## Oxidation of $\alpha$ -Tocopherol to $\alpha$ -Tocopheryl Quinone by Carbon Tetrachloride-Ethanol Solvent

## ABSTRACT

The addition of small amounts of CCl<sub>4</sub> to ethanolic solutions of  $\alpha$ -tocopherol, vitamin A acetate or  $\beta$ -carotene caused destruction of these fat-soluble compounds. The oxidation product of  $\alpha$ -tocopherol was identified as  $\alpha$ tocopheryl quinone by UV and IR spectral analysis. Maximum conversion to the quinone occurred with a ratio of CCl<sub>4</sub> to ethanol of 25:75 (v/v).

Butler (1) has shown that  $CCl_4$  induced the non-enzymatic oxidation of reduced glutathione, cysteine and cytochrome C at physiological temperatures. Hove (2) reported that CCl<sub>4</sub> catalyzed the bleaching of  $\beta$ -carotene in ethanol solution in the presence of linoleate hydroperoxide. Recknagel and Ghoshal (3) found that a conjugated diene was formed from the linoleic acid of liver microsomes after CCl<sub>4</sub> treatment. Butler (1) has shown that CCl<sub>4</sub>induced oxidations resulted in an inverse substitution of one of the chlorine atoms, presumably through free radical formation, and assumed that the final fate of this chlorine atom was as a chloride ion produced by acquisition of two electrons from the substrate compound. He suggested that this oxidative activity may be involved in the hepatotoxic effect of CCl<sub>4</sub> in animals. If this is true, then antioxidants should confer protection against the toxic action of this solvent. Indeed, several years ago

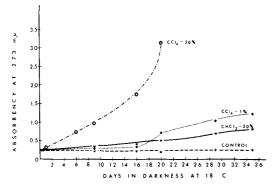


FIG. 1. UV curves showing the production of  $\alpha$ -tocopheryl quinone (273 m $\mu$ ) from  $\alpha$ -tocopherol, induced by low levels of CCl<sub>4</sub> at 18 C.  $\alpha$ -Tocopheryl quinone production was monitored by periodic UV readings over 36 days.

Hove (4) did show that  $\alpha$ -tocopherol and other antioxidants had a marked protective effect against fatal CCl<sub>4</sub> poisoning of rats fed low protein diets. This finding has recently been confirmed by Gallagher (5) and by Seward et al. (6). Therefore it is of interest to find now that CCl<sub>4</sub> can oxidatively destroy  $\alpha$ -tocopherol by causing its conversion to the quinone.

When glass-distilled spectral grade CCl<sub>4</sub> was added to ethanolic solutions of  $dl-\alpha$ -tocopherol (70  $\mu$ g/ml), conversion to the tocopheryl quinone began quickly and proceeded to near completion within a period of several days (Fig. 1). Quantitative conversion, as observed spectrophotometrically, occurred within 20 days when the CCl<sub>4</sub> concentration was 20% (v/v). In control solutions (no CCl<sub>4</sub>) under the same time and conditions, no change occurred. The loss of the tocopherol was indicated by the complete disappearance of the Emmerie-Engel reaction and by loss of the UV absorption peak at 293 m $\mu$  (Fig. 2). The UV curve showed the strong bicuspid peaks at 264 and 273 m $\mu$  that are characteristic of the quinone, with E12m (273)=345 (Fig. 3). The IR spectrum of the dry product conformed exactly to that of authentic  $\alpha$ -tocopheryl quinone (7). In another trial (Fig. 1 and 2),  $CHCl_3$  was found to be less than half as active as CCl<sub>4</sub> in oxidizing tocopherol to the quinone.

The rapidity and degree of oxidation of tocopherol by  $CCl_4$  depends on the relative ratio of the two solvents, ethanol and  $CCl_4$ . In either pure  $CCl_4$  or pure ethanol, tocopherol was quite stable. The maximum rate of oxidation occurred with 25%  $CCl_4$  in ethanol

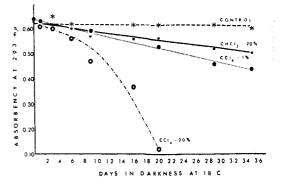


FIG. 2. UV curves showing the loss of absorption at 293 m $\mu$  ( $\alpha$ -tocopherol) induced by low levels of CCl<sub>4</sub> at 18 C.  $\alpha$ -Tocopherol loss was monitored by periodic UV readings over 36 days.

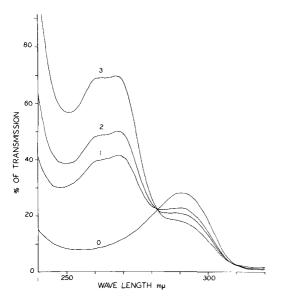


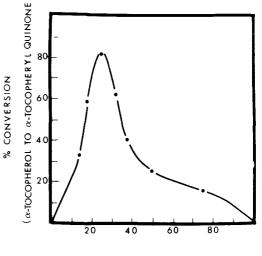
FIG. 3. UV curves showing the concomitant loss of  $\alpha$ -tocopherol (294 mµ) and production of  $\alpha$ -tocopheryl quinone (264, 273 mµ) induced by low levels of CCl<sub>4</sub> at 18 C. Volumes of CCl<sub>4</sub> for curves 0, 1, 2 and 3 were 0%, 1.25%, 2.50% and 5.00% in ethanol, respectively.

(v/v), as shown in Figure 4.

We have obtained other data showing that vitamin A acetate is even more labile to the solvent effect than is tocopherol. As little as 1.3% of CCl<sub>4</sub> added to vitamin A acetate in a mixture of ethanol and xylene (11  $\mu$ g/ml) caused the destruction of 53% in 4 days; control solutions with no CCl<sub>4</sub> were completely stable under identical conditions.

The oxidative effect of CCl<sub>4</sub> probably depends on free radical primers. Polar compounds such as ethanol could be such primers, and could explain the effect of the mixed solvents. We also found that diffuse laboratory light was a primer; in 4 days the destruction of  $\beta$ carotene by 5% CCl<sub>4</sub> was 85% in light but was only 30% in total darkness. In the control solutions (without CCl<sub>4</sub>) no loss occurred in this period, even in the light. Short wavelength UV light (254 m $\mu$ ) has been found to be an especially effective primer. Under this radiation, the reaction time was minutes rather than days, but approximately the same amount of destruction occurred. We have also noted that a high level of hydroquinone (0.1 g/4.2 m)reaction mixture) almost completely inhibited the CCl<sub>4</sub>-induced oxidations.

The oxidative potential of CCl<sub>4</sub> under certain conditions may have a relation to its hepatotoxic action, as has been suggested in the literature. In addition, this property has impor-



% CCI4 IN ETHANOL  $(\nu/\nu)$ 

FIG. 4. Effect of proportions of CCl<sub>4</sub> in ethanol on the oxidation of  $\alpha$ -tocopherol to  $\alpha$ -tocopheryl quinone, at 18 C over a 4 day period in dim, diffuse, laboratory light.

tant implications for the extraction of samples and storage of samples and standards in analytical procedures for easily oxidized fats and fat-soluble components.

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## ACKNOWLEDGMENT

E. P. White of the Ruakura Agricultural Research Centre in Hamilton, New Zealand confirmed the interpretation of the IR curves of the experimental quinone prepared by E. L. Hove while on a fellowship at that institution.

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[Received April 1, 1969]