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# PAPER



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Core-shell Co@C catalyzed MgH<sub>2</sub>: enhanced dehydrogenation properties and its catalytic mechanism<sup>†</sup>

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An efficient core-shell Co@C catalyst is synthesized through a solvothermal and subsequent annealing process. The as-synthesized Co@C consists of an 11 nm Co core and a 3 nm amorphous carbon shell. Nitrogen sorption isothermals show that Co@C has a surface area of 112.6 m<sup>2</sup> g<sup>-1</sup> and a typical pore size of 4.8 nm. The catalytic effects of core-shell Co@C, which can significantly improve the dehydrogenation performance of MgH<sub>2</sub>, are systematically investigated. With increasing amounts of Co@C (0, 3, 5, 10, 15 wt%), the dehydrogenation temperature of MgH<sub>2</sub> decreased. Its dehydrogenation kinetics are also improved, especially for the MgH<sub>2</sub>-10%Co@C sample, which starts to release hydrogen at 168 °C. In fact, about 6.00 wt% hydrogen is released during its decomposition, and the activation energy of MgH<sub>2</sub>-10%Co@C is determined to be 84.5 kJ mol<sup>-1</sup>, 46.2% less than that of pure MgH<sub>2</sub> gradually occurs along lower-dimensional nucleation and growth. Moreover, the excellent thermal conductivity of the carbon shell in Co@C also contributes to the enhanced dehydrogenation performance of MgH<sub>2</sub>.

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## Introduction

Hydrogen, the lightest element on the Earth, has a high energy efficiency of 142 MJ kg<sup>-1</sup> and it is clean and renewable. Therefore, hydrogen is expected to play a vital role in future energy systems.<sup>1,2</sup> For practical usage, hydrogen storage media must be light, highly dense and affordable. MgH<sub>2</sub> has the potential to meet these requirements. Generally, the de/re-hydrogenation of MgH<sub>2</sub> is expressed as follows:

$$MgH_{2(s)} \xrightarrow[\text{rehydrogenation}]{} Mg_{(s)} + H_{2(g)} \tag{1}$$

The theoretical hydrogen storage capacity of  $MgH_2$  is 7.6 wt% (110 kg m<sup>-3</sup>), large enough to satisfy the target of DOE. However, the commercial applications of  $MgH_2$  still suffer from sluggish de/re-hydrogenation kinetics and high thermodynamic stability. The difficult thermal management of  $MgH_2$  has also attracted much research attention.<sup>3-5</sup> Therefore, a proper method is needed to resolve these drawbacks and make  $MgH_2$  more promising for both stationary and on-board energy storage. In practice, adding transition metals (TMs) is an effective strategy to modify the hydrogen storage properties of MgH<sub>2</sub>.<sup>6</sup> For example, Hanada *et al.*<sup>7</sup> found that TM-catalyzed MgH<sub>2</sub> had better hydrogen desorption properties than pure MgH<sub>2</sub>. A comparative study on the stability of MgH<sub>2</sub>:Ti and MgH<sub>2</sub>:Co was performed by Novakovic *et al.*,<sup>8</sup> which stated that the higher number of d-electrons in Co metal made it superior to Ti in destabilizing MgH<sub>2</sub>. Other experiments also confirmed the favorable effects of Co on MgH<sub>2</sub>. However, most of these studies were concerned only with bulk or irregular Co powders.<sup>9-12</sup>

It is well known that the same material can perform in obviously different ways, depending on its morphology and microstructure.<sup>13–17</sup> Generally, the core–shell structure shows improved physical and chemical properties compared to its bulk competitors.<sup>18–21</sup> The unique nature of the core–shell structure has led to numerous new applications in chemistry, bioscience and material science. In our previous work,<sup>22</sup> 1D nanorod structured Co@C, which was assembled with numerous core–shell particles, was successfully synthesized and used as a negative material for alkaline secondary batteries. Taking the unique structure of Co@C into consideration, it is expected to exhibit enhanced catalytic effects on the dehydrogenation properties of MgH<sub>2</sub>.

In this work, we studied the catalytic effects of core-shell Co@C on the dehydrogenation performance of MgH<sub>2</sub>. To gain

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more insight in the effects of the doping amount, different weight ratios of Co@C (0, 3, 5, 10, 15 wt%) were added to MgH<sub>2</sub>. The dehydrogenation performances of as-prepared MgH<sub>2</sub>–Co@C composites were systematically investigated. Compared with pure MgH<sub>2</sub>, the addition of Co@C remarkably enhanced the desorption properties of MgH<sub>2</sub>, which can be explained from the standpoint of kinetics modification. The catalytic mechanism of Co@C is explored by using Johnson–Mehl-Avrami modeling, X-ray diffraction and X-ray photoelectron spectrometry.

## Experimental

### Synthesis of core-shell Co@C

 $CoCl_2 \cdot 6H_2O$  and nitrilotriacetic acid (NTA) were commercially available from Alfa Aesar and used as received. Typically,  $CoCl_2 \cdot 6H_2O$  (1.5 g) and NTA (0.6 g) were dissolved in 10 ml distilled water with continuous stirring. Then, 30 ml isopropyl alcohol was added and the mixture was stirred for another 10 min. The final solution was transferred into a Teflon-lined autoclave and heated at 180 °C for 6 h. The precipitation was collected by centrifugation, washed with water and ethanol repeatedly, and dried at 60 °C for 12 h under vacuum. This was followed by an annealing process at 500 °C for 2 h in an Ar atmosphere.

#### Synthesis of MgH<sub>2</sub>-Co@C composites

Commercially available  $MgH_2$  (Alfa Aesar) was pre-milled for 5 h under the protection of 0.5 MPa H<sub>2</sub> pressure. The ball to powder weight ratio was kept at 40 : 1 and ball-milled at 450 rpm. The  $MgH_2$ -Co@C composites were synthesized by mixing pre-milled  $MgH_2$  with different weight ratios of Co@C (3, 5, 10, 15 wt%). Then, the mixtures were milled for another 2 h. For comparison, pure  $MgH_2$  was milled under identical conditions without the addition of Co@C NPs.

#### Characterization

The structure and morphologies of as-prepared samples were characterized by X-ray diffraction (XRD, Rigaku D-Max-2500, Cu K $\alpha$  radiation), Raman spectrometer (Renishaw inVia, excitation 514.5 nm), nitrogen adsorption and desorption isotherms (NOVA 2200e, Quantachrome), scanning electron microscopy (SEM JEOL JSM7500), transmission electron microscopy (TEM), scanning transmission electron microscopy (STEM), selected area electron diffraction (SAED), and high resolution transmission electron microscopy (HRTEM) on a JEOL JEM-2010FEF and X-ray photoelectron spectrometer (XPS, PHI 50000 Versaprobe, ULVAC PHI). The chemical composites of the as-prepared Co@C samples were determined by inductively coupled plasma optical emission spectrometry (ICP-OES, ICP-9000).

The dehydrogenation properties of MgH<sub>2</sub>–Co@C composites were investigated by temperature-programmed desorption system (TPD, PX200) and differential scanning calorimetry (DSC, Q20P, TA). The isothermal desorption kinetics were performed on a home-made Sievert's instrument under an initial pressure of 0–0.05 MPa hydrogen.

## **Results and discussion**

#### Structural and morphology characterization

The core-shell structure of as-synthesized Co@C was determined by TEM (Fig. 1a and b). Clearly, the Co@C NPs were selfassembled into a rod-like structure, which was about 100 nm in width. The SAED image (inset Fig. 1a) indicated that the assynthesized Co@C had a polycrystalline nature. The rectangular region in Fig. 1a was selected for the HRTEM investigation. As shown in Fig. 1b, the lattice spaces of 2.05 Å and 1.76 Å, in the center, were assigned to the (111) and (200) planes of cubic Co metal. The d-space of 3.27 Å, in the edge, was consistent with the (002) plane of amorphous carbon. In other words, the central Co served as a core and the arrows in Fig. 1b point to the amorphous carbon shell. Clearly, the 3 nm amorphous carbon uniformly surrounded the surface of the 11 nm metallic Co core. The unique morphology of core-shell Co@C was further studied by SEM, which is shown in Fig. 1c and d. The irregular rod-like structure of Co@C (Fig. 1c) was consistent with the TEM results. Fig. 1d shows that the rod-like structure was further composed of numerous ultrafine Co@C NPs.

An XRD instrument was used to investigate the structure of as-synthesized Co@C NPs. As shown in Fig. 2a, the broad peak centered at  $25^{\circ}$  can be ascribed to the typical amorphous C (002) plane. The peaks at  $44.1^{\circ}$ ,  $51.7^{\circ}$  and  $76.0^{\circ}$  can be ascribed to the (111), (200) and (220) planes of the cubic Co (JCPDS card no. 89-4307), respectively. The subdued diffraction peaks of Co were due to the coated carbon shell; thus, the core–shell structure of Co@C was further confirmed. The Co element content was obtained by ICP, and was 80.0% in the as-synthesized Co@C.



Fig. 1 (a) TEM, (b) HRTEM and (c and d) SEM images in different resolutions of the as-prepared Co@C sample. Inset (a) is the SAED pattern.



Fig. 2 (a) XRD, (b) Raman, (c) nitrogen sorption isothermals and (d) the corresponding pore width distribution pattern of the Co@C sample.

As an important approach to demonstrate the carbon state, the Raman spectrum is shown in Fig. 2b. Herein, Gaussian– Lorentzian fits were used to better illustrate the intensity, position and area of each bond. The peaks at 1355 cm<sup>-1</sup> and 1589 cm<sup>-1</sup> correspond to the D and G bands, respectively. Generally, the D band is activated by structural defects and disorders. Therefore, the D band is not observed in highly crystalline graphite. The G band is associated with  $E_{2g}$  phonons at the Brillouin zone and can be used to investigate graphitization. The intensity ratio of  $I_D/I_G$  in Co@C was 0.81, much higher than that of totally graphitized carbon.<sup>23,24</sup> Therefore, the as-synthesized carbon shell was in an amorphous state and contained numerous defects and disordered structure.

The specific surface area and pore size distribution of Co@C were determined by nitrogen sorption isothermals; the results are shown in Fig. 2c and d. The Brunauer–Emmett–Teller (BET) area of the synthesized Co@C was calculated to be 112.6 m<sup>2</sup> g<sup>-1</sup>. Generally, a large surface area can effectively prevent the aggregation of particles and provide a more intimate reaction between the catalyst and MgH<sub>2</sub>. The pore size distribution showed a typical porous type and the mean pore size was 4.8 nm. Due to the porous structure of Co@C NPs, they can react with MgH<sub>2</sub> and hydrogen both on their surface and in the bulk of the materials.

XPS was used to investigate the surface electron escape of Co@C. It is clearly shown in Fig. 3a that the C 1s had a main peak at 284.78 eV, which was assigned to the carbon–carbon bonds. For the Co 2p curve (Fig. 3b) the peak at 778.18 eV was assigned to the metallic state of Co  $2p_{3/2}$ . The shoulder peak centered at 780.47 eV was caused by the surface oxidation of Co atoms.

Representative STEM pictures of the as-milled and dehydrogenated MgH<sub>2</sub>-10%Co@C samples are illustrated in Fig. 4. Clearly, the rod-like structure of Co@C was broken during the ball-milling, but its core-shell structure was preserved and evenly distributed on the base of MgH<sub>2</sub>/Mg during the sorption. After the dehydrogenation, both Co and C were well dispersed on the surface of elemental Mg. More importantly, the existence of well dispersed C can act as excellent heat exchanger during the sorption, which aids in the thermal management of MgH<sub>2</sub>.



Fig. 3 (a) C 1s (b) Co 2p XPS traces of the Co@C NPS

#### Dehydrogenation performance of MgH<sub>2</sub>-Co@C composites

In order to study the enhanced effects of core-shell Co@C on the dehydrogenation performance of MgH2, TPD investigations were carried out. Fig. 5a shows that the dehydrogenation of MgH<sub>2</sub> was a one-step process. The visible shoulder peaks were due to the bimodal particle phenomenon.<sup>23</sup> Pure MgH<sub>2</sub> started to release hydrogen at about 301 °C, which is a very high temperature for practical applications. However, the onset dehydrogenation temperature of MgH<sub>2</sub> significantly decreased with the addition of core-shell Co@C. Even the 3 wt% Co@C doped MgH<sub>2</sub> sample began to release hydrogen at a much lower temperature of 200 °C, about 101 °C lower than that of pure MgH<sub>2</sub>. This downward trend was more obvious with the increasing amount of Co@C. Detailed information about the operating temperatures is listed in Table 1. The significantly decreased operating temperature of MgH<sub>2</sub> indicated that coreshell Co@C NPs can clearly improve the desorption properties of MgH<sub>2</sub>, with performance superior to that of nano-Co,<sup>7</sup> carbon,24,25 and MWCNT/Co.26

The quantitative dehydrogenation capacities of the of MgH<sub>2</sub>– Co@C compositions were calculated and are shown in Fig. 5b. With increasing amounts of Co@C, MgH<sub>2</sub> was able to desorb hydrogen at lower temperatures; however, unfortunately, the dehydrogenation capacity of MgH<sub>2</sub> also gradually decreased. As shown in Table 1, upon heating to 500 °C about 6.84 wt% hydrogen was released from pure MgH<sub>2</sub>. This value decreased to 6.25 wt% for MgH<sub>2</sub>–3%Co@C, 6.20 wt% for MgH<sub>2</sub>–5%Co@C, 6.00 wt% for MgH<sub>2</sub>–10%Co@C, and finally to 5.78 wt% for the



Fig. 4 Representative STEM images of the MgH<sub>2</sub>-10%Co@C samples (a-d) as-milled, (e and f) after dehydrogenation. Mg, Co and C elements mapping are in brown, yellow and red, respectively.



Fig. 5 (a) Thermal desorption curves and (b) the corresponding hydrogen desorption patterns of as-prepared pure MgH<sub>2</sub> and 3 wt%, 5 wt%, 10 wt%, and 15 wt% Co@C doped MgH<sub>2</sub> samples. Heating at 2 °C min<sup>-1</sup> under Ar atmosphere.

 $\rm MgH_2\mathchar`-15\%Co@C$  sample. The decreased capacity was attributed to the high amount of additives.

Isothermal desorption experiments can clearly illustrate dehydrogenation kinetics; therefore, the isothermal desorption

 Table 1
 Onset
 dehydrogenation
 temperature
 and
 the
 released
 capacity of hydrogen for as-milled samples

Sample name	Onset temperature (°C)	H <sub>2</sub> capacity (wt%) 6.84
$MgH_2$	301	
MgH2-3%Co@C	200	6.25
MgH <sub>2</sub> -5%Co@C	185	6.20
MgH <sub>2</sub> -10%Co@C	168	6.00
MgH <sub>2</sub> -15%Co@C	143	5.78

patterns were analysed and are presented in Fig. 6. Fig. 6a shows that core-shell Co@C had positive effects in accelerating the dehydrogenation kinetics of MgH<sub>2</sub>. Upon increasing the additive amount of Co@C, the desorption rate of MgH<sub>2</sub> also increased. Notably, the MgH2-15%Co@C sample released about 5.42 wt% hydrogen within 10 min. When heated for 25 min, the MgH2-10%Co@C sample liberated the highest hydrogen value of 5.8 wt%. At the same time, about 5.51, 5.23 and 4.12 wt% hydrogen were released from MgH2-15%Co@C, MgH<sub>2</sub>-5%Co@C and MgH<sub>2</sub>-3%Co@C, respectively. No visible hydrogen was released from pure MgH<sub>2</sub>. The total desorption capacity showed a modest shift to a lower value with increasing weight ratio of Co@C composites, from 6.24 wt% for MgH<sub>2</sub>-3% Co@C to 5.78 wt% for the MgH2-15%Co@C sample. This trend agreed with the TPD results; however, the pure MgH<sub>2</sub> only released about 3.8 wt% hydrogen during the test, due to its high operating temperature.

The Johnson–Mehl–Avrami (JMA) equation is widely used to study the nucleation mechanism of solid-state reactions.<sup>27</sup> Generally, the JMA equation is expressed as follows:

$$\ln[-\ln(1 - \alpha(t))] = n \ln(t) + n \ln(k)$$
<sup>(2)</sup>



Fig. 6 (a) Isothermal dehydrogenation curves of the pure MgH<sub>2</sub>, MgH<sub>2</sub>-3%Co@C, MgH<sub>2</sub>-5%Co@C, MgH<sub>2</sub>-10%Co@C and MgH<sub>2</sub>-15% Co@C composites at 300 °C and (b) their JMA fitting plots.

here t is the reaction time,  $\alpha(t)$  is the dehydrogenated fraction at time t, k is the phase transformation constant, and n is the Avrami exponent that relates to the dimensionality of the MgH<sub>2</sub>/ Mg transformational mechanism. Clearly, when  $\alpha(t)$  varies from 0.2 to 0.8 the  $\ln[-\ln(1 - \alpha(t))]$  shows a straight line against  $\ln(t)$ . Therefore, the JMA equation was well suited to investigate the desorption mechanism of pure MgH2 and MgH2-Co@C composites. Interestingly, the Avrami exponent n was shifted from 2.95 for pure MgH<sub>2</sub> to 2.27 and 2.20 for the MgH<sub>2</sub>-3% Co@C and MgH<sub>2</sub>-5%Co@C composites, continuously to 1.61 for the MgH<sub>2</sub>-10%Co@C sample, and finally to 0.92 for the MgH<sub>2</sub>-15%Co@C sample. It is well known that different values of *n* illustrate different types of nucleation and growth mechanism. For pure  $MgH_2$ , n was close to 3 (2.95); therefore, the dehydrogenation of MgH2 had a three-dimensional growth with increased nucleation rate.28 After the addition of 3 and 5 wt% Co@C, n was close to 2 (2.27 or 2.20), indicating that the dehydrogenation had a two-dimensional nucleation and growth mechanism.<sup>29</sup> For the MgH<sub>2</sub>-10%Co@C sample n was 1.61, close to 1.5; therefore, it had a three dimensional growth with zero nucleation growth.<sup>30</sup> As the doping content of Co@C increased to 15 wt%, n decreased to about 1 (0.92) which indicates nucleation and growth along one-dimensional dislocation lines.<sup>31,32</sup> Generally, hydrogen diffuses more easily along lowerdimensional defects. The different nucleation and growth types of MgH2-Co@C composites can explain the enhanced desorption kinetics of Co@C doped MgH<sub>2</sub> samples.

#### Catalytic mechanism

It is well known that an amorphous carbon shell not only contributes to enhanced heat conductivity but also buffers the volume change of Co and maintains its core–shell structure during sorption. Moreover, the existence of irregular defects in the carbon shell provides more channels and active sites for hydrogen diffusion. At the same time, the central Co has an almost full d-band electron structure. The spin-splitting of the Co-d electron results in a narrower  $E_g$  than in pure MgH<sub>2</sub> and leads to high structural stability of the compound.<sup>8</sup> The unique electronic structure of Co can form a Co–H transition-state intermediate with hydrogen, which is stronger than the Mg–H bond and further leads to a destabilization effect on MgH<sub>2</sub>. Herein, the detailed catalytic mechanism of Co@C on MgH<sub>2</sub> is also proposed.

Taking both the operating temperature and the desorption capacity into consideration, the representative MgH<sub>2</sub>-10% Co@C sample was selected to further study the catalytic mechanism of core-shell Co@C. The XRD patterns of pure MgH<sub>2</sub> and MgH<sub>2</sub>-10%Co@C are shown in Fig. 7. All the asmilled samples showed a main phase of MgH2 (JCPDS card no. 12-697), indicating that  $MgH_2$  was well maintained during the ball-milling. For the MgH<sub>2</sub>-10%Co@C sample the diffraction peak at 44.1° was assigned to the (111) plane of Co@C; therefore, Co@C remained intact during the synthesis procedure. Moreover, the diffraction peaks of MgH2-10%Co@C were broader and weaker. Table 2 shows that the lattice parameters of as-milled pure MgH<sub>2</sub> were a = b = 4.52 Å and c = 3.02 Å, which agreed with the standard values for tetragonal MgH<sub>2</sub>. For the MgH<sub>2</sub>-10%Co@C sample the lattice parameters slightly decreased to lower values of a = b = 4.51 Å and c = 3.01 Å. This demonstrated that Co@C may cause more metal associated defects in the MgH<sub>2</sub> structure, which plays a crucial role in atomic transport. The grain size was 11.6 nm for pure MgH<sub>2</sub> and 8.70 nm for the MgH<sub>2</sub>-10%Co@C sample, determined by the Scherrer equation. The smaller size of the MgH<sub>2</sub>-10%Co@C sample can partially explain the subdued  $MgH_2$  peaks in the XRD curves. It is known that the reaction kinetics are enhanced with decreasing particle size, due to the



Fig. 7 XRD images of the as-milled pure MgH\_2 and MgH\_2–10%Co@C samples.

Table 2 Representative cell parameters and grain sizes of the asmilled pure MgH\_2 and MgH\_2-10%Co@C samples

Sample name	Lattice parameters (Å)		
	a = b	С	Grain size (nm)
MgH <sub>2</sub> MgH <sub>2</sub> -10%Co@C	4.52 4.51	3.02 3.01	11.6 8.70

larger surface to volume ratio and shorter solid-state diffusion distance for hydrogen.

Significant improvements in the hydrogen storage properties of MgH<sub>2</sub> may be caused by thermodynamic or/and kinetic modifications. Here, kinetic modifications seemed to be more feasible in the particle size distribution (11.6–8.7 nm). As an important kinetic factor, apparent activation energy ( $E_a$ ) can vividly illustrate the energy barrier for the dehydrogenation of MgH<sub>2</sub>. Therefore, the Kissinger equation is used to determine the  $E_a$ , which is expressed as follows:

$$d\left[\ln\left(\frac{\beta}{T_{\rm m}^2}\right)\right] / d\left(\frac{1}{T_{\rm m}}\right) = \frac{-E_{\rm a}}{R} \tag{3}$$

where  $\beta$  is the heating rate,  $T_{\rm m}$  is the peak temperature and  $E_{\rm a}$  is the apparent activation energy. The non-isothermal DSC curves were used to determine the  $E_{\rm a}$  of pure MgH<sub>2</sub> and MgH<sub>2</sub>-10%Co@C samples. The typical DSC curves of pure MgH<sub>2</sub> and MgH<sub>2</sub>-10%Co@C are shown in Fig. S1.† When heated at 5 °C min<sup>-1</sup>, the peak temperature of MgH<sub>2</sub>-10%Co@C was 316.1 °C, about 43.2 °C lower than that of pure MgH<sub>2</sub>. The obviously decreased peak temperature further confirmed the superior catalytic effects of Co@C. The data used to calculate the  $E_{\rm a}$  of samples is listed in Table S1.† Fig. 8 showed that  $E_{\rm a}$  for the MgH<sub>2</sub>-10%Co@C composites was 84.5 kJ mol<sup>-1</sup>, which was more favorable than that of pure MgH<sub>2</sub> (157.1 kJ mol<sup>-1</sup>) and other previously reported values.<sup>7,33-35</sup> The obviously decreased  $E_{\rm a}$  implies that the enhanced kinetics of the MgH<sub>2</sub>-

10%Co@C sample are caused by the decreased energy barrier during the desorption reaction.

Fig. 9 shows the XPS spectra of as-synthesized and dehydrogenated pure MgH<sub>2</sub> and MgH<sub>2</sub>-10%Co@C composites. The magnified Mg 2p curves of as-milled samples are shown in Fig. 9a. Clearly, both the pure MgH<sub>2</sub> and MgH<sub>2</sub>-10%Co@C show a strong peak centered at 50.12 eV, which corresponds to the binding energy of MgH<sub>2</sub>.<sup>36</sup> The XPS spectra of dehydrogenated Mg 2p are displayed in Fig. 9b. The binding energy of the MgH2-10%Co@C sample was 49.5 eV, assigned to the metallic Mg. For pure MgH<sub>2</sub> the binding energy of Mg 2p was slightly higher, a visible shoulder peak appeared at 51.1 eV which indicated a mixture of divalent Mg.37,38 Therefore, the decomposition of pure MgH<sub>2</sub> was incomplete. After dehydrogenation, the Co 2p peak of the MgH<sub>2</sub>-10% Co@C sample was located at 778.7 eV, indicating the existence of metallic Co. Moreover, the C 1s peak, at 284.8 eV, was consistent with the as-synthesized Co@C sample. Therefore, Co@C remained intact during the dehydrogenation.

The dehydrogenated samples were further collected for XRD measurement. Fig. S2<sup>†</sup> shows that the main peaks for the pure MgH<sub>2</sub> and MgH<sub>2</sub>-10%Co@C samples were distributed to the phase of metallic Mg. However, for pure MgH<sub>2</sub> there was still some visible MgH<sub>2</sub>, which can explain its lower dehydrogenation capacity. For the MgH<sub>2</sub>-10%Co@C sample, the diffraction peak at 44.1° was due to the existence of Co@C.

Fig. S3<sup>†</sup> shows the SEM images of the pure  $MgH_2$  and  $MgH_2$ -Co@C samples. The as-milled pure  $MgH_2$  experienced serious agglomeration, and most of the larger particles were comprised of smaller particles (ranging in size from several to hundreds of nanometers). The  $MgH_2$  particle sizes grew further during the dehydrogenation. On the other hand, the  $MgH_2$ -10%Co@C particles were well distributed. Therefore, Co@C can effectively prevent aggregation and particle growth of the  $MgH_2$ -10%Co@C sample during dehydrogenation.



Fig. 8  $E_a$  of the as-prepared pure MgH<sub>2</sub> and MgH<sub>2</sub>-10%Co@C composites, obtained by Kissinger method at heating rates of 2, 5, 10, 15 °C min<sup>-1</sup>.



Fig. 9 XPS spectra of (a) as-milled and (b) dehydrogenated Mg 2p peaks. (c) Co 2p and (d) C 1s patterns of the dehydrogenated MgH\_2–10%Co@C sample.

# Conclusions

In summary, core-shell Co@C NPs were synthesized via a facile hydrothermal method. Morphology characterization indicated that the as-synthesized Co@C was about 14 nm in diameter, and was composed of an 11 nm Co core and a 3 nm carbon shell. The as-synthesized Co@C showed enhanced catalytic effects on the dehydrogenation performance of MgH<sub>2</sub>. The onset dehydrogenation temperature of MgH<sub>2</sub> significantly decreased with increasing amounts of Co@C catalyst, i.e. from 301  $^\circ C$  for pure MgH\_2 to the lowest value of 148  $^\circ C$  for the MgH<sub>2</sub>-15%Co@C sample. Moreover, the Co@C can improve the dehydrogenation kinetics of MgH<sub>2</sub>. Further studies showed that the enhanced dehydrogenation properties of MgH2-Co@C composites were due to the obviously decreased  $E_{a}s$ , which were 84.5 and 157.1 kJ mol<sup>-1</sup> for MgH<sub>2</sub>-10%Co@C and pure MgH<sub>2</sub>. Theoretical modeling of the experimental data indicated that the dehydrogenation of MgH2 proceeded through lowerdimensional growth after the addition of core-shell Co@C.

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