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# Novel thiol- and thioether-containing amino acids: cystathionine and homocysteine families

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**Abstract** Natural L-homocysteine and L,L-cystathionine, along with a series of unnatural analogues, have been prepared from L-aspartic and L-glutamic acid. Manipulation of the protected derivatives provided  $\omega$ -iodoamino acids, which were used in thioalkylation reactions of sulfur nucleophiles, such as the ester of L-cysteine and potassium thioacetate.

**Keywords** Cystathionine · Homocysteine · Cysteine thioalkylation · Bis-amino acids · Unnatural amino acids

#### Abbreviations

All	Allyl
Bn	Benzyl
Boc	tert-Butoxycarbonyl
Cth	Cystathionine
Нсу	Homocysteine
DCC	<i>N</i> , <i>N</i> ′-Dicyclohexylcarbodiimide
Fm	9-Fluorenylmethyl
Fmoc	9-Fluorenylmethoxycarbonyl
HOBt	1-Hydroxybenzotriazole
ImH	Imidazole
NMM	<i>N</i> -Methylmorpholine

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Nva	Norvaline
Pg	Protecting group
SPPS	Solid-phase peptide synthesis
THF	Tetrahydrofurane
TPP	Triphenylphosphine

## Introduction

The metabolism of sulfur-containing amino acids has been associated with several aspects of human health and cellular functions. Sulfur-containing amino acids, and small peptides containing them, contribute significantly to the protection and integrity of cellular systems because of their ability to influence the cellular redox state and their capacity to detoxify toxic compounds, free radicals and reactive oxygen species (Finkelstein et al. 1984; Mason 2003; Townsend et al. 2004). Methionine, an amino acid acquired through the diet, is our primary source of sulfur. Sulfur is distributed in various amino acid forms such as cysteine, homocysteine (Hcy), cystathionine (Cth), lanthionine (Lan), and taurine. L,L-Cth (1, Fig. 1), also known as carbacystine, is a metabolic intermediate in the pathway to make cysteine from homocysteine. It has been isolated from the urine of humans with alteration in sulfur metabolism (Frimpter 1965), the leaves of Astragalus pectinari, (Nigam et al. 1972), and the deproteinized hemolymph of Bombix mori (Kondo 1962). It is also a component of ezomycin, the Streptomyces derived antifungal that belongs to a family of complex peptidyl nucleoside super-antibiotics (Knapp et al. 2000; Khalaf et al. 2008).

From a chemical perspective, the interest in Hcy and especially in Cth amino acids are due to their extraordinary structural resemblance to cystine. The substitution of a

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**Fig. 1** Cystathionine and homocysteine families and the definition of CyX and SeX amino acids

disulfide bond with a reduction-resistant thioether bridge is an attractive means of improving stability while imposing minimal structural perturbation to a natural bioactive peptide. Cth-containing bioactive peptides have been prepared by SPPS methods based on in situ Cth formation via cysteine thioalkylation (Mayer et al. 1995), by the incorporation of pre-formed Cth-containing segments (Jones et al. 1998), or through the direct desulfurization of cystine-containing peptides (Galande et al. 2003).

Two recent examples of thioether-containing peptides (Tabor 2011), the analogues of the therapeutic peptide Compstatin obtained by SPPS methods (Knerr et al. 2011) and the  $\alpha$ -conotoxin ImI (Dekan et al. 2011), demonstrated that the thioether analogues maintained a similar biological activity, but increased its metabolic stability to reduction, making this new class of analogues a promising alternative for the therapeutic applications.

Although L,L-Cth **1** is a key intermediate for studies on sulfur metabolism and an excellent candidate for peptidomimetic chemistry, few synthetic methods for this compound have been reported. One example involves a procedure starting from methionine (Shiraiwa et al. 2002). Another method, which was first developed for lanthionine synthesis (Zhu et al. 2003), involves the phase-transfer condensation of Fmoc- and *tert*-butyl ester L-cysteine with protected  $\gamma$ -bromo-L-aminobutyrate that is derived from L-homoserine (Knerr et al. 2011). Additionally, some biotechnological procedures employ the bacterial CGL (Kanzaki et al. 1987) or the aminohexyl-Sepharose immobilised enzyme (Yamagata et al. 2003), but these procedures are limited to the preparation of natural L,L-Cth **1**.

#### Materials and methods

## General methods

The melting points were measured with a Kofler apparatus, and they are reported uncorrected. The optical rotations were measured with a Jasco1010 polarimeter (k = 589 nm). <sup>1</sup>H- and <sup>13</sup>C-NMR spectra were recorded with Varian Inova 500 and Bruker DRX-400 spectrometers: chemical shifts are in ppm ( $\delta$ ), and J coupling constants are in Hz. RP-HPLC were carried out with a Shimadzu SCL-10 Avp system with a photodiode array detector, using a binary solvent system consisting of 0.01 % TFA in H<sub>2</sub>O and 0.01 % TFA in CH<sub>3</sub>CN; an analytical Vydac C18 column was used (4.6 mm diameter with a flow rate of 1 mL/min). Low-resolution mass spectra were recorded on a Thermo Finnigan LXQ linear trap. High-resolution ES mass spectra were obtained with a Micromass Q-TOF UltimaTM API. The microwave reactions were performed on a Mars system from CEM. TLC was carried out on silica gel Merck 60 F254 plates (0.2 mm laver thickness) and developed with ninhydrin (0.25 % in MeOH) or visualised by UV. Column chromatography was performed on a Merck Kieselgel 60 (70-230 mesh). Inorganic, protected  $\alpha$ -amino acids and other reagents, including NaBD<sub>4</sub> (98 % D) and D<sub>2</sub>O (99.9 % D), were purchased from Aldrich at the highest purity grade and used without further purification. Dry solvents were distilled immediately before use. All compounds for which analytical and spectroscopic data are reported were homogeneous by TLC and HPLC, and the solids were crystallised.

#### Preparation of N,C-protected $\omega$ -iodoamino acids

Methyl chloroformate (1.8 mL, 23.3 mmol) was added dropwise to a solution of NMM (2.6 mL, 23.3 mmol) and Boc-amino acids (21.2 mmol) in THF (70 mL) at 0 °C with magnetic stirring. After 15 min, the solution was filtered, and the salt was washed with THF (3  $\times$  20 mL). A suspension of NaBH<sub>4</sub> (1.1 g, 26.5 mmol) in H<sub>2</sub>O (8 mL) was then added dropwise to the filtrate in an ice bath and under magnetic stirring. The ice bath was removed, and the temperature of the mixture was allowed to increase to room temperature. After 10 min, the solvent was evaporated under reduced pressure. The remaining residue was dissolved in EtOAc (100 mL), and the solution was washed with brine until neutral. The organic layer was separated and dried over Na<sub>2</sub>SO<sub>4</sub>, and the solvent was evaporated under reduced pressure to give the crude alcohol (95-98 %). To a solution of triphenylphosphine (2.8 g, 10.6 mmol) and dry imidazole (1.4 g, 21.2 mmol) in anhydrous THF (70 mL), iodine (2.7 g, 10.8 mmol) was added at room temperature under an argon atmosphere and magnetic stirring. After 15 min, the crude alcohol (8.5 mmol), which was dissolved in the same solvent (20 mL), was added; the reaction mixture was allowed to reflux until the consumption of the starting material (~1 h, TLC). The mixture was then cooled, diluted with EtOAc (100 mL), and washed with 10 % aq. Na<sub>2</sub>S<sub>2</sub>O<sub>4</sub> (40 mL) and brine (2 × 50 mL). The organic layer was dried, and the solvent was evaporated under reduced pressure to give the crude iodide moiety in mixture with Ph<sub>3</sub>PO as a white solid. Rapid flash chromatography purification (20 % of EtOAc in Hexane) yielded (77–90 %) the pure iodides. Using these conditions, iodides **9–15** were prepared. For their characterization, see the electronic supplementary material.

S-Alkylation of potassium thioacetate with protected  $\omega$  -iodoamino acids

Under an argon atmosphere, potassium thioacetate (228 mg, 2 mmol) was added in one portion to a stirred solution of N,C-protected  $\omega$ -iodoamino acids (1 mmol) in dry acetonitrile (5 mL). Stirring was continued in the dark at room temperature for 1 h. The mixture was evaporated under vacuum, and the residue was suspended in EtOAc (50 mL) and shaken with H<sub>2</sub>O (3 × 25 mL). The organic layer was separated and dried, and the solvent was evaporated under reduced pressure. The residue was purified by flash chromatography (Hex–EtOAc 80/20). Using these conditions, the fully protected thiol amino acids 16, 17, 20, 21 and 22 were obtained (91–96 %). For their characterization, see the electronic supplementary material.

S-Alkylation of L-cysteine ethyl ester with protected  $\omega$ -iodoamino acids

To a stirred solution of N,C-protected  $\omega$ -iodoamino acids (1 mmol) and L-cysteine ethyl ester hydrochloride (185 mg, 1 mmol) in dry DMF (5 mL) under argon, solid Cs<sub>2</sub>CO<sub>3</sub> (652 mg, 2 mmol) was added in one portion. Stirring was continued in the dark at room temperature for 3 h. The mixture was suspended in EtOAc (50 mL) and shaken with H<sub>2</sub>O (3 × 25 mL). The organic layer was then dried, and the solvents were evaporated under reduced pressure. The residue was purified by flash chromatography (CH<sub>2</sub>Cl<sub>2</sub>–MeOH 98/2). Using these conditions, the tri protected thioether containing amino acids **18**, **19**, **23**, **24**, and **25** was obtained (82–88 %).

(S)-benzyl-4-[(R)-2-amino-3-ethoxy-3-oxopropylsulfanyl]-3-[(tert-butoxycarbonyl)amino] butanoate, H- $\alpha$ -CyD(Boc,OBn)-OEt, (**18**), viscous oil,  $[\alpha]_D^{25} = 12.4$  (c 1.1, CHCl<sub>3</sub>); <sup>1</sup>H-NMR (500 MHz, CDCl<sub>3</sub>)  $\delta$ : 1.28 (t, 3H, J = 7 Hz), 1.43 (s, 9H), 1.73 (brs, 2H), 2.69 (dd, 1H, J = 6 and 16 Hz), 2.71–2.84 (m, 2H), 2.92 (dd, 1H, J = 6 and 16 Hz), 3.62 (dd, 1H, J = 5 and 7 Hz), 4.05–4.14 (m, 1H), 4.19 (q, 2H, J = 7 Hz), 5.12 (brs, 2H), 5.35 (brd, 1H, J = 9 Hz), 7.31–7.38 (m, 5 H). <sup>13</sup>C-NMR (126 MHz, CDCl<sub>3</sub>)  $\delta$ : 14.2, 28.4, 36.9, 37.7, 47.4, 54.4, 61.3, 66.6, 79.6, 128.3, 128.4, 128.6, 135.6, 155.1, 171.1, 173.6. HRMS (ESI), calcd for [C<sub>21</sub>H<sub>33</sub>N<sub>2</sub>O<sub>6</sub>S, (M+H)<sup>+</sup>] 441.2054, found 441.2047. For the characterization of compounds **19**, **23**, **20**, **24** and **25**, see the electronic supplementary material.

Hydrolysis and peptide coupling of protected CyD amino acids

(S)-2-amino 4-[(R)-2-amino-2-carboxyethylsulfanyl] butanoic acid dihvdrochloride, H-β-CyD-OH 2HCl (26), L,L-Cth: H- $\beta$ -CyD(Boc,OtBu)-OEt 23 (100 mg) was mixed in a microreactor with 10 mL of 3 M aq. HCl and placed in the microwave apparatus. The temperature was fixed to 120 °C, and the mixture was stirred magnetically for 15 min. After this time, a direct LC-MS aliquot control showed the presence of only molecular species with a mass of MH<sup>+</sup> 223.08. The mixture was then cooled to room temperature, diluted with 10 mL of H<sub>2</sub>O, and frozen and lyophilised twice to give the product as a foam (70 mg, 97 %),  $[\alpha]_{D}^{25} = 22.8$  (c 0.7, 1 M HCl), in agreement with the literature value ( $[\alpha]_D^{25} = 23.4$ ) (Shiraiwa et al. 2002); <sup>1</sup>H-NMR (500 MHz,  $D_2O$ )  $\delta$ : 2.05 (m, 1H); 2.17 (m, 1H); 2.60–2.70 (m, 2H); 3.01 (dd, 1H, J = 6 and 15 Hz); 3.10 (dd, 1H, J = 5 and 15 Hz); 4.04 (dd, 1H, J = 5 and 7 Hz); 4.09 (dd, 1H, J = 5 and 7 Hz). <sup>13</sup>C-NMR, (125 MHz, D2O) &: 24.3, 26.7, 28.3, 48.9 (minor), 49.0 (major), 49.6 (minor), 49.7 (major). HRMS (ESI), calcd for  $[C_7H_{15}N_2O_4S, (M+H)^+]$  223.0747, found 223.0749,  $246.0646 [(M+Na)^+].$ 

(S)-allyl 4-[(R)-2-(S)-2- $\{[(9H-fluoren-9-yl)methoxycar$ bonyl]amino}propanamido-3-ethoxy-3-oxopropylsulfanyl]-2-[(tert-butoxycarbonyl) amino] butanoate, Fmoc-Ala- $\beta$ -CyD(Boc,OAll)-OEt, (27): H- $\beta$ -CyD(Boc,OAll)-OEt 22, (177 mg, 0.45 mmol), Fmoc-L-Ala-OH (140 mg, 0.45 mmol), and dry HOBt (61 mg, 0.45 mmol) were dissolved in dry THF (5 mL). The solution was cooled to 0 °C, and DCC (93 mg, 0.45 mmol) was added in one portion. After stirring for 1 h at 0 °C and 2 h at room temperature, the white precipitate was filtered, and the filtrate was diluted with 50 ml of EtOAc and washed with H<sub>2</sub>O (3  $\times$  25 mL). The organic phase was separated, dried over Na<sub>2</sub>SO<sub>4</sub> and concentrated under vacuum. The residue, which was purified by flash chromatography using CHCl<sub>3</sub>, furnished 292 mg (95 %) of pure dipeptide 27 as a white solid: m.p.  $(CH_2Cl_2/Hex)$  61–62 °C;  $[\alpha]_D^{25} = +18.7$  (c 0.9, CHCl<sub>3</sub>); <sup>1</sup>H-NMR (500 MHz, CD<sub>3</sub>OD)  $\delta$ : 1.25 (t, 3H, J = 7 Hz); 1.36 (d, 3H, J = 7 Hz); 1.40 (s, 9H); 1.60 (m, 1H); 1.65-1.75 (m, 2H); 1.80-1.88 (m, 2H); 1.93 (m, 1H); 2.02 (m, 1H); 2.56 (m, 1H); 2.68 (m, 1H); 2.90 (dd, 1H, J = 7 and 14 Hz); 3.00 (dd, 1H, J = 6 and 16 Hz); 3.45 (m, 1H); 4.20 (dd, 2H, J = 7 and 16 Hz); 4.36 (m, 1H); 4.50–4.70 (m, 2H); 5.18 (d, 1H, J = 10 Hz); 5.30 (d, 1H, J = 16 Hz); 5.90 (m, 1H); 7.31 (t, 2H, J = 8 Hz); 7.39 (t. 2H, J = 8 Hz); 7.68 (t, 2H, J = 8 Hz); 7.78 (t, 2H, J = 8 Hz). <sup>13</sup>C-NMR (126 MHz, CDCl<sub>3</sub>)  $\delta$ : 14.1; 18.3; 28.3; 29.7; 32.6; 33.9; 34.1; 47.1; 50.4; 52.3; 52.6; 61.9; 66.0; 67.2; 80.1; 119.9; 125.1; 127.1; 127.7; 131.4; 141.2; 143.8; 155.5; 156.1; 170.2; 171.8; 172.2. HPLC method: gradient start from 50 % CH<sub>3</sub>CN–H<sub>2</sub>O 10 min to 100 % CH<sub>3</sub>CN over 15 min and 15 min at 100 % CH<sub>3</sub>CN, with monitoring at  $\lambda$  280 nm. A single peak was collected at 17.55 min. HRMS (ESI), calcd for [C<sub>35</sub>H<sub>46</sub>N<sub>3</sub>O<sub>9</sub>S, (M+H) +] 684.1529, found 684.1525.

## **Results and discussion**

In an extension of our efforts to create new classes of amino acids containing sulfur and selenium atoms, we report the preparation of new members belonging to the CyX series. The CyX and SeX series (Fig. 1), where the X denotes the one-letter symbol of a proteinogenic residue attached to the sulfur or selenium atoms of cysteine or selenocysteine through its reduced carboxylic group, are efficiently obtained by the thioalkylation of a cysteine ethyl ester and/or a free selenocysteine with *N*-(Boc)- $\beta$ -iodoamines (Bolognese et al. 2006; Caputo et al. 2007). These series include (Fig. 1) the compounds  $\alpha$ -CyD **2** and  $\beta$ -CyD **1** (L,L-cystathionine, (2*S*, 2'*R*)-Cth), which were acquired from Asp and Cys, and the couple  $\alpha$ -CyE **4** and  $\gamma$ -CyE **3**, which were acquired from Glu and Cys, respectively.

The synthesis of Cth and its analogues starts from L-aspartic and L-glutamic acids that bear various orthogonal protecting groups, such as *N*-Boc, *N*-Fmoc and allyl, fluorenyl, benzyl, and *t*-butyl esters. The free carboxylic acid functionality of these derivatives is first converted to a mixed anhydride using MeOCOC1 in the presence of NMM as the base. The reductions to the alcohols were obtained with NaBH<sub>4</sub> in H<sub>2</sub>O (Kokotos 1990).

Treatment of the resultant N,C-protect L-hydroxyl amino acids with the TPP-I<sub>2</sub> complex in the presence of imidazole (Rajagopal et al. 1994; Caputo et al. 1995a, b; Koseki et al. 2011) produced the N,C-protected L- $\omega$ -iodoamino acids in high yields (Scheme 1; Table 1). Using NaBD<sub>4</sub> in H<sub>2</sub>O in the reduction step (Caputo and Longobardo 2007), the related deuterated halides were obtained.

Boc-L-Asp(OBn)-OH furnished  $\gamma$ -iodo- $\beta$ -amino acid **9** (Scheme 1), while from Boc-L-Asp(OH)-OAll, Boc-L-Asp(OH)-OFm and Boc-L-Asp(OH)-OtBu, the corresponding  $\gamma$ -iodo  $\alpha$ -amino acids **11**, **12** and **13** were obtained. Boc-L-Glu(OBn)-OH furnished  $\delta$ -iodo  $\gamma$ -amino



i: NMM, MeOCOCI, THF, 0°C, 15 min, then NaBH<sub>4</sub> (or NaBD<sub>4</sub>), H<sub>2</sub>O ii: TPP-I<sub>2</sub>, ImH, THF, reflux, 1 h

Scheme 1 Preparation of N,C-protected ω-iodoamino acids

acid **10** and the deuterated analogue **10-d**<sub>2</sub>, while Boc-L-Glu(OH)-OBn and Fmoc-L-Glu(OH)-OAll generated the protected  $\delta$ -iodo  $\alpha$ -amino acids **14** and **15**, respectively.

Cysteine esters have traditionally been S-alkylated by alkyl halides, using NaOEt in refluxing EtOH (Perrey et al. 2001) or with the reagent system Cs<sub>2</sub>CO<sub>3</sub>/TBAI in DMF (Salvatore et al. 2005); however, products were generally obtained in modest yields. The best results were recently obtained using free amino acid in the presence of 1,1,3,3-tetramethylguanidine (Włostowski et al. 2010). The S-alkylation of C-protected cysteine with a  $\omega$ -iodoamino acid proceeds very efficiently in DMF and using commercial L-cysteine ethyl ester hydrochloride and Cs<sub>2</sub>CO<sub>3</sub> as the base. The substitution products were obtained within 3 h in high yields (Table 2), except for the iodides 12 and 15. Iodides 9 and 10 gave protected  $\alpha$ -CyD 18 and  $\alpha$ -CyE 19, respectively, while iodide 11 and 13 provided the two protected Cth, ( $\beta$ -CyD) 23 and 24, respectively. Finally, the iodide 14 yielded the protected  $\gamma$ -CyE 25. These S-alkylations were all chemoselective using two eq. of Cs<sub>2</sub>CO<sub>3</sub>. Neither alkylation of the cysteine amino group nor traces of elimination and/or cyclization products were detected by TLC or <sup>1</sup>H-NMR analysis of the crude alkylation products. These bis-amino acids were obtained with three orthogonal protections and one free amino group. However, these amino esters are not suitable for long-term storage, and there conversion into hydrochloride salt is preferred.

In the reaction of iodides **12** and **15**, extensive deprotection of the Fm and Fmoc protecting groups was observed. This S-alkylation procedure has been recently used to fix a Cys and/or a Sec residue at position 4 of a protected proline (Caputo et al. 2010). S-Alkylations with two eq. of CH<sub>3</sub>COSK in dry CH<sub>3</sub>CN at room temperature released the expected substitution products in high yields (Scheme 2; Table 2). Iodide **9** yielded the protected  $\beta^3$ -Cys **16**, while iodide **10** and **10-d**<sub>2</sub> generated  $\gamma^3$ -Cys **17** and **17-d**<sub>2</sub>, respectively. The halides **12** and **13** provided protected L-Hcy **20** and **21**, respectively, while iodide **14** afforded the protected L-5-mercaptonorvaline **22**.

**Table 1** N,C-Protected ω-Iodoamino Acids (Scheme 1)

Iodide	n	R	R <sub>1</sub>	Pg	Yield (%) <sup>a</sup>
9	1	Н	Bn	Boc	80
10	2	Н	Bn	Boc	77
10-d <sub>2</sub>	2	Н	Bn	Boc	84
11	1	Allyl	Н	Boc	79
12	1	Fm	Н	Boc	76
13	1	t-Bu	Н	Boc	81
14	2	Bn	Н	Boc	83
15	2	Allyl	Н	Fmoc	90

<sup>a</sup> Isolated yield

 Table 2
 Protected Cystathionine and Homocysteine Families

Amino acids	n	Three-letter symbols	R	Yield (%) <sup>a</sup>
16	1	Boc- $\beta^3$ -Cys(Ac)-OBn	Bn	95
17	2	Boc- $\gamma^3$ -Cys(Ac)-OBn	Bn	93
17-d <sub>2</sub>	2	$Boc-\gamma^3$ -Cys(Ac)-OBn-d <sub>2</sub>	Bn	96
18	1	H-α-CyD(Boc,OBn)-OEt	Bn	85
19	2	H-a-CyE(Boc,OBn)-OEt	Bn	88
20	1	Boc-Hcy(Ac)-OFm	Fm	92
21	1	Boc-Hcy(Ac)-OtBu	t-Bu	94
22	2	Boc-Nva(5-SAc)-OBn	Bn	91
23	1	H-β-CyD(Boc,OAll)-OEt	Allyl	82
24	1	H-β-CyD(Boc,OtBu)-OEt	t-Bu	87
25	2	H-\gamma-CyE(Boc,OBn)-OEt	Bn	84

<sup>a</sup> Isolated yields

As previously reported for the CyL, CyF, and CyP amino acids, these sulfur-containing residues may be further converted into related, orthogonally protected acid derivatives, which are ready for use in SPPS, by hydrolysis



i:) AcSK, CH<sub>3</sub>CN, r.t, 1 h; ii:) HCI<sup>.</sup>L-Cys-OEt, Cs<sub>2</sub>CO<sub>3</sub>, DMF, r.t., 3 h

Scheme 2 Thioalkylation with N,C-protected  $\omega$ -iodoamino acids



i): aq HCl 3 M, MW, 120°C, 15 min; ii): Fmoc-L-Ala-OH, DCC, HOBt, THF, 3 h

Scheme 3 Hydrolysis and peptide coupling of protected  $\beta$ -CyD

of the ethyl ester and  $N\alpha$ -Fmoc protection (Bolognese et al. 2006).

CyX residues can be used in direct coupling with N-protected  $\alpha$ -amino acids in solution synthesis or hydrolysed to the free amino acids. To this end,  $\beta$ -CyD **24** was fully deprotected in a single step with aq. 3 M HCl in a microwave oven at 120 °C for 15 min (Scheme 3).

Free L,L-Cth dihydrochloride salt **26** was obtained in high yields after freeze-drying the crude reaction products two times.  $\beta$ -CyD **23** was used in a standard peptide coupling with Fmoc-L-Ala-OH to give the expected dipeptide **27** in high yield.

#### Conclusions

Protected cystathionine and homocysteine amino acid analogues, including deuterium-labelled analogues, were easily obtained from commercially available reagents. These residues can be incorporated into growing peptide chains and used as redox stable isosteres of natural disulfide bonds. Preparing small, cyclic unnatural peptides may be useful in the search for bioactive and metabolically stable peptidomimetics.

**Conflict of interest** The authors have declared no conflict of interest.

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