.14$)	>300 \pm 0 [#]
4	58 \pm 20	121 \pm 20 ($P = 0.058$)	>300 \pm 0 [#]
5	76 \pm 24	>300 \pm 0 ($P < 0.0001$)	>300 \pm 0 [#]
6	98 \pm 28	147 \pm 21 ($P = 0.17$)	>300 \pm 0 [#]
7	59 \pm 8	52 \pm 6 ($P = 0.74$)	>300 \pm 0 [#]
8	59 \pm 8	208 \pm 17 ($P < 0.0001$)	>300 \pm 0 [#]
9	71 \pm 15	>300 \pm 0 ($P < 0.0001$)	46 \pm 11
Sildenafil	0.042 \pm 0.009	8.4 \pm 0.8 ($P < 0.0001$)	1.8 \pm 1.0 [#]

[#] $P < 0.0001$ for endothelium-intact pulmonary arteries versus intact aorta.

Compounds 1 and 7 were unaffected by endothelial denudation suggesting that they acted directly on vascular smooth muscle through a mechanism probably not directly on PDE5. These might include actions on soluble guanylyl cyclase^[23] on β -receptors, or cytosolic Ca²⁺ handling.^[24]

There are two important differences between the cell-free and vascular relaxation studies, which might affect potency of our compounds: (1) the compounds have to gain access to the cell interior, and numerous bioavailability studies have shown that the membrane permeability of at least curcumin itself is very poor;^[25] (2) a vast number of cellular effects for curcuminoids have been described.^[26]

However, the very high concentrations needed to have any effect on the aorta suggest that these compounds have

some selectivity for the pulmonary artery. This alone indicates that the compounds may form the basis for the development of drugs that selectively target the pulmonary circulation. Finally, the multiple cellular actions of curcuminoids^[26-28] may be an asset in the treatment of PAH where there are multiple pathologies including inflammation, PDE5 upregulation, ionchannelopathies, vasoconstriction, endothelial dysfunction and vascular hyperplasia.

Conclusions

Curcumin analogues showed PDE5 inhibitory activity with varying potencies and some showed selectivity for PDE5 over PDE6. There were clear endothelium-dependent vasorelaxant effects to which the pulmonary artery was more sensitive compared with the aorta. These results suggest that these curcuminoids could underpin the further development of highly selective and potent compounds, which could discriminate the pulmonary arterial circulation by targeting several coincident pathologies of PAH including PDE5 upregulation.

Declarations

Conflict of interest

The Author(s) declare(s) that they have no conflicts of interest to disclose.

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