

A Convenient and Highly Stereoselective Synthesis of 4 α -Deuterio and -Tritio Steroids Catalyzed by Pd

Michael H. Rabinowitz[†]

Department of Chemistry, Stanford University, Stanford, CA 94305

Key Words: 4 α -Deuterio Steroid; 4 α -Tritio Steroid; 4 β -Tritio Steroid; π -Allylpalladium; Stereospecific Tritiation

Abstract: A simple and highly stereoselective synthesis of [4 α -²H]- and [4 α -³H]- Δ^5 -3 β -hydroxysteroids is presented. Palladium(0)-mediated borodeuteride reduction of readily-available cholest-5-ene-3 β ,4 β -diol cyclic carbonate provides [4 α -²H]- Δ^5 - and Δ^4 -cholesterol in a 12:1 ratio. Reduction of [4 α -³H]-cholest-5-ene-3 β ,4 β -diol cyclic carbonate with NaB¹H₄ and Pd(0) resulted in [4 β -³H]-cholesterol.

Chemical studies of the biosynthesis of natural products have frequently relied upon the employment of regio- and stereospecifically isotopically-substituted natural compounds to aid in the elucidation of metabolic pathways.¹ The fate of a particular labile atom during the metabolism of a biological compound has often been ascertained in this way. In addition, isotopic substitution of atoms which are known to be non-labile also provides information on the metabolic fate of the molecule as a whole.

In the course of our studies on the biosynthesis of 19-nor sterols in the marine sponge *Axinella polypoides*, it became necessary to determine the fate of sterol hydrogen atoms in the 4 α and 4 β positions during the biological conversion of dietary cholesterol (**2a**) into 19-nor-5 α -cholestan-3 β -ol.²

4 β -Deuterio-, and 4 β -tritio-cholesterols are well known and are readily available from cholesterol through simple transformations.³ Their 4 α analogs (**2b** and **2c**) have also been reported,⁴ but the synthesis used has subsequently been shown to be invalid.⁵ Indeed, we have independently verified that borohydride reduction of 4-ketocholesteryl benzoate gives less than 7% of the desired 4 β -alcohol, the key intermediate in the reported preparation of 4 α -deuterio and -tritio steroids. The major product of the reduction, the 4 α alcohol, is not transformed to cholesterol under the reported conditions.⁴ Only one other protocol for the preparation of [4 α -ⁿH]- Δ^5 steroids has been published,⁶ and it is not readily applicable for tritiation.

This paper reports a new procedure for the stereospecific introduction of deuterium or tritium into the 4 α position of Δ^5 steroids based on the pioneering work of Hutchins et al.,^{7a} and Jones and Knox.^{7b}

Reduction of cholest-5-ene-3 β ,4 β -diol cyclic carbonate⁸ (**1**) with sodium borohydride in the presence of 10 mole% tetrakis(triphenylphosphine)palladium(0) provides 82% of a 25:1 mixture of cholesterol, **2a**, and Δ^4 -cholesterol, **3a** (Table, entry A). Also produced is cholesta-3,5-diene (**4**) in 3-16% yield (MS = 368.3(2.5%), 313.0(2.5), 256.3(12.5), 207.1(100), 185.1(25), 129.1(87.5), 109.1(35), 61.0(100), 55.1(82.5); ¹H nmr (200 MHz) δ 0.697 (s;3H), 0.858 (d;6H;J=6.6Hz), 0.914 (d;3H;J=6.5Hz), 0.946 (s;3H), 5.39 (bs;1H), 5.60 (m;1H), 5.924 (bd,1H;J=9.2Hz)) which presumably arises from carbonate elimination in the intermediate π -

allylpalladium species (submission of the other reaction products to the reaction conditions fails to produce this diene). The 3 β ,4 β -diol resulting from phosphine-promoted cleavage of the starting material was also present in the product mixture. The analogous reaction with sodium borodeuteride resulted in a 12:1 mixture of [4 α -²H]-cholesterol,^{9a} **2b**, and [6 α -²H]- Δ^4 -cholesterol, **3b**^{9b} (Table, entry E). This protocol was also used for the 4 α -deuteration and tritiation of steroidal carbonates **5**^{10a} and **6**^{10b} to provide Δ^5 -sterols **7b**^{9c} and **8b**.^{9d}

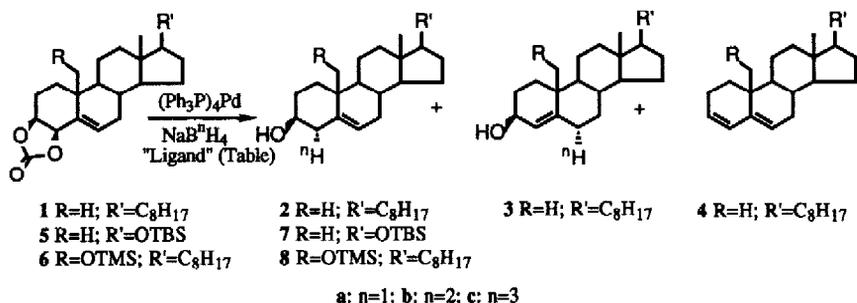


Table. Reduction of Steroidal Carbonate 1.

| Conditions | | | | Product Yields ^a | | | | |
|------------|-------|-------------------|---------------------------------|-----------------------------|------------|------|----------------------------|-----------------------------|
| Entry | Temp. | Ligand | Reducing Agent | 2 | 3 | 4 | 3 β ,4 β -Diol | Recovered Starting Material |
| A | RT | Ph ₃ P | NaB ¹ H ₄ | 79% (25) | 3% (1) | 9% | 9% | 0 |
| B | RT | Ph ₃ P | NaB ² H ₄ | 19% (9) | 2% (1) | 6.8% | 45% | 27% |
| C | RT | dppe | NaB ¹ H ₄ | 61% (6.5) | 9% (1) | 4% | 26% | 0 |
| D | RT | dppe | NaB ² H ₄ | 64% (5.3) | 12% (1) | 8.2% | 16% | 0 |
| E | 70°C | Ph ₃ P | NaB ² H ₄ | 58% (12) | 5% (1) | 16% | 21% | 0 |
| F | 70°C | dppe | NaB ² H ₄ | 64% (3.9) | 16% (1) | 3% | 16% | 0 |

^a As determined by 400 MHz ¹H nmr. Numbers in parenthesis refer to product ratios.

In a typical reaction, **7a** **18** (1 eq.) was added via syringe to a stirred solution of (Ph₃P)₄Pd (0.1 eq.), and Ph₃P (0.7 eq.) in THF under argon (final concentration of substrate = 0.05 M). Sodium borodeuteride (2 eq) was added to the reaction mixture under argon then stirred at 75°C under Ar. Reaction was usually complete after 2-3 h. The Table shows product yields and Δ^5 : Δ^4 product ratios for varying conditions of temperature, added ligand, and reducing agent.

The most notable finding is that there is a pronounced deuterium-isotope effect. With sodium borohydride as the reducing agent, the reaction is complete at room temperature in 2-3 hours. Upon reduction of **1** with 80 equivalents of a 1:1 mixture of NaB¹H₄ and NaB²H₄, a 2.3:1 ratio of cholesterol to deuteriocholesterol was obtained. After reduction of **1** with sodium borotritide, steroidal alcohol **2c** had a

specific activity of 120 mCi/mmol-³H whereas that of the reagent was 350 mCi/mmol-³H, indicating a tritium content that is almost one third that of the borotritide reagent. It is possible that the rate-limiting step for this reaction involves either the formation or reductive elimination of a π -allylpalladium(II) hydride intermediate.¹¹

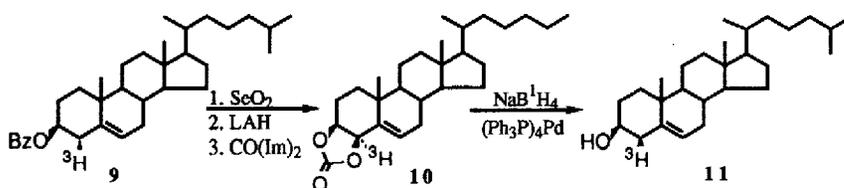
This reaction could also be performed with the generation of $(\text{Ph}_3\text{P})_4\text{Pd}$ *in situ* through a premixing of $\text{Pd}_2(\text{dba})_3\text{CHCl}_3$ ¹² and Ph_3P . While this method provides slightly higher yields it is incompatible for tritiation as the borotritide reagent is wasted on the reduction of dibenzylideneacetone.

That this reaction does not involve palladium-mediated oxidation¹³ at C-3 followed by borohydride reduction of the resulting ketone is suggested by the fact that no deuterium at C-3 was observed in the ²H nmr spectrum of **2b** and also because the ¹H nmr spectrum of the product mixture showed no evidence of the presence of 3 α -hydroxy cholesterol.

Determination of Stereochemical Purity

Both 400 MHz ¹H nmr as well as ²H nmr fail to resolve the 4 α and 4 β protons in **2b** sufficiently to allow for quantitation of deuterium incorporation. Oxidation of the benzoate of [4 α -²H]-cholesterol (¹H nmr 400 MHz: δ = 2.22 ppm; m; 1.13 H; C-4 protons) with SeO_2 , which has been shown to provide 4 β -hydroxy steroids without randomization of the hydrogen atoms at C-4,^{4b} provided [4 α -²H]-cholest-5-ene-3 β ,4 β -diol 3-benzoate whose ¹H nmr spectrum showed a 4 α -proton resonance (δ = 4.39 ppm; bd; J = 2.3 Hz) with an area equal to 0.12 protons, indicating a stereospecificity of deuterium introduction of at least 99%.

This procedure was also used for the synthesis of [4 β -³H]-cholesterol. Oxidation of the benzoate of **2a** (**9**, specific activity = 28 mCi/mmol) with SeO_2 ^{4b} resulted in [4 α -³H]-4 β -hydroxycholest-5-ene-3 β -yl benzoate (specific activity = 26 mCi/mmol). Conversion to [4 α -³H]-cholest-5-ene-3 β ,4 β -diol cyclic carbonate (**10**) was accomplished by reduction with LAH and treatment with carbonyldiimidazole. Reduction of this carbonate with NaB^3H_4 in the presence of 10 mol% $(\text{Ph}_3\text{P})_4\text{Pd}$, and Ph_3P at 70°C produced a 5:1 mixture of [4 β -³H]-cholesterol (**11**) and [4-³H]- Δ^4 -cholesterol in 84% radiochemical yield which were readily purified by reverse phase HPLC. Oxidation of **11** with SeO_2 ^{4b} resulted in the complete loss of tritium.



[4 α -ⁿH] Δ^5 -3 β -Hydroxy steroids can also be converted to their [4-ⁿH]- Δ^4 -3-keto steroid analogs by oxidation with PCC followed by treatment with dilute ethereal HCl at 0°C without loss of the isotopic label.¹⁴ Due to the known lability of the steroidal 4 β hydrogen atom during many biological transformations that involve Δ^5 to Δ^4 isomerization (such as the biosynthesis of testosterone,¹⁵ progesterone,¹⁶ and corticosteroid¹⁶) this procedure may prove to be useful as a convenient general method for precursor labelling in isotope tracer experiments.

Acknowledgements: Financial support was provided by NIH Grant No. GM-06840. I would like to thank Professor Carl Djerassi for support for this work; the University of California, San Francisco, Mass Spectrometry Facility (Dr. A.L. Burlingame, Director, NIH Grant No. NIH P-41 RR01614) for high resolution mass spectra; and Professor Barry M. Trost for helpful discussions regarding this work.

REFERENCES AND NOTES

- † Present address: Department of Chemistry, University of California, Irvine, CA 92717.
- Wang, C.H.; Willis, D.L.; Loveland, W.D. *Radiotracer Methodology in the Biological, Environmental and Physical Sciences*; Prentice-Hall, Inc.: Englewood Cliffs, New Jersey, 1975.
 - Minale, L.; Persico, D.; Sodano, G. *Experientia*, **1979**, *35*, 296.
 - Ireland, R.E.; Wrigley, T.I.; Young, W.G. *J. Am. Chem. Soc.* **1959**, *81*, 2818.
 - a. Smith, A.G.; Brooks, C.J.W. *Biochem. J.* **1977**, *167*, 121. b. Lockley, W.J.S.; Rees, H.H.; Goodwin, T.W.; *J. Lab. Compounds Radiopharm.* **1978**, *15*, 413. c. Akhtar, M.; Calder, M.; Smith, T.; Wright, J.N. *Biochem. J.* **1980**, *185*, 411. d. Achmatowicz, S.; Barton, D.H.R.; Magnus, P.D.; Poulton, G.A.; West, P.J. *J. Chem. Soc. Perkin Trans. I*, **1973**, 1567.
 - Viger, A.; Marquet, A.; Barton, D.H.R.; Motherwell, W.B.; Zard, S.Z. *J. Chem. Soc. Perkin Trans. I*, **1982**, 1937.
 - Viger, A.; Coustal, S.; Marquet, A. *Tetrahedron*, **1978**, *34*, 3285.
 - a. Hutchins, R.O.; Learn, K.; Fulton, R.P. *Tetrahedron Lett.* **1980**, *21*, 27. b. Jones, D.N.; Knox, S.D. *J. Chem. Soc. Chem. Comm.* **1975**, 165.
 - Sholtissek, C. *Chem. Ber.* **1956**, *89*, 2562.
 - a. **2b**: ^1H nmr (400 MHz) δ 0.67 (s,3H), 1.00 (s,3H), 2.21 (bd, $J=10.4\text{Hz}$, 1H), 3.52 (ddd, $J=11.2, 11.2, 4.1\text{Hz}$, 1H), 5.35 (dd, $J=3.2, 2.0\text{Hz}$, 1H); HRMS calcd for $\text{C}_{27}\text{H}_{45}\text{O}^2\text{H}$ 387.3611, found 387.3630; ^2H nmr (61.4 MHz) δ 2.27 ppm, (cf. [4 β - ^2H]-cholesterol 3 δ 2.22 ppm).
b. **3b**: ^1H nmr (400 MHz) δ 0.673 (s,3H), 0.853 (d,3H, $J=9.2\text{Hz}$), 0.861 (d,3H, $J=6.4\text{Hz}$), 0.897 (d,3H, $J=6.4\text{Hz}$), 1.045 (s,3H), 2.17 (bd, $J=18\text{Hz}$), 4.15 (m,1H); 5.269 (d, $J=1.6\text{Hz}$); HRMS calcd 387.3611, found 387.3597. MS: 387(9.6%), 369(31.2), 317(24.1), 204(19.5), 162(21.9), 161(21.2), 147(45.8), 135(40.2), 107(100).
c. **7b**: ^1H nmr (200 MHz) δ -0.001 (s,3H), 0.007 (s,3H), 0.710 (s,3H), 0.873 (s,9H), 1.011 (s,3H), 2.214 (bd, $J=12.8\text{Hz}$), 3.52 (m,1H), 3.546 (t, $J=8.2\text{Hz}$), 5.34 (m,1H); HRMS calcd for $\text{C}_{25}\text{H}_{43}\text{O}_2^2\text{HSi}$ 405.3174, found 405.3133.
d. **8b**: ^1H nmr (400 MHz) δ 0.072 (s, 9H, Me $_3\text{Si}$), 0.699 (s, 3H, 18-Me), 0.857 (d, 3H, $J=6.6$, 26-Me), 0.861 (d, 3H, $J=6.6$, 27-Me), 0.909 (d, 3H, $J=6.5$, 21-Me), 2.19 (m, 1.10H, 4-H $_2$), 3.521 (d, 1H, $J=10.6$, 19-H), 3.55 (m, 1H, 3-H), 3.761 (d, 1H, $J=10.6$, 19-H), 5.58 (m, 1H, 6-H); HRMS calcd for $\text{C}_{30}\text{H}_{51}^2\text{HOSi}$ (M $^+$ -H $_2\text{O}$) 457.3850, found 457.3849.
 - a. Compound **5** was prepared from androst-5-ene-3 β ,17 β -diol 17-*t*-butyldimethylsilyl ether 3-benzoate (mp=173-174°C) in 52% yield which was reduced with LAH to give a diol. Heating in toluene with carbonyldiimidazole provided androst-5-ene-3 β ,4 β ,17 β -triol 17-*t*-butyldimethylsilyl ether 3,4-cyclic carbonate in 75% yield for the two steps (mp = 205-206°C): ^1H nmr 400 MHz: δ -0.002 (s,3H), 0.004 (s,3H), 0.730 (s,3H), 0.872 (s,9H), 1.123 (s,3H), 2.199 (dt, $J=18.4, 8\text{Hz}$), 3.553 (t, $J=8.2$), 4.688 (q, $J=13.7, 0\text{Hz}$), 4.937 (dd, $J=7.1, 1.8\text{Hz}$), 5.912 (dd, $J=4.5, 2.3\text{Hz}$); ^{13}C nmr (75 MHz): δ -5.1, -4.8, 11.0, 17.8, 20.3, 21.7, 23.2, 24.3, 25.6, 30.3, 30.7, 31.3, 31.5, 35.9, 36.8, 43.1, 48.0, 51.1, 76.3, 81.6, 82.7, 134.8, 135.5, 201.0; HRMS calcd for $\text{C}_{22}\text{H}_{33}\text{O}_4\text{Si}$ (M $^+$ -C $_4\text{H}_9$) 389.2148, found 389.2136.
b. Compound **6** was prepared from 19-hydroxycholesterol by SeO $_2$ oxidation to provide cholest-5-ene-3 β ,4 β ,19-triol in 42% yield (mp 182-183°C): ^1H nmr (400 MHz) δ 0.694 (s,3H), 0.853 (d,3H, $J=6.6\text{Hz}$), 0.858 (d,3H, $J=6.6\text{Hz}$), 0.899 (d,3H, $J=6.5\text{Hz}$), 2.162 (ddd, $J=18.6, 5.8, 4.7\text{Hz}$), 3.62 (m,1H), 3.693 (d, $J=10.8\text{Hz}$), 3.817 (d, $J=10.8\text{Hz}$), 4.12 (dd, $J=3.4, 1.1\text{Hz}$), 5.952 (dd, $J=4.7, 2.6\text{Hz}$); ^{13}C nmr (100 MHz): δ 12.0, 18.7, 21.2, 22.5, 22.8, 23.8, 24.1, 26.2, 28.0, 28.2, 31.8, 32.5, 33.9, 35.7, 36.1, 39.5, 39.8, 40.7, 42.3, 50.4, 56.0, 57.6, 66.1, 71.9, 76.5, 133.1, 137.9; HRMS calcd for $\text{C}_{27}\text{H}_{44}\text{O}_2$ (M $^+$ -H $_2\text{O}$) 400.3341, found 400.3349. The triol was converted to **6** by reaction with carbonyldiimidazole followed by mild aqueous hydrolysis with dilute KOH to provide cholest-5-ene-3 β ,4 β ,19-triol 3,4-cyclic carbonate in 94% yield from the triol: ^1H nmr (200 MHz) δ 0.743 (s,1H), 0.851 (d, $J=6.6\text{Hz}$), 0.904 (d, $J=6.5\text{Hz}$), 3.708 (d, $J=2.3\text{Hz}$), 4.80 (m,1H), 5.025 (d, $J=7.7\text{Hz}$), 6.191 (dd, $J=4.1, 2.8\text{Hz}$); HRMS calcd for $\text{C}_{28}\text{H}_{44}\text{O}_4$ 444.3240, found 444.3255. Silylation with *N,O*-bis(trimethylsilyl)acetamide in refluxing CHCl_3 produced **6** in 90% isolated yield: ^1H nmr (200 MHz) δ 0.072 (s,9H), 0.719 (s,3H), 0.855 (d, $J=6.6\text{Hz}$), 0.907 (d, $J=6.4\text{Hz}$), 3.623 (dd, $J=14.7, 10.7$), 4.75 (m,1H), 5.485 (d, $J=7.6\text{Hz}$), 6.06 (m,1H); ^{13}C nmr (50 MHz) δ -0.09, 11.8, 18.4, 21.3, 22.4, 22.6, 23.6, 23.9, 24.3, 24.7, 27.8, 28.1, 31.3, 31.8, 35.6, 36.0, 39.4, 39.9, 40.8, 42.5, 47.5, 55.9, 57.4, 64.9, 76.5, 82.7, 131.3, 137.7 (OCO-O unobserved)
 - Such a species is postulated in the analogous reduction with formate: Tsuji, J.; Yamakawa, T. *Tetrahedron Lett.* **1979**, *7*, 613.
 - Ukai, T.; Kawazura, H.; Ishii, Y.; Bonnet, J.J.; Ibers, J.A. *J. Organomet. Chem.* **1974**, *65*, 253.
 - Tsuji, J.; Minami, I.; Shimizu, I. *Tetrahedron Lett.* **1984**, *25*, 2791.
 - de la Mare, P.D.B.; Wilson, R.D. *J. Chem. Soc. Perkin Trans. II*, **1977**, 157.
 - Weintraub, H.; Vincent, F.; Baulieu, E.E.; Alsen, A. *Biochemistry*, **1977**, *16*, 5045.
 - Werbin, H.; Chaikoff, L.L. *Biochim. Biophys. Acta*, **1964**, *82*, 581.

(Received in USA 24 May 1991; accepted 27 August 1991)