



## Synthesis and biological evaluation of novel $\gamma$ -carboline analogues of Dimebon as potent 5-HT<sub>6</sub> receptor antagonists

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### ABSTRACT

Synthesis, biological evaluation and structure–activity relationships for a series of novel  $\gamma$ -carboline analogues of Dimebon™ are described. Among the studied compounds,  $\gamma$ -carbolines **3{8}** and **3{14}** have been identified as potent small molecule antagonists of histamine H<sub>1</sub> (IC<sub>50</sub> = 0.1  $\mu$ M) and serotonin 5-HT<sub>6</sub> (IC<sub>50</sub> = 0.37  $\mu$ M) receptors, respectively.

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During the last 60 years  $\gamma$ -carbolines (2,3,4,5-tetrahydro-1H-pyrido[4,3-*b*]indoles) have been attracting a huge interest from scientists due to a relatively broad spectrum of their biological activity.<sup>1–6</sup> In particular, they have rightly been described as promising antihistamine<sup>1</sup> and local anaesthetic agents<sup>2</sup> as well as serotonin release inhibitors.<sup>3</sup> They were also shown to have antidepressant<sup>4</sup> and antiinflammatory<sup>1,5</sup> activity. In addition, some compounds containing the title Core fragment were found to have enhanced neuroleptic activity.<sup>6</sup>

Among several different groups of  $\gamma$ -carboline derivatives Dimebon **I** (Fig. 1) (initially named—Dimebolin, 2,8-dimethyl-5-[2-(6-methylpyridin-3-yl)ethyl]-2,3,4,5-tetrahydro-1H-pyrido[4,3-*b*]indole dihydrochloride) originally synthesized in 1961 by Alexey N. Kost (Professor D. Sc.) and colleagues<sup>7</sup> is the most famous drug-compound within this group. It is being currently evaluated in advanced clinical trials as promising small molecule drug-candidate for the treatment of various neurodegenerative disorders,<sup>8</sup> including Alzheimer<sup>9</sup> and Huntington<sup>10</sup> diseases as well as different types of schizophrenia<sup>11</sup>, etc.<sup>12,13</sup> In the cerebellum cell culture Dimebon protects neurons against the neurotoxic action of  $\beta$ -amyloids (EC<sub>50</sub> = 25  $\mu$ M).<sup>14</sup> Since 1983, Dimebon has been using in Russia as promising antihistamine agent.<sup>15</sup> It was also shown that Dimebon

effectively blocked the L-type calcium channel activity with an IC<sub>50</sub> of 57  $\mu$ M.<sup>16</sup> Based on various in vivo studies, it can also be regarded as promising therapeutic agent effectively suppressed NMDA receptors (ED<sub>50</sub> = 42 mg/kg),<sup>17</sup> a weak cholinesterase inhibitor (IC<sub>50</sub> = 45  $\mu$ M (AChE) and IC<sub>50</sub> = 7.9  $\mu$ M (BuChE))<sup>18</sup> as well as an inhibitor of the mitochondrial permeability transition pores.<sup>19</sup>

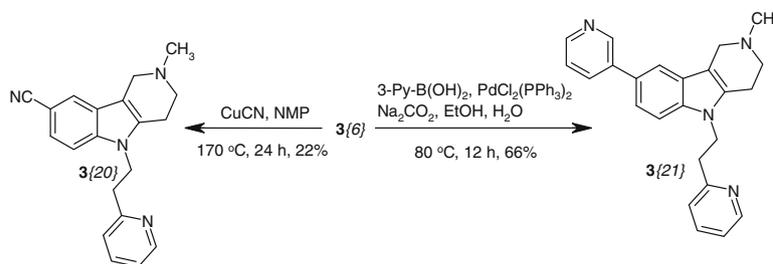
Finally, a recent clinical study of Dimebon performed by Medivation has revealed a novel mechanism of action ascribed to this compound directly related to mitochondrial signaling route.<sup>20</sup> However, a clear understanding towards the common mechanism of its pharmacological action has not been achieved yet.

Recently, in 2008, we have convincingly shown that Dimebon has a much wider scope of prospective therapeutic applications. Currently, it can be reasonably regarded as promising drug-compound active against several types of Adrenoceptors ( $\alpha_{1A}$ ,  $\alpha_{1B}$ ,  $\alpha_{1D}$ ,  $\alpha_{2A}$ ), Dopamine (D1, D2L, D2S, D3), Histamine (H<sub>1</sub>, H<sub>2</sub>), Serotonin (5-HT<sub>2A</sub>, 5-HT<sub>2B</sub>, 5-HT<sub>2C</sub>, 5-HT<sub>6</sub>, 5-HT<sub>7</sub>) receptors and other GPCR classes.<sup>21</sup> For example, as a therapeutic agent that inhibits histamine H<sub>1</sub> activity Dimebon has been widely used for the treatment of allergy for just more than 20 years. Therefore, due to the remarkably broad spectrum of physiological activity as well as a very complex mechanism of action, Dimebon can be profitably viewed as an excellent example of drug-compound within the specific group of ‘magic shotguns’.<sup>22</sup> Among the activities just listed the antagonistic potency of Dimebone against serotonin 5-HT<sub>6</sub>

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Scheme 2.

Table 1

The ability of  $\gamma$ -carbolines **3**{1–24} to block the activity of histamine H<sub>1</sub> and 5-HT<sub>6</sub> receptors in cell-based assays

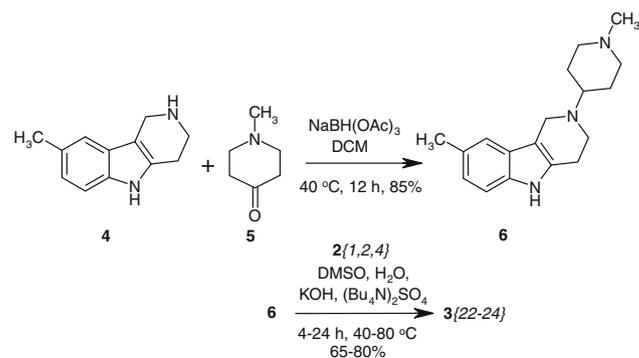
No.	Het	R <sup>1</sup>	R <sup>2</sup>	Receptors		
				IC <sub>50</sub> (μM)		
				Histamine H <sub>1</sub>		5-HT <sub>6</sub>
				Phase-1	Phase-2	
<b>3</b> {1}	6-Me-Py-3	Me	Me	0.16	1.58	0.89
<b>3</b> {2}	2-Py	H	Me	1.82	0.93	15.75
<b>3</b> {3}	2-Py	Me	Me	0.50	10.0	0.86
<b>3</b> {4}	2-Py	MeO	Me	4.67	nd <sup>a</sup>	8.36
<b>3</b> {5}	2-Py	F	Me	0.94	0.61	2.98
<b>3</b> {6}	2-Py	Br	Me	0.12	nd	1.04
<b>3</b> {7}	2-Py	CF <sub>3</sub>	Me	0.56	1.59	1.59
<b>3</b> {8}	3-Py	H	Me	0.10	0.41	5.99
<b>3</b> {9}	3-Py	Me	Me	0.50	3.16	0.44
<b>3</b> {10}	3-Py	F	Me	0.65	0.93	>10
<b>3</b> {11}	3-Py	CF <sub>3</sub>	Me	>10	Nd	5.80
<b>3</b> {12}	6-Me-Py-3	F	Me	0.11	0.73	10.69
<b>3</b> {13}	4-Py	H	Me	0.12	0.50	8.91
<b>3</b> {14}	4-Py	Me	Me	0.16	3.98	0.37
<b>3</b> {15}	4-Py	MeO	Me	0.39	nd	4.34
<b>3</b> {16}	4-Py	F	Me	0.12	0.47	3.24
<b>3</b> {17}	4-Py	CF <sub>3</sub>	Me	0.22	nd	6.40
<b>3</b> {18}	4-Py	CO <sub>2</sub> H	Me	>10	nd	>10
<b>3</b> {19}	Pyrazin-2-yl	Me	Me	0.32	7.94	2.06
<b>3</b> {20}	2-Py	CN	Me	1.29	nd	7.47
<b>3</b> {21}	2-Py	3-Py	Me	7.16	nd	43.20
<b>3</b> {22}	2-Py	Me	N-Me-piperidin-4-yl	>10	nd	Inactive
<b>3</b> {23}	3-Py	Me	N-Me-piperidin-4-yl	2.79	nd	Inactive
<b>3</b> {24}	4-Py	Me	N-Me-piperidin-4-yl	7.57	nd	Inactive

<sup>a</sup> nd—'Not detected'.

have previously been prepared (Scheme 2). Thus, the reaction of compound **3**{6} with CuCN in *N*-methylpyrrolidone (NMP) at 170 °C for 24 h led to the first compound **3**{20}, while the reaction between **3**{6} and 3-pyridylboronic acid in aq. EtOH at 80 °C for 12 h yielded the second one in the presence of Pd-based catalyst.

*N*-Methyl 4-[8-methyl-5-(2-pyridine-ethyl)-1,3,4,5-tetrahydro-2*H*-pyrido[4,3-*b*]indol-2-yl]piperidines **3**{22–24} were obtained by the reaction between *N*-methylpiperidin-4-one **5** and  $\gamma$ -carboline **4** followed by *N*-arylation of the obtained intermediate **6** with various vinyl pyridines **2**{1,2,4} (Scheme 3). Thus, the initial components **4** and **5** have reacted in DCM at 40 °C also in the presence of sodium triacetoxyborohydride. Twenty hours later reductive amination has led to the formation of the intermediate product **6** (yield 85%). The latter was then easily converted into the target compounds **3**{22–24} by the reaction with vinyl pyridines **2**{1,2,4} in aq DMSO in the presence of NaOH/(Bu<sub>4</sub>N)<sub>2</sub>SO<sub>4</sub>. The reaction had been progressively proceeding at 40 °C for 12 h, and the final products were formed in high yields (65–80%).

All the synthesized compounds were sufficiently characterized by <sup>1</sup>H NMR, LCMS and HR-MS spectral data. Satisfactory analytical data consistent with the shown molecular structures were obtained for all compounds (see Supplementary data).



Scheme 3.

All the synthesized  $\gamma$ -carbolines **3**{1–24} have then been tested on their ability to block Ca-dependent signaling cascades induced by histamine H<sub>1</sub> receptors in SK-N-SH cells. The inner concentration of unbound Ca<sup>2+</sup> was measured using Ca-sensitive dye—Fura-2.<sup>28</sup> After activation of the histamine H<sub>1</sub> receptors a dramatic increase in [Ca<sup>2+</sup>] along the kinetic curve exhibiting changes in Ca<sup>2+</sup> concentration in the cell cytoplasm was observed (phase-I) followed by a

gradual decrease (phase-II). During phase-I, the release of  $\text{Ca}^{2+}$  ions from intracellular stores<sup>29</sup> was registered, whereas phase-II was accompanied by two oppositely directed processes: extruding  $\text{Ca}^{2+}$  from the cytoplasm and their penetration into neurons from the cytoplasm through the store-dependent calcium channels.<sup>30</sup>

To estimate the effects of the synthesized  $\gamma$ -carbolines towards calcium flows maintained by histamine  $\text{H}_1$  receptors corresponding experiments were performed in two different ways: (a) the tested compounds were added to a mixture to be analyzed previous to histamine treatment, then the intensity of phase-I has been cautiously estimated; (b) compounds were added to a mixture immediately after histamine treatment, then the velocity of cytosolic calcium ion concentration falling in phase-II was determined. The obtained data that reflects the observed activity of compounds which have been tested during experimental procedures, exhibited in  $\text{IC}_{50}$  values, is thoroughly summarized in Table 1.

As clearly shown in Table 1, modifications in the structures of the obtained  $\gamma$ -carbolines **3**{1-24} lead to significant differences in their ability to block the histamine-induced calcium flows in phase-I. In particular, the most active compounds **3**{1,6,10,12-14,16,17} have  $\text{IC}_{50}$  values of 100–200 nm, whereas compounds **3**{2,4,11,18,20-24} have been found to have much weaker activity ranged around 1.29  $\mu\text{M}$  and  $\text{IC}_{50} > 10.0 \mu\text{M}$ . Compounds **3**{3,5,7,9,10,15,19} were found to exhibit moderate activity.

It should be noted that within each group of compounds, 5-(2-pyridine-2-ylethyl)- **3**{2-9}, 5-(2-pyridine-3-ylethyl)- **3**{1,8-12} as well as 5-(2-pyridine-4-ylethyl)- $\gamma$ -carbolines **3**{13-18} the observed activities are dramatically different by one or two orders of magnitude. The top activity was assigned for 8-unsubstituted derivatives **3**{8,13} as well as for 8-bromo- **3**{6}, 8-fluoro- **3**{12,16}, 8-methyl- **2**{1,14} as well as 8-trifluoromethyl- **3**{17}  $\gamma$ -carbolines (see Table 1). The corresponding values of  $\text{IC}_{50}$  are dispersed exponentially from 0.1  $\mu\text{M}$  (for compound **3**{8}) up to 0.225  $\mu\text{M}$  (for compound **3**{17}). The minimum activity was observed for 8-pyridine-3-yl- **3**{9} ( $\text{IC}_{50} = 7.16 \mu\text{M}$ ), 8-trifluoromethyl- **3**{11} ( $\text{IC}_{50} > 10 \mu\text{M}$ ) and 8-carboxy- **3**{18} ( $\text{IC}_{50} > 10 \mu\text{M}$ )  $\gamma$ -carbolines. It was found that within each group of the tested compounds the activity correlates with the nature of the substituent in position 8(C) of  $\gamma$ -carboline, but differently. Thus, within the group of 5-(2-pyridine-2-ylethyl)- $\gamma$ -carbolines **3**{2-9} the highest inhibitory activity was observed for 8-bromo- $\gamma$ -carboline **3**{6} ( $\text{IC}_{50} = 0.12 \mu\text{M}$ ). Within the 5-(1-pyridine-3-ylethyl)- **3**{1,8-12} and 5-(1-pyridine-4-ylethyl)- **3**{13-18}  $\gamma$ -carboline series the highest activity was determined for 8-methyl- **3**{1,14}, 8-fluoro- **3**{12,16} and 8-unsubstituted  $\gamma$ -carbolines **3**{8,13}; the corresponding  $\text{IC}_{50}$  values were in the range of 0.10–0.16  $\mu\text{M}$ . In turn, 8-unsubstituted  $\gamma$ -carbolines **3**{2,3,5} in the line of 5-(2-pyridine-4-ylethyl)- $\gamma$ -carbolines **3**{2-9} were found to be significantly less active ( $\text{IC}_{50} = 1.82 \mu\text{M}$ ,  $\text{IC}_{50} = 0.5 \mu\text{M}$  and  $0.94 \mu\text{M}$ , respectively) than analogues **3**{1,8,12-14,16} described just above.

An interesting correlation across these three series has been observed in the case of 8-fluoromethyl- $\gamma$ -carbolines **3**{7,11,17}. Thus, particularly amongst two groups of  $\gamma$ -carbolines which contain 5-(2-pyridine-2-ylethyl)- or 5-(2-pyridine-4-ylethyl)-fragment compounds **3**{7,17} have high values of activity ( $\text{IC}_{50} = 0.56 \mu\text{M}$  and  $\text{IC}_{50} = 0.22 \mu\text{M}$ , respectively), whereas within the 5-(2-pyridine-3-ylethyl)- $\gamma$ -carboline series compound **3**{11} has relatively poor activity ( $\text{IC}_{50} > 10 \mu\text{M}$ ).

The activity of 2,8-dimethyl-5-(2-pyrazine-2-ylethyl)- $\gamma$ -carboline **3**{19} ( $\text{IC}_{50} = 0.32 \mu\text{M}$ ) is strikingly similar to that observed for 5-(2-pyridine-ethyl)-containing analogues **3**{3} ( $\text{IC}_{50} = 0.5 \mu\text{M}$ ), **3**{9} ( $\text{IC}_{50} = 0.5 \mu\text{M}$ ) and **3**{14} ( $\text{IC}_{50} = 0.16 \mu\text{M}$ ). And finally, among the series of 2-(1-methylpiperidine-4-yl)- $\gamma$ -carbolines **3**{22-24} the most active compound was 5-(2-pyridine-3-ylethyl)- $\gamma$ -carboline **3**{23} ( $\text{IC}_{50} = 2.79 \mu\text{M}$ ), whereas 5-(2-pyridine-2-ylethyl)- $\gamma$ -carboline **3**{22} was revealed to be relatively inactive.

The ability of  $\gamma$ -carboline derivatives to accelerate the decrease in intracellular  $\text{Ca}^{2+}$  rate after stimulation of the histamine  $\text{H}_1$  receptors by histamine (Table 1, Phase-2) varied in the range of 0.41  $\mu\text{M}$  to  $>10 \mu\text{M}$  and depended crucially on the nature of substituents used. In most cases their activity is 1.5–25 times lower as compared to the suppression of histamine  $\text{H}_1$  receptors during Phase-I. One exception is 5-(2-pyridine-2-ylethyl)- $\gamma$ -carbolines **3**{2,5}; their inhibitory potency against histamine  $\text{H}_1$  receptors is, in turn, 1.5–2 times lower than required for the acceleration of Ca release from the cytoplasm.

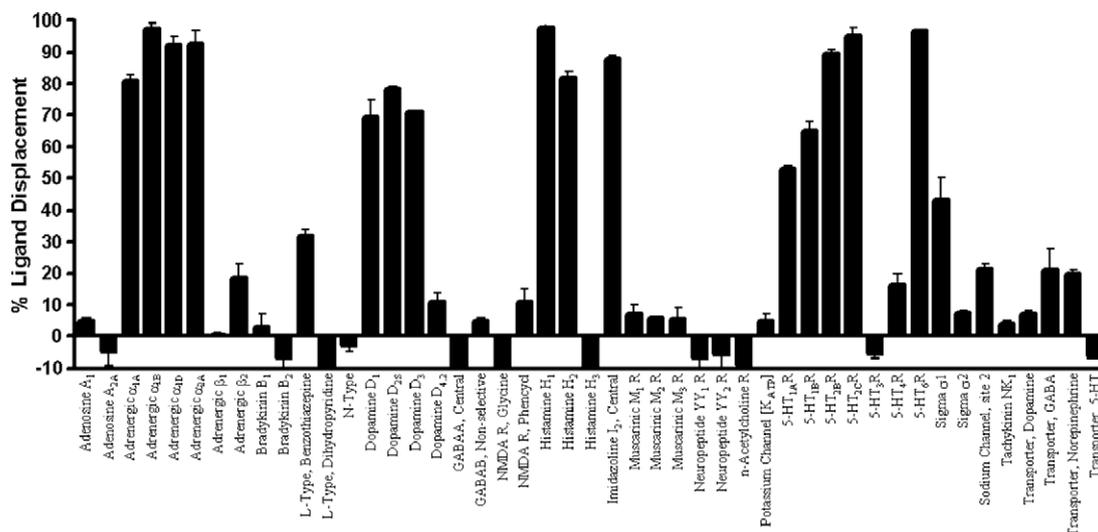
To investigate the antagonistic potential of the synthesized Dimebon analogues **3**{1-24} towards 5-HT<sub>6</sub> receptors we have studied their inhibitory potency in HEK293 cells stimulated by serotonin. Under normal conditions, these cells continuously produce recombinant human serotonin 5-HT<sub>6</sub> receptors. Serotonin-dependent stimulation of these receptors led to enhanced production of intracellular cyclic AMP which, in turns, was used as a control indicator. Its level has been continuously monitored using LANCE technology.<sup>31</sup>

As shown in Table 1, the antagonistic activity of  $\gamma$ -carbolines **3**{1-24} highly depends on the nature of side substituents. The  $\text{IC}_{50}$  value was found to be very spread along the range of 0.37  $\mu\text{M}$  (compound **3**{14}) to absolutely inactive compounds **3**{22-24}. Within the group of 5-(2-pyridine-2-yl)- $\gamma$ -carbolines **3**{2-9} the most active compound was 2,8-dimethyl- $\gamma$ -carboline **3**{3} ( $\text{IC}_{50} = 0.86 \mu\text{M}$ ); its activity was remarkably close to that observed in a similar assay performed for Dimebon ( $\text{IC}_{50} = 0.89 \mu\text{M}$ ). A slightly lower inhibitory potency, as compared to 8-methyl- $\gamma$ -carboline **3**{3}, was detected for 8-bromo- **3**{6}, 8-trifluoromethyl- **3**{7} and 8-fluoro- **3**{5}  $\gamma$ -carbolines ( $\text{IC}_{50} = 1.04 \mu\text{M}$ ,  $1.59 \mu\text{M}$  and  $2.98 \mu\text{M}$ , respectively). Among the compounds described a relatively poor activity was observed for 8-unsubstituted analogues, including compound **3**{2}, 8-methoxy- **3**{4}, 8-cyano- **3**{8} and 8-pyridine-3-yl- **3**{9}  $\gamma$ -carbolines ( $\text{IC}_{50} = >10 \mu\text{M}$ ,  $8.365 \mu\text{M}$ ,  $7.467 \mu\text{M}$  and  $>10 \mu\text{M}$ , respectively).

An analogous relationship between the antagonistic activity and nature of substituent in position 8(C) was observed for  $\gamma$ -carbolines **3**{8-12} and **3**{13-18}. Among these compounds 2,8-dimethyl-substituted  $\gamma$ -carbolines **3**{9,14} were the most active agents ( $\text{IC}_{50} = 0.44 \mu\text{M}$  and  $0.37 \mu\text{M}$ , respectively). It should also be noted that the replacement of 5-pyridinyl-ethyl substituents by 5-pyrazinyl-ethyl analogues led to a significant decrease in their antagonistic potential. Thus, 2,8-dimethyl-5-(2-pyrazine-2-ylmethyl)- $\gamma$ -carboline **3**{19} ( $\text{IC}_{50} = 2.06 \mu\text{M}$ ) is 2.5–6 times less active as compared to 2,8-dimethyl-5-(2-pyridine-ylmethyl)- $\gamma$ -carbolines **3**{1,3,9,14}.

In this work we have also estimated a target-specific profile of the synthesized compounds towards various receptors. The corresponding activity was determined by measuring the amount of radiolabeled ligands displaced by the testing  $\gamma$ -carbolines which was used in a concentration of 10  $\mu\text{M}$ . A comparative study across the data obtained has revealed a distinctive relationship between 'fingerprint' spectra and pharmacological activity of the compounds which have been tested in cell-based assays. This observation can be neatly illustrated by the example of the Dimebon (Fig. 1) and  $\gamma$ -carboline dihydrochloride **3**{3} profiles (Fig. 2).

In summary, here we have described synthesis and activity of novel small-molecule analogues of Dimebon<sup>®</sup>. In particular, it was found that inhibitory activity of the synthesized  $\gamma$ -carbolines towards histamine  $\text{H}_1$  and serotonin 5-HT<sub>6</sub> receptors is highly dependent on the substitutions on the core scaffold, radically at the 2-, 5- and 8-position. Thus, the compounds contained H, F, Br,  $\text{CH}_3$  and  $\text{CF}_3$  substituents in position 8(C) as well as 2-pyridine-3(4)-ylethyl fragments in position 5(N) have shown potent antagonistic activity against histamine  $\text{H}_1$  receptors, whereas only 8-methyl-substituted derivatives were found to have promising



**Figure 2.** Target-specific profile determined for  $\gamma$ -carboline dihydrochloride **3(3)**. This compound was used in a concentration of 10  $\mu$ M.

pharmacological potential towards serotonin 5-HT<sub>6</sub> receptors. It is also quite interesting that the introduction of other substituents in position 8(C) has led to a significant loss in activity. In turn, the nature of heterocyclic fragment anchored in position 5(N) of the  $\gamma$ -carboline scaffold has no significant impact on the activity of the tested compounds against 5-HT<sub>6</sub> receptors.

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#### Supplementary data

Supplementary data associated with this article can be found, in the online version, at doi:10.1016/j.bmcl.2009.04.128.

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