Insect Pheromones. Stereoselective Reduction of β or ω -Alkynols to the Corresponding (E)-Alkenols by Lithium Tetrahydroaluminate

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Several insect pheromone components are comprised of unsaturated alcohols or their derivatives having disubstituted double bonds with the E configuration $^{1-9}$.

While (E)-2-alkenols may be conveniently prepared by reduction of the corresponding 2-alkynols with lithium tetrahydroaluminate in diethyl ether^{10,11}, (E)-β- and, in general, (E)-ω-alkenols cannot be obtained in a similar manner. A classic method to prepare such pure compounds consists of reducing the O-tetrahydropyran-2-yl derivatives of the corresponding alkynols with metallic sodium in liquid ammonia^{12,13}. Nevertheless, high molecular weight alkynic compounds, which are less soluble in liquid ammonia, are reduced in low yields. In this case, to increase significantly the yields it is necessary to use a very large excess of liquid ammonia¹³. It must be noted, however, that when we have employed this procedure¹³ for the preparation of (E)-14methyl-8-hexadecen-1-ol (2a), a component of the sex pheromone of female Trogoderma glabrum⁵, we have only obtained a rather low yield ($\sim 50\%$).

In this paper we wish to report a general method for preparing in one-step, stereoselectively, and in high yield, low and high molecular weight (E)- β - or (E)- ω -alkenols from the corresponding alkynols. This method consists of reacting the alkynic alcohols at 140° for 48-55 h, under nitrogen, with a large excess of lithium tetrahydroaluminate in a mixture of diglyme and tetrahydrofuran. Careful hydrolysis of the reaction mixture affords the desired (E)-alkenols in high yield. G.L.C. analysis shows that the reduction of the alkynols having a C-chain shorter than C₁₃ is quantitative and that the (E)-alkenols so obtained contain less than 1% of the corresponding (Z)-isomers¹⁴. On the other hand, reduction of high molecular weight alkynols affords (E)-alkenols which are contamined by 2-4% of the starting acetylenic compounds. Such (E)-alkenols may, however, be conveniently purified by column chromatography on silver nitrate-impregnated silica gel.

R-C≡C-(CH ₂) _n -OH		1. LiAlH ₄ / diglyme / THF 2. H ₂ O			
1			R-CH=CH-(CH ₂) _n -OH		
	R	n	(E)-2		
а	sec-C ₄ H ₉ (CH ₂) ₄ - n-C ₆ H ₁₃ n-C ₄ H ₉ n-C ₈ H ₁₇	7			
b	n-C ₆ H ₁₃	2			
С	n-C4H9	6			
d	n-C8H17	6			

The (E)-alkenols prepared in the present work are (E)-14-methyl-8-hexadecen-1-ol (2a), (E)-3-decen-1-ol (2b), (E)-7-dodecen-1-ol (2c), and (E)-7-hexadecen-1-ol (2d). The acetate of 2c is the sex pheromone of the false codling moth, $Argyrop-loce\ leucotreta^{15}$.

It may be concluded that the reduction of β - or ω -alkynols by lithium tetrahydroaluminate usefully complements the reduction with sodium in liquid ammonia. However, when high molecular weight (E)-alkenols must be prepared, the high yields of the reduction with lithium tetrahydroaluminate make this the procedure of choice.

Table 1. Physical Properties of the Alkynols 1

Com- pound	b.p./torr	n _D ²⁵	Molecular formula ^a	I.R. (film) v [cm ⁻¹]
la	133-134°/0.15	1.4645	C ₁₇ H ₃₂ O (252.4)	3300; 2940; 2860; 1465; 1380; 1300; 1200; 1060; 720
1 c	99-100°/0.20	1.4614	C ₁₂ H ₂₂ O (182.3)	3300; 2940; 2920; 2840; 1440; 1410; 1360; 1310; 1070; 1050; 1025; 720
1 d	134-135°/0.45	1.4627	C ₁₆ H ₃₀ O (238.4)	3300; 2940; 2915; 2840; 1440; 1410; 1360; 1320; 1070; 1025; 715

^a All products gave satisfactory microanalyses (C ±0.25; H ±0.20%) and the expected mass and ¹H-N.M.R. spectra; microanalyses were carried out by Dr. V. Nuti, Istituto di Chimica Farmaceutica, Pisa.

General Procedure for Preparing ω-Alkynols (1):

3-Decyn-1-ol (1b) is a commercially available product. 14-Methyl-8-hexadecyn-1-ol (1a) is synthesized in 51% yield by reaction

Table 2. Physical Properties of the (E)-Alkenols (2)

Com- pound	Yield [%]	b.p./torr (Lit. b.p./torr)	n_D^{25}	Molecular formula	¹H-N.M.R. (CCl₄, 60 MHz) δ [ppm]
2a	85	108-109°/0.03	1.4584	C ₁₇ H ₃₄ O (254.5)	0.89 (t, 6H); 1.33 (br, 19H); 1.97 (br, 4H); 3.25 (s, 1H); 3.50 (t, 2H); 5.16 (m, 2H)
2 b	89	113-114°/15 (56-57°/0.1) ¹⁸	1.4473	$C_{10}H_{20}O$ (156.3)	0.87 (t, 3 H); 1.30 (br, 8 H); 1.7–2.2 (br, 4 H); 3.33 (s, 1 H); 3.50 (t, 2 H); 5.40 (m, 2 H)
2e ^b	93	99- 100°/0.30 (78-81°/0.06) ¹⁹	1.4521	C ₁₂ H ₂₄ O (184.3)	0.88 (t, 3 H); 1.33 (br, 12 H); 1.7-2.2 (br, 4 H); 3.50 (t, 2 H); 4.11 (s, 1 H); 5.33 (m, 2 H)
2d	94	126-127°/0.30	c	C ₁₆ H ₃₂ O (240.4)	0.88 (t, 3H); 1.33 (br, 20H); 1.7–2.2 (br, 4H); 3.30 (s, 1H); 3.51 (t, 2H); 5.33 (m, 2H)

^a All products gave satisfactory microanalysis (C ± 0.25 ; H ± 0.25 %) and the expected I. R. and mass spectra.

b This alcohol was converted into the corresponding acetate having b.p. $86-88^{\circ}/0.1$ torr and $n_D^{25} = 1.4410$ (Lit. ¹⁹, b.p. $78-82^{\circ}/0.05$; $n_D^{25} = 1.4420$). (E)-7-Dodecen-1-yl acetate is the sex pheromone of false codling moth ¹⁶.

c m.p. 27-28°.

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of 1-lithio-7-methyl-1-nonyne with 1-tetrahydropyranyloxy-7-iodoheptane in hexamethylphosphoric triamide solution and subsequent removal of the Thp-protective group 16. Analogously, 7-dodecyn-1-ol (1c) and 7-hexadecyn-1-ol (1d) are obtained in 52% yield by reaction of 1-tetrahydropyranyloxy-6-iodohexane with 1-lithio-1-hexyne and 1-lithio-1-decyne, respectively, and subsequent removal of the Thp group. Table 1 summarizes some physical properties of 1a, 1c, and 1d.

General Procedure for Reducing β - or ω -Alkynols to the Corresponding (E)-Alkenols (2):

A mixture of tetrahydrofuran (10 ml), diglyme (80 ml), and lithium tetrahydroaluminate (5 g, 0.131 mol) is heated under nitrogen and a low boiling fraction is distilled off (\sim 7 ml). A solution of the alkynol 1 (0.038 mol) in diglyme (10 ml) is slowly added to the magnetically stirred mixture cooled at 10°. Then temperature is raised and kept at 140° for 48 55 h. The reaction mixture is cooled and slowly hydrolyzed under nitrogen with degassed ice-cold water. The aqueous slurry is neutralized with dilute hydrochloric acid and extracted with pentane (300 ml in 6 portions). The pentane extracts are washed with water and saturated sodium chloride solution. After drying, the (*E*)-alkenol is isolated by fractional distillation.

G.L.C. analysis (8% Carbowax 20 M on Chromosorb W 60-80 mesh; 15% BDS on Chromosorb W 80-100 mesh; UCON LB 550 X on Chromosorb W 80-100 mesh) shows that the (E)-alkenols having a C—chain longer than C_{12} are contamined by 2-4% of the corresponding alkynols. Their purification is performed by column chromatography over silver nitrate impregnated-silica gel¹⁷. Elution with hexane yields pure (E)-alkenols (2). Table 2 summarizes some physical properties of 2a, 2b, 2c, and 2d.

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