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Aryl-alkyl-lysines: Membrane-active fungicides that act against biofilms of *Candida albicans*

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ABSTRACT: Mortality due to pathogenic fungi has been exacerbated by the rapid development
of resistance to frontline antifungal drugs. Fungicidal compounds with novel mechanisms of
action are urgently needed. Aryl-alkyl-lysines, which are membrane-active small molecules,

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3 were earlier shown to be broad-spectrum antibacterial agents with potency *in vitro* and *in vivo*.
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5 Herein, we report the antifungal properties of aryl-alkyl-lysines. After identifying the most active
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7 compound (NCK-10), we tested its activity against a panel of clinically relevant pathogenic fungi
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9 and examined NCK-10's effect against immature and mature biofilms of *Candida albicans*.
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11 NCK-10 was capable of inhibiting growth of various species of fungi (including *Candida spp.*,
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13 *Cryptococcus spp.*, and *Aspergillus fumigatus*) at concentrations similar to antifungal drugs used
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15 clinically. It was observed that polarization and permeability of the fungal cell membrane was
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17 compromised upon addition of NCK-10, indicating its mechanism is disruption of the fungal cell
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19 membrane. In addition to interfering with growth of planktonic fungi, NCK-10 demonstrated the
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21 ability to both inhibit biofilm formation and reduce the metabolic activity of cells in *C. albicans*
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23 biofilm. Additionally, our compound was capable of crossing the blood-brain-barrier in an *in*
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25 *vitro* model, expanding the potential antifungal applications for NCK-10. Overall, aryl-alkyl-
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27 lysines were found to be excellent compounds that warrant further investigation as novel
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29 antifungal agents.
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38 Key words: Antimicrobial peptides, Antifungal drugs, Fungal Biofilms, Peptidomimetics
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43 INTRODUCTION

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45 Fungal infections afflict millions of patients annually with more than 50% mortality associated
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47 with invasive fungal infections.¹ Despite the fact that infections caused by pathogenic fungi lead
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49 to significant mortality and morbidity, the threat of these pathogens is often overlooked.¹ Only
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51 four classes of antifungal drugs are currently available to clinicians: polyenes, azoles,
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53 echinocandins and 5-fluorocytosine.² While azoles inhibit the biosynthesis of ergosterols,
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3 polyenes bind to ergosterol, form pores, and induce leakage of intracellular ions.²⁻³ In contrast,
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5 echinocandins and 5-fluorocytosine exert their antifungal effect by a different method.
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7 Echinocandins inhibit fungal cell wall biosynthesis while 5-fluorocytosine inhibits both protein
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9 synthesis and DNA synthesis in fungi.⁴ There are reports of resistance to each antifungal agent
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11 mentioned above; this makes it imperative to design and develop novel antifungal agents.⁵
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15 In addition to targeting fungal viability, identifying novel antifungals capable of interfering
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17 with key fungal virulence factors (such as biofilm formation) is highly desirable. Similar to
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19 bacteria, fungi are capable of forming stable communities within biofilms that are extremely
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21 difficult to treat.⁶ Only recently have therapeutic agents against antifungal biofilms gained more
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23 prominence in the research community.⁷⁻⁸ Thus design of novel antifungal agents which can act
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25 against both planktonic and biofilm forms of pathogenic fungi is highly desirable.
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29 Antimicrobial peptides and their mimics have gained popularity among researchers as
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31 next generation therapeutic agents, primarily because of their broad spectrum of activity.⁹⁻¹⁰
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33 Several antimicrobial peptides possess notable antifungal activity. This has prompted additional
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35 research in peptidomimetic designs with antifungal properties.¹¹⁻¹³ Although, none of the
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37 peptidomimetic designs have progressed to preclinical studies to date, they bear much promise as
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39 potential drugs for the treatment of pathogenic fungi.
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43 Our research group has designed several macromolecular and small molecule membrane-
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45 active agents which are potent antimicrobial agents alone and in combination with traditional
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47 antibiotics.¹⁴⁻¹⁶ Interestingly, most of these agents also possess potent antibiofilm properties
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49 against both Gram-positive and Gram-negative bacteria.¹⁷⁻¹⁸ Herein, we have explored the
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51 antifungal properties of one subset of bioactive molecules in our compound library, aryl-alkyl-
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53 lysines. Aryl-alkyl-lysines are compounds consisting of two hydrophobic groups (a lipid tail and
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3 an aromatic head group) and two positive charges (contributed by L-Lysine).¹⁹ They were earlier
4 shown to be potent antibacterial agents both *in vitro* and *in vivo*.¹⁷⁻¹⁸ Herein, we tested the
5 activity of compounds from the NCK series, containing naphthalene rings, and the BCK series,
6 containing benzene rings, against clinically-relevant pathogenic fungi. After identification of the
7 most active compound (NCK-10), its antifungal mechanism of action was confirmed.
8 Furthermore, the ability of the compound to inhibit *C. albicans* biofilms was also examined.
9 Finally, we studied if NCK-10 was capable of passively permeating across the relatively
10 impermeable blood-brain-barrier, using an *in vitro* model. The results garnered provide a
11 valuable foundation for further investigation for potential clinical applications of NCK-10 as a
12 novel antifungal agent.
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26 RESULTS AND DISCUSSION

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29 **Synthesis:** Aryl-alkyl-lysines were synthesized and characterized using a previously published
30 protocol.¹⁹ They were a robust ensemble of a naphthalene or a benzene moiety, a lipophilic chain
31 and an L-Lysine moiety (Figure 1). Herein, we have studied the efficacy of representative
32 compounds bearing the naphthalene ring (NCK series) or benzene ring (BCK series). In the NCK
33 series, the length of the lipophilic tail was varied from hexyl to decyl group to yield compounds
34 NCK-6, NCK-8 and NCK-10. In the BCK series, the lipid tail was varied from decyl to
35 tetradecyl moiety to obtain compounds BCK-10, BCK-12 and BCK-14.
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46 **Antifungal activity:**

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48 The antifungal activity of the six compounds presented above were initially screened against
49 two fungal strains, *C. albicans* SC5314 and *C. neoformans* H99, in YPD media. The MIC
50 (minimum inhibitory concentration or the concentration at which the growth of the fungal cells
51 are inhibited) and MFC (minimum fungicidal concentration or the concentration of the
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3 compound at which fungal cells are killed) of the compounds is presented in Table 1. NCK-6
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5 lacked antifungal activity against *C. albicans* SC5314. The MIC for NCK-8 was 25 $\mu\text{g mL}^{-1}$ and
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7 correlated to the MFC, indicating this compound is fungicidal at this concentration. From the
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9 NCK series, NCK-10, was the most potent antifungal compound identified, as it inhibited growth
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11 of *C. albicans* SC5314 at a concentration of 12.5 $\mu\text{g mL}^{-1}$. In the BCK-series, BCK-12 showed
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13 potent activity inhibiting fungal growth at 25 $\mu\text{g mL}^{-1}$ and demonstrating a fungicidal effect at 25
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15 $\mu\text{g mL}^{-1}$. Although the decyl analogue BCK-10 was slightly active against *C. albicans* (MIC of
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17 25 $\mu\text{g mL}^{-1}$), BCK-14 was inactive even at a concentration of 50 $\mu\text{g mL}^{-1}$. Against *C.*
18
19 *neoformans* H99, however, all the compounds (except for NCK-6 and BCK-14) inhibited growth
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21 at 3.1 $\mu\text{g mL}^{-1}$. From this screen, NCK-10 emerged as the most active compound against both *C.*
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23 *albicans* and *C. neoformans*. Thus, we moved to further explore the spectrum of antifungal
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25 activity of NCK-10.
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32 The susceptibility of cationic antimicrobial agents often vary in different media.²⁰ We have
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34 reported similar observations against bacteria previously.²¹⁻²² In order to test if YPD media had
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36 an adverse effect with respect to susceptibility, we determined the MIC and MFC of NCK-10 in
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38 RPMI medium as well. Interestingly, a significant decrease in the MIC value was observed. The
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40 MIC of the compound against *C. albicans* SC5314 in RPMI media was found to be 1.56 $\mu\text{g mL}^{-1}$.
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42 Thus, we chose to carry out further susceptibility testing using RPMI medium. NCK-10 was
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44 subsequently tested against additional clinical fungal species including *C. albicans*, *C.*
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46 *parapsilosis*, *C. glabrata*, *C. tropicalis*, *C. gattii*, *C. neoformans* and *A. fumigatus* (Table 2).
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48 Susceptibility of nine strains of *C. albicans* to NCK-10 was examined. Out of these nine strains,
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50 two strains (NR-29351 and NR-29365) were susceptible to fluconazole (MIC of 0.5 $\mu\text{g mL}^{-1}$).
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52 Against NR-29351, NCK-10 was active at 1 $\mu\text{g mL}^{-1}$ while amphotericin B was active at 0.5 μg
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3 mL⁻¹. Against NR-29365, however, NCK-10 (MIC 0.5 µg mL⁻¹) was four-fold more active than
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5 amphotericin B (MIC 2 µg mL⁻¹). Against the remaining seven strains of *C. albicans*,
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7 fluconazole was not active up to a concentration of 64 µg mL⁻¹. Against *C. albicans* NR-29448,
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9 NCK-10 matched the potency of amphotericin B, inhibiting fungal growth at a concentration of
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11 0.5 µg mL⁻¹. Against *C. albicans* ATCC MYA A573, NCK-10 (MIC 0.5 µg mL⁻¹) was two-fold
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13 more active than amphotericin B. When examined against *C. albicans* NR-29438, NR-29366,
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15 NR-29367, ATCC 26790 and ATCC 64124, amphotericin B inhibited growth at 1 µg mL⁻¹ which
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17 was similar to the MIC for NCK-10 (2 µg mL⁻¹).
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22 Against *C. parapsilosis* ATCC 22019, NCK-10 had MIC and MFC values of 0.5 µg mL⁻¹ and
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24 1 µg mL⁻¹ respectively, which is comparable to the control antifungals amphotericin B (MIC of
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26 0.5 µg mL⁻¹ and MFC of 2 µg mL⁻¹) and superior to fluconazole (MIC and MFC of 2 µg mL⁻¹).
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28 Against two strains of *C. glabrata* (ATCC MYA-2950 and ATCC 66032), which were resistant
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30 to fluconazole (MFC >64 µg mL⁻¹), NCK-10 was active at 1 µg mL⁻¹ (MIC and MFC). These
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32 strains were susceptible to amphotericin B (MIC 0.5-1 µg mL⁻¹). We tested the activity of NCK-
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34 10 against two species of *C. tropicalis* ATCC 1369 and ATCC 13803. Against both strains,
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36 amphotericin was active at 0.5 µg mL⁻¹. NCK-10 was also active at 0.5 µg mL⁻¹ against ATCC
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38 1369 while fluconazole was active at 2 µg mL⁻¹. Against ATCC 13803, fluconazole was active at
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40 0.5 µg mL⁻¹ while NCK-10 was active at 1 µg mL⁻¹. Overall, the potency of NCK-10 against
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42 *Candida* species was similar to, and against several strains better than, the clinical antifungals
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44 amphotericin B and fluconazole.
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51 Against two strains of *C. gattii* (NR-43208 and NR-43209), NCK-10 and amphotericin B
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53 exhibited identical MIC values of 1 µg mL⁻¹, whereas the MIC of fluconazole was 2 µg mL⁻¹ and
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55 8 µg mL⁻¹ respectively. Against four strains of *C. neoformans* (NR-41292, NR-41294, NR-41295
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3 and NR-41296), the MIC of fluconazole varied from 4 $\mu\text{g mL}^{-1}$ to 16 $\mu\text{g mL}^{-1}$. The antifungal
4 activity of NCK-10 against these same strains was superior (MIC ranged from 1 $\mu\text{g mL}^{-1}$ to 2 μg
5 mL^{-1}) and was comparable to the activity of amphotericin B (MIC ranged from 0.5 $\mu\text{g mL}^{-1}$ to 1
6 $\mu\text{g mL}^{-1}$).

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12 Similar to fungal pathogens like *C. neoformans*, *Aspergillus fumigatus* severely affects
13 immunocompromised individuals including patients with leukemia, cystic fibrosis, human
14 immunodeficiency virus, and patients undergoing organ and stem cell transplants; mortality rates
15 associated with this pathogen are as high as 90%.²³ We tested NCK-10 against five strains of *A.*
16 *fumigatus* (NR 35301, NR 35302, NR 35303, NR 35304 and NR 35308) which were all resistant
17 to fluconazole (MIC >64) but susceptible to amphotericin B (MIC 0.5 $\mu\text{g mL}^{-1}$ or less). Against
18 all strains of *A. fumigatus* that were tested, NCK-10 was fungicidal at 4 $\mu\text{g mL}^{-1}$.
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29 **Fungicidal time-kill kinetics:** Per the MFC data, NCK-10 appears to be a fungicidal agent
30 against all fungal species tested. We moved to confirm this observation via a standard time-kill
31 assay. The growth of *C. albicans* SC5314 in the presence of NCK-10 (at concentrations
32 equivalent to the MIC and 4×MIC) was observed over a five-hour period. As depicted in Figure
33 2, NCK-10 was effective in diminishing the fungal count within the first hour. At the end of
34 three hours >90% was observed. Although, a few colonies were observed thereafter, the ability
35 of the compound to lyse fungal cells was evident.
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46 **Mechanism of action:** As mentioned earlier, most antibiotics require very high concentrations
47 to have sufficient activity against stationary phase bacteria.²⁴ NCK-10 when treated against *E.*
48 *coli* cells in stationary phase, showed complete killing even at its MIC. While in the control, the
49 bacterial cell count was maintained at 5 log CFU, no colonies were observed in NCK-10 treated
50 cultures (the limit of detection in this experiment is 50 CFU mL^{-1}).
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3 We previously confirmed NCK-10 exerted its antibacterial effect by infiltrating the cell
4 membrane.¹⁷⁻¹⁸ Thus, we postulated that NCK-10 would behave in a similar manner against
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6 fungi. To confirm this, the compound's ability to depolarize and permeabilize the fungal cell
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8 membrane of *C. albicans* (SC5314) was examined (Figure 3). The ability of NCK-10 to perturb
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10 the polarization across fungal membranes was studied using the membrane potential sensitive
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12 probe, DiSC₃(5). Although the fluorescence of the dye is initially quenched upon being taken up
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14 by fungal cells, the fluorescence intensity of the dye is enhanced upon perturbation of the
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16 membrane potential. NCK-10 at concentrations equivalent to its MIC and 2 × MIC was able to
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18 depolarize the fungal membrane within one minute (Figure 3A), in a dose-dependent manner.
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24 We then checked if the compound was able to compromise the membrane to permit influx of
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26 external substances. The external agent used was propidium iodide (PI), which cannot enter the
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28 cell unless the cell membrane is compromised. Upon binding to nucleic acids, there is an
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30 enhancement in the fluorescence signal emitted. Upon addition of the compound, PI found rapid
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32 entry inside the fungal cell as presented in Figure 3B. These results support our hypothesis that
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34 NCK-10 exerts its antifungal effect by rapidly permeabilizing the fungal cell membrane.
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38 **Microscopic observation of cell viability**

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40 In order to further confirm the proposed antifungal mechanism of action, NCK-10's ability to
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42 compromise the fungal cell membrane was observed microscopically. In this experiment, two
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44 dyes SYTO-9 and PI were used to differentiate between live and dead/membrane-compromised
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46 cells. SYTO-9 gains entry both in intact and membrane-compromised cells. However, as
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48 mentioned earlier, PI can only enter membrane-compromised cells. As can be seen from Figure
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50 4, in the untreated control, only uptake of SYTO-9 by *C. albicans* SC5314 was observed,
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52 indicating that the cell membrane was not compromised. However, upon treatment of *C. albicans*
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3 SC5314 cells with NCK-10 (at its MIC)), PI entered the cells easily. In the merged image, one
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5 can see the predominance of the red dye (PI) in comparison to the untreated control, further
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7 confirming the membrane-disrupting ability of NCK-10.
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10 **Anti-biofilm properties**

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12 The ability of the compound to both prevent and disrupt biofilms of *C. albicans* SC5314 was
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14 tested. To examine inhibition of biofilm formation, we incubated NCK-10 at different sub-MIC
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16 concentrations (ranging from MIC to MIC/32) and allowed the fungal biofilms to grow for three
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18 days. Subsequently, the metabolic activity of biofilm that was formed was quantified using the
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20 MTT assay. As presented in Figure 5A, with respect to the control, the compound was able to
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22 inhibit formation of biofilms in a concentration-dependent manner, At MIC/32, more than 30%
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24 inhibition of fungal biofilm formation was observed. At MIC/4 the compound produced an 80%
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26 inhibition of biofilm formation, relative to the untreated control. The effect was most pronounced
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28 at MIC/2 and MIC/4 concentrations.
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34 We next investigated the efficacy of the compound to disrupt pre-formed fungal biofilm. *C.*
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36 *albicans* SC5314 biofilms were grown for 48 hours before subjecting them to compound
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38 treatment. The concentration of the compound tested ranged from MIC/4 to $4 \times \text{MIC}$. The
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40 metabolic activity of the biofilm was significantly diminished by 25% even at MIC/2. No
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42 antibiofilm activity was observed for NCK-10 at MIC/4 (Figure 5B). At concentrations equal to
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44 the MIC and beyond, more than 80% reduction in the metabolic activity of cells in the biofilm
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46 was observed, relative to the untreated control.
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50 **Cytotoxicity**

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52 In order to justify the selectivity of the compounds towards fungal cells in comparison to
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54 mammalian cells, we conducted the cytotoxicity of the most active compound, NCK-10 against
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3 human colorectal cells (HRT-18). Till $20 \mu\text{g mL}^{-1}$ the compound was not at all toxic to the cells
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5 (Figure 6). This represents a 40-fold difference between the MIC values obtained against some
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7 *Candida albicans* strains for the compound under same conditions. The assay showed that the
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9 effective concentration at which 50 % of the cells were killed by the compound was $42 \mu\text{g mL}^{-1}$.
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11 This experiment proved that the compound was selectively toxic toward fungal cells over
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13 mammalian cells.
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16 17 **Parallel artificial membrane permeability assay (PAMPA) for ability to cross the blood** 18 19 **brain barrier (BBB)**

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21 Certain fungal infections, particularly Cryptococcal meningitis and Rhinocerebral
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23 mucormycosis, necessitate that a viable therapeutic agent be capable of crossing the BBB in
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25 order to reach the target site of infection. Thus we evaluated the ability of compounds NCK-10
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27 to penetrate the BBB utilizing PAMPA-BBB (Table 3). Although the value obtained for NCK-10
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29 was not as high as that of the highly permeable drug verapamil, it was found to be superior to the
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31 low permeability control drug, atenolol, indicating NCK-10 is capable of passively traversing
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33 across the barrier imposed by the blood brain barrier. Traditionally, compounds possessing a
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35 mean permeability coefficient less than $2 \times 10^{-6} \text{ cm sec}^{-1}$ will experience difficulty in effectively
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37 crossing the BBB. As NCK-10, possesses a mean permeability coefficient (Table 3) of $2.87 \times 10^{-}$
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39 6 cm sec^{-1} , this indicates that NCK-10 would be a good candidate for investigation of treatment
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41 of fungal infections impacting the brain (namely meningitis).
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48 49 **DISCUSSION**

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51 Pathogenic fungi are notorious for causing both superficial and life-threatening infections both
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53 in healthy and immunocompromised individuals.²⁵ More than 300 million individuals worldwide
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55 are afflicted with a serious fungal infection. Although infections caused by bacteria, viruses and
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3 parasites are often highlighted, infections caused by pathogenic fungi have largely remained out
4 of limelight. The emergence of resistance to front-line antifungal drugs (including fluconazole)
5 has further exacerbated the issue. This necessitates the identification and development of new
6 antifungal agents to address this significant public health challenge. Membrane-active agents
7 have shown much promise as broad-spectrum antimicrobial agents.²⁶ However, few synthetic
8 membrane-active agents have been investigated against pathogenic fungi. Aryl-alkyl-lysines
9 have been shown to be safe and effective antibacterial compounds with potent activity in murine
10 models of infection.¹⁷⁻¹⁸ Given their membrane-active nature we surmised that aryl-alkyl-lysines
11 would be potent antifungal agents capable of treating fungal infections as well.
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25 Initially we screened six compounds from our library against the most common fungi
26 encountered in clinical infections, *C. albicans* and *C. neoformans*. Though most of the
27 compounds possessed antifungal activity, NCK-10 was found to be the most active compound
28 (similar to previous studies involving pathogenic bacteria). We moved to conduct a more robust
29 analysis by examining the antifungal activity of NCK-10 against a panel of fungal clinical
30 isolates that encompasses most of the pathogenic fungi encountered in infections in hospitals.
31
32 *Candida parapsilosis* has been gaining notoriety as an invasive fungus responsible for the most
33 infections caused by *Candida* spp. after *C. albicans*.²⁷ Furthermore, excessive use of
34 immunosuppressive agents and broad-spectrum antimycotic agents has led to emergence of
35 pathogenic strains of *C. glabrata*, especially for patients suffering from HIV and diabetes.²⁸ A
36 major problem with this microorganism is that some of the strains are inherently resistant to
37 fluconazole therapy. *Candida tropicalis* is another major problem in India, wherein it is the most
38 dominant contributor to candidiasis caused by *Candida*-non-*albicans* (CAN) species.
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3 *Cryptococcus* spp. Although *Cryptococcus neoformans* mostly affects immunocompromised
4 individuals (particularly patients infected with HIV), *Cryptococcus gattii* has been reported to
5 cause illness in immunocompetent individuals.²⁹ Drugs against such pathogens are urgently
6 needed, particularly in Sub-Saharan Africa where the largest population of AIDS patients
7 resides.
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15 Notably, several strains were resistant to antifungal drugs including fluconazole. It is evident
16 from MIC and MFC values disclosed in Tables 2 that the efficacy of the compound was
17 comparable to that of the marketed drugs amphotericin B and fluconazole against *C. albicans*, *C.*
18 *parapsilosis*, *C. tropicalis*, *C. neoformans*, *C. gatti*, and *A. fumigatus*. Against certain isolates,
19 NCK-10 was more active than both fluconazole and amphotericin B.
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Previously we demonstrated in bacteria that NCK-10 exerts its antibacterial effect by targeting the cell membrane. In the present study, we confirmed that the antifungal mechanism of action of NCK-10 is similar, as the fluorescence intensity of the membrane impermeable dye PI significantly increased in the presence of *C. albicans* cells treated with NCK-10, within one minute. This observation was confirmed visually using fluorescence microscopy as a significant increase of PI was observed inside *C. albicans* cells exposed to NCK-10, in contrast to untreated cells. Our preliminary investigation into the antifungal mechanism of action of NCK-10, however does not preclude the possibility that NCK-10 also exerts its effect by targeting other cellular processes. Indeed, a chemical proteomics study with the aryl-alkyl-lysine compounds may indeed shed light into their ability to bind to important fungal proteins. A detailed investigation in relation to the mechanism of action of these compounds against fungi is currently underway. It is also clear though, that the rapid fungicidal action of the compounds can be attributed to its membrane-active nature. NCK-10 was shown to be not toxic to mice at

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3 therapeutically relevant concentrations and herein we have shown that there is substantial
4 selectivity against fungal cells over HRT cells (Figure 6).¹⁷⁻¹⁹ This selectivity also emphasizes
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6 on the potential of the compound as a template for design of future drugs.
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10 PAMPA is a valuable tool in early-stage drug discovery to evaluate the ability of compounds
11 to passively permeate across biological membranes (such as the BBB). The PAMPA-BBB model
12 mimics the rigid, hydrophobic nature of the BBB membrane and has been shown to correlate
13 well with the more laborious *in-situ* brain perfusion assay.³⁰⁻³² One of the most interesting
14 characteristics discovered in this study is NCK-10 appears to be capable of passively permeating
15 across the BBB. Though further *in vivo* studies need to be conducted, this observation potentially
16 opens the door to use NCK-10 for treating both fungal and bacterial infections impacting the
17 brain (such as meningitis). One caveat of the PAMPA-BBB method is it does not account for
18 potential interaction of compounds with membrane proteins that help transport drugs across the
19 BBB. Thus, further investigation to evaluate the impact of membrane transporters to enhance
20 permeation of NCK-10 across the BBB needs to be conducted.
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36 In addition to the challenge posed by free-floating, planktonic fungal cells, fungal
37 biofilms pose a significant additional concern. These biofilms are capable of forming on medical
38 devices (such as indwelling catheters) leading to recurring infections that are challenging to
39 treat.³³ Understandably, several recent studies have focused on identifying agents that are
40 effective at attacking biofilms of pathogenic fungi.^{7-8, 34-35} The present study revealed that our
41 compound, NCK-10, was capable of both inhibiting biofilm formation (at subinhibitory
42 concentrations) and reducing the metabolic activity of fungal cells encased in a biofilm.
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44 Although the ability of NCK-10 to inhibit and reduce the metabolic activity of pre-formed
45 biofilms was investigated against *C. albicans* only, the antibiofilm activity of NCK-10 has
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3 potential to be extended to other pathogenic fungi as well. This is indeed an important
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5 contribution to the field, as it is imperative to have drugs which can act against both planktonic
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7 cells and biofilms of pathogenic fungi.
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10 **CONCLUSION**

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12 Overall, present study demonstrates the promise of aryl-alkyl-lysines, specifically NCK-10, as
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14 prospective antifungal agents. NCK-10 possesses excellent efficacy in vitro against various
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16 species of clinically-relevant fungi and is also capable of interfering with biofilms formed by *C.*
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18 *albicans*. The compound exerts its antifungal effect by targeting the cell membrane of fungi,
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20 inducing rapid lysis. The next step towards validating the therapeutic potential of these
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22 compounds as antifungal agents is testing their efficacy in suitable animal models of infection.
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24 Given fungi are responsible for various infections of the body, it will be worthwhile to
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26 investigate whether NCK-10 is able to treat invasive fungal infections (e.g. candidiasis), brain
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28 infections (caused by Cryptococcal meningitis), skin infections (onchomycosis) and pulmonary
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30 infections. At present, NCK-10 represents a good lead for design of a new generation of
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32 antifungal agents.
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39 **MATERIALS AND METHODS**

40 **Materials and Media:**

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42 Yeast extract peptone dextrose (YPD) was obtained from HIMEDIA, India. RPMI purchased
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44 from GIBCO, Amphotericin B, fluconazole, atenolol, verapamil, HEPES, DiSC3 (5), MTT and
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46 Propidium iodide (PI) were purchased from Sigma-Aldrich (St. Louis, MO). SYTO 9 dye was
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48 purchased from Invitrogen. For optical density (OD) and fluorescence measurement, Tecan
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50 Infinite Pro series M200 Microplate Reader was employed. An Olympus microscope (Model
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52 BX51) and Olympus DP71 camera were used for the fungal imaging.
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Synthesis

The synthesis of the compounds was performed using a previously published protocol.¹⁹ Briefly, in the first step, aromatic aldehydes (1 eq) and alkyl amines (1 eq) were reacted in a 1:1 mixture of dry chloroform and methanol for 6 h. Following this, reductive amination was achieved by adding Sodium borohydride (1.8 eq) to it in ice cold condition. Upon completion of the reaction the solvents were evaporated under reduced pressure (not to dryness) and diluted with diethyl ether. Subsequently, 2N NaOH was added to the mixture and stirred for 15 minutes. The organic layer was separated, washed with water, brine and dried over MgSO₄. To this 4N HCl was added to obtain precipitates was observed. The solvent was completely removed and the precipitate was dissolved in minimum volume of ethyl acetate (a few drops of methanol was added to dissolve completely). To this hexane was added to obtain pure crystals of the target compound.

In the second step, amide coupling reaction was performed using HBTU. Briefly, to Boc-Lys(Boc)-OH (1.2 eq) in 5:2 DMF/CHCl₃, *N,N*-Diisopropylethylamine (DIPEA, 2.5 eq) and HBTU (1 eq) was added at 0°C. Subsequently the secondary amines (obtained from the first step) were added (1 eq). The mixture was stirred at 0°C for 30 minutes and subsequently at RT for 24 h typically. Upon completion of the reaction organic solvents were evaporated under reduced pressure and the contents were dissolved in ethyl acetate. This was then washed with 0.5 M KHSO₄, H₂O (thrice) and brine. After passage through anhydrous Na₂SO₄, the organic layer was evaporated under reduced pressure and the residue was purified using column chromatography (only CHCl₃) to obtain the product.

In the final step compounds obtained in the second step were dissolved in DCM and were deprotected by stirring with CF₃COOH (50% by volume) at RT. All the volatile components

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3 were removed, and the product is purified by reverse phase HPLC using 0.1% Trifluoroacetic
4 acid (TFA) in water/acetonitrile (0-100%) as mobile phase to more than 95% purity. C₁₈ column
5 (10mm diameter, 250 mm length) and UV detector (at 270 nm wavelength) were used.
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10 Subsequently, the compounds were dried and characterized by ¹H NMR, ¹³C NMR, IR and mass
11 spectrometry.
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15 16 17 18 **Initial fungal susceptibility assay**

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20 The antifungal activity of the compounds was initially tested against *Candida albicans* SC5314
21 and *Cryptococcus neoformans* H99 using a previously described 96-well plate assay, with few
22 modifications.¹⁶ Briefly, the fungal strains were grown overnight in 5 mL YPD (1% yeast
23 extract, 2% peptone and 2% dextrose). Fungal growth was measured via a spectrophotometer
24 (OD₆₀₀) and cells were diluted in fresh media (either in YPD or RPMI) to get the required
25 concentration of 1.3×10^5 cells mL⁻¹. An aliquot (150 μL) of the culture dilution (equivalent to 2
26 $\times 10^4$ cells) was added to wells containing 50 μL of water or the compounds, at different
27 concentrations. The plates were incubated at 30 °C for 20 hours with shaking (180 rpm) to allow
28 sufficient growth of fungal cells. The growth of the fungi was measured (OD₆₀₀) using media
29 alone (YPD/RPMI) as a blank. Simultaneously, 3 μL of the culture from each well was taken and
30 spotted onto a YPD agar plate to determine the minimum fungicidal concentration (MFC). The
31 concentration where the optical density of the test well was close to the value of the blank well
32 value was categorized as the minimum inhibitory concentration (MIC).
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50 51 **Antifungal activity against clinical isolates**

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53 The minimum inhibitory concentration (MIC) of the most potent compound, NCK-10, was
54 determined against several clinical strains of *Candida species*, *Cryptococcus species* and one
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3 strain of *Aspergillus fumigatus*. *C. albicans*, *Cryptococcus spp.*, *A. fumigatus* (tested from 64 μg
4 mL^{-1} down to 0.5 $\mu\text{g mL}^{-1}$) were transferred to a 96-well plate and incubated at 37 °C for 48
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6 hours (or 72 hours for *C. neoformans*). The MICs reported represent the lowest concentration of
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8 each compound necessary to inhibit fungal growth, by visual inspection. For determination of the
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10 minimum fungicidal concentration, aliquots (5 μL) were transferred from wells with no growth
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12 onto YPD agar plates. Plates were incubated at 37 °C for 48 hours before MFC results were
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14 recorded. Amphotericin B and fluconazole were used as control antifungals.
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19 **Kinetics study**

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21 In order to confirm if NCK-10 was fungistatic or fungicidal, a time-kill experiment was
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23 conducted. Fungal cells were grown overnight and added to a 96-well plate as described above.
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25 Starting at the initial time point, a small aliquot (3 μL) of cells was taken and spotted onto a YPD
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27 plate every hour (for five hours). The plates were then incubated at 30 °C for 24 hours to score
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29 for viable cells.
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33 **Mechanism of action**

34 ***Depolarization of fungal cell membrane***

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36 Briefly, 10^7 CFU mL^{-1} of *C. albicans* SC5314 was washed and resuspended in 5 mM glucose, 5
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38 mM HEPES buffer and 100 mM KCl solution in a 1:1:1 ratio. To this solution DiSC₃ (5) dye
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40 (obtained from Sigma-Aldrich) was added to a final concentration of 2 μM . The fungal
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42 suspension containing the dye (200 μL) was preincubated for 20 min in a black 96-well plate
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44 with a transparent bottom. The fluorescence of the fungal suspension was measured (excitation
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46 wavelength: 622 nm; emission wavelength: 670 nm) and allowed to stabilize at room
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48 temperature before the addition of 2 μL of NCK-10 (final concentration was equivalent to the
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3 MIC ($12.5 \mu\text{g mL}^{-1}$) or $2 \times$ MIC ($25 \mu\text{g mL}^{-1}$). After addition, the fluorescence intensity was
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5 measured every minute for 20 minutes.
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8 ***Permeabilization of fungal cell membrane***

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10 Propidium iodide (PI) dye ($15 \mu\text{M}$, final concentration) (obtained from Sigma-Aldrich) was
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12 added to a fungal suspension containing *C. albicans* SC5314 ($\sim 10^7$ cells mL^{-1}) in 5 mM HEPES
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14 and 5 mM glucose (pH 7.4). The suspension containing the dye ($200 \mu\text{L}$) was then added to the
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16 well of a 96-well, clear-bottom black plate. After four minutes, NCK-10 ($2 \mu\text{L}$) was added to the
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18 solution to a final concentration equivalent to the MIC ($12.5 \mu\text{g mL}^{-1}$) or $2 \times$ MIC ($25 \mu\text{g mL}^{-1}$).
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20 The fluorescence intensity was measured at excitation wavelength of 535 nm (slit width: 10 nm)
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22 and emission wavelength of 617 nm (slit width: 5 nm). The uptake of PI was detected by the
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24 increase in fluorescence for 10 minutes; this correlates to permeabilization of the inner cell
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26 membrane.
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31 ***Microscopy assay for viability***

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33 *C. albicans* SC5314 was grown in a 96-well plate for six hours in the presence or absence of
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35 NCK-10 ($12.5 \mu\text{g mL}^{-1}$). The cells were harvested, washed once with sterile water, and
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37 resuspended in $50 \mu\text{L}$ of sterile water. The cell suspension was incubated with propidium iodide
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39 (PI, $15 \mu\text{M}$ final concentration) and SYTO9 ($2 \mu\text{M}$ final concentration) at room temperature for
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41 30 minutes. The cells were then observed under a fluorescence microscope. A bright-field filter
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43 was used for differential interference conference (DIC) images whereas green and red emission
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45 filters were used to capture SYTO 9 and PI fluorescence, respectively. The images were captured
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47 using an Olympus microscope (Model BX51) and an Olympus DP71 camera. The images were
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49 further processed using Image Pro-Plus software and ImageJ.
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55 ***Inhibition of C. albicans biofilm formation***

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3 *Candida albicans* SC5314 cells were grown overnight in YPD, pelleted and washed with $1 \times$
4 phosphate buffered saline (PBS). Washed cells were resuspended in RPMI media to reach a final
5 concentration of 6.7×10^5 cells mL^{-1} . Compound NCK-10 (50 μL ; corresponding to its MIC
6 value of $12.5 \mu\text{g mL}^{-1}$ and further dilutions) and 150 μL of cell suspension were mixed together
7 and added into wells of a 96-well plate. Wells lacking either compound or cell suspension were
8 utilized as positive and negative controls. The plates were incubated at 37°C for 72 hours in
9 stationary condition. Inhibition of biofilm was then quantified using the MTT assay, as follows.
10 The wells were washed twice with $1 \times$ PBS. MTT solution (100 μL of 1 mg mL^{-1} in $1 \times$ PBS,
11 main stock concentration 5 mg mL^{-1}) was subsequently added to wells and incubated at 37°C for
12 four hours. The MTT solution was discarded and wells were washed once with $1 \times$ PBS. DMSO
13 (100 μL) was added into wells and further incubated at 37°C in the dark for an hour. The
14 solution was then transferred to a fresh plate and the optical density was measured at 590 nm to
15 quantify the extent of biofilm inhibition compared to untreated wells.
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34 **Disruption of pre-formed *C. albicans* biofilms**

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36 *Candida albicans* SC5314 cells were grown overnight in YPD, pelleted and washed with $1 \times$
37 PBS. Washed cells were resuspended in RPMI medium to a final concentration of 1×10^6 cells
38 mL^{-1} . An aliquot of cell suspension (100 μL) was added into wells and incubated at 37°C for 24
39 hours. The non-adhered cells were removed from the wells and 50 μL of fresh RPMI medium
40 along with 50 μL of varying concentrations of the compound (MIC equals to $12.5 \mu\text{g mL}^{-1}$) were
41 added into the cells. As a control, 100 μL of RPMI media alone was added. These plates were
42 further incubated at 37°C for 48 hours. Inhibition or disruption of biofilm was then quantified
43 using the MTT assay, as described above.
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Compound NCK-10 were assayed (at different concentrations) against a human colorectal (HRT-18) cell line to determine the potential toxic effect to mammalian cells *in vitro*. Cells were cultured in RPMI-1640 medium supplemented with 10% fetal horse serum at 37 °C with CO₂ (5%). Control cells received DMSO alone at a concentration equal to that in drug-treated cell samples. The cells were incubated with the compound (in triplicate) in a 96-well plate at 37 °C with CO₂ (5%) for two hours. The assay reagent MTS 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2*H*-tetrazolium) (Promega, Madison, WI, USA) was subsequently added and the plate was incubated for four hours. Absorbance readings (at OD₄₉₀) were taken using a kinetic microplate reader (Molecular Devices, Sunnyvale, CA, USA). The quantity of viable cells after treatment with the compounds was expressed as a percentage of the viability of DMSO-treated control cells (average of triplicate wells ± standard deviation). The toxicity data was analyzed via a two-way ANOVA, with post hoc Dunnet's multiple comparisons test ($P < 0.05$), utilizing GraphPad Prism 6.0 (GraphPad Software, La Jolla, CA).

Parallel artificial membrane permeability assay (PAMPA) for examining ability to cross the blood brain barrier (BBB)

NCK-10 and control drugs (atenolol and verapamil) were dissolved in transport buffer (pH 7.4) to a final concentration of 10 µM. The filter membrane was coated with 4 µL of a 20 mg mL⁻¹ porcine brain lipid in dodecane. An aliquot (300 µL) of the compound solution was added to the donor well. The acceptor well was filled with 200 µL of transport buffer (Dulbecco's Phosphate Buffered Saline). The acceptor filter plate was carefully placed on to the donor plate and was left undisturbed for 18 hours. Samples of the donor and acceptor wells were analyzed, in quadruplicate, by LC-MS/MS and the effective permeability (P_e) was calculated as follows:

$$\log P_e = \log \left\{ -\frac{V_D V_A}{(V_D + V_A) A t} \ln \left(1 - \frac{[drug]_A}{[drug]_E} \right) \right\}$$

Where P_e is the permeability, V_D and V_A are the volumes of the donor and acceptor compartments, A is the area of the membrane, t is the incubation time, and A and E subscripts on the drug concentration terms refer to the acceptor and equilibrium concentrations, respectively.

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Notes

The authors declare no competing financial interest. JNCASR has filed a patent application based on the work described in the manuscript.

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Table 1. Antifungal activity of BCK and NCK compounds against *Candida albicans* and *Cryptococcus neoformans*.

Compounds	<i>C. albicans</i> SC5314		<i>C. neoformans</i> H99	
	MIC ($\mu\text{g mL}^{-1}$)	MFC ($\mu\text{g mL}^{-1}$)	MIC ($\mu\text{g mL}^{-1}$)	MFC ($\mu\text{g mL}^{-1}$)
NCK-6	>50	>50	25	25
NCK-8	25	25	3.1	3.1
NCK-10	12.5	25	3.1	3.1
BCK-10	25	50	3.1	3.1
BCK-12	25	25	3.1	3.1
BCK-14	>50	>50	6.2	6.2

Results are an average of at least two independent experiments and each experiment was performed in triplicates.

Table 2. Activity of NCK-10 against clinical isolates of pathogenic fungi in comparison to amphotericin B and fluconazole.-

Fungal strains	NCK-10		Amphotericin B		Fluconazole	
	MIC	MFC	MIC	MFC	MIC	MFC
	($\mu\text{g mL}^{-1}$)					
<i>Candida albicans</i> NR-29448	0.5	1	0.5	1	>64	ND*
<i>Candida albicans</i> NR-29351	1	2	0.5	0.5	0.5	8
<i>Candida albicans</i> NR29438	2	2	1	2	>64	ND
<i>Candida albicans</i> NR-29366	2	2	1	1	>64	ND
<i>Candida albicans</i> NR-29367	2	2	1	2	>64	ND
<i>Candida albicans</i> ATCC 26790	2	2	1	1	>64	ND
<i>Candida albicans</i> NR-29365	0.5	0.5	2	2	0.5	>64
<i>Candida albicans</i> ATCC MYA573	0.5	0.5	1	1	>64	ND
<i>Candida albicans</i> ATCC 64124	2	2	1	1	>64	ND
<i>Candida parapsilosis</i> ATCC22019	0.5	1	0.5	2	2	2
<i>Candida glabrata</i> ATCC MYA-2950	1	1	1	1	32	>64

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3	<i>Candida glabrata</i>	1	1	0.5	2	16	>64
4	ATCC 66032						
5	<i>Candida tropicalis</i>	0.5	0.5	0.5	0.5	2	>64
6	ATCC 1369						
7	<i>Candida tropicalis</i>	1	1	0.5	2	0.5	>64
8	ATCC 13803						
9	<i>Cryptococcus gattii</i>	1	1	1	2	2	2
10	NR-43208						
11	<i>Cryptococcus gattii</i>	1	1	1	4	8	8
12	NR-43209						
13	<i>Cryptococcus</i>	2	2	1	1	4	8
14	<i>neoformans</i> NR41294						
15	<i>Cryptococcus</i>	2	2	1	1	4	8
16	<i>neoformans</i>						
17	NR-41296						
18	<i>Cryptococcus</i>	2	2	0.5	0.5	16	32
19	<i>neoformans</i>						
20	NR-41295						
21	<i>Cryptococcus</i>	1	1	1	16	8	8
22	<i>neoformans</i>						
23	NR-41292						
24	<i>Aspergillus fumigatus</i>	4	4	0.25	0.025	>64	ND
25	NR-35308						
26	<i>Aspergillus fumigatus</i>	4	4	≤0.0625	0.25	>64	ND
27	NR-35304						
28	<i>Aspergillus fumigatus</i>	4	4	≤0.0625	0.125	>64	ND
29	NR-35303						
30	<i>Aspergillus fumigatus</i>	4	4	0.25	0.25	>64	ND
31	NR-35301						
32	<i>Aspergillus fumigatus</i>	2	2	0.5	0.5	>64	ND*
33	NR-35302						

*ND stands for not detectable

Table 3. Effective permeability coefficient of NCK-10 and control drugs obtained from the PAMPA-BBB assay.

Test Agent	Mean P_e (cm/sec)	Inference
NCK-10	2.87×10^{-6}	Good permeability
Atenolol	0.000013×10^{-6}	Low permeability control
Verapamil	14.6×10^{-6}	High permeability control

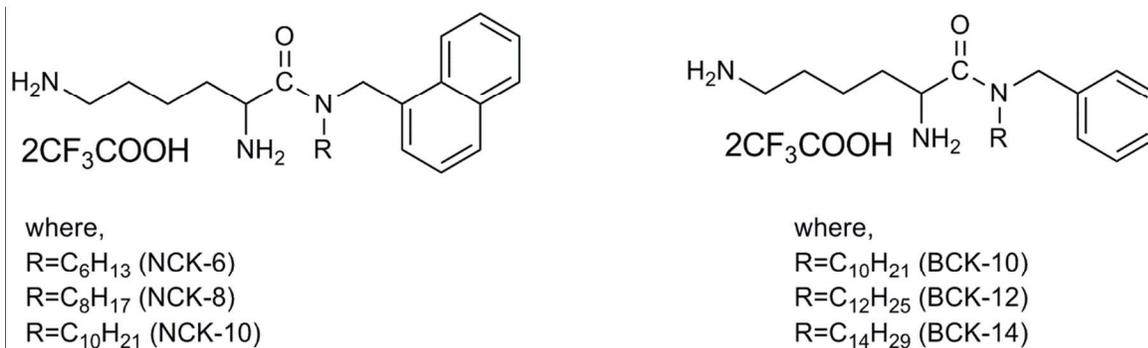


Figure 1. Chemical structures of compounds presented in this study.

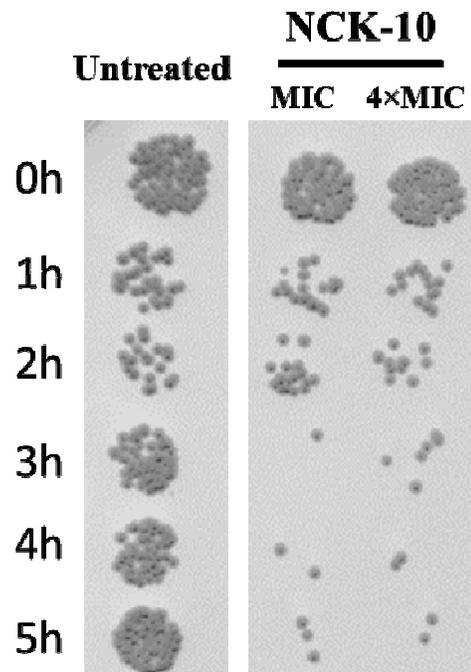


Figure 2. Kinetics of fungicidal action of NCK-10.

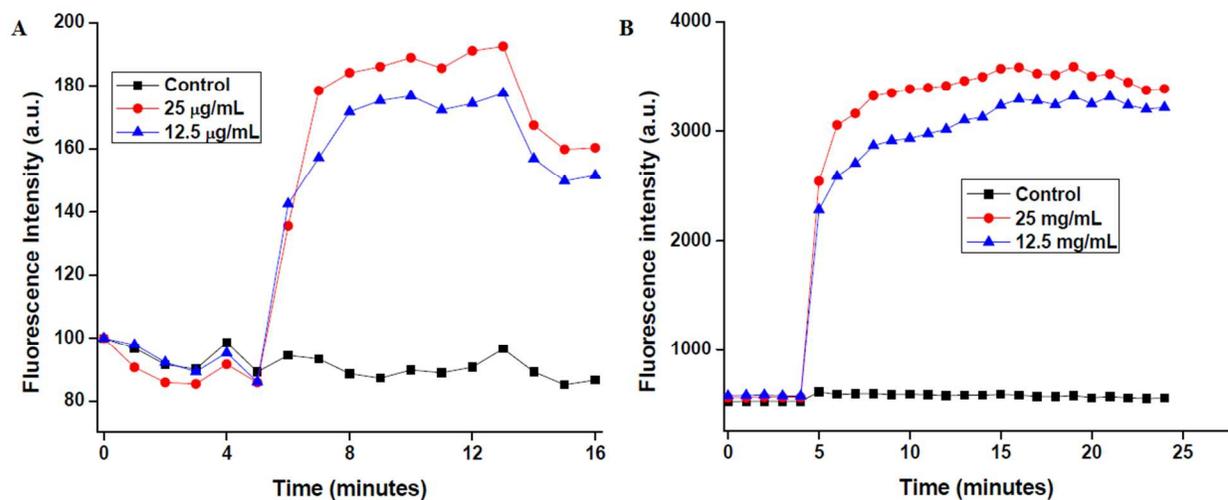


Figure 3. Ability of NCK-10 to infiltrate the cell membrane of *C. albicans* A) Depolarization of fungal cell membrane B) Permeabilization of the cell membrane. (a.u. stands for arbitrary units)

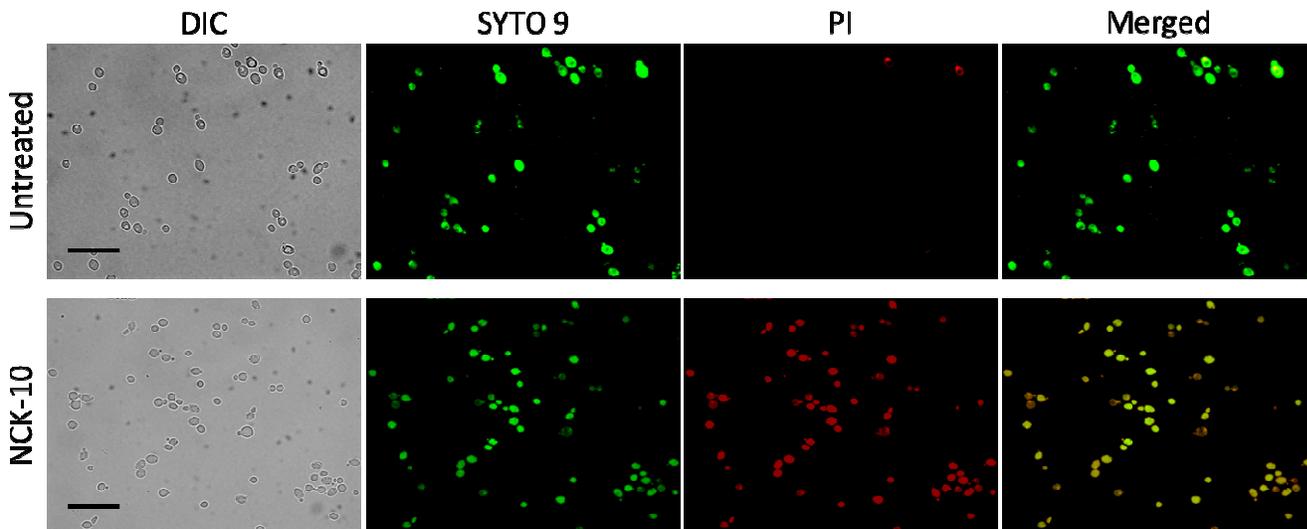


Figure 4. Fluorescence microscopy images of *C. albicans* after staining with SYTO 9 and PI in absence (control) or presence of NCK-10 ($2 \times \text{MIC}$). Scale bar, $5 \mu\text{m}$

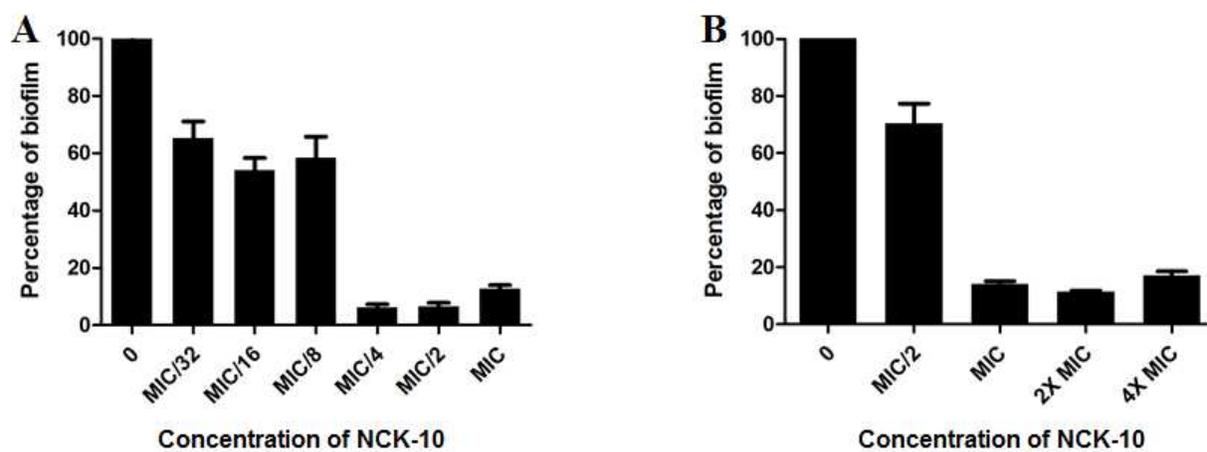


Figure 5. Ability of the compound NCK-10 to A) inhibit the formation of *C. albicans* biofilm and B) Disruption of pre-formed *C. albicans* biofilm; MIC equal to $12.5 \mu\text{g mL}^{-1}$. The experiment was repeated at least twice with three independent replicates in each experiment. Error bars represent standard error of mean.

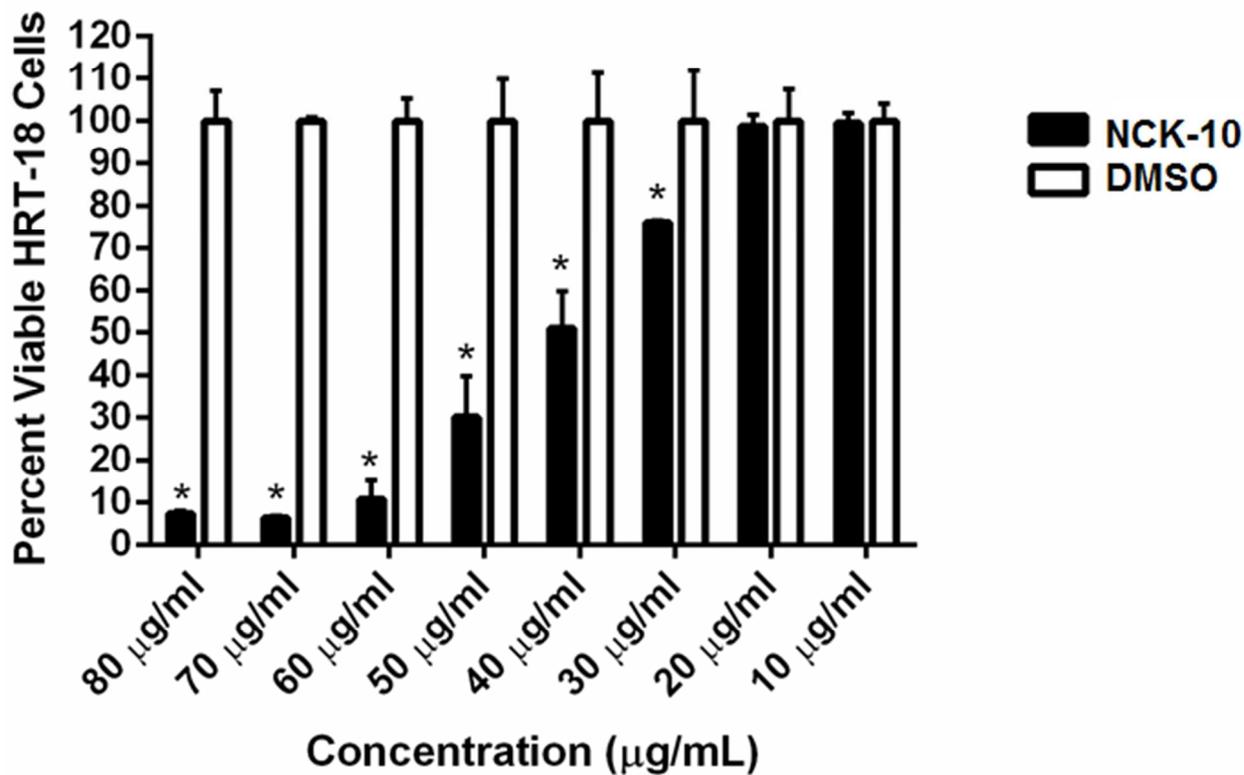


Figure 6. Toxicity analysis of NCK-10 against human colorectal cells (HRT-18). Percent viable mammalian cells (measured as average absorbance ratio (test agent relative to DMSO)) for cytotoxicity analysis of NCK-10 (tested in triplicate) at different concentrations against HRT-18 cells using the MTS 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium) assay. Dimethyl sulfoxide (DMSO) was used as a negative control to determine a baseline measurement for the cytotoxic impact of the compounds. The absorbance values represent an average of a minimum of three samples analyzed for the compound. Error bars represent standard deviation values for the absorbance values. A two-way ANOVA, with

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3 post hoc Dunnet's multiple comparisons test, determined statistical difference between the values
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6 obtained for the compound and DMSO (denoted by the asterisk) ($P < 0.05$).
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