

Novel isatin thiosemicarbazone derivatives as potent inhibitors of β -amyloid peptide (A β) aggregation and toxicity

Marina Sagnou, Barbara Mavroidi, Archontia Kaminari, Nikos Boukos, and Maria Pelecanou

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3 **1 Novel isatin thiosemicarbazone derivatives as potent inhibitors of β -amyloid peptide**
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5 **2 ($A\beta$) aggregation and toxicity**

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8 **3 Marina Sagnou^{1*}, Barbara Mavroidi¹, Archontia Kaminari¹, Nikos Boukos², Maria**
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10 **4 Pelecanou¹**

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12
13 ¹Institute of Biosciences & Applications, National Centre for Scientific Research
14
15 “Demokritos”, 15310 Athens, Greece
16

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18 ²Institute of Nanoscience and Nanotechnology, National Centre for Scientific Research
19
20 “Demokritos”, 15310 Athens, Greece
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10 **Corresponding Author**

11 * Marina Sagnou, Institute of Biosciences & Applications, National Centre for Scientific
12 Research “Demokritos”, Patriarhou Grigoriou & Neapoleos 27, 15310, Athens, Greece;
13 E-mail: sagnou@bio.demokritos.gr

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2 **ABSTRACT**

3 Inhibition of the amyloid β -peptide ($A\beta$) aggregation of Alzheimer's disease (AD) is
4 among the therapeutic approaches against AD which still attracts scientific research
5 interest. In the search for compounds that interact with $A\beta$ and disrupt its typical
6 aggregation course towards oligomeric or polymeric toxic assemblies, small organic
7 molecules of natural origin, combining low molecular weight (necessary blood-brain
8 barrier penetration) and low toxicity (necessary for pharmacological application), are
9 greatly sought after. Isatin (1H-indoline-2,3-dione), a natural endogenous indole, and
10 many of its derivatives exhibit a wide spectrum of neuropharmacological and
11 chemotherapeutic properties. The synthesis and biological evaluation of four new isatins
12 as inhibitors of $A\beta$ aggregation is presented herein. In these derivatives the N-phenyl
13 thiosemicarbazide moiety is joined at the 3-oxo position of isatin through Schiff base
14 formation, and substitutions are present at the indole nitrogen and position 5 of the isatin
15 core. Biophysical studies employing circular dichroism, thioflavin T fluorescence assay
16 and transmission electron microscopy reveal the potential of the ITSCs to alter the course
17 of $A\beta$ aggregation, with two of the derivatives exhibiting outstanding inhibition of the
18 aggregation process, preventing completely the formation of amyloid fibrils.
19 Furthermore, in *in vitro* studies in primary neuronal cell cultures, the ITSCs were found
20 to inhibit the $A\beta$ -induced neurotoxicity and reactive oxygen species (ROS) production, at
21 concentrations as low as 1 μ M. Taken all together, the novel ITSCs can be considered as
22 privileged structures for further development as potential AD therapeutics.

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3 **1 Keywords:**
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5 2 Alzheimer's disease; β -Amyloid peptide; Isatin thiosemicarbazones; Inhibitors of β -
6 amyloid aggregation, Circular dichroism spectropolarimetry; Primary neuronal cell
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10 4 cultures; Antioxidant activity
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1 INTRODUCTION

2 Isatin (1H-indole-2,3-dione) (**1**, [Figure 1](#)) is a well-known natural product which can be
3 found in plants of *Genus Isatis* and *Couroupita Guianensis*. This indolic derivative is
4 known in the chemical industry for nearly 140 years, as it is a product of indigo dye
5 oxidation by means of nitric and chromic acid.¹⁻⁵ It is an endogenous oxidized indole
6 present in the mammalian brain, peripheral tissues and body fluids⁶, originally identified
7 in humans as one component of the monoamine oxidase inhibitory activity.⁷ Isatin has
8 been extensively studied in behavioral and metabolic assays and >90 proteins have been
9 identified through proteomic analysis as its potential biological targets.⁸ It acts as a
10 potent inhibitor of human mitochondrial monoamine oxidase B (MAO-B)⁹ and
11 administered exogenously was found to significantly increase the levels of acetylcholine,
12 choline and dopamine in rat brain tissues.¹⁰ It is a flexible and versatile synthetic
13 scaffold, consisting of an indole nucleus and two types of carbonyl groups, a keto and a
14 lactam group that render it a favorable building block for Schiff base reactions,
15 heterocyclic compound synthetic strategies and pharmacophore development.¹¹

16 Isatin derivatives possess a wide range of biological activities, including
17 antimicrobial, anti-HIV, antiviral, antimalarial, anticancer, anticonvulsant, anti-asthmatic,
18 antiinflammatory and analgesic activities.^{12,13} Isatin derivatives have also been studied as
19 potential therapeutic agents against Alzheimer's disease (AD).¹⁴⁻²⁰ More specifically, a
20 library of N-substituted isatin 3-benzoylhydrazones has been explored as β -secretase
21 (BACE-1) inhibitors using a virtual high-throughput screening (HTS) approach.¹⁴
22 Furthermore, out of eight compounds sorted out in a HTS based on the fluorescence of
23 $A\beta$ 42-GFP fusions on a collection of 65,000 small molecules, compound D737 (**2**, [Figure](#)

1), a 2-oxoindole derivative, proved to be the most effective in inhibiting A β 42 aggregation, reducing A β 42-induced toxicity in neuronal cells, as well as increasing the life span and locomotive ability of flies in a *Drosophila melanogaster* model of AD.¹⁵ Campagna, Catto and their colleagues have extensively studied a series of isatin-3-arylhydrazones¹⁶ (**3**, Figure 1) and other related molecules as inhibitors of A β 40 aggregation revealing interesting structure activity relationships like¹⁷⁻²⁰ the role of lipophilicity, the positive contribution of the 5-methoxy substitution on the isatin core and the opportunity of alkylating the indole nitrogen for efficient aggregation inhibition.¹⁶ The findings are in agreement with the general notion that indole derivatives interact with A β , blocking its self-assembly and fibril formation, by interfering with π - π interactions or π -stacking, hydrophobic forces and electrostatic interactions between the A β side chains and/or by effectively forming polar interactions and/or hydrogen bond with A β moieties.²¹⁻²³ Based on the encouraging results of isatin-3-arylhydrazones and in view of our ongoing investigation on isatin-3-thiosemicarbazones (ITSCs)^{24,25} and AD therapeutics^{26,27} we report herein the synthesis and biological evaluation of four novel ITSCs as inhibitors of A β aggregation and neuronal cell toxicity. The thiosemicarbazone (TSC) moiety has been utilized in the synthesis of metal complexes able to interfere with A β peptide aggregation or up-regulate A β peptide degrading enzymes. More specifically, copper-bis(thiosemicarbazonato) and Ru(II)-p-cymene thiosemicarbazone complexes have shown interesting biological activities as potential A β aggregation inhibitors.^{28,29} Furthermore, recent work by Kulkarni and his colleagues showed that a 3-acetylcoumarin thiosemicarbazone profoundly inhibits the formation of higher aggregates of A β peptide

1 compared to acetylcoumarin alone.^{30,31} Also, the TSC moiety provided additional benefit
2 to the acetylcoumarin molecule in rescuing A β 42 induced toxicity in neuronal SH-SY5Y
3 cells and reduced its cell toxicity, whereas results from docking studies showed that the
4 thiosemicarbazone moiety plays an important role due to its capacity for formation of
5 hydrogen bonding contacts with peptide residues. Therefore, it was reasonable to
6 anticipate that the combination of the thiosemicarbazone moiety with the isatin core may
7 generate active agents with anti-amyloid activity. The four new compounds were
8 evaluated in detail with circular dichroism (CD), thioflavin T (ThT) fluorescence assay,
9 and transmission electron microscopy (TEM), for their potential to inhibit the assembly
10 of A β into oligomeric/polymeric aggregates and the eventual formation of amyloid
11 fibrils. Furthermore, the effect of the ITSCs on the cytotoxic and ROS producing activity
12 of A β was evaluated in primary neuronal cells.

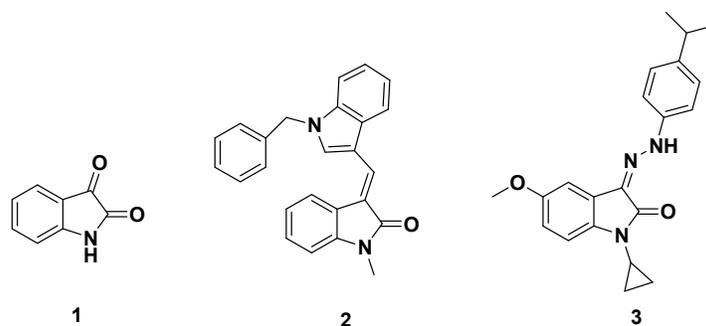
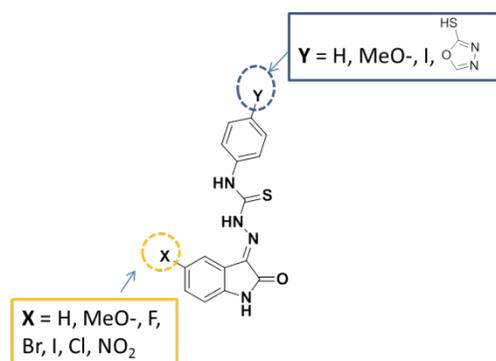


Figure 1. Chemical structures of isatin (**1**) and other active indole derivatives (**2**, **3**) in the literature.

RESULTS AND DISCUSSION

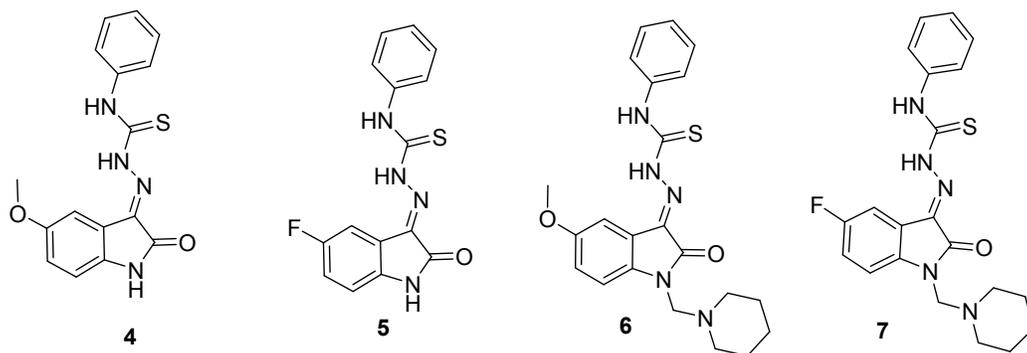
Design. A preliminary screening of 13 structurally related ITSCs (see Supporting Information) for their potential to inhibit aggregation of A β 40 was conducted by means of CD. The structures were designed aiming to investigate the potential contribution of

1 the isatin substitution at position 5- and the *para*- substitution of the phenyl
 2 thiosemicarbazone moiety (Figure 2). Out of the 13 structurally related ITSCs only
 3 compounds **4** and **5** (Figure 3), when co-incubated with $A\beta$ peptide, resulted in a
 4 considerable alterations of the characteristic CD spectrum of the $A\beta$ peptide compared to
 5 spectrum of the peptide alone. The rest of the ITSCs did not affect the CD spectrum of
 6 the $A\beta$ peptide at all, suggesting the lack of any interaction with the peptide.



7 **Figure 2.** The design of the initial library of ITSCs

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 9 Consequently, ITSCs **4** and **5** were further converted to the piperidine N-Mannich base
 10 derivatives **6** and **7**, respectively (Figure 3). This was based on literature reports stating
 11 that Mannich base moieties exhibit good antioxidant,^{32,33} anti-inflammatory³⁴ and AChE
 12 inhibitory³⁵ activities, rendering them useful in the anti-amyloid drug design.

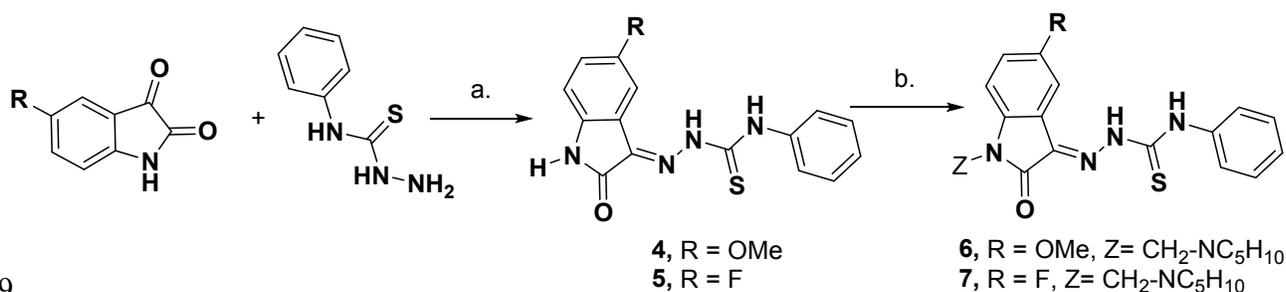


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Figure 3. Chemical structures of the ITSC derivatives **4** - **7** of this work.

Synthesis. Compounds **4** and **5** were synthesized in high yield reactions between 5-methoxy- or 5-fluoroisatin, respectively, with phenyl thiosemicarbazide, using acetic acid as a catalyst to initiate the reaction, based on reported methods (Scheme 1).³⁶ In both cases the desired product precipitated out of the reaction mixture and was collected in pure form after a single recrystallization from ethanol. It is worth noting that this simple, high yielding, and low-cost preparation of scaffolds with pharmacophoric potential is a highly advantageous and desirable feature. The Mannich bases, **6** and **7**, were consequently prepared by condensing the acidic isatin NH-group of **4** and **5**, respectively, with formaldehyde and piperidine.³⁷ The Mannich reactions were of equally high yield as the preceding Schiff reactions (Scheme 1). All compounds were characterized by ¹H and ¹³C NMR spectroscopy as well as MS-ESI (Supporting Information). The ITSC derivatives are soluble in CHCl₃, DMSO, DMF and they are stable in organic solvents for at least a month as witnessed by NMR.

Scheme 1. Synthetic route of the ITSC derivatives^a



1 "Reagents and conditions: (a) ethanol, cat. CH₃COOH, Reflux; (b) formaldehyde, piperidine.

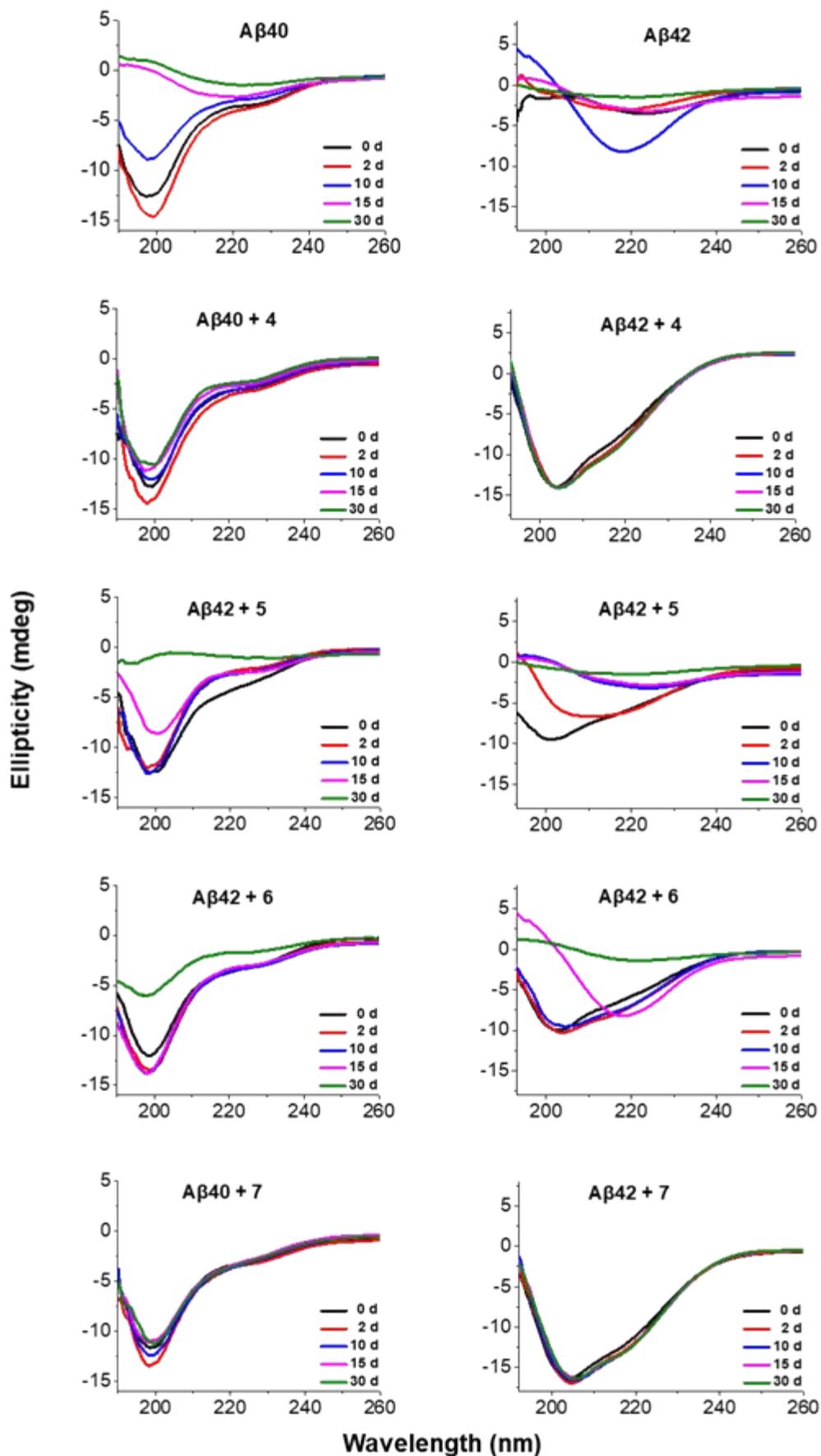
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3 **CD studies of the inhibition of A β 40 and A β 42 aggregation.** Circular dichroism (CD)
4 spectropolarimetry was employed to assess the effect of the ITSCs on the aggregation
5 process of A β 40 and A β 42 during a 30-day course. As can be seen in Figure 3 for the
6 A β 40 (top left) and A β 42 (top right) peptides, the typical aggregation process of A β
7 produces characteristic CD spectra over time reflecting the conformational changes that
8 take place in solution: the random coil A β monomers are gradually converted into β -sheet
9 assemblies, finally producing insoluble amyloid fibrils that precipitate from solution with
10 loss of CD signal.³⁸

11 It is evident from the spectra in Figure 4 (left column) that the addition of compounds **4**
12 and **7** in solutions of A β 40 at a ratio of 1:1 strongly inhibited its aggregation. The CD
13 spectra essentially remained at random coil conformation (min at 198 nm) with a small
14 reduction in intensity as time proceeded and without any further transformation, even at
15 day 30. In the presence of derivatives **5** and **6**, a decrease in the intensity of the random
16 coil trace was observed, suggesting the formation of amyloid fibrils, though with
17 considerable delay compared to solutions of plain A β 40. More specifically, in the case of
18 derivative **5**, a shift of the absorption minimum to higher wavelengths (200 nm) was
19 noted and the signal approached zero at day 30, while in derivative **6** the random coil
20 minimum at 198 nm remained stable and CD signal was still present at day 30. The
21 interaction of compounds **4** and **7** with A β 42, which is more fibrillogenic and aggregates
22 faster than A β 40,³⁹ was even more pronounced. Right from the beginning, composite
23 peaks between random coil and β -sheet appeared, with minima at 205 and 217 nm that

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3 1 remained unchanged in solution for the whole duration of the study with no sign of fibril
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5 2 formation. Corresponding experiments in the presence of compounds **5** and **6** revealed
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7 3 once again their effect to delay the typical $A\beta$ aggregation process, though not preventing
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9 4 fibril formation leading to almost complete signal loss at day 30.
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1 **Figure 4.** CD spectra of plain solutions of $A\beta$ 40 and $A\beta$ 42 (50 μ M) as well as in the
2 presence of the ITSC derivatives ($A\beta$:ITSCs ratio 1:1). Spectra were recorded for a
3 period of 30 days at 37 °C. Representative spectra from $n = 3$ independent experiments
4 are presented.

5
6 **ThT test for the detection of typical amyloid fibrils.** The aged for 30 days solutions of
7 the CD study were subsequently subjected to the thioflavin T (ThT) binding assay that
8 detects amyloids fibrils. Specifically, the ThT dye, which is negligibly fluorescent in
9 solution, displays significant fluorescence enhancement upon binding to typical amyloid
10 fibrils.⁴⁰ As it is apparent in [Figure 5](#) (black line) the ThT assay of plain solutions of
11 $A\beta$ 40 and $A\beta$ 42 resulted in considerable fluorescence signal indicative of fibril
12 formation. This fluorescence signal was dramatically decreased when either $A\beta$ 40 or
13 $A\beta$ 42 were incubated with **4** or **7** for 30 days, a finding which indicates the lack of fibrils
14 in solution, and is in agreement with the CD data. The presence of **5** and **6** in solutions of
15 $A\beta$ 40 (Figure 5A) resulted in reduced fluorescence intensity, compared to plain $A\beta$ 40,
16 indicating reduction in fibril formation. Furthermore, the shift in fluorescence maximum
17 to higher wavelengths may suggest the presence of fibrils of differentiated structure
18 compared to typical $A\beta$ 40 fibrils. The presence of compounds **5** and **6** in solutions of
19 $A\beta$ 42 (Figure 5B) did not result in significant reduction of fluorescence intensity
20 indicating that fibril formation remains almost unaffected. Again, the ThT results for
21 compounds **5** and **6** are in complete agreement to the CD studies.

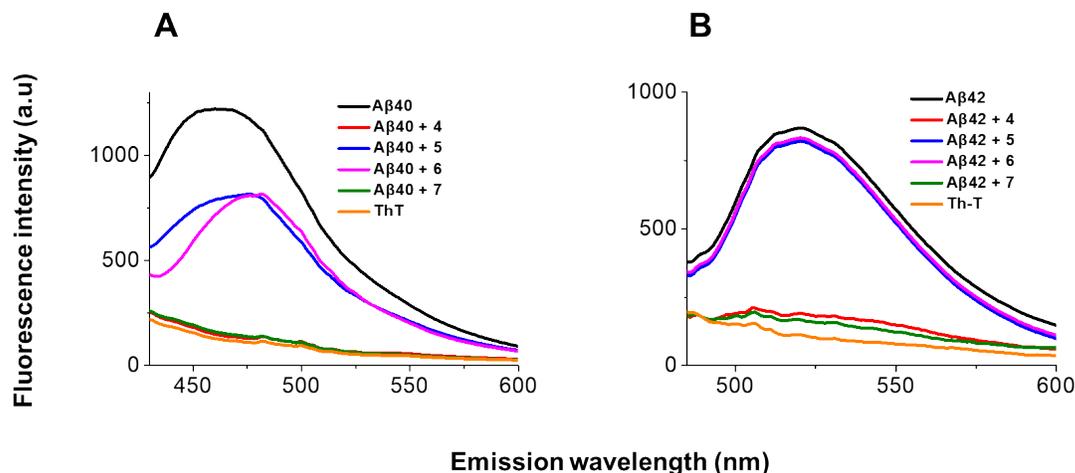
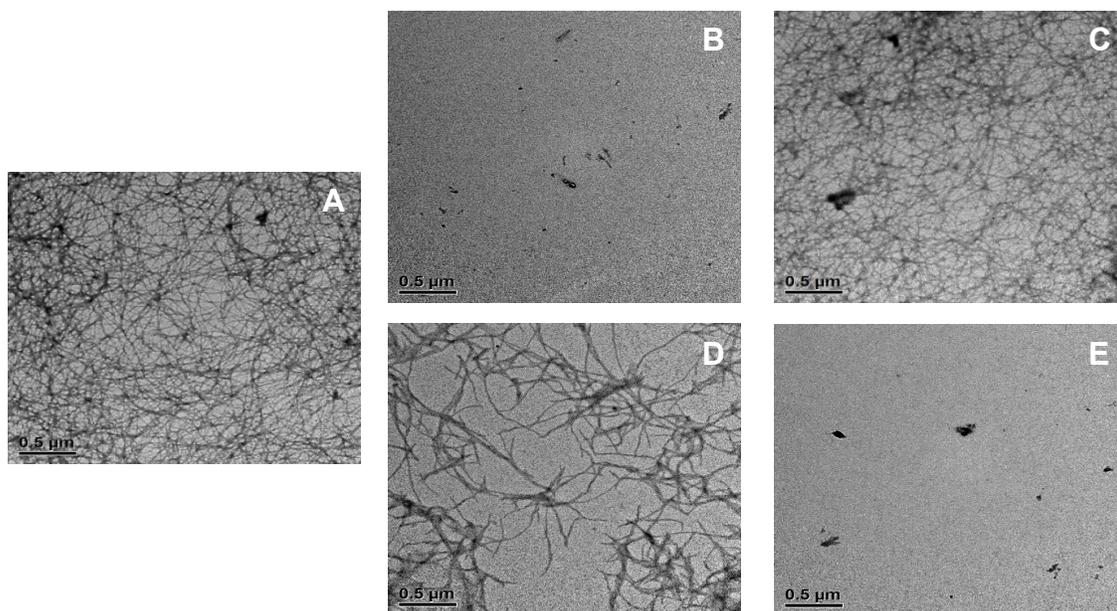


Figure 5. $A\beta$ aggregation assay using fluorescence emission of ThT upon binding to aggregated $A\beta$ ($25\ \mu\text{M}$, 30 d). A lower intensity than that of plain $A\beta$ solutions ThT (black line) indicates lower concentration of $A\beta$ fibrils. (A) $A\beta 40$ solutions in the absence and presence of ITSCs and (B) $A\beta 42$ solutions in the absence and presence of ITSCs. Fluorescence was monitored after excitation at $\lambda = 440\ \text{nm}$. Representative spectra from $n = 3$ independent experiments are presented.

TEM microscopy images of amyloid fibrils. To evaluate the effect of ITSCs on the occurrence and morphology of $A\beta$ fibers, TEM microscopy was used employing the 30 day aged samples subjected to CD and ThT analysis. Images of plain $A\beta 42$ solutions as well as after incubation with compounds **4** and **7** are presented in Figure 6. In the absence of any ITSCs the typical dense network of intertwined $A\beta$ fibrils was observed.⁴¹ However, upon incubation of $A\beta$ with either **4** or **7**, the samples were devoid of fibrils and only a very small amount of sporadic crystal-like formations could be observed which may be attributed to a degree of self-organization of the ITSCs under the particular experimental conditions. The complete lack of fibrils is an impressive finding. To the best of our knowledge, it is the first time that a complete absence of $A\beta$ typical fibrils or

1 other type of lower amorphous aggregates has been reported in the presence of an
2 aggregation inhibitor. On the other hand, the corresponding aged $A\beta_{42}$ samples
3 containing **5** and **6**, displayed an extended fibrillar network, similar to the untreated
4 control containing $A\beta$ peptide alone (Figure 6). The results from TEM microscopy are in
5 complete agreement with the CD and ThT findings providing further confirmation for the
6 potential of **4** and **7** to effectively intervene in the $A\beta_{40}$ and $A\beta_{42}$ aggregation process
7 and inhibit fibril formation.

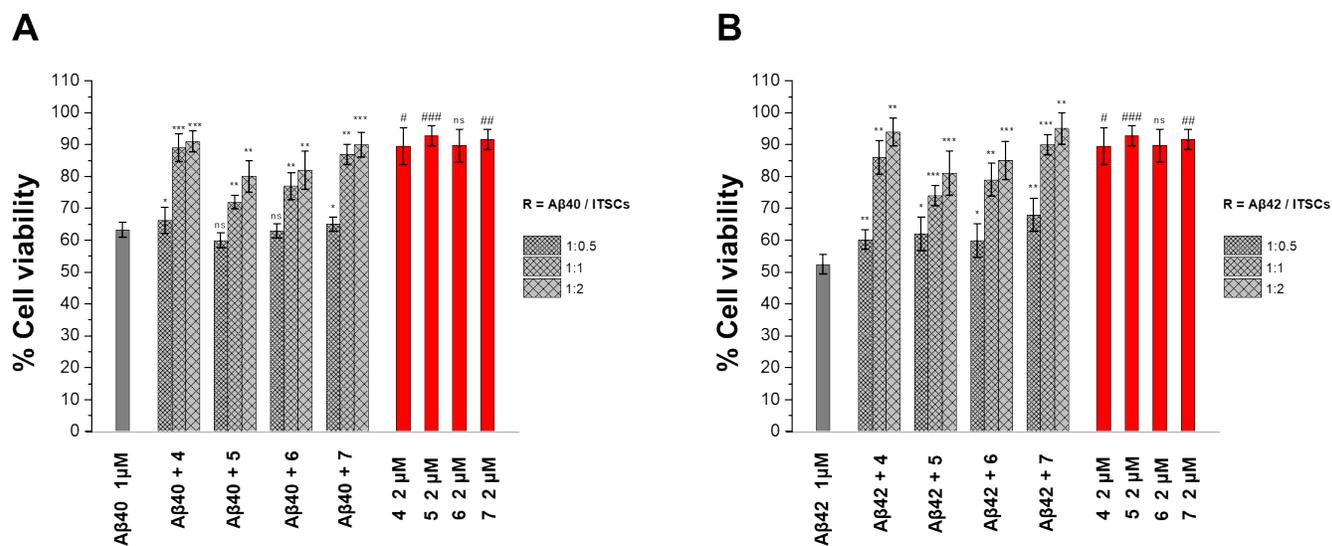


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9 **Figure 6.** TEM images of the aged $A\beta_{42}$ solutions (30 d, 50 μM) used for the CD
10 evaluation in the absence (**A**) and the presence of compounds **4** and **7** (50 μM , **B** and **E**),
11 where complete lack of fibrils was observed and **5** and **6** (50 μM , **C** and **D**) where fibril
12 formation has taken place. The scale bars correspond to 0.5 μm . Representative images
13 from $n = 2$ independent experiments are presented.

14

1 ***In vitro* studies of inhibition of A β induced neurotoxicity.** A β is known to be cytotoxic
2 in neuronal cells and inhibitors/modulators of its aggregation are often effective in
3 reducing toxicity *in vitro* and *in vivo*.^{42,43} To investigate whether the ITSCs can protect
4 cells from A β -induced toxicity, the MTT cytotoxicity assay on primary mouse
5 hippocampal cells was performed. Hippocampal neuronal cells are a suitable model for
6 assessing A β -related toxicity since hippocampus plays a key role in learning and memory
7 and is particularly vulnerable to damages at early stages of Alzheimer's disease.⁴⁴
8 Treatment of the primary neurons with A β 40 (1 μ M, [Figure 7A](#)) and A β 42 (1 μ M, [Figure](#)
9 [7B](#)) alone, resulted in a drop of cell viability to 63.4% and 52.5% compared to control
10 (untreated cells). These viability measurements are in agreement with other literature
11 findings which also report the enhanced neural cytotoxicity of A β 42 relative to that of
12 A β 40.⁴⁵ The addition of ITSC derivatives in the culture medium resulted in inhibition of
13 neurotoxicity of both A β 40 and A β 42 in a dose-dependent manner. More specifically,
14 addition of **4** resulted in a considerable cell viability increase to 91.1% (A β 40, 1:2 ratio)
15 and 93.9% (A β 42, 1:2 ratio). In a similar fashion, in the presence of **7**, cell survival was
16 recovered to nearly control levels (89.9% for A β 40 and 95% for A β 42, 1:2 ratio). In the
17 presence of **6** and **5** derivatives, the cell viability increase was lower, but still statistically
18 significant, reaching 82.3% and 80.5% for A β 40, 85.1% and 81% for A β 42, respectively.
19 The fact that all ITSCs were found to restrain A β induced neurotoxicity is in accordance
20 with their potential to interact early on with A β , as revealed by the CD study. The
21 stronger effect exhibited by **4** and **7** also correlates well with the stronger intervention of
22 the compounds in A β aggregation, as revealed by the CD, ThT and TEM studies, and is
23 in agreement with relevant studies.¹⁵ Our results are in good agreement with literature

1 reports revealing the antiaggregation potential of the indole core, as exemplified by
 2 tabersonine⁴⁶ and melatonin.^{47,48} However, tabersonine exhibited increased cytotoxicity
 3 and melatonin was used in much higher concentrations up to 50 μM to cause a
 4 comparable result.



5 **Figure 7.** Effects of the ITSC derivatives (0.5, 1 and 2 μM) on the cytotoxicity of A β 40
 6 (A) or A β 42 (B) (1 μM) in primary hippocampal neuronal cells after 24 h of incubation at
 7 37 $^{\circ}\text{C}$, as determined using the MTT assay (n = 3 independent experiments, each one
 8 performed in six replicates). The red bars represent the effect on the cell viability of
 9 ITSCs alone. The data are presented as mean \pm SEM, * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$, ns
 10 (not significant) > 0.05 compared to A β (1 μM) treatment and [#] $p < 0.01$ and ^{##} $p < 0.01$,
 11 ^{###} $p < 0.001$ compared to control (untreated cells).

12
 13 In addition, qualitative assessment of the ITSC effect on cell viability and morphology of
 14 hippocampal primary cells exposed to A β was assessed by phase-contrast microscopy
 15 (Figure 8). A β -treated neurons (1 μM) demonstrated hallmarks of degeneration, such as

1 fragmented neurites, non-developed axons, cell shrinkage and membrane blebbings, that
2 are in accordance with relevant literature data.⁴⁹ Addition of the ITSCs in the $A\beta$
3 solutions in a 1:2 ratio alleviated the effects of $A\beta$ toxicity and a substantial recovery of
4 the $A\beta$ -induced alterations was observed. In agreement to the MTT cytotoxicity data, the
5 selected derivatives alone exerted no substantial alteration on the morphology of neuronal
6 cells (data not shown). Both MTT results and microscopic examinations indicate that the
7 ITSCs can effectively attenuate the cytotoxicity of $A\beta$ in primary hippocampal cells.

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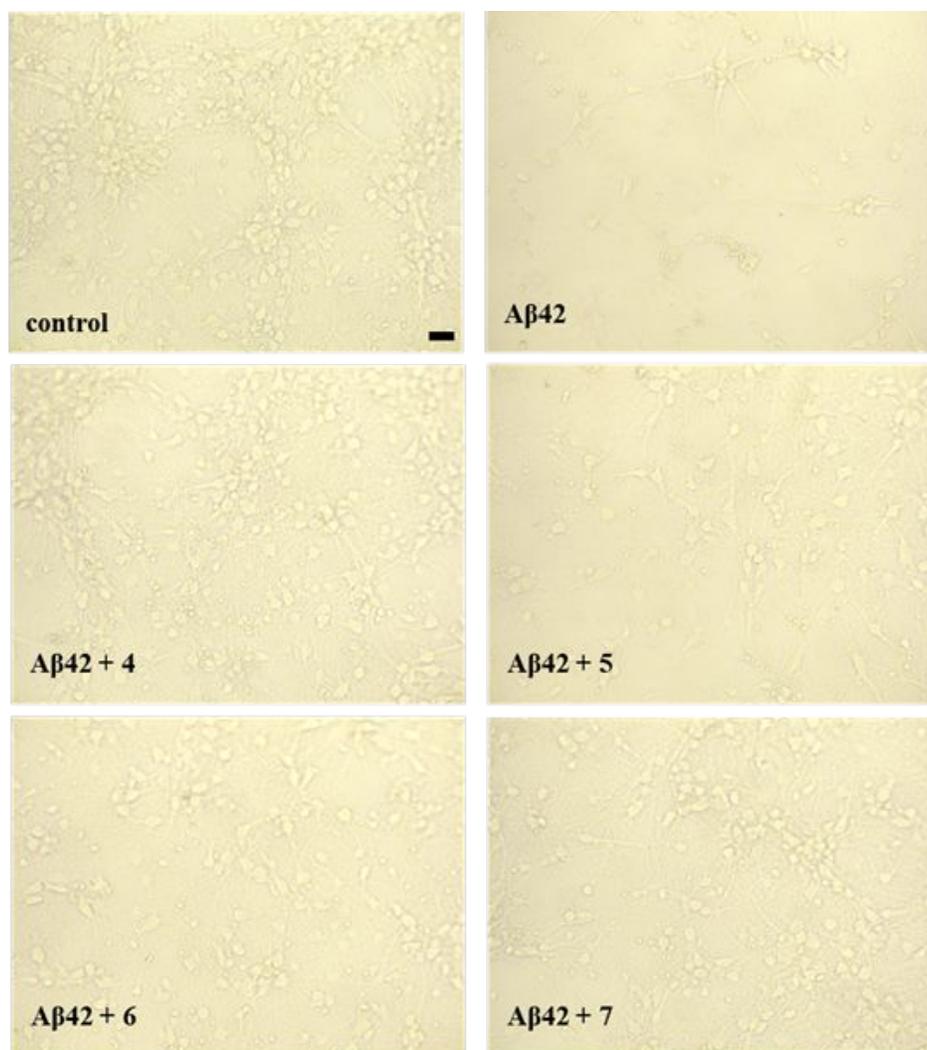
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2 **Figure 8.** Phase-contrast microscopy images of primary hippocampal neuronal cells
3 exposed for 24 h at 37 °C to pre-incubated A β 42 solutions (1 μ M) in the absence or in the
4 presence of ITSC derivatives (2 μ M). The scale bar corresponds to 50 μ m.
5 Representative images from n = 2 independent experiments are presented.

6

7 ***In vitro* studies of inhibition of A β induced ROS production.** A β induced oxidative
8 stress is linked to the pathogenesis and early development of AD. Elevated levels of A β

1 are associated with increased levels of oxidation products from proteins, lipids and
2 nucleic acids in AD hippocampus and cortex^{50,51}. Accumulated evidence suggests that
3 ROS may be important mediators of $A\beta$ neuronal cell death in the development of AD.⁵²
4 Hence, the effect of ITSCs on the levels of ROS generated by $A\beta$ in hippocampal
5 neuronal cells was evaluated by means of the DCFH-DA assay.⁵³ The results of the ROS
6 assessment are summarized in [Figure 9](#). Exposure of hippocampal cell cultures to $A\beta$
7 solutions (1 μ M) resulted in the production of considerable amount of ROS, as evidenced
8 by the significant increase in DCF fluorescence.⁵⁴ Incubation of the cells with any of the
9 four compounds **4** - **7** alone did not cause any significant change in the DCF fluorescence
10 compared to untreated cells. On the contrary, as can be seen in [Figure 9A](#) for $A\beta$ 40, and
11 [9B](#) for $A\beta$ 42, co-incubation of the $A\beta$ with **4** and **7** resulted in more than 50% reduction
12 in DCF fluorescence indicating an important decrease in ROS production. Co-incubation
13 of the $A\beta$ solutions with derivatives **6** and **5** also resulted in lower intracellular ROS
14 generation, but to a lesser extent. The studied ITSCs show the same trend in reducing
15 ROS production and in protecting from $A\beta$ cytotoxicity, with **4** and **7** showing the best
16 results and **5** and **6** following in efficacy. Even though the mechanism of $A\beta$ cytotoxicity
17 and ROS production are still not clear,⁵⁵ our results provide a link between the potential
18 of inhibitors to intervene in $A\beta$ aggregation and to decrease ROS production that may add
19 in the design of effective agents against AD insults.

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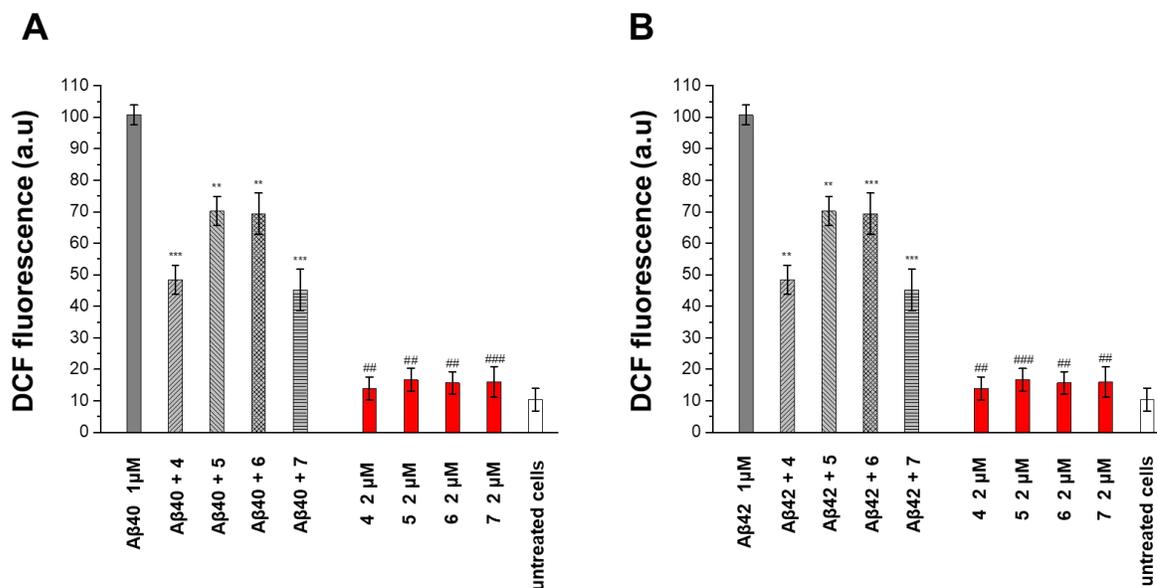


Figure 9. Effect of 2 μM of the ITSC derivatives on ROS generation induced by Aβ40 and Aβ42 (1 μM) in primary hippocampal neuronal cells after 24 h of incubation at 37 °C. ROS levels were measured by the DCF fluorescence assay (n = 3 independent experiments, each performed in six replicates). The red bars represent the effect on ROS generation of ITSCs alone. The data are presented as mean ± SEM, *p≤0.05, **p≤0.01, ***p≤0.001 compared to Aβ (1 μM) treatment and #p<0.01 and ##p<0.01, ###p<0.001 compared to control (untreated cells).

Overall, the combined analysis of CD and ThT data indicate interaction of both Aβ40 and Aβ42 peptides with the new ITSCs, interaction which is particularly strong for derivatives 4 and 7 and leads to almost complete inhibition of formation of Aβ fibrils. In the case of Aβ40, where the random coil CD spectrum remains dominant for the duration

1 of the study, it appears that the majority of the interaction takes place with the monomeric
2 (or dimeric, small oligomeric⁵⁶) peptide. In the case of A β 42, which is more fibrillogenic
3 compared to A β 40 and self-associates faster, the CD spectrum indicates the presence of a
4 degree of β -sheet arrangement, so interaction of **4** and **7** may be taking place with a
5 higher order A β 42 assembly, which, nevertheless, does not further evolve into fibrils.
6 Interaction of the ITSCs **5** and **6** with the A β 40 and A β 42 peptides is weaker than that of
7 **4** and **7** allowing the eventual formation of amyloid fibrils, as shown in the ThT test,
8 though in lower amounts and with considerable delay compared to solutions of plain
9 peptides. The stronger activity of **4** and **7** in all cytotoxicity assays indicates a link
10 between the inhibitory activity of A β aggregation and the reduction in A β toxicity which
11 has been observed in the literature and merits further investigation.

12 This work falls into the worldwide effort to discover small-molecule based therapeutic
13 treatment for Alzheimer's disease. A great number of organic molecules, including small
14 peptides polyphenols, inositols, quinones and metal chelators have been reported in the
15 literature⁵⁷ as inhibitors of A β aggregation. Even though the recorded cell viability values
16 for A β solutions in the presence ITSCs are comparable to those observed in the presence
17 of natural organic compounds, like olive biophenols⁵⁸, quercetin⁵⁹, rutin⁶⁰ and
18 melatonin⁴⁸ in cell rescuing studies against A β toxicity, the existing experimental
19 differences, including the cell line used, the incubation time, the concentration, protocol
20 applied, etc., do not allow for direct comparison of our results to those in the literature.
21 Despite the extensive *in vitro*, *in vivo* and *in silico* studies carried out to unravel the
22 mechanism of action of small molecule aggregation inhibitors and common structural
23 features underlying the process of inhibition, the effort has not produced a valid drug

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3 1 against AD. This is mainly due to the fact that the structural identity of $A\beta$ aggregates is
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5 2 not known, and $A\beta$ aggregation process is very complex, to allow for rational design of
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7 3 aggregation inhibitors. In addition, promising candidates that appear, after constructing
8
9 4 and screening libraries of compounds, are usually limited by bioavailability.⁶¹ So the
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11 5 effort for novel inhibitors continues, with each study and its findings providing further
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13 6 insight into the mechanism of $A\beta$ aggregation and cytotoxicity, and serving as base for
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15 7 design improvement. Within this framework, the present data safely establish ITSCs, and
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17 8 more specifically compounds **4** and **7** as highly promising $A\beta$ inhibitors that combine a)
18
19 9 full inhibition of $A\beta$ aggregation as witnessed by the complete absence of $A\beta$ typical
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21 10 fibrils, b) strong cytoprotective effect against $A\beta$ insult and oxidative stress in
22
23 11 hippocampal primary neurons and c) ease of synthesis in large amounts and in high
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25 12 purity. Even though our results do not allow for a clear structure-activity-relationship to
26
27 13 be established, the thiosemicarbazone moiety emerges as an important linker for further
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29 14 investigation. In particular, the ITSCs **4** and **7** presented herein can be considered as
30
31 15 privileged structures for further exploration as potential AD therapeutics and towards that
32
33 16 goal. It is very interesting to note that in the presence of the 5-OMe isatin substitution the
34
35 17 free indoline-2-one NH (compound **4**) was found to be of the highest antiaggregation
36
37 18 activity, whereas the N- substituted piperidine Mannich base derivative (compound **5**)
38
39 19 was considerably less active. Interestingly, in the case of the 5-F ITSCs (compound **6** and
40
41 20 **7**) the opposite structure-activity relationship was observed, making the N-substituted
42
43 21 derivative (compound **7**) the most active one and of comparable activity to that of
44
45 22 compound **4**. This may suggest that in the case of the phenyl ITSCs a reasonable balance
46
47 23 between the bulkiness and the electronegativity at position 5- of the isatin moiety with the
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1 polarity of the molecule, lipophilicity and hydrogen bonding of the indole NH- group are
2 critical for antiaggregation activity. The mechanistic investigation of the signaling
3 pathways that they affect in wild type and AD transgenic mice (5xFAD) is currently in
4 progress.

6 MATERIALS AND METHODS

7 All reagents used in synthesis were purchased from Sigma Aldrich and Alfa Aesar
8 (USA), and were used without further purification. Amyloid peptides (A β 40 and A β 42,
9 >95% pure) were purchased from Eurogentec (Belgium). The media/agents for the
10 cultures of primary neuronal cells were purchased from Thermo Fisher Scientific (USA).
11 The MTT reagent 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide was
12 bought from Applichem (Germany) while 2',7'-dichlorofluorescein diacetate (DCFH-DA),
13 thioflavin T (ThT) were bought from Sigma-Aldrich (Germany).

14 NMR spectra were obtained in DMSO-d₆ at 25 °C on a Bruker Avance DRX 500
15 MHz (¹H at 500.13 MHz and ¹³C at 125.77 MHz). Tetramethylsilane (TMS) was used as
16 the internal standard. Assignment of ¹H and ¹³C chemical shifts was based on the
17 combined analysis of a series of ¹H - ¹H and ¹H - ¹³C correlation experiments recorded
18 using standard pulse sequences from the Bruker library. The IR spectra were recorded
19 using a Perkin-Elmer Spectrum 100 spectrometer with Universal ATR accessory (Perkin-
20 Elmer, USA) over the range 4000 – 200 cm⁻¹. The high resolution electrospray mass
21 spectra were recorded in the range of m/z 250 - 1400 on a TSQ 7000 Finnigan MAT
22 (Scientific Instrument Services, USA). For the mass spectrometric studies samples were

1 dissolved in DMSO and the resulting solution was supplied to the electrospray capillary
2 through a syringe pump.

3 The C57BL/6 mice that were used for the *in vitro* biological evaluation
4 experiments were obtained from the breeding facilities of the Institute of Bioscience &
5 Applications, NCSR "Demokritos". All animal procedures were carried out in
6 compliance with the Presidential Decree 56/2013 (published in the Official Government
7 Gazette of Greece 106 A/30-4-2013) that has transposed the EU Directive 2010/63 on the
8 protection of animals used for scientific purposes.

9
10 **Synthesis.** ITSCs **4**, **5** were synthesized according to previously reported procedures by
11 reacting equimolar amounts of the commercially available substituted isatins with 4-
12 phenyl-3-thiosemicarbazide in the presence of a catalytic amount of acetic acid.^{24, 25, 36}
13 ¹H and ¹³C NMR are given in Supporting Information and are in agreement with the
14 literature data.

15 General synthesis of **6**, **7**²⁵: A solution of the desired isatin thiosemicarbazone (2 mmol)
16 in ethanol (20 mL) was treated with formalin (37 %, 0.20 mL, 2.5 mmol) for 15 min and
17 then piperidine (2 mmol) was added dropwise. The reaction mixture was stirred overnight
18 and the resulting precipitate was filtered and crystallized from ethanol.

19 *2-(5-methoxy-2-oxo-1-(piperidin-1-ylmethyl)indolin-3-ylidene)-N*
20 *phenylhydrazinecarbothioamide (6)*. This was synthesized according to the general
21 procedure by reacting **4** with piperidine under Mannich reaction conditions. Yield 68%.
22 IR (cm⁻¹) 1515, 1470, 1017, 3199, 1626. ¹H and ¹³C NMR are given in Supporting
23 Information. ¹H NMR (500 MHz, DMSO) δ 12.69 (s, 1H), 10.79 (s, 1H), 7.62 (d, *J* = 7.6

1 Hz, 2H), 7.42 – 7.38 (m, 3H), 7.27 (t, $J = 7.8$ Hz, 1H), 7.15 (d, $J = 8.0$ Hz, 1H), 6.97 (d, J
2 = 8.0 Hz, 1H), 4.44 (s, 2H), 3.75 (s, 3H), 1.43 (bs, 6H), 1.30 (bs, 2H), 1.10 (bs, 2H). ^{13}C
3 NMR (126 MHz, DMSO) δ 177.16, 162.55, 156.54, 139.16, 138.49, 132.23, 129.13,
4 126.94, 126.57, 120.71, 118.19, 117.75, 112.81, 107.08, 62.71, 56.42, 52.08, 26.07,
5 24.26; HRMS (ESI) $[\text{M}+\text{H}]^+$ calcd for $\text{C}_{22}\text{H}_{26}\text{N}_5\text{O}_2\text{S}$, 424.1802, found, 424.1796.

6 *2-(5-fluoro-2-oxo-1-(piperidin-1-ylmethyl)indolin-3-ylidene)-N-*
7 *phenylhydrazinecarbothioamide (7)*. This was synthesized according to the general
8 procedure and previously reported method²⁵ by reacting **5** with piperidine under Mannich
9 reaction conditions. ^1H and ^{13}C NMR are given in Supporting Information and are in
10 agreement with the literature data.²⁵ Yield 73%.

11
12 **Preparation of A β Stocks and Solutions.** A β was gently dissolved without vortexing in
13 Type 1 (Milli-Q) water to prepare a 100 μM stock solution for CD, ThT and TEM
14 analysis and a 10 μM for cell viability and ROS measurements. Solutions of A β in
15 phosphate buffer (PB, 10 mM, pH 7.33) were prepared by adding equal volumes of PB to
16 aliquots of the aqueous solution stock to achieve the desired final concentration. For the
17 CD, ThT and TEM studies, solutions of A β in phosphate buffered saline (PBS, 10 mM,
18 pH 7.4) were prepared by adding equal volumes of PBS to aliquots of the stock to
19 achieve final concentration of 50 μM . Proper amount of the ITSCs (stock concentration
20 of 10 mM in DMSO) were added to the A β solutions to achieve a final concentration of
21 50 μM .

22 **Circular Dichroism Measurements.** CD spectra were recorded on a JASCO J-715
23 spectropolarimeter (Jasco Co., Japan), at 37 °C in the range of 190 – 260 nm with a 1 mm

1 path length quartz cuvette. Each spectrum was the average of three scans at a speed of
2 100 nm·min⁻¹ and a resolution of 0.5 nm. CD spectra of the A β solutions were obtained
3 for 30 days by CD. During this period, the A β solutions remained at the incubator at 37
4 °C without stirring. Three independent experiments were performed for each condition
5 and in each case solutions of plain A β were run as control. The analysis of the CD data
6 was performed using the OriginPro 9 program.

7
8 **Thioflavin T Assay.** For the ThT test 100 μ L of the aged (30 days) 50 μ M CD solutions
9 of A β (with or without ITSCs) were diluted to half with PB (10 mM, pH 7.33) to obtain
10 200 μ L of final solutions with theoretical A β concentration of 25 μ M. To these solutions,
11 a stock solution of ThT (Sigma, St. Louis, MO) in PB (10 mM, pH 7.33) was added to
12 achieve a final concentration of ThT of 5 μ M. The mixture was well agitated with
13 pipetting and immediately thereafter, fluorescence was monitored after excitation at 440
14 nm (EM slit = 2.5 nm, PMT Voltage 700 V, response 0.4 s) with a HITACHI F-2500
15 spectrofluorometer. The analysis of the fluorescence data was performed using the
16 OriginPro 9 program.

17
18 **Transmission Electron Microscopy (TEM).** For the TEM analysis, the aged (30 days)
19 50 μ M CD solutions of A β 42 (plain or with 100 μ M ITSCs) was mixed well by pipetting.
20 A 2 μ L aliquot of this solution was placed in a carbon coated film on 200-mesh copper
21 grids (Agar Scientific, UK) for 5 min.⁶² After adsorption, the grids were washed in
22 deionized water and negatively stained by applying a 2 μ L drop of freshly prepared 1%
23 (w/v) uranyl acetate (Sigma–Aldrich) in Milli-Q water for 5 min. Excess fluid was

1 blotted off and the grids were washed in deionized water and dried in air. Images were
2 recorded using a FEI CM20 electron microscope (FEI) with a Gatan GIF 200 imaging
3 filter (Gatan) equipped with a Peltier-cooled slow-scan charge-coupled device camera.

4
5 **Cell Cultures.** Hippocampal neuronal cultures were obtained from postnatal day 1
6 female pups of C57BL/6 mice as previously described.^{63,64} Briefly, after being dissected,
7 the hippocampus was incubated with 0.25% trypsin for 15 min at 37 °C. The hippocampi
8 were then rinsed in 10 ml of Hibernate A containing 10% (v/v) heat-inactivated fetal
9 bovine serum (FBS). Cultures were maintained in Neurobasal-A medium containing 2%
10 B-27 supplement, 0.5 mM Gluta-MAX and 1% penicillin/streptomycin at 37 °C and 5%
11 CO₂. Half of the medium was replaced twice a week. Neuronal hippocampal cells were
12 plated at a density of approximately 2×10^4 per well in 96-well plates for MTT and ROS
13 measurements and 5×10^5 per well in 24-well for phase-contrast microscopy. After
14 seven days of incubation in culture well plates, the primary hippocampal neurons were
15 harvested for the cell rescue from A β toxicity and ROS measurements.

16
17 **Cell Rescue from A β Toxicity.** Solutions of A β 40 or A β 42 (10 μ M) in PBS in the
18 presence of the ITSCs (1:1 ratio of A β :compounds) preincubated (3 days for all A β 40
19 solutions and 1 day for all A β 42 solutions) at 37 °C were diluted with fresh medium and
20 added to individual wells at a final concentration of A β of 1 μ M. Cell viability was
21 determined by the standard MTT assay. After 24 h exposure of cells to the A β solutions,
22 100 μ L of a 0.5 mg/mL stock solution of MTT in Neurobasal-A was added to each well
23 of primary hippocampal neurons followed by a 3 h incubation at 37 °C. The medium was

1 removed and the cells were diluted in DMSO. The relative formazan concentration was
2 measured by determination of the absorbance at 540 nm (Tecan well plate reader).
3 Results were expressed as the percentage of MTT reduction, assuming that the
4 absorbance of control (untreated) cells was 100%, and are the mean of three independent
5 experiments with six replicate wells for each condition. In each run the effect of
6 solutions of plain $A\beta$ and ITSC derivatives was independently checked to serve as
7 internal standard. Induced cell death was also qualitatively examined by phase-contrast
8 microscopy (Axiovert 25 CFL; Carl Zeiss) using the above solutions. In each run, the
9 effect of solutions of plain ITSCs and plain $A\beta_{42}$ was independently checked to serve as
10 internal control.

11
12 **Intracellular ROS Measurements.** Primary hippocampal neurons were treated with $A\beta$
13 solutions following the procedure described in the *Cell Rescue from $A\beta$ Toxicity* section.
14 After incubation for 24 h, cells were washed with PBS and incubated with 10 μ M of
15 DCFH-DA for 30 min at 37 °C in the incubator with 5% CO_2 . The fluorescence intensity
16 (relative fluorescence unit) of DCF was determined using a Tecan fluorescence well plate
17 reader at the excitation wavelength of 485 nm and emission wavelength of 528 nm. ROS
18 levels are presented as arbitrary fluorescence units (AFU). Control groups consisted of
19 cells incubated with medium only and plain $A\beta$ or plain ITSC derivatives.

20
21 **Statistical Analysis.** Data in all assays are the mean of at least three independent
22 experiments. Graphs were analyzed using GraphPad Prism 5.0 software. In hippocampal
23 neuronal cultures the statistical significance of changes in different groups was evaluated

1 by one-way analysis of variance (ANOVA) and Student's t-tests, using GraphPad Prism
2 5.0 software. For each experiment, data are expressed as the mean \pm standard error of the
3 mean (SEM), * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$, ns (not significant) > 0.05 compared to $A\beta 42$
4 (1 μM) treatment and # $p < 0.01$ and ## $p < 0.01$, ### $p < 0.001$ compared to control (untreated
5 cells).

11 ASSOCIATED CONTENT

12 Supporting Information

13 **Figure S1.** Structures of the Initial isatin thiosemicarbazones Library screened by CD,
14 **Synthesis, Figure S2.** ^1H NMR and ^{13}C NMR spectra of 4, **Figure S3.** ^1H NMR and
15 ^{13}C NMR spectra of 5, **Figure S4.** ^1H NMR and ^{13}C NMR spectra of 6, **Figure S5.** ^1H
16 NMR and ^{13}C NMR spectra of 7, **Figure S6.** FT-IR spectra, **Figure S7.** HRMS

17 ABBREVIATIONS

42 MAO-B	Monoamine Oxidase B
44 Ach	Acetylcholine
46 DA	Dopamine
48 ITSCs	Isatin-3-thiosemicarbazones
50 HTS	High throughput screening
52 AD	Alzheimer disease

$A\beta$	β -Amyloid
CD	Circular dichroism spectropolarimetry
ThT	Thioflavin T
TEM	Transmission electron microscopy
AFU	Arbitrary fluorescence units
DCFH-DA	2',7'-Dichlorofluorescein Diacetate
FBS	Fetal bovine serum
MTT	3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyl-tetrazolium bromide

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4 **AUTHOR INFORMATION**

5 **Author affiliations**

6 MS, BM, AK and MP - Institute of Biosciences and Applications, National Centre for
7 Scientific Research "Demokritos", Patriarhou Grigoriou & Neapoleos 27, 15310, Athens,
8 Greece

9 NB- Institute of Nanoscience and Nanotechnology, National Centre for Scientific
10 Research "Demokritos", Patriarhou Grigoriou & Neapoleos 27, 15310, Athens, Greece

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12

13 **Author Contributions**

14 MS was responsible for the study design, synthesis of ITSCs and manuscript writing;

15 MS, BM and MP analyzed and interpreted the results and wrote the manuscript; BM

1 performed the CD, ThT, TEM studies under the supervision of MP; BM with AK
2 performed the primary cell line experiments; NB prepared the TEM samples and acquired
3 the images; MP funded and supervised the project. All authors have given approval of the
4 final version of the manuscript.

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23 **Conflicts of interest**

1 The authors declare no conflict of interest about this article.

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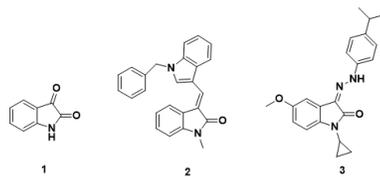
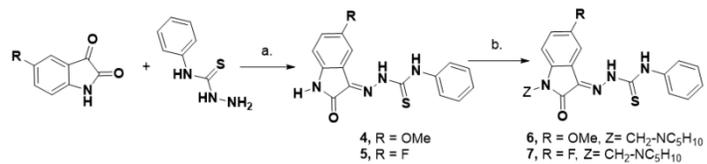


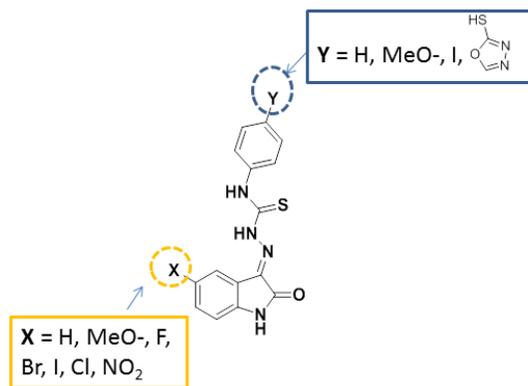
Figure 1. Chemical structures of isatin (1) and other active indole derivatives (2, 3) in the literature.

338x190mm (96 x 96 DPI)



Scheme 1. Synthetic route of the ITSC derivativesa

338x190mm (96 x 96 DPI)



31 Figure 2. The design of the initial library of ITSCs

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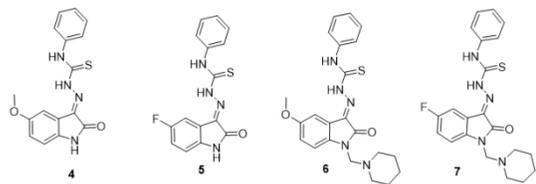


Figure 3. Chemical structures of the ITSC derivatives 4 - 7 of this work.

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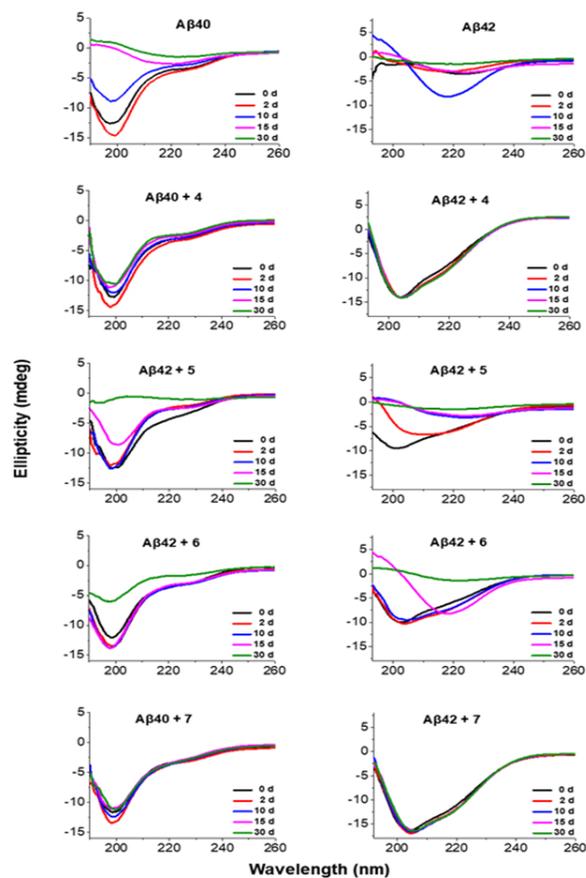


Figure 4. CD spectra of plain solutions of A β 40 and A β 42 (50 μ M) as well as in the presence of the ITSC derivatives (A β :ITSCs ratio 1:1). Spectra were recorded for a period of 30 days at 37 $^{\circ}$ C. Representative spectra from $n = 3$ independent experiments are presented.

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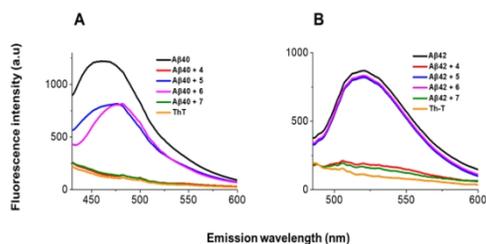


Figure 5. A β aggregation assay using fluorescence emission of ThT upon binding to aggregated A β (25 μ M, 30 d). A lower intensity than that of plain A β solutions ThT (black line) indicates lower concentration of A β fibrils. (A) A β 40 solutions in the absence and presence of ITSCs and (B) A β 42 solutions in the absence and presence of ITSCs. Fluorescence was monitored after excitation at $\lambda = 440$ nm. Representative spectra from $n = 3$ independent experiments are presented

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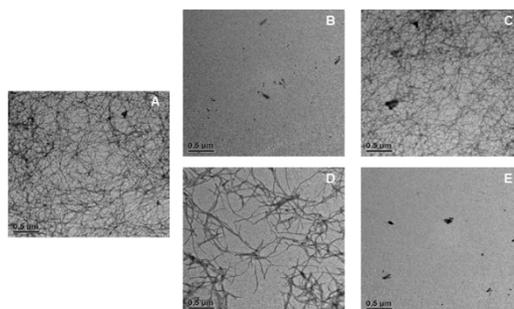


Figure 6. TEM images of the aged A β 42 solutions (30 d, 50 μ M) used for the CD evaluation in the absence (A) and the presence of compounds 4 and 7 (50 μ M, B and E), where complete lack of fibrils was observed and 5 and 6 (50 μ M, C and D) where fibril formation has taken place. The scale bars correspond to 0.5 μ m. Representative images from n = 2 independent experiments are presented.

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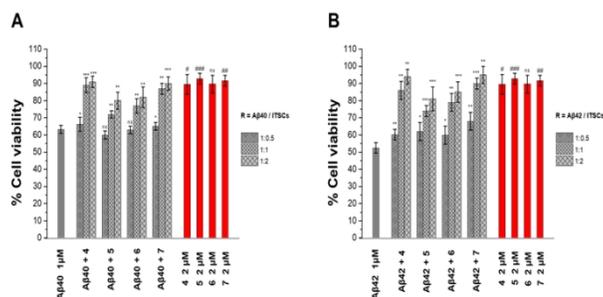


Figure 7. Effects of the ITSC derivatives (0.5, 1 and 2 μM) on the cytotoxicity of A β 40 (A) or A β 42 (B) (1 μM) in primary hippocampal neuronal cells after 24 h of incubation at 37 $^{\circ}\text{C}$, as determined using the MTT assay ($n = 3$ independent experiments, each one performed in six replicates). The red bars represent the effect on the cell viability of ITSCs alone. The data are presented as mean \pm SEM, * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$, ns (not significant) > 0.05 compared to A β (1 μM) treatment and # $p < 0.01$ and ## $p < 0.01$, ### $p < 0.001$ compared to control (untreated cells).

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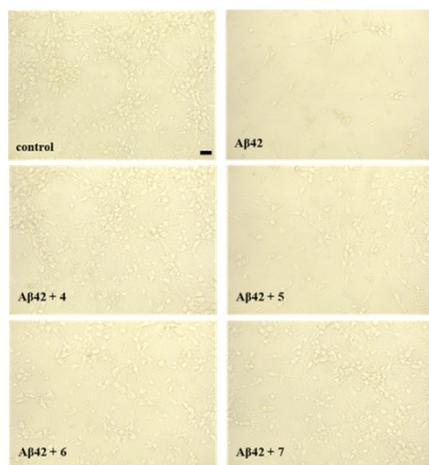


Figure 8. Phase-contrast microscopy images of primary hippocampal neuronal cells exposed for 24 h at 37 °C to pre-incubated A β 42 solutions (1 μ M) in the absence or in the presence of ITSC derivatives (2 μ M). The scale bar corresponds to 50 μ m. Representative images from n = 2 independent experiments are presented.

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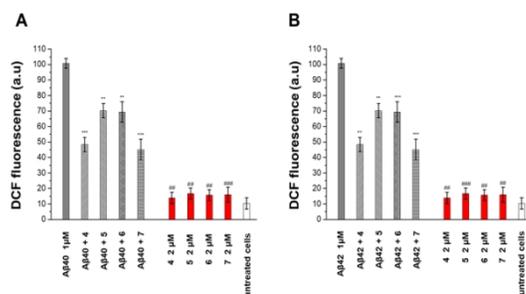


Figure 9. Effect of 2 μM of the ITSC derivatives on ROS generation induced by A β 40 and A β 42 (1 μM) in primary hippocampal neuronal cells after 24 h of incubation at 37 $^{\circ}\text{C}$. ROS levels were measured by the DCF fluorescence assay ($n = 3$ independent experiments, each performed in six replicates). The red bars represent the effect on ROS generation of ITSCs alone. The data are presented as mean \pm SEM, * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$ compared to A β (1 μM) treatment and # $p < 0.01$ and ## $p < 0.01$, ### $p < 0.001$ compared to control (untreated cells).

338x190mm (96 x 96 DPI)

