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Studies Toward the Discovery of the Next Generation of Antidepressants. Part 2: Incorporating a 5-HT_{1A} Antagonist Component into a Class of Serotonin Reuptake Inhibitors

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Abstract—The design and synthesis of a novel series of indole derivatives (9) having dual 5-HT transporter reuptake and 5-HT_{1A} antagonist activity are described. \bigcirc 2002 Elsevier Science Ltd. All rights reserved.

Depression is a chronic illness that affects people of all ages with far-reaching social and economic implications.¹ Although serotonin (5-HT) selective reuptake inhibitors (SSRIs) are currently first-line therapy for depression, a major problem associated with SSRIs is their delayed onset of action.² Given antidepressant activity is generally believed to be exerted by increased 5-HT neurotransmission,³ therapeutic efficacy of SSRIs is thought to be compromised acutely due to their inhibitory effect on 5-HT cell firing, which suppresses the antidepressant effect. However, upon chronic administration of SSRIs a desensitization of the somatodendritic 5-HT_{1A} autoreceptors occurs, allowing serotonergic neurons to resume their normal firing which is manifested as an antidepressant effect after 2–6 weeks.⁴

According to this hypothesis, blockade of the 5-HT_{1A} autoreceptors should result in an advanced therapeutic action of the SSRI, allowing a more rapid onset of efficacy.⁵ Interestingly, independent studies by Artigas^{5–7} and Blier^{8,9} recently reported that pindolol, the mixed 5-HT_{1A}/β-adrenoceptor antagonist, when co-administered with SSRIs accelerates their antidepressant effects.

Further support of this hypothesis was later observed when the 5-HT_{1A} antagonist WAY 100635 was found to potentiate the antidepressant effects of several SSRIs.^{10,11} Consequently, there has been considerable interest by several groups to identify drug design strategies focusing on incorporating a 5-HT_{1A} antagonist component into a 5-HT reuptake inhibitor to bring about a more immediate and complete antidepressant effect (Fig. 1).^{12,13}

As one of our preliminary examinations of this hypothesis,¹⁴ our group focused on modifying a known class of indoles (1) which embrace the known 5-HT uptake inhibitor indalpine (2).¹⁵ This series of indoles was reported as being potent 5-HT uptake inhibitors and later derivatized without any significant loss of 5-HT reuptake activity (e.g., 3^{16} and 4^{17}). Due to the inherent robust 5-HT reuptake activity of this class of indoles, they appeared to be an excellent starting point to attempt to incorporate 5-HT_{1A} antagonistic activity within a class of 5-HT reuptake inhibitors. From recent reports in the literature,^{17–21} our group believed the 5-HT_{1A} pharmacophore requirements²² could be met by



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Figure 1. Design strategy: incorporation of the 5-HT_{1A} component within a 5-HT uptake inhibitor.



 $Scheme 1. Reagents and conditions: (a) BrCH_2CH_2Br/MEK; (b) ClCH_2CH_2OH/PPh_3/DIAD/PPh_3; (c) 2 N KOH/MeOH; (d) DMSO/Et_3N/80 \, ^{\circ}C.$

tethering an appropriate aryloxyethyl moiety from the basic nitrogen. Recently aryoxyethylamines have been successfully utilized to produce potent 5-HT_{1A} ligands such as compounds 5-8.^{18–21} In this paper the preparation and structure–activity relationships of a series of aryloxyethylamines (9), which represent our laboratories' initial attempts to discover a potentially new class of antidepressant agents, will be discussed.

Schemes 1–3 show the syntheses of target molecules **20–29**. The condensation of pyrogallol (**10**) and 1,2-dibromoethane afforded 5-hydroxy-benzodioxan **11** in good yield. The hydroxy benzodioxan was alkylated under Mitsunobu conditions²³ to afford the aryloxyethyl chloride **12**. Tetrahydropyridines **17–19** were prepared by the addition of the indoles **14–16** to 4-piperidone under basic conditions in yields ranging from 50 to 80%.²⁴ Treatment of indole tetrahydropyridines **17–19** with **12** afforded the desired compounds **20–22**. Shown in Scheme 2 is the preparation of the piperidine analogues **23** and **24**. Reaction of 4-pyridinecarboxaldehyde **30** with 5-fluoroindole (**15**) affords **32** in good yield.²⁵ Hydrogenation of indoles **32** and **19** over platinum oxide under acidic conditions provided piperidines **33** and 34, respectively. Alkylation of 33 and 34 with 12 gave target molecules 23 and 24, respectively. The 4-indolyl- and 5-quinolyl-oxyethyltetrahydropyridines (i.e., 26 and 28; Scheme 3) were prepared using similar chemistry as described in Schemes 1 and 2. The azaindole tetrahydropyridines (i.e., 25, 27, and 29) were prepared from commercially available 7-azaindole (35) using analogous chemistry as depicted in Scheme 1.

Compounds were evaluated in vitro to determine activity at the 5-HT transporter, 5-HT_{1A} receptor, and α_1 receptor. A binding assay protocol similar to that used by Cheetham employing [³H]-paroxetine was used to determine the affinity of compounds for the 5-HT transporter (RB5-HT-T).²⁶ Affinity for the human transporter was determined by incubating test compound and [³H]-5-HT with human carcinoma (Jar cells), previously treated with staurosporine to enhance transporter expression, and measuring specific uptake (HC5-HT-T).²⁷ Human 5-HT_{1A} binding (HC5-HT_{1A}) was determined with [³H]-8-OH-DPAT,²⁸ and α_1 affinity was determined with [³H]-prazosin.²⁹ Antagonism at the 5-HT_{1A} receptor was determined using a [³⁵S]-GTP γ S binding assay similar to that of Larenzo³⁰ and a cAMP assay reported by Dunlop.³¹ E_{max} refers to the maximum agonist effect observed. Since 5-HT_{1A} antagonism is of interest in this study, the IC₅₀ values were calculated.

Shown in Table 1 are the biological results of target molecules 20-29. Comparing tetrahydropyridinylindoles 20-22, revealed the 5-fluoro substituent had a detrimental effect for the 5-HT reuptake site. Reducing the double bond of **22** (i.e., **24**) led to a 4-fold higher 5-HT_{1A} affinity at the expense of a 31-fold loss of 5-HT transporter affinity. Replacing the piperidinyl moiety with a piperidinylmethyl group (i.e., **21** vs **23**) resulted in a 2-fold loss in 5-HT_{1A} affinity while having a beneficial effect on 5-HT uptake affinity. Indole derivative **26** was found to have much higher 5-HT_{1A} and 5-HT transporter affinity than both its benzodioxan (**20**) and



Scheme 2. Reagents and conditions: (a) MeOH/50% NaOH/5-F-indole; (b) Et₃SiH/TFA/CH₂Cl₂; (c) Pt₂O/AcOH/H₂; (d) DMSO/Et₃N/80 °C.



Scheme 3. Reagents and conditions: (a) 2 N KOH in MeOH; (b) ClCH₂CH₂OH/PPh₃/DIAD/THF; (c) DMSO/Et₃N/80 °C.

Table 1. Aryoxylethylamine indole derivatives (20–29)³²

		A A	R H	C C
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Compd	Ar	Х	Y–Z	R	п	HC5-HT-T K _i (nM)	RB5-HT-T K _i (nM)	$\begin{array}{c} \text{HC5-HT}_{1\text{A}} K_{\text{i}} \\ (\text{nM}) \end{array}$	GTPgS E _{max} (IC ₅₀ , nM)	cAMP E _{max} (IC ₅₀ , nM)	$\begin{array}{c} \operatorname{RB} \alpha_1 \ K_i \\ (nM) \end{array}$
20	А	С	C=C	Н	0	45.0	0.17	78.3	21.0 (222)	0.0 (115)	4.7
21	Α	С	C=C	5-F	0	46.9	1.17	83.3	11.0 (684)	0.0 (1036)	30
22	Α	С	C=C	6-F	0	19.8	0.15	83.6	53.0 (nd)	nd	4.1
23	Α	С	CH_2CH_2	5-F	1	nd	0.01	168.2	nd	nd	nd
24	Α	С	CH_2CH_2	6-F	0	127.8	4.7	19.6	29.5 (666)	0.0 (920)	2.8
25	Α	Ν	C=C	Н	0	276	18.0	43.9	30.0 (nd)	0.0 (969)	33
26	В	С	C=C	Н	0	41.2	0.03	21.6	7.5 (115)	0.0 (33)	0.19
27	В	Ν	C=C	Н	0	175	1.46	10.9	7.0 (38.9)	0.0 (12)	0.90
28	С	С	C=C	Н	0	93.6	0.23	92.6	14 (524)	0.0 (686)	3.6
29	С	Ν	C=C	Η	0	387	6.89	71.6	0.0 (181)	0.0 (90)	78.0

nd, no data.

quinoline analogues (28). When comparing the azaindoles to their indole analogues higher affinity for the 5-HT_{1A} receptor and lower affinity for the 5-HT transporter was observed (25 vs 20; 27 vs 26; 29 vs 28). To our delight, all the compounds in this study were found to be 5-HT_{1A} antagonists. In general, a major limitation of the compounds discussed in this investigation was their high affinity for the α_1 receptor. Due to this shortcoming this particular class of molecules was not further pursued.

In conclusion, we have demonstrated that a known class of 5-HT reuptake inhibitors can be modified to incorporate both 5-HT_{1A} affinity and antagonist activity. Though this class of molecules was not selective due to their α_1 receptor affinity, this study clearly demonstrates the potential of creating a new class of antidepressants embracing both 5-HT reuptake and 5-HT_{1A} antagonist activity. Investigations are currently underway in our laboratories to improve upon these findings by creating molecules which are both more selective and potent at the 5-HT_{1A} receptor.

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