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A General Method for Making Peptide Therapeutics Resistant to Serine Protease Degradation; Application to Dipeptidyl Peptidase IV Substrates

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KEYWORDS: alpha-lytic protease (α LP), amino acid analogue, brain natriuretic peptide (BNP),
chymotrypsin, diabetes, dipeptidyl peptidase 8 (DPP8), dipeptidyl peptidase IV (DPP IV),
enterostatin (ENT), fibroblast activation protein alpha (FAP α), glucagon-like peptide-1 (7-36)
amide (GLP-1), glucose-dependent insulinotropic peptide (GIP), half-life ($t_{1/2}$), neuropeptide Y
(NPY), oxyntomodulin (OXM), peptide therapeutics, protease, serine protease, trypsin

Abstract

Bioactive peptides have evolved to optimally fulfill specific biological functions -- a fact which has long attracted attention for their use as therapeutic agents. While there have been some recent commercial successes fostered in part by advances in large-scale peptide synthesis, development of peptides as therapeutic agents has been significantly impeded by their inherent susceptibility to protease degradation in the bloodstream. Here we report that incorporation of specially designed amino acid analogues at the P1' position, directly C-terminal of the enzyme cleavage site, renders peptides, including glucagon-like peptide-1 (7-36) amide (GLP-1) and six other examples, highly resistant to serine protease degradation without significant alteration of their biological activity. We demonstrate the applicability of the method to a variety of proteases, including dipeptidyl peptidase IV (DPP IV), dipeptidyl peptidase 8 (DPP8), fibroblast activation protein alpha (FAP α), alpha-lytic protease (α LP), trypsin, and chymotrypsin. In summary, the "P1' modification" represents a simple, general, and highly adaptable method of generating enzymatically stable peptide-based therapeutics.

INTRODUCTION

Naturally occurring bioactive peptides offer a number of advantages as therapeutic agents over synthetic small molecules or antibodies.¹ Honed over eons by evolution to have a particular function, usually through specific interaction with one or more targets, peptides are relatively free of adverse events caused by cross-reactivity with unintended targets. Owing to their smaller size, peptides also provide superior tissue penetration than antibodies.¹ Advances in peptide chemistry and manufacturing have fostered the clinical development and application of therapeutic peptides. In fact, the number of new peptides entering clinical testing has nearly doubled in the past decade.² The emergence of peptides as mainstream therapeutic agents has been hindered, however, by their susceptibility to proteolytic degradation and inactivation in circulation.

The serine protease dipeptidyl peptidase IV (DPP IV) preferentially cleaves peptide bonds after Pro or Ala residues penultimate to the N-terminus³⁻⁶ and functions as the principal determinant of the circulating half-life for many bioactive peptides. Several endogenous DPP IV substrates, including glucagon-like peptide-1 (7-36) amide (GLP-1) ($t_{1/2} < 2$ min)³, glucose-dependent insulinotropic factor (GIP) ($t_{1/2} = 5-7$ min)⁴, oxyntomodulin (OXM) ($t_{1/2} = 12$ min)⁷, neuropeptide Y (NPY) ($t_{1/2} = 12$ min)⁸, brain natriuretic peptide (BNP) ($t_{1/2} = 15-20$ min)⁹, and enterostatin (ENT) ($t_{1/2} = 5$ min)¹⁰, have biological properties that render them therapeutically useful. For example, the numerous glucose-lowering properties of the incretin hormone GLP-1 make it an ideal agent for the treatment of Type 2 diabetes mellitus (T2D).¹¹⁻¹³ Similar to GLP-1, the hormones GIP and OXM act as glucose-lowering agents and have been studied extensively as potential treatments for T2D.^{11, 14-20} Furthermore, OXM and ENT suppress appetite and enhance energy expenditure and have therefore been implicated as potential treatments for obesity.²¹⁻²³

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3 NPY, which possesses potent anxiolytic and anti-depressant effects, has been proposed as a
4 therapeutic agent for anxiety, depression, and post-traumatic stress disorder.²⁴⁻²⁶ BNP, which
5 plays an important role in the body's natural defense against hypertension and plasma volume
6 expansion, is currently FDA-approved for the treatment of acutely decompensated congestive
7 heart failure.^{27, 28} With such short half-lives, however, therapeutic use of these peptides would
8 require multiple injections per day or intravenous infusion. Such methods of administration are
9 expensive, inconvenient, and invasive; rendering them impractical for the treatment of chronic
10 diseases that require daily medication.
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23 Here we report that substitution of the P1' residue, which lies directly C-terminal of the enzyme
24 cleavage site, with an amino acid analogue containing a tertiary-substituted β -carbon atom
25 renders these peptides resistant to proteolytic degradation by DPP IV without significantly
26 altering their biological activity. Circular dichroism and receptor activation studies indicate that
27 the modified peptide analogues retain the overall secondary structure and receptor agonist
28 activity of their native counterparts. Furthermore, experiments in diabetic (*db/db*) mice revealed
29 that treatment with a P1'-modified version of the naturally-occurring hormone GLP-1 elicited a
30 more potent and prolonged glucose-lowering affect than treatment with the native peptide. The
31 "P1' modification" appears to confer resistance to essentially all serine proteases, as evidenced
32 by our studies with DPP IV, dipeptidyl peptidase 8 (DPP8), fibroblast activation protein alpha
33 (FAP α), alpha-lytic protease (α LP), chymotrypsin, and trypsin. The modification also confers
34 resistance to the metalloprotease aminopeptidase P 2 (APP2), suggesting that it may effectively
35 block proteolysis by this class of enzyme as well. Kinetic studies suggest that the P1'
36 modification prevents degradation by blocking the enzyme's catalytic machinery rather than by
37 interfering with substrate recognition or binding. In summary, the P1' modification represents a
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3 general and adaptable method of generating enzymatically stable peptides that retain the
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6 physiochemical properties and biological activity of their native counterparts.
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RESULTS

Amino Acid Analogues. Three hexapeptides with the sequence APXSWS, where X was Leu, Ile, or *tert*-Leu (**1**), were designed to investigate the substrate specificity of DPP IV at the P1' position. The amino acid analogue **1** is an isomer of the amino acids Leu and Ile that contains a tertiary-substituted β -carbon; a stereochemical arrangement that is not present in any naturally occurring amino acid (Figure 1). As shown in Figure 2, the synthetic hexapeptides containing the natural amino acid residues Leu or Ile at the P1' positions were quickly hydrolyzed by DPP IV. At 30 min, less than 70% of AP(Leu)SWS and AP(Ile)SWS remained intact. In contrast, the hexapeptide with the amino acid analogue **1** at the P1' position was completely resistant to DPP IV-mediated cleavage over the 30 min incubation.

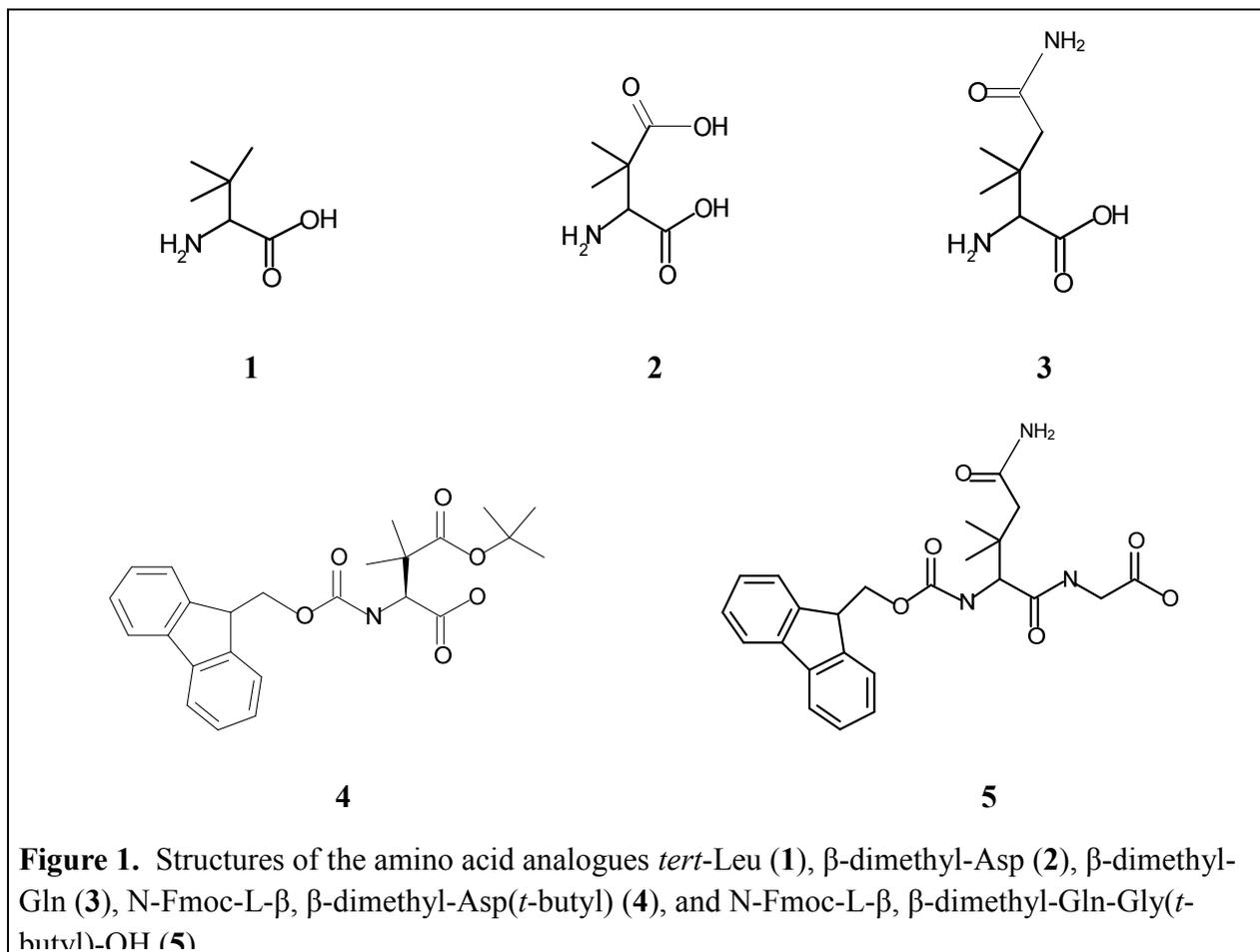


Figure 1. Structures of the amino acid analogues *tert*-Leu (**1**), β -dimethyl-Asp (**2**), β -dimethyl-Gln (**3**), N-Fmoc-L- β , β -dimethyl-Asp(*t*-butyl) (**4**), and N-Fmoc-L- β , β -dimethyl-Gln-Gly(*t*-butyl)-L-OH (**5**)

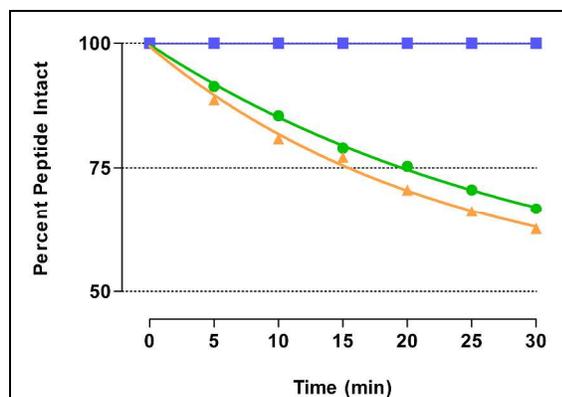


Figure 2. Degradation of synthetic substrates by DPP IV. AP(Leu)SWS (●), AP(Ile)SWS (▲), and AP(1)SWS (■) were incubated with purified porcine DPP IV (10 mU/mL) at 37 °C. The amount of intact peptide was quantified by HPLC-MS and expressed as a percentage of the corresponding value observed before exposure to enzyme digestion (time = 0).

Subsequent to this finding, the amino acid analogues β -dimethyl-Asp (**2**) and β -dimethyl-Gln (**3**) were specially designed in our laboratory to function as tertiary-substituted β -carbon atom containing analogues of the naturally occurring amino acid residues Asp and Gln, respectively (Figure 1). N-Fmoc-L- β , β -dimethyl-Asp(*t*-butyl) (**4**) and N-Fmoc-L- β , β -dimethyl-Gln-Gly(*t*-butyl)-OH (**5**) were synthesized as protected forms of **2** and **3**, respectively, for incorporation into protease substrate analogues (Figure 1 and Supporting Information).

Protease-resistant GLP-1 Analogues. *In Vitro* Degradation. The P1' Glu residue of the endogenous DPP IV substrate GLP-1 was substituted by the amino acid analogue **1** to generate a novel analogue (**6**). To conserve the acidic charge of the P1' Glu residue, while maintaining the stereochemical arrangement of the tertiary-substituted β -carbon, a second GLP-1 analogue (**7**) was synthesized with the amino acid analogue **2** at the P1' position. The nomenclature and amino acid sequences of native and synthetic peptides examined in this work, as well as their corresponding P1'-modified analogues, are shown in Table 1. *In vitro* degradation assays were performed to determine the half-life of native GLP-1 and the P1'-modified GLP-1 analogues **6** and **7** in the presence of recombinant human DPP IV. As shown in Figure 3A, native GLP-1 was quickly hydrolyzed by DPP IV ($t_{1/2} \sim 0.3$ h) (Table S1). Conversely, the analogues **6** and **7** remained intact over a 24 h incubation with the enzyme (Figure 3A).

Table 1. Amino acid sequences of native, synthetic, and P1'-modified protease substrates. Amino acid analogues are indicated by the numbers **1** (*tert*-Leu), **2** (β -dimethyl-Asp), and **3** (β -dimethyl-Gln).

Peptide/Analogue	Amino Acid Sequence
GLP-1	HA EGTFTSDVSSYLEGQAAKEFIAWLVKGR-NH ₂
6	HA 1 GTFTSDVSSYLEGQAAKEFIAWLVKGR-NH ₂
7	HA 2 GTFTSDVSSYLEGQAAKEFIAWLVKGR-NH ₂
8	HA 2 GT 1 SDDSS 1 EGQAA 2 F 1 AW 1 V 2 R-NH ₂
GIP	YA EGTfISDYSIAMDKIHQQDFVNWLLAQKGKKNWVKHNITQ-NH ₂
9	YA 1 GTfISDYSIAMDKIHQQDFVNWLLAQKGKKNWVKHNITQ-NH ₂
10	YA 2 GTfISDYSIAMDKIHQQDFVNWLLAQKGKKNWVKHNITQ-NH ₂
OXM	HS QGTFTSDYSKYLDSRRAQDFVQWLMNTKRNRNNIA-NH ₂
11	HS 1 GTFTSDYSKYLDSRRAQDFVQWLMNTKRNRNNIA-NH ₂
12	HS 3 GTFTSDYSKYLDSRRAQDFVQWLMNTKRNRNNIA-NH ₂
NPY	YP SKPDNPGEDAPAEDMARYYSALRHYINLITRQRY-NH ₂
13	YP 1 KPDNPGEDAPAEDMARYYSALRHYINLITRQRY-NH ₂
14	YP 1 KPDNPGEDAPAEDMARYYSALRHYINLLTRPRY-NH ₂
BNP	SP KMQVQSGGCFGRKMDRISSSSGLGCKVLRNH-NH ₂
15	SP 1 MQVQSGGCFGRKMDRISSSSGLGCKVLRNH-NH ₂
ENT	VP DPR-NH ₂
16	VP 1 PR-NH ₂
17	LLPR VA NGSSFVTV-OH
18	LLPRVA 1 GSSFVTV-OH
19	LLPR 1 ANGSSFVTV-OH

Secondary Structure. The secondary structure of GLP-1 and its analogues was examined by CD spectroscopy in the far UV region (185-260 nm). GLP-1, **6**, and **7** were dissolved in a sodium phosphate solution containing 30% trifluoroethanol (TFE). TFE induces and stabilizes helix and β -hairpin formation and mimics the membrane environment the peptide encounters just prior to binding its receptor.²⁹ As is characteristic of peptides and proteins with significant α -helical secondary structure the spectrum of native GLP-1 displayed minima at 222 and 208 nm

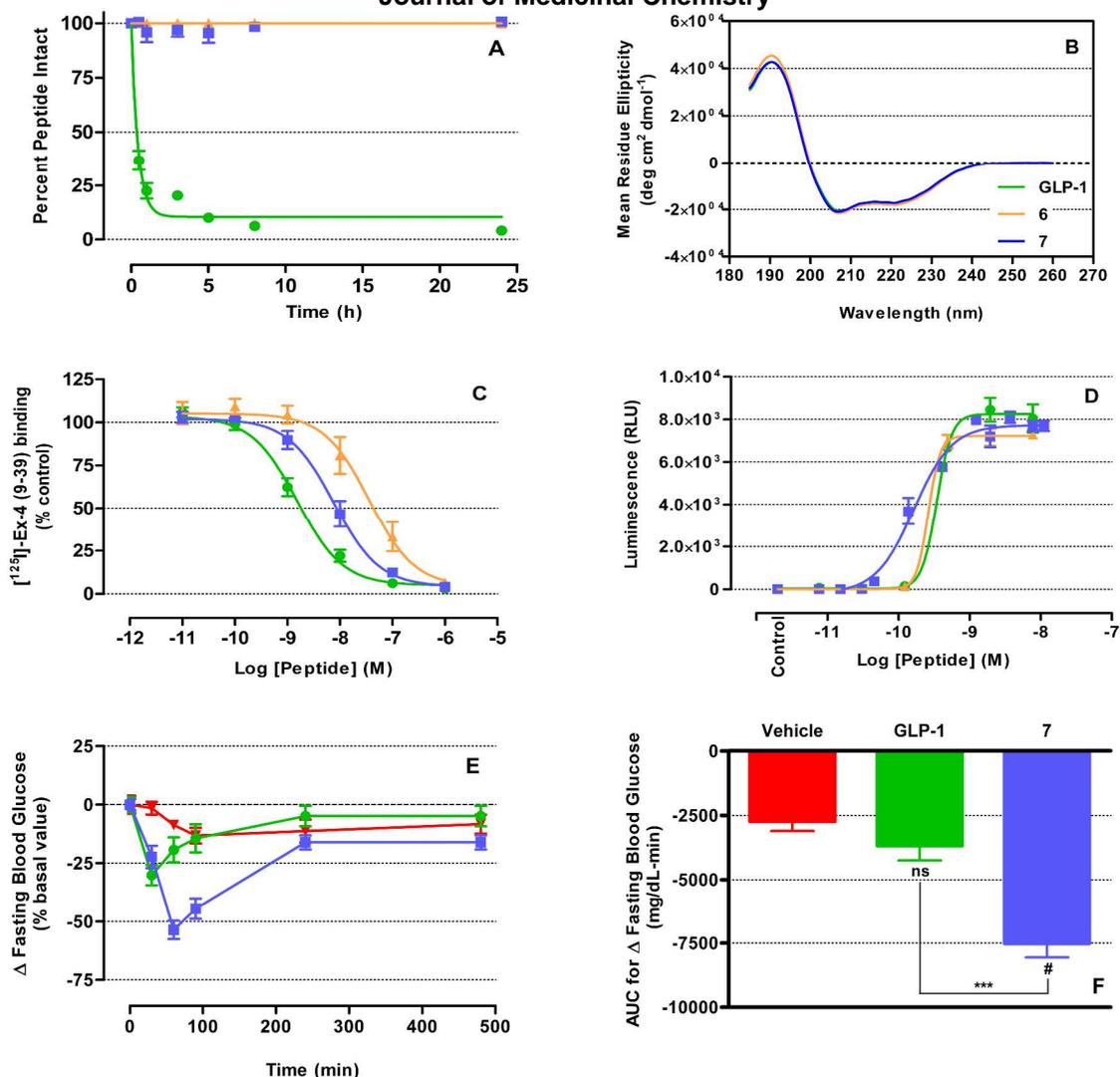


Figure 3. Characterization of P1'-modified GLP-1 analogues. (A) GLP-1 (●), 6 (▲), and 7 (■) were incubated with purified human DPP IV (5 nM) at 37 °C. The data represent the mean ± SEM of 3 independent experiments. (B) GLP-1, 6, and 7 were dissolved in 10 mM sodium phosphate buffer containing 30% TFE and scanned from 260 to 185 nm on a CD spectrophotometer. The data represent the average of 4 scans. (C) The binding affinity of GLP-1 (●), 6 (▲), and 7 (■) was measured by [¹²⁵I]-Exendin-4 (9-39) competition binding experiments with COS-7 cells transiently expressing the human GLP-1R. The data represent the mean ± SEM of 3 independent experiments performed in duplicate. (D) GLP-1R activation by GLP-1 (●), 6 (▲), and 7 (■) was determined by measuring the stimulation of cAMP production. The data represent the mean ± range of 2 independent experiments performed in duplicate or triplicate. (E) Fasting blood glucose (FBG) measurements were determined prior to and at the indicated times after IP administration to *db/db* mice of vehicle (PBS) (▼) or 8 μg/mouse of GLP-1 (●) or 7 (■). The data represent the mean ± SEM percent change in FBG, compared to basal FBG levels, for 10 animals. (F) The change in FBG area under the curve (AUC) was calculated for each data set presented in panel E. The data represent the mean ± SEM change in FBG AUC (0 – 480 min) for 10 animals. Statistical significance: #, $p < 0.0001$ compared to vehicle; ns: non-significant compared to vehicle, ***, $p < 0.0001$ as indicated.

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3 and a maximum at 190 nm (Figure 3B). The CD spectra of **6** and **7** were nearly identical to that
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5 of GLP-1 (Figure 3B), suggesting introduction of a tertiary-substituted β -carbon at the P1'
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7 position does not significantly change the secondary structure of native GLP-1.
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11 *Biological Activity.* Competitive binding assays were performed with the radioligand [125 I]-Ex-
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13 **4** (9-39) to determine the binding affinity of native GLP-1, **6**, and **7** at the human GLP-1R. As
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15 shown in Figure 3C, native GLP-1 bound the GLP-1R with high affinity to yield an IC₅₀ value of
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17 1.5 nM (Table S2). GLP-1's binding affinity was reduced to 36 nM when Glu³ was replaced by
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19 the uncharged amino acid analogue **1** to generate analogue **6** (Figure 3C and Table S2). The
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21 binding affinity was restored to 7.6 nM when the charged amino acid analogue **2** was introduced
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23 at the P1' position to generate analogue **7** (Figure 3C and Table S2).
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30 The *in vitro* biological activity of native and P1'-modified GLP-1 analogues at the human GLP-
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32 1R was determined by measuring cAMP production in response to receptor stimulation. As
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34 shown in Figure 3D, native GLP-1 and the P1'-modified GLP-1 analogues **6** and **7** activated the
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36 GLP-1R in a concentration-dependent manner. Introduction of the amino acid analogue **1** or **2** at
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38 the P1' position in GLP-1 had little if any impact on the peptide's potency at the GLP-1R (Figure
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40 3D). The EC₅₀ values obtained from fitted sigmoidal curves were 350, 260, and 170 pM for
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42 GLP-1, **6**, and **7**, respectively (Table S3).
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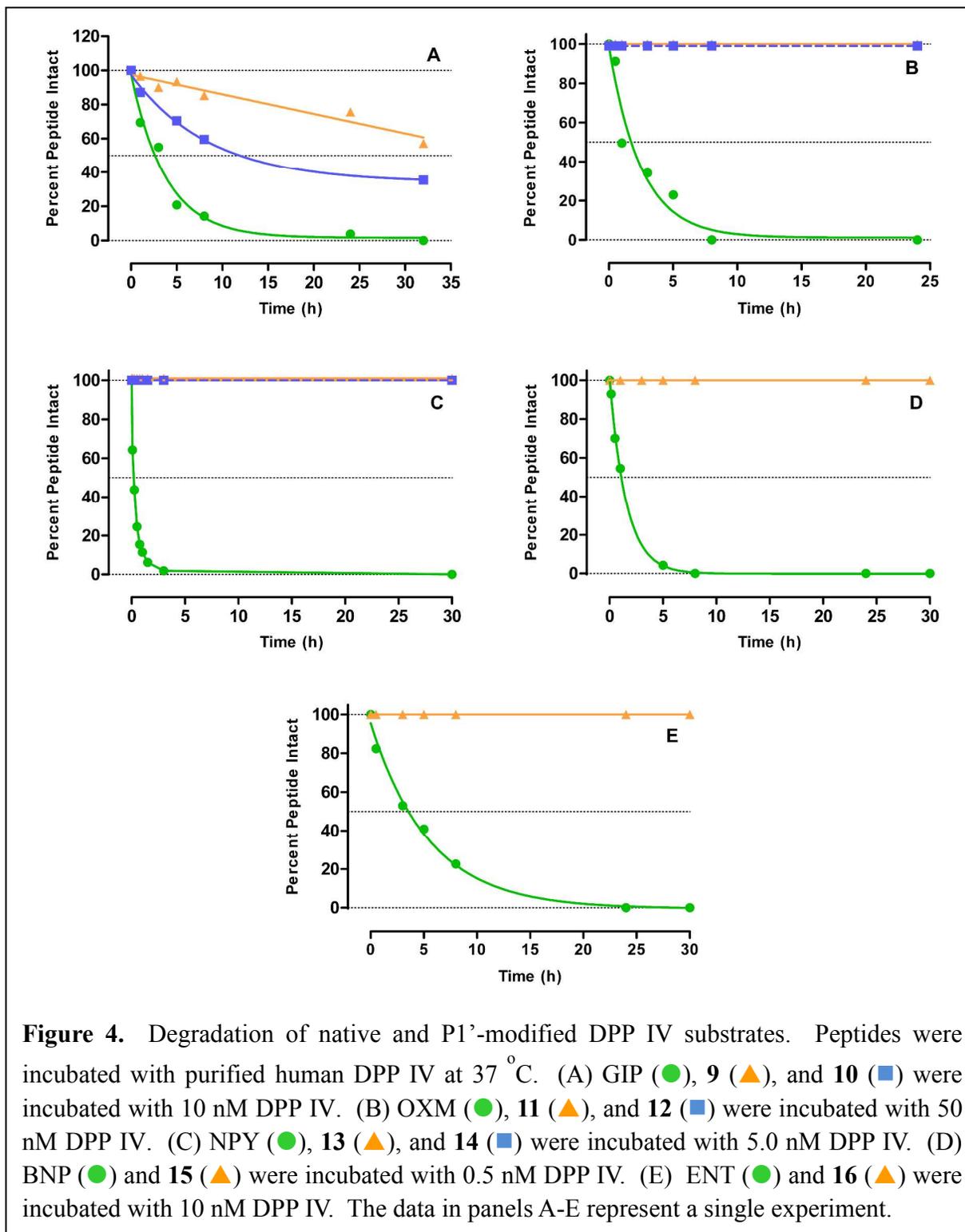
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48 The glucose-lowering efficacy of native GLP-1 and the P1'-modified GLP-1 analogue **7** was
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50 investigated in the *db/db* mouse model of T2D. Similar to human T2 diabetics, *db/db* mice
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52 display elevated fasting blood glucose (FBG) levels. The FBG levels of *db/db* mice were
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54 measured at various time points following ip administration of each peptide (8 μ g/mouse). As
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56 shown in Figure 3E, thirty minutes after administration of native GLP-1 the average FBG level
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3 of *db/db* mice was reduced by 30%. The glucose-lowering effect of native GLP-1 was, however,
4 short-lived. Ninety minutes after administration, the FBG levels of *db/db* mice administered
5 native GLP-1 returned to the levels observed in *db/db* mice administered vehicle (PBS) (Figure
6 3E). The P1'-modified GLP-1 analogue **7** elicited a more profound and long-lived glucose-
7 lowering effect than native GLP-1. FBG levels of *db/db* mice were reduced by over 50% 60 min
8 after administration of **7** and remained reduced by 45% for up to 90 min after peptide
9 administration. At 240 min after administration, FBG levels had returned to basal levels in *db/db*
10 mice receiving any of the three treatments (PBS, GLP-1, or **7**). The area under the FBG curve
11 (0-480 min) for *db/db* mice administered either vehicle or 8 μ g of peptide (GLP-1 or **7**) was
12 calculated. In comparison to treatment with vehicle, treatment with **7** significantly ($p < 0.0001$)
13 reduced the 8-h FBG AUC, whereas treatment with GLP-1 did not (Figure 3F). In addition, the
14 8-h FBG AUC was significantly ($p < 0.0001$) less in *db/db* mice treated with **7** than those treated
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35 *Safety.* To evaluate the safety of extended treatment with P1'-modified peptides analogue **7** (1
36 mg/kg) was administered by ip injection to C57BL/6 mice once daily for seven days. The
37 bodyweight of each mouse, as well as the food consumed per cage, was measured daily. Water
38 consumption was measured on the third and seventh days of treatment. As shown in Figure S1,
39 throughout the seven-day treatment, the bodyweight, food consumption, and water consumption
40 of mice treated with analogue **7** was not statistically ($P > 0.05$) different than that of vehicle-
41 treated animals.
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53 On Day 7, following the final dose of vehicle or analogue **7**, necropsies were performed and the
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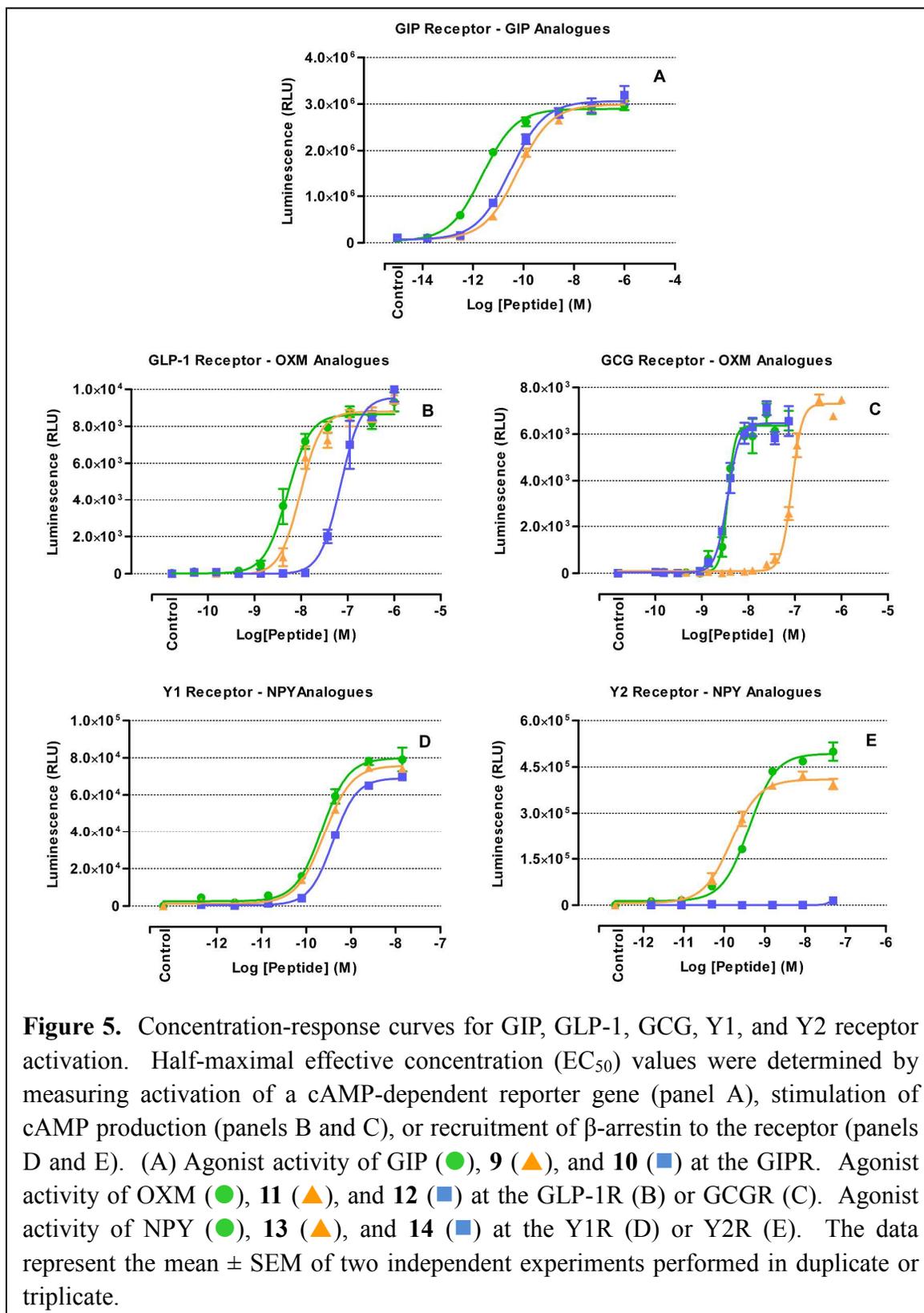
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3 were noted in any of the twelve animals in the study. In addition, the organ weights of the
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5 vehicle-treated and peptide-treated animals were not statistically different ($p>0.05$) (Figure S1).
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Protease-resistant Analogues of Other DPP IV Substrates. *In Vitro Degradation.* The endogenous DPP IV substrates GIP, OXM, NPY, BNP, and ENT were synthesized with the amino acid analogue 1 at the P1' position to generate the analogues 9, 11, 13, 15, and 16,

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3 respectively (Table 1). Take note that the carboxylic acid normally found at the C-terminus of
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5 native GIP, OXM, BNP, and ENT was replaced by an amide in “native” and “P1'-modified”
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7 peptides to prevent degradation by carboxypeptidases in future *in vivo* studies. In addition, to
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9 demonstrate the applicability of the method to receptor-selective agonists, an analogue (**14**) of
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11 the Y1R-selective peptide [Leu³¹Pro³⁴]NPY was synthesized with **1** at the P1' position (Table 1).
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13 A GIP analogue (**10**) containing the amino acid analogue **2** at the P1' position was synthesized so
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15 as to conserve the acidic charge of the P1' Asp residue present in native GIP (Table 1).
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17 Likewise, an OXM analogue (**12**) containing the amino acid analogue **3** at the P1' position was
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19 synthesized so as to conserve the basic charge of the P1' Gln residue present in native OXM
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21 (Table 1). *In vitro* degradation assays revealed that the P1'-modified analogues **11**, **12**, **13**, **14**,
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23 **15**, and **16** were completely resistant to DPP IV-mediated degradation for 24 h or more (Figure
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25 **4**). The P1'-modified GIP analogues **9** and **10** were degraded by DPP IV, but at a significantly
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27 slower rate than native GIP ($t_{1/2} \sim 3$ h) (Figure 4A and Table S1). The half-lives of the analogues
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29 **9** and **10** were estimated to be > 30 h and 10 h, respectively. The half-lives of native GLP-1,
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31 GIP, OXM, NPY, BNP, ENT and their respective P1'-modified analogues in the presence of
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33 DPP IV are provided in Table S1.
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42 *Secondary Structure.* The secondary structure of native GIP, OXM, and NPY and their P1'-
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44 modified analogues **9**, **10**, **11**, **12**, **13**, and **14** was examined by CD spectroscopy in the far UV
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46 region (185-260 nm) as described above for native GLP-1, **6**, and **7**. Similar to the results
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48 obtained for GLP-1 and its P1'-modified analogues, the CD spectra of each native peptide and its
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50 respective P1'-modified analogue(s) were nearly identical (Figure S2).
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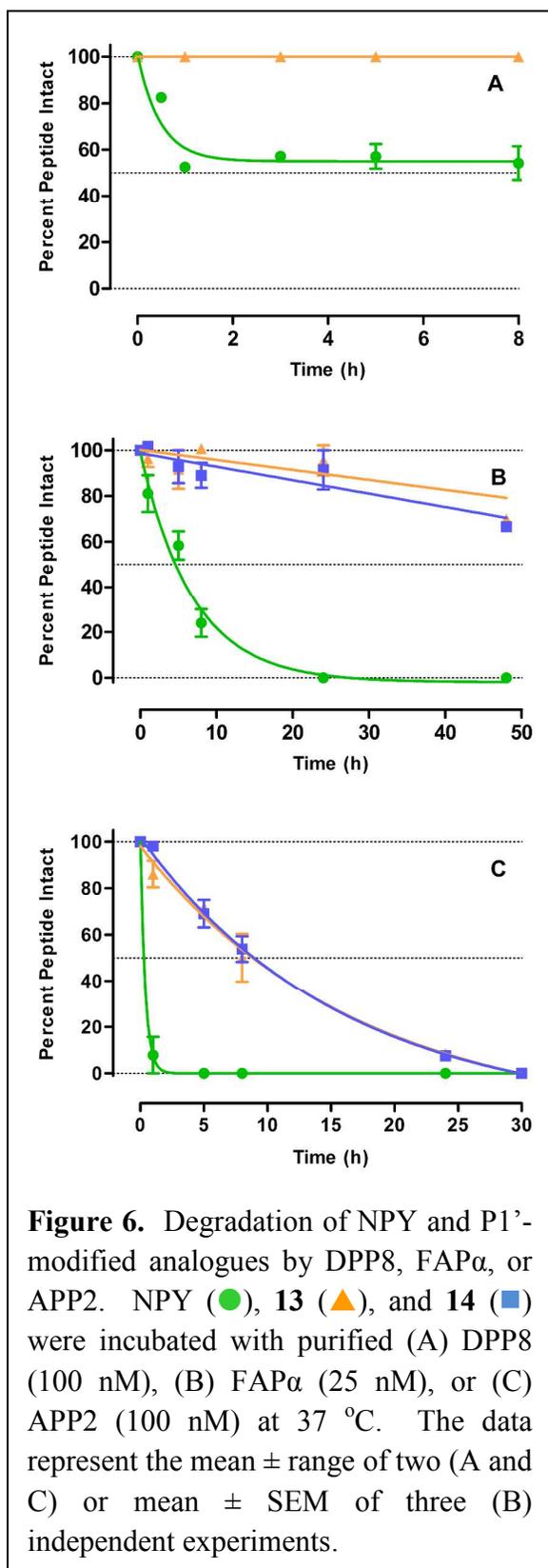


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Biological Activity. The *in vitro* biological activity of native and P1'-modified forms of GIP, OXM, and NPY were determined at their respective receptor(s) by measuring activation of a cAMP-dependent reporter gene (Figure 5A), stimulation of cAMP production (Figure 5B and 5C), or β -arrestin recruitment to the receptor (Figure 5D and 5E). As shown in Figure 5, all native and P1'-modified peptides activated their respective receptors in a concentration-dependent manner. Introduction of the amino acid analogue **1** or **2** at the P1' position in GIP generated the analogues **9** and **10** and decreased the peptide's potency at the GIPR by approximately 20- or 10-fold, respectively (Figure 5A). As previously reported, native OXM acted as a dual agonist at the GLP-1 and glucagon (GCG) receptors (Figure 5B and 5C). Introduction of the amino acid analogue **1** at the P1' position in OXM, to generate analogue **11**, reduced the potency of the peptide at the GLP-1R and CGCR by approximately 2- and 20-fold, respectively (Figure 5B and 5C). Introduction of the amino acid analogue **3** at the P1' position in OXM, to generate analogue **12**, did not change the peptide's potency at the GCGR, but decreased the peptide's potency at the GLP-1R by more than 10-fold (Figures 5B and 5C). The NPY analogues **13** and **14**, both of which have the amino acid analogue **1** at the P1' position, retained agonist activity similar to that of native NPY at the Y1R (Figure 5D). The NPY analogue **13** also potently activated the Y2R, while the Y1R-selective analogue **14** did not, even at concentrations in the high nanomolar range (Figure 5E). Corresponding EC₅₀ values for native and P1'-modified analogues are provided in Table S3.

Application of the P1' Modification to Other Enzyme Substrates. *DPP IV Homologs: FAP α and DPP8.* The P1'-modified NPY analogues **13** and **14** were exposed to the DPP IV homologs FAP α and DPP8 (Figure 6). Similar to DPP IV, these enzymes cleave on the carboxyl side of the Pro² residue in NPY to generate the truncated metabolite NPY₃₋₃₆.^{30, 31} In the presence of

FAP α the half-life of native NPY was 4.8 h, whereas the analogues **13** and **14** had half-lives of



greater than 50 h, with approximately 70% of both remaining intact after 48 h (Figure 6B and Table S1). Interestingly, less than 50% of native NPY was digested after an 8 h exposure to DPP8 (Figure 6A). The P1'-modified analogue **13**, on the other hand, remained completely intact over an 8 h incubation with DPP8 (Figure 6A).

Metalloprotease: APP2. NPY is also metabolized by the metalloprotease APP2, which cleaves after the N-terminal Tyr¹ residue to generate NPY₂₋₃₆.³² In the presence of APP2, native NPY had a half-life of approximately 0.3 h and was almost completely degraded to NPY₂₋₃₆ after a 1 h incubation (Figure 6C and Table S1). Under the same conditions, the P1'-modified analogues **13** and **14** had greatly extended half-lives of 11.7 and 11.0 h, respectively (Figure 6C and Table S1).

Serine Proteases: Trypsin, Chymotrypsin, aLP.

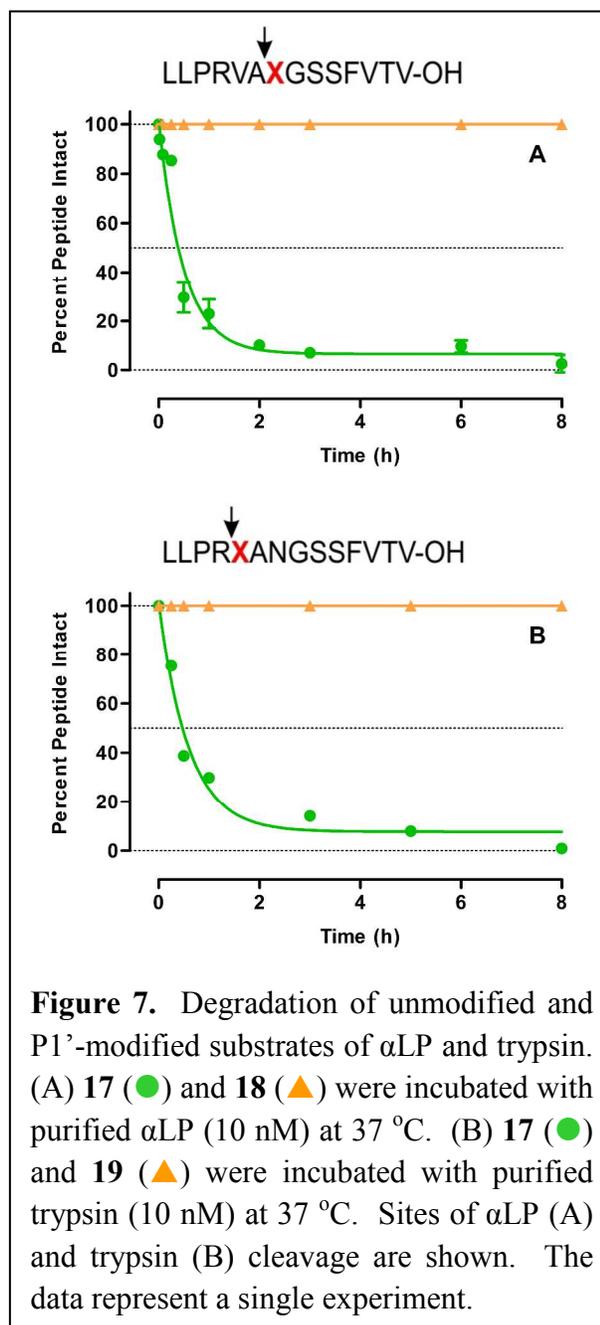
A synthetic endoprotease substrate (**17**) was designed in our laboratory to contain both a post-

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Ala cleavage site for the archetypal serine protease α LP and a post-Arg cleavage site for trypsin (Table 1). The substrate analogues **18** and **19** were generated by replacing the P1' residue at the cleavage sites for α LP and trypsin, respectively, in **17** with the amino acid analogue **1** (Figure 7 and Table 1). In the presence of purified α LP or trypsin the unmodified endoprotease substrate **17** had a half-life of approximately 0.4 h (Figure 7 and Table S1). Conversely, the P1'-modified analogues **18** and **19** remained completely intact when incubated with α LP or trypsin for 5 or 8 h, respectively (Figure 7).

To further demonstrate the widespread applicability of this method, a GLP-1 analogue (**8**) containing the amino acid

analogues **1** or **2** at the P1' position of trypsin and chymotrypsin cleavage sites was also generated. The stability of the multiply-modified GLP-1 analogue **8** was investigated in the presence of the digestive enzymes trypsin and chymotrypsin (Figure 8). Unmodified native GLP-1 was completely degraded after an incubation of only 10 s with either trypsin or chymotrypsin (Figure 8). In contrast, **8** remained completely intact over a 5 h incubation with



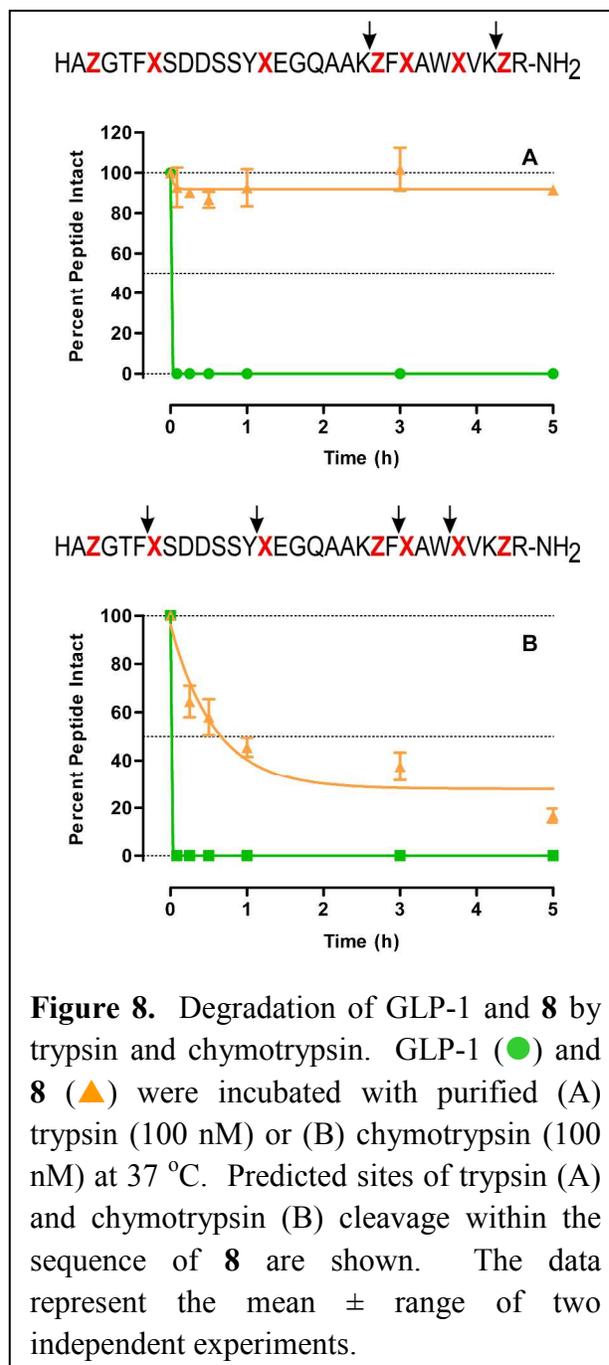
trypsin (Figure 8A). The rate of degradation of **8** was significantly reduced in comparison to that of native GLP-1 in the presence of chymotrypsin, with 50% of **8** remaining intact after ~ 0.6 h (Figure 8B and Table S1).

Kinetic Analysis of Peptide-DPP IV

Interaction.

It is possible that P1'-modified peptides are less susceptible to degradation by DPP IV because (i) the modified substrates lose affinity for the enzyme, or (ii) binding to the active-site is conserved but subsequent catalytic cleavage is compromised. Kinetic analyses were performed to explore these options and determine whether and to what extent P1'-modified substrates inhibit DPP IV activity. In brief, the initial rate of DPP IV-mediated cleavage of the chromogenic substrate Ala-Pro-*para*-nitroanilide (AP-*p*NA) was measured in the presence of increasing concentrations of the P1'-modified analogues **9**, **13**, **14**, **15**, or **16**. Modified peptides were found to competitively inhibit DPP IV, with K_i values of 160 ± 70 for **9**, 6.3 ± 0.8 for **13**, 5.0 ± 0.6 for **14**, and 61 ± 7 μ M for **15** (Figure S3 and Table S4). These

values are in the range of reported K_m values of DPP IV for the corresponding unmodified



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3 peptides (Table S4).³³⁻³⁵ Although to the best of our knowledge the K_m of ENT with DPP IV has
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5 not been reported, the low K_i ($4.5 \pm 0.7 \mu\text{M}$) value of the P1'-modified ENT analogue (**16**)
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7 determined in our experiments implies that the P1'-modified analogue binds with a relatively
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9 high affinity to the DPP IV active-site (Figure S3E). Thus, it appears that while the enzyme
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11 affinity of modified peptides is largely conserved, their catalytic cleavage is compromised. As
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13 expected, native peptides had markedly higher K_i values for inhibition of DPP IV than their P1'-
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15 modified counterparts. For example, the K_i for inhibition of DPP IV by ENT was $142 \pm 43 \mu\text{M}$,
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17 while the K_i for inhibition of DPP IV by **16** was only $4.5 \pm 0.7 \mu\text{M}$ (Table S4). This is likely due
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19 to the fact that the native peptides are rapidly degraded by DPP IV and the resulting metabolites
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21 do not act as competitive inhibitors of the enzyme.
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DISCUSSION

The use of peptides as therapeutic agents is greatly limited by their susceptibility *in vivo* to degradation and inactivation by a wide range of proteases. In this study we describe a simple and general method of generating metabolically stable peptide analogues that retain potent biological activity. The method involves substituting the P1' residue, which is positioned directly C-terminal of the protease cleavage site, with an amino acid analogue containing a tertiary-substituted β -carbon (ie. **1**, **2**, or **3**). Application of this method to the endogenous DPP IV substrates GLP-1, GIP, OXM, NPY, BNP, and ENT generated novel P1'-modified peptide analogues that were highly resistant to DPP IV-mediated degradation.

The influence of the P1' residue on susceptibility to DPP IV-mediated cleavage has been previously examined with GLP-1, GIP, and OXM. Green and colleagues found that replacing the P1' Glu residue in GLP-1 with a Pro or Lys residue greatly enhanced the half-life of GLP-1 in the presence of DPP IV, while replacing the P1' residue with a Tyr or Phe residue only moderately enhanced the half-life.^{36, 37} An investigation of the stability of Glu³-substituted GIP analogues in the presence of DPP IV revealed GIP analogues containing an Ala, Phe, Trp, or Tyr residue at the P1' position were quickly degraded by DPP IV, yielding half-lives similar to that of native GIP.³⁸ Substitution of Glu³ with a Lys residue slightly enhanced the stability of GIP in the presence of DPP IV, but only substitution with a Pro residue completely blocked DPP IV-mediated degradation of GIP.³⁸ Substitution of the Gln³ residue in OXM with a Glu residue, in combination with other N-terminal substitutions (ie. D-His¹ or Ala²), rendered the peptide resistant to DPP IV-mediated degradation over a 2 h incubation.³⁹ When the Gln³ residue in OXM was substituted with an Asp, Glu, Leu, noroleucine (Nle), or Pro residue, only the OXM analogue containing an Asp residue at the P1' position displayed significant resistance to DPP

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3 IV-mediated degradation.⁴⁰ To our knowledge, the influence of amino acid substitutions at the
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5 P1' position in NPY, BNP, or ENT on DPP IV-mediated degradation has never been investigated
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8 and this is the first report of a DPP IV-resistant NPY, BNP, or ENT analogue.
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11 CD studies revealed that introduction of the amino acid analogues **1**, **2**, and/or **3** at the P1'
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13 position in GLP-1, GIP, OXM, and NPY did not significantly alter the secondary structure of the
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15 peptides, which is required to maintain high affinity and potent activity at their respective
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17 receptors (Figure S2).⁴¹⁻⁴⁴ The effect of P1' residue substitutions on agonist activity has been
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19 previously investigated for GLP-1, GIP, and OXM. GLP-1 analogues containing an Ala or Asp
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21 residue at the P1' position were 30-fold less potent and considerably less active than native GLP-
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23 1.⁴⁵ Replacement of the Glu³ residue in GLP-1 with a Pro, Phe, or Tyr residue also reduced
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25 binding affinity and agonist activity at the GLP-1R, and an analogue containing a basic Lys
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27 residue at the P1' position even acted as an antagonist at the GLP-1R.^{36, 37} Conversely, in our
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29 study, replacement of the P1' residue in GLP-1 with the amino acid analogue **1** or **2** did not
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31 significantly alter the peptide's binding affinity or agonist activity at the GLP-1R. In fact, the
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33 P1'-modified analogue **7** was ~2-fold more potent than native GLP-1 at the GLP-1R and
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35 demonstrated more potent and long-lived glucose-lowering activity than the native peptide in
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37 diabetic mice. Furthermore, daily administration of analogue **7** to lean mice for seven days did
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39 not cause any gross abnormalities or significant changes in body weight, organ (liver, pancreas,
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41 kidneys, heart, brain) weight, food consumption, or water consumption.
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50 Site-directed mutagenesis studies of the GIPR have suggested that the Glu³ residue in GIP
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52 interacts directly and uniquely with residue Arg¹⁸³ in the GIPR to stimulate cAMP production.⁴⁶
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54 GIP analogues containing an Ala, Trp, or Tyr residue at the P1' position were reported to display
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56 slightly reduced activity at the GIPR (2- to 3-fold) and caused notable inhibition (12-24%) of
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3 GIP-stimulated cAMP production.³⁸ Replacement of Glu³ in GIP with a Lys, Phe, Pro, or
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5 Hydroxyproline (Hyp) residue produced potent GIPR antagonists.^{38,47} In our study, replacement
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7 of the P1' Glu³ residue with the amino acid analogue **1** or **2** moderately reduced the potency of
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9 GIP at the GIPR by 20- or 10-fold, respectively. We suggest the GIP analogue **10** is a slightly
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11 more potent GIPR agonist than analogue **9** because the amino acid analogue **2** in **10** conserves
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13 the acidic charge of the Glu³ residue present in native GIP. The reduced potency of **10** in
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15 comparison to native GIP may be due to a difference in how the carboxylate group of Asp in **10**
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17 and Glu in native GIP is positioned to interact with residues in the GIPR. We propose that a GIP
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19 analogue containing a β -dimethyl-Glu residue at the P1' position may be more equivalent in
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21 potency to native GIP than either **9** or **10**.
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28 OXM is a dual agonist with activity at both the GLP-1R and the GCGR.⁴⁸⁻⁵⁰ Several studies
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30 have demonstrated that the Gln³ residue in OXM is essential for GCGR recognition and
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32 activation. In comparison to native OXM, analogues containing a Glu, Asp, Asn, Leu, or
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34 noroleucine (Nle) residue at the P1' position displayed greatly reduced activity at the GCGR, but
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36 retained potent activity at the GLP-1R.⁴⁰ In agreement with previously published studies, we
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38 found that a basic charge at the P1' position in OXM is necessary for the peptide to retain
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40 activity comparable to native OXM at the GCGR. Introduction of the uncharged amino acid
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42 analogue **1** at the P1' position in OXM significantly reduced the peptide's potency at the GCGR,
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44 but not at the GLP-1R. Conversely, introduction of the basic amino acid analogue **3** at the P1'
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46 position significantly reduced activity at the GLP-1R, but not at the GCGR. Loss of GLP-1R
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48 activity with the latter peptide derivative was surprising, since native OXM, which contains a
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50 basic Gln residue at the P1' position, is a potent activator of the GLP-1R.
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It is well-established that both an intact N- and C-terminus are required for NPY to bind the Y1R subtype.^{43, 51} In fact, the binding affinity of NPY to the Y1R is decreased by 100-fold or >1000-fold, respectively, when the N-terminal Tyr amino acid residue or Tyr-Pro dipeptide is removed.⁴³ In contrast, an intact N-terminus is not required for NPY to bind and activate the Y2R subtype.⁵² The P1'-modified analogue **13** retained potent agonist activity at both the Y1R and Y2R. Our P1'-modified derivative of the Y1R-selective NPY analogue, referred to as analogue **14**, acted as a potent agonist at the Y1R, but, as expected, displayed no activity at the Y2R.

The presence of the amino acid analogue **1** at the P1' position in NPY also rendered the analogues **13** and **14** resistant to cleavage by the DPP IV homologs DPP8 and FAP α and the metalloprotease APP2. Interestingly, less than 50% of native NPY was digested after an 8 h exposure to DPP8. A recently published study suggests DPP IV-generated metabolites can bind to a secondary substrate binding site on the enzyme, outside the S2-S2' region, to inhibit subsequent enzyme activity.⁵³ Perhaps the DPP8-generated metabolite NPY₃₋₃₆ binds to a secondary binding site on DPP IV to inhibit cleavage of the remaining full-length NPY. In the NPY analogues **13** and **14** the P2' position of the APP2 cleavage site is occupied by the bulky amino acid analogue **1**. The fact that APP2 is reported to disfavor P2' residues with bulky side-chains⁵⁴ may explain its inability to degrade analogues **13** and **14**.

Having demonstrated that the P1' modification protected substrates of several amino/dipeptidases from degradation, we explored whether this method of modification could also prevent the degradation of endoprotease substrates. We found that a synthetic peptide substrate containing the amino acid analogue **1** at the P1' position of the α LP and trypsin cleavage sites was resistant to α LP- and trypsin-mediated degradation, respectively. In addition,

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3 introduction of the amino acid analogues **1** or **2** at the P1' position of the trypsin and
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5 chymotrypsin cleavage sites in GLP-1 greatly extended the peptide's half-life in the presence of
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7 these digestive enzymes.
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11 Kinetic analyses were performed to investigate the mechanism by which the P1' modification
12 renders peptides resistant to DPP IV-mediated degradation. Kinetic analyses suggested that the
13 P1'-modified substrates (ie. **9**, **13**, **14**, **15**, and **16**) act as competitive inhibitors of DPP IV
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15 (Figure S3). The efficacy of P1'-modified analogues as competitive inhibitors of DPP IV varied,
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18 (Figure S3). The efficacy of P1'-modified analogues as competitive inhibitors of DPP IV varied,
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20 with corresponding K_i 's ranging from low to high micromolar values (Table S4). Due to the
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22 presence of conformationally restrained amino acid residues (ie. **1**, **2**, or **3**) at the P1' position, it
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24 is likely that modified peptides analogues bind within the active-site of the enzyme in a
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26 constrained conformation. We propose that in this conformation the peptide has enough
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28 flexibility to establish the interactions necessary to retain high binding affinity at the enzyme
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30 active-site. The peptide conformation may be too restricted, however, to establish the
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32 interactions necessary for complete hydrolysis of the scissile bond by DPP IV. In modeling
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34 studies the hexapeptide NPY₁₋₆ was found to be positioned similarly within the active-sites of
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36 DPP IV and FAP α .⁵⁵ Therefore, it is likely that the P1' modification confers resistance to FAP α -
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38 and DPP IV-mediated degradation by a similar mechanism. It may be necessary to obtain the
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40 crystal structure of a P1'-modified analogue in the active-site of DPP IV in order to elucidate the
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42 exact mechanism by which the P1' modification renders peptides resistant to enzymatic
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44 degradation.
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51 52 53 **Conclusion** 54 55 56 57 58 59 60

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3 More than 60 biologically active hormones, growth factors, chemokines, and neuropeptides
4 have been identified as physiological substrates of DPP IV. The results presented herein suggest
5 that any of these substrates could be made resistant to DPP IV-mediated degradation by
6 introduction of the P1' modification. Moreover, the proposed method works when applied to
7 peptide substrates of other proteases, such as FAP α , trypsin, and chymotrypsin. It should be
8 possible to synthesize and substitute a tertiary-substituted β -carbon analogue for almost every
9 naturally occurring amino acid -- a general platform for enhancing the enzymatic stability of
10 peptide-based therapeutics.
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EXPERIMENTAL SECTION

Peptide Synthesis. The following peptides were synthesized and purified by the Tufts University Core Facility (TUCF): NH₂-Ala-Pro-Leu-Ser-Trp-Ser, NH₂-Ala-Pro-Ile-Ser-Trp-Ser, NH₂-Ala-Pro-Tle-Ser-Trp-Ser, GLP-1, OXM, NPY, ENT, **6**, **7**, **8**, **11**, **13**, **14**, **16**, **17**, **18**, and **19**. Native GIP and BNP, and the modified peptides **9**, **10**, **12**, and **15** were synthesized and purified by CS Bio (Menlo Park, CA). The purity (> 95%) of all peptides was confirmed by HPLC-MS. The modified amino acid Fmoc-L-*tert*-Leu was purchased from Novabiochem. N-Fmoc-L-β, β-dimethyl-Asp(*t*-butyl) (**4**) and N-Fmoc-L-β, β-dimethyl-Gln-Gly(*t*-butyl)-OH (**5**) were synthesized in-house (Supporting Information).

***In Vitro* Degradation Assays.** In vitro degradation assays were performed to determine the stability of native and modified peptides in the presence of various enzymes. For all degradation assays peptides (0.1 mM) were incubated at 37 °C with purified enzyme. At specified times, samples were collected from the degradation reactions and enzymatic activity was terminated with the addition of 10% (v/v) 0.1 M HCl.

Synthetic hexapeptides were incubated in DPP IV assay buffer (50 mM HEPES, 0.14 M NaCl, pH 8.0) with 10 mU/mL DPP IV purified from porcine kidney (Sigma-Aldrich, USA). Native and P1'-modified analogues of GLP-1, GIP, OXM, NPY, BNP, and ENT were incubated in DPP IV assay buffer with purified recombinant human DPP IV (R&D Systems) at the concentrations indicated in the corresponding Figure. Native and P1'-modified NPY analogues were incubated in DPP IV assay buffer with 25 nM purified recombinant human FAPα (R&D Systems) or 100 nM purified recombinant human DPP8 (BPS Biosciences). Additionally, native and P1'-

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3 modified analogues of NPY were incubated in APP2 assay buffer (100 mM HEPES, 500 mM
4 MnCl₂, pH 8.0) with 100 nM purified recombinant human APP2 (R&D Systems).
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9 The unmodified (**17**) and P1'-modified synthetic substrate (**18**) of the enzyme α LP were
10 incubated in α LP assay buffer (50 mM Tris-HCl, 100 mM KCl, pH 8.75) with 10 nM α LP
11 purified from *Lysobacter enzymogenes*.⁵⁶ Similarly, the unmodified (**17**) and P1'-modified
12 synthetic substrate (**19**) of the enzyme trypsin were incubated in trypsin assay buffer (50 mM
13 Tris-HCl, 20 mM CaCl₂, pH 8.0) with 10 nM purified porcine pancreatic trypsin (Sigma, USA).
14 Native GLP-1 and **8** were incubated with 100 nM purified porcine pancreatic trypsin in trypsin
15 assay buffer, or with 10 nM purified bovine pancreatic chymotrypsin (Sigma, USA) in
16 chymotrypsin assay buffer (100 mM Tris-HCl, 10 mM CaCl₂, pH 8.0).
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29 Samples were analyzed by reverse-phase HPLC-MS on a Thermo Finnigan LCQ Duo
30 instrument equipped with a Zorbax C-18 ECLYPSE column (2.2 x 50 mm, 3.5 μ m) and a UV
31 detector. With the exception of ENT digests, peptide fragments were separated by linear
32 gradient elution at a flow rate of 0.2 mL/min beginning at 80% solvent A/20% solvent B and
33 shifting to 30% solvent A/70% solvent B over 20 min, where solvent A is water (0.1% TFA) and
34 solvent B is acetonitrile (0.08% TFA). The eluents were monitored by UV absorption and mass
35 spectrometry. ENT peptide fragments were separated by linear gradient elution beginning at
36 100% solvent A/0% solvent B and shifting to 50% solvent A/50% solvent B. The amount of
37 intact peptide was quantified by integrating the corresponding area under the curve in each
38 extracted ion chromatogram. This value was expressed as "Percent Peptide Intact", relative to
39 the corresponding value before exposure to enzyme digestion (time 0). The data were fit to a
40 single-phase exponential equation in GraphPad Prism 5 (GraphPad Software Inc., San Diego,
41 CA) to determine half-life values.
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3 **Circular Dichroism.** Peptides were dissolved to a nominal concentration of 30 μM (as
4 determined by UV absorbance) in 10 mM sodium phosphate buffer (pH 7.0) containing 30%
5 TFE. Actual peptide concentrations were calculated by measuring the UV absorbance at 280 nm
6 and using a molar extinction coefficient of $6970 \text{ M}^{-1}\text{cm}^{-1}$ for GLP-1 and its analogues, $13980 \text{ M}^{-1}\text{cm}^{-1}$
7 for GIP and its analogues, $8250 \text{ M}^{-1}\text{cm}^{-1}$ for OXM and its analogues, and $7450 \text{ M}^{-1}\text{cm}^{-1}$ for
8 NPY and its analogues. The concentration of BNP, which lacks any aromatic amino acid
9 residues, was determined by BCA assay (Thermo Scientific, USA). Far-UV spectra were
10 collected on a Jasco J-810 circular dichroism spectropolarimeter (Jasco Inc., Easton, MD) at 25
11 $^{\circ}\text{C}$ in a 1 mm quartz cuvette. Four scans of spectral data were accumulated from 260 to 190 nm
12 with a response time of 2 s, and from 185 to 200 nm with a response time of 16 s. In all cases, a
13 bandwidth of 1 nm, data pitch of 0.5 nm, and scanning speed of 10 nm/min were employed. For
14 data analysis, the solvent signal was subtracted and millidegree values were converted to mean
15 residue ellipticity ($\text{deg cm}^2 \text{ dmol}^{-1}$) using the following formula:
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$$[\Theta]_{\text{MRW}} = (\Theta_{\text{obs}} \cdot 100 \cdot M_r) / (c \cdot l \cdot N_A);$$

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38 where $[\Theta]_{\text{MRW}}$ is mean residue ellipticity, Θ_{obs} is observed ellipticity in degrees, M_r is the
39 peptide's molecular weight, c is the peptide concentration in mg/mL, l is the pathlength in cm,
40 and N_A is the number of amino acids in the peptide. GraphPad Prism 5 software was used to fit
41 and smooth curves and to graph mean residue ellipticity as a function of wavelength.
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48 **Receptor Binding Assay.** To determine the binding affinity of native and modified GLP-1
49 analogues at the GLP-1R competitive binding experiments were performed as previously
50 described.⁵⁷ Briefly, COS-7 cells transiently expressing the GLP-1R were treated with peptides
51 together with 17 pM of the radioligand [^{125}I]-exendin(9-39). Positive control wells contained the
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3 radioligand in the absence of competing ligand. Nonspecific binding of the radioligand was
4 determined in the presence of 1 μ M unlabeled exendin(9-39). The amount of cell-bound
5 radioactivity was determined by liquid scintillation counting (Beckman Gamma counter 5500B).
6 Data were normalized to [125 I]-exendin(9-39) binding in the absence of competitor and fit to the
7 one-site competition model in GraphPad Prism 5 to determine half-maximal binding affinity
8 (IC_{50}) values.
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18 **Receptor Activation Assays.** The agonist activity of native and modified GLP-1 analogues at
19 the GLP-R and native and modified OXM analogues at the GLP-1R and GCGR was determined
20 using cAMP Hunter eXpress GPCR Assay kits (DiscoverX, USA) according to the
21 manufacturer's protocol. The agonist activity of native and modified NPY analogues at the Y1
22 and Y2 receptors was determined using PathHunter eXpress β -arrestin kits (DiscoverX, USA)
23 according to the manufacturer's protocol. Luminescence levels were measured using a Perkin
24 Elmer Victor³V plate reader (Waltham, MA) and corrected for with luminescence levels from
25 untreated control wells. Sigmoidal concentration-response variable slopes were fit to the
26 corrected data in GraphPad Prism 5 and EC_{50} values were determined.
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41 The agonist activity of native and modified GIP analogues at the GIPR was determined by use
42 of a previously described luciferase reporter gene assay (Fortin, 2010). In brief, HEK293 cells
43 transiently transfected with cDNAs encoding β -galactosidase (β -gal) under the control of a
44 constitutively active CMV promoter, a cAMP responsive element binding-driven firefly
45 luciferase reporter gene, and the human GIP receptor (or a vector control) were stimulated for 6
46 h with vehicle (serum-free medium) or varying concentrations of GIP, sGIP, or bGIP.
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The agonist activity of native and modified GIP analogues at the GIPR was determined by use of a previously described luciferase reporter gene assay (Fortin, 2010). In brief, HEK293 cells transiently transfected with cDNAs encoding β -galactosidase (β -gal) under the control of a constitutively active CMV promoter, a cAMP responsive element binding-driven firefly luciferase reporter gene, and the human GIP receptor (or a vector control) were stimulated for 6 h with vehicle (serum-free medium) or varying concentrations of GIP, sGIP, or bGIP. Luciferase activity was measured by use of Steadylite reagent (PerkinElmer Life and Analytical Sciences, Waltham, MA) with a PerkinElmer Victor X3 plate reader. β -gal activity was used to

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3 correct the corresponding luciferase data for interwell variability in transfection efficiency and/or
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5 cell survival. Data normalized to vehicle-treated controls were fit to sigmoidal concentration-
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7 response curves in GraphPad Prism 5 and EC₅₀ values were determined.
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11 **Safety Study.** Six male and six female seven-week-old C57BL/6 mice were purchased from
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13 Charles River Laboratory (Cambridge, MA) and housed in same-sex cages consisting of three
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15 mice per cage with a 12 hour light:12 hour dark cycle. Following a twelve day acclimation
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17 period mice were randomly assigned into two groups (vehicle and experimental), each consisting
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19 of one cage of male mice (n = 3) and one cage of female mice (n = 3). Mice in the vehicle group
20
21 were administered PBS (pH 7.4) while mice in the experimental group were administered
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23 analogue 7 (1 mg/kg) dissolved in PBS. Treatments were administered once daily (9 - 11 am) by
24
25 ip injection for seven days. Just prior to dosing, body weight was recorded for each mouse and
26
27 food consumption was recorded for each cage. Water consumption was recorded on the third
28
29 and seventh days of the experiment. On the last day of the experiment (Day 7), following the
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31 final dose, the animals were euthanized and necropsies were performed. The liver, pancreas,
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33 kidneys, heart, and brain of each animal were collected and weighed.
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41 ***In Vivo* Glucose-lowering Activity.** Nine-week-old diabetic BKS.Cg m ^{+/+} Leprdb/J (*db/db*)
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43 mice were purchased from Jackson Laboratories (Bar Harbor, ME) and housed two to three per
44
45 cage with a 12 hour light:12 hour dark cycle. Following an overnight fast, lightly anesthetized
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47 (3% isoflurane) mice were administered an 8 µg (approximately 0.2 mg/kg) dose of peptide
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49 dissolved in PBS by ip injection. Control mice were treated with 0.4 mL vehicle (PBS) instead
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51 of peptide. Blood samples were collected from the tail vein of conscious mice at 0.5, 1.0, 1.5, 4,
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53 or 8 h after injection and FBG levels were determined using Freestyle Blood Glucose Test Strips
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55 and a handheld Freestyle Freestyle Blood Glucose Monitoring System (Abbott Laboratories,
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3 USA). FBG measurements were normalized to those taken pre-treatment and percent change in
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5 FBG was plotted as a function of time post-treatment in GraphPad Prism 5. The AUC for
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7 change in FBG was integrated from 0-480 min and the corresponding value was plotted as a
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9 function of treatment.
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14 **Kinetic Assays and Inhibition Constant Determination.** Kinetic analysis was performed to
15
16 determine if modified peptides bind at the active-site of DPP IV. Purified recombinant human
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18 DPP IV (2 nM) was incubated with varying concentrations (10 to 80 μM) of native or P1'-
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20 modified peptides in DPP IV assay buffer for 30 min at RT in a 96-well plate. Control wells
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22 were incubated with vehicle (ddH₂O) instead of peptide. Following the incubation, varying
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24 concentrations (up to 800 μM) of the chromogenic substrate *H*-Ala-Pro-*p*NA (Bachem, USA)
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26 were added to the appropriate wells and the plate was incubated for an additional 30 min at 37
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28 °C. The DPP IV-mediated release of *p*NA from the chromogenic substrate *H*-Ala-Pro-*p*NA was
29
30 monitored by spectrophotometry on a PerkinElmer Victor X3 plate reader at 410 nm. The
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32 concentration, *c*, of substrate cleaved was calculated using Beer-Lambert's Law ($A = \epsilon bc$), where
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34 *A* is the absorbance of *p*NA (410 nm), ϵ is the molar extinction of *p*NA (8800 M⁻¹ cm⁻¹) and *b* is
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36 the pathlength. The initial enzyme velocity (nmol/sec) measured over the first 5 min of the
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38 reaction were plotted as a function of substrate concentration. For K_i determination, the data was
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40 fit to a mixed-model inhibition equation using GraphPad Prism software.
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49 **Supporting Information**

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52 Supporting Information Available: Safety study measurements (food and water intake, bodyweight,
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54 organ weights, comprehensive blood count and chemistry), CD spectra, kinetic data, ¹H NMR spectra, *t*_{1/2}
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56 values, IC₅₀ values, EC₅₀ values, published K_m values, calculated K_i values, and the synthesis and
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3 characterization of Fmoc-L- β , β -dimethyl-Asp(O-t-Bu)-OH (**4**) and Fmoc- β , β -dimethyl-Gln-
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5 Gly-OH (**5**). This material is available free of charge via the Internet at <http://pubs.acs.org>.
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8 9 **Corresponding Author**

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14 15 **Acknowledgment**

16
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18
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20
21 Everill at Tufts University for providing purified α LP.
22
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24
25 **Abbreviations:** α LP (alpha-lytic protease), aminopeptidase P 2 (APP2), β -galactosidase (β -gal),
26
27 fasting blood glucose (FBG), brain natriuretic peptide (BNP), confidence interval (CI),
28
29 dipeptidyl peptidase IV (DPP IV), dipeptidyl peptidase 8 (DPP8), enterostatin (ENT), fibroblast
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31 activation protein alpha (FAP α), glucagon (GCG), glucagon-like peptide-1 (7-36) amide (GLP-
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33 1), glucose-dependent insulintropic peptide (GIP), neuropeptide Y (NPY), noroleucine (Nle),
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35 oxyntomodulin (OXM), *para*-nitroanilide (*p*NA), trifluoroethanol (TFE), Tufts University Core
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37 Facility (TUCF), type 2 diabetes (T2D)
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Table of Contents (TOC) Graphic:

