An Efficient Three Step Synthesis of Vitamin C from L-Galactono-1,4-lactone, a By-product of the Sugar Industry

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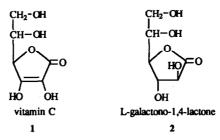
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Abstract : An efficient and short synthesis of vitamin C has been accomplished from L-galactono-1,4-lactone via methyl 3,5:4,6-di-O-ethylidene-L-galactonate.

Following the isolation of vitamin C 1 by Szent-Györgyi in 1928¹ and its structure determination by Hirst et al. five years later² considerable effort has been directed towards the synthesis of this novel vitamin.³ In their pioneering synthesis of 1 from D-glucose, Reichstein and Grüssner⁴ combined fermentative and chemical approaches as early as 1934. Apart from the intrinsic challenge that the synthesis of this natural product presents, it also displays a number of interesting biological activities.⁵

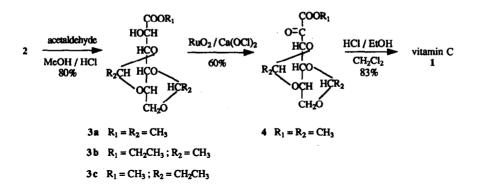
We wish to describe a novel, practical synthesis of 1 (in three steps) from L-galactono-1,4-lactone 2. This sugar is a by-product of the sugar industry and is available in large quantities. The conversion of 2 to 1 has in fact been attempted by others, though without success.⁶

It occurred to us that the lactone 2 bears a striking resemblance to our target. Our initial plan was to selectively oxidize its position 2 which would then give vitamin C directly after enolization. Although similar oxidation of L-gulono-1,4-lactone has been reported, this reaction is not very efficient.⁶ In fact, in the particular case of lactone 2, conditions were not found which could effect this oxidation.



We then turned to an alternative strategy involving opening of the lactone ring (through ester formation) with simultaneous selective protection of positions 3,4,5,6 (through acetal formation). This would leave a free hydroxyl at position 2 for subsequent oxidation.

Initial attempts to effect this lactone opening-protection step using a methanolic HCl solution of either 2,2dimethoxypropane, 2,2-dimethoxycyclohexane or benzaldehyde did not give the desired product. However, when 2 was treated with methanolic HCl solution of acetaldehyde (room temperature, 6 hrs) the desired methyl 3,5:4,6-di-O-ethylidene galactonate 3a was the only product isolated in 80% yield (optimized). No other isomeric acetal could be detected. The derivative **3b** was synthesized in a similar manner from acetaldehyde and EtOH (50% yield) and **3c** from propionaldehyde and MeOH (53% yield).



The structures of di-O-acetals 3a and 3c were established by analysis of their ¹H NMR spectra before and after acetylation. In particular the H-2 proton underwent an expected 0.5 ppm downfield chemical shift following acetylation. In the case of 3b it was not possible to distinguish between H-2 and H-3 as the coupling constant $J_{3,4}$ was almost 0. However, its structure was established by X-ray analysis. The ¹³C NMR spectra of 3a, 3b and 3c were also consistent with the proposed structure.

Having in hand the protected derivative 3a, various methods were tried in order to carry out the oxidation to the α -keto ester 4. However, only one of the several methods tried met with success. Thus, RuCl₃ / NaOCl⁷ (in 15% aqueous solution) in CH₂Cl₂ gave the desired methyl 2-keto-3,5:4,6-di-O-ethylidene galactonate 4 but only in 15% isolated yield. Oxidation proceeded much more efficiently using RuCl₃ / Ca(OCl)₂ (solid) in a mixture of CH₂Cl₂-CH₃CN-H₂O (1:1:0.1) and in the presence of celite. The required α -keto-ester 4 could then be isolated in 60% yield.

Transformation of the key intermediate 4 into vitamin C was effected as described by Rumpf⁸ (HCl, EtOH, CH₂Cl₂ at 60°C). The overall yield of this three step⁹ synthesis from lactone 2 is 40%.

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