Temporal and spatial dynamics in large rivers : example of a long-term monitoring of the middle Rhône River

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Keywords : long-term monitoring, large river, Rhône River, physico-chemistry, periphyton, phytoplankton, macroinvertebrates, fish.

In running water, the main natural factor of disturbance is hydraulic. Investigation of its biological impact is currently complicated by the increase of anthropogenic disturbances which tend to mask the natural functioning of rivers. Monitoring of the impacts of the artificial alterations undergone by the Middle Rhône River for some decades took place in the mid-1980s. Discharge and temperature could constitute the major events controlling the biological dynamics in terms of variations in species richness, diversity, and abundance. The between-years changes of the structure and diversity of macroinvertebrate communities were connected with the amplitude of discharge fluctuations. This was in accordance with the disturbance-diversity concept and it seems to confirm the intermediate disturbance hypothesis. The fish community mainly depended on hydroclimatic factors that influenced breeding success. Variations in nutrient input played a secondary role in controlling changes in some communities (particularly the periphyton). Therefore it appears that the study of long-term changes in river systems, including the dynamics of their biological communities, requires continuous observations and data collection that only medium- to longterm studies can provide, implying the setting up of ecological monitoring centres for the natural environment such as the Long Term Ecological Research (LTER) sites in United States.

Dynamique spatio-temporelle dans les grands cours d'eau : exemple du suivi à long terme du Rhône Moyen (France)

Mots-clés : suivi à long terme, grand cours d'eau, Rhône, physico-chimie, périphyton, phytoplancton, macroinvertébrés, poissons.

En eau courante, le principal facteur naturel de perturbation est d'ordre hydraulique. A l'heure actuelle, ce problème se trouve particulièrement compliqué par l'accroissement des perturbations anthropiques qui tendent à masquer le fonctionnement naturel des cours d'eau. Un suivi des impacts des perturbations anthropiques subies depuis plusieurs décennies par le Rhône Moyen a été mis en place au milieu des années 80. L'hydrologie et la température semblent les principaux événements régissant la dynamique biologique en terme de variation de la richesse spécifique, de la diversité et de l'abondance des différentes espèces. Les variations inter-annuelles de la structure et de la diversité des peuplements de macoinvertébrés sont ainsi liées à l'amplitude des fluctuations de débit. Ceci est tout à fait en accord avec le concept de perturbation-diversité et la théorie des perturbations moyennes. Pour sa part, le peuplement piscicole dépend des facteurs hydroclimatiques pour le succès de la reproduction. En second lieu, la dynamique des apports nutritifs gouverne également l'évolution de certains peuplements (en particulier le périphyton). Dans ce cadre, l'étude de l'évolution des hydrosystèmes fluviaux et de la dynamique de leurs peuplements impliquent une continuité d'observation et de récolte de données que seule permet une surveillance à moyen ou long terme, nécessitant la mise en place de véritables observatoires écologiques du milieu naturel, tels que les sites du programme LTER (Long Term Ecological Research) aux Etats-Unis.

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Article available at http://www.limnology-journal.org or http://dx.doi.org/10.1051/limn/2001021

1. Introduction

The concept of variability, as well of environments as of communities, is essential in the study of ecosystem dynamics. It includes the concepts of refugia (space variability) and disturbance (temporal variability) (Connell 1978, Ward & Stanford 1983, Townsend 1989). Within this framework, the ecosystem dynamics are under the double influence of environmental factors (seasonal cycles, e.g.) and unpredictable events (disturbances) (Pickett et al. 1989). In running water, the main factor of disturbance is hydraulic (Statzner & Higler 1986) : floods and low waters constitute critical phases of which the effects depend as much on the intensity of disturbance as on the date on which it occurs. Indeed, according to the biological characteristics of the communities (life-history traits), that which constitutes a disturbance for some can be an opportunity for others.

Most of the world's large rivers are greatly affected by human activities (Petts et al. 1989, Dynesius & Nilsson 1994). Biological monitoring or environmental impact assessment programmes of regulation schemes provide large data sets which increase our understanding of the functioning of these modified systems (Johnson et al. 1995). Power production is the main reason for river regulation in France (Khalanski & Gras 1996). The Middle Rhône, a part of the river situated between Lyon and the confluence of the Isère (Fig. 1A), has been greatly altered for nearly 200 years. Embankments were built in the 19th century for flood control and navigation improvement, and in more recent times came hydroelectric schemes and canalization by the Compagnie Nationale du Rhône (CNR), and use of the river for cooling nuclear and thermal electricity generating plants by Electricité de France (EDF) (Fruget 1992). In addition to the physical changes, the growth of cities such as Lyon and the installation of major petrochemical complexes have changed the chemical composition of Rhône water.

The way in which the biological communities answer these constraints (adaptation, resilience, resistance, etc), as well in space as in time, is very important in terms of bioevaluation and management of ecosystems and species. A monitoring of the impacts of these changes took place in the mid-1980s on the Middle Rhône. Previous studies were interested in the impact of regulation on the Lower Rhône as a whole (Fruget 1992), in the impact on the invertebrates more particularly (Fruget 1991) or in the influence or not of the warmed water discharge of St-Alban power plant (Fruget et al. 1999). The main question investigated in this paper is : which are the main factors controlling the biological dynamics and variability during the first ten years of this monitoring ? Have they a temporal and/or a spatial character ?

Various abiotic and biotic variables were used as measuring tools (descriptors in the sense of Bournaud & Amoros 1984) : the physico-chemistry of the water, an abiotic descriptor, and several biological integrative indicators, such as the phytoplankton and periphyton algae, benthic invertebrates and the fish fauna, were thus measured at regular intervals.

2. Materials and methods

2.1. Study area

The Péage-de-Roussillon area is located on the Middle Rhône about 50 km downstream of the city of Lyon (Fig. 1A). Alterations undergone by this part of the Rhône River were triple : chemical, physical and hydraulic. This reach of the river receives much discharge of domestic and industrial effluents, particularly ammonium and phosphates originating from industries situated upstream (Fruget 1992). A hydroelectric scheme involving bypassing part of the river flow was built in 1977, and a nuclear power plant located near the reservoir above the dam began operating in 1985.

In its natural state, the river had an extensive network of braided channels (Michelot 1983, Fruget & Michelot 1997). The construction of flood dykes in the last century, and then other works by the CNR constrained these river dynamics. The area does however still have well preserved riparian forests and several dead arms forming one of the last complexes of natural habitats downstream from Lyon. But a large proportion of these habitats are confined between the diversion canal and the former river channel. In addition to the natural environments (i.e. functional units) defined as processes of ecological succession (dead arms, the by-passed river course), engineering works created more or less artificial units such as the reservoir above the dam and the diversion canal.

The old river bed (called the by-passed section) is now closed by a dam and only receives a small residual flow (10 to 20 m³s⁻¹, out of a total average discharge of about 1030 m³s⁻¹) except in periods of floods.

Five sampling stations were chosen for this study. They were located in various environments and habitat types (Fig. 1B) : the reservoir upstream and downstream from St-Alban power plant (stations 1 and 2), the diversion canal (station 3, in the tailrace channel),



- Fig. 1. Study area. (A) Regulation of the Lower Rhône River. (B) Location of the sampling stations in the Péage-de-Roussillon development scheme.
- Fig. 1. Site d'étude. (A) Aménagement général du Bas-Rhône. (B) Localisation des stations de prélèvement au niveau de l'aménagement de Péage-de-Roussillon.

the bypassed former Rhône channel (station 4, in an embanked section with a slower current) and a pool in the former river channel bypassed by the construction of the dam flood spillway (station 5). At stations 1, 2 and 3 the shorelines are embanked by boulders (riprap) whereas at stations 4 and 5 they are more diverse and natural. Substratum is coarse (stones, pebbles and gravel) in the river channel at stations 3 and 4 and it is fine (silt and mud) in the reservoir and the pool.

2.2. Field measurements and laboratory analyses

Physico-chemical survey was made by spot analyses of 20 "standard" physico-chemical water quality variables (temperature, conductivity, pH, dissolved oxygen, concentrations of inorganic and organic substances, chlorophyll a). The first four parameters were measured *in situ* with WTW conducti-, oxy- and pHmeters. Inorganic substances (N, P, etc.) were mainly analysed by ionic chromatography by an expert laboratory. Chemical oxidation and purple-ultra detection were used for Total Organic Carbon. Chlorophyll a content was estimated spectrophotometrically after filtration and extraction in acetone according to Lorenzen's method (1967) and calculation according to Parsons & Strickland's equations (1963).

Phytoplankton samples were collected by towing a net of 60 µm mesh size in the middle of the channel of the different water bodies investigated so as to collect a sample of about 100 ml. This sample was fixed with 4 % formalin and preserved for species identification. This sampling method explains why the results are strictly qualitative. The periphyton was collected by scraping an area of sediment (gravel or stones) or plant debris (dead branches) in a fixing fluid of formaldehyde and acetic acid (approximately a 500 cm³ box of sediment or branches). Species composition of all groups of algae was then determined. These algae were only studied at 4 stations, station 3 (located in the tailrace) being excluded because of the wide variation in water depth caused by the operation of the Sablons hydrolelectric station. Results were expressed in presence-absence for the phytoplankton and in abundance classes for the periphyton.

Two complementary methods were used to sample the benthic macrofauna in various habitats : artificial substrates (plastic netting filled with 20 m of sisal string and some pebbles) were installed close to the river margins and dredgings were performed in the deeper parts of the channel with an oceanic-type cylindrical dredge (Reys & Salvat 1971) or an Irish-type triangular one (Elliott et al. 1980) according to particle size of the bottom substratum and water depth. *In situ*, artificial substrata or sediment and associated organisms were stored in a box and preserved in 4 % formalin. In the laboratory, the invertebrates were sorted, preserved in 70 % ethanol, identified to species level if possible (except Oligochaeta and Diptera, not identified beyond family level) and counted to calculate different community parameters (taxonomic richness, relative abundance, diversity index, etc.).

Fish fauna was sampled by electric fishing using the EPA method (Nelva et al. 1979, Persat & Copp 1990, Persat & Olivier 1991) which, in addition to providing a description of the fish fauna, also gives a multi-point habitat description by recording some habitat variables.

All these data were collected seasonally (4 to 5 sampling dates per year) starting in 1985, or in 1982-83 for some of them (e.g. physico-chemistry and invertebrates). The study period considered in this paper ended in 1994.

2.3. Data analysis

With the exception of those concerning the fish fauna, the data matrices were submitted to betweenclasses and within-classes statistical analyses (Principal Components Analysis and Correspondence Analysis) (Dolédec & Chessel 1989) which take into account, or else eliminate, some effects related to the experimental process, such as distinguishing between seasonal and environmental effects within data, for example. Decentred Correspondence Analysis (Dolédec et al. 1995) was used to analyze the electric fishing data. This method is well adapted for analyzing the structure of the ichthyofauna collected with the point abundance sampling technique because it takes into account the sampling effort, i.e. the number of point samples per fishing campaign. All the analyses and plotting of graphs were performed using ADE-4 software (Thioulouse et al. 1997).

Some transformations were done in some data matrices before previous calculations. For example, chemical data (224 samples x 20 variables) were normalized as is usual for variables with different units. Concerning the invertebrates, "rare" taxa were discarded according to the abundance criterion (globally ≤ 2 individuals) or the occurrence criterion (presence in ≤ 2 samples). Data (456 samples, each one of 1 station, 1 sampling technique, 1 date ; 107 taxa) were expressed in log2, which allowed to standardize the abundances. Fish species, collected in 198 samples (each one of 20 point samples at 1 station, 1 date) were divided into size classes (52 taxa, see Table 1).

Table 1. Codes and subdivision into size classes and total occurrence and abundance of the main fish species.
Tableau 1. Codes et séparation en classes de tailles, occurrence et abondance totales pour les principales espèces de poissons.

Common name	Species	Code	Total length	Occurrence	Abundance
			(cm)	(x/3960 point samples)	(number of individuals)
Bleak	Alburnus alburnus	ABL1 ABL2	[2-5[[5-9[107 344	986 1790
		ABL3	[9-17]	275	1130
Barbel	Barbus barbus	BAF1	[2.5-7]	73	127
		BAF2	[7-24]	38	61
		BAF3	[24-50[8	9
White bream	Blicca bjoerkna	BRB1	[1.7-3]	30	70
		BRB2	[3-7[213	1020
		BRB3	[7-11[190	882
		BRB4	[11-17[171	684
		BRB5	[17-40[104	200
Bream	Abramis brama	BRE1	[2.5-4[12	39
		BRE2	[4 -17[76	245
		BRE3	[17-61[32	45
Chub	Leuciscus cephalus	CHE1	[1.5-6[384	1354
		CHE2	[6-11[419	877
		CHE3	[11-23[657	1246
		CHE4	[23-36[650	1166
— .	-	CHE5	[36-63]	530	874
Roach	Rutilus rutilus	GARI	[2-5]	295	1579
		GAR2	[5-11]	1108	8007
		GAR3	[11-20]	672	2605
Carlana		GAR4	[20-37]	354	/03
Guageon	Gobio gobio	GOUI	[1.3-8[170	405
Naca	Chan due channe a second	GOUZ	[8-1/[[1.0.6[72	52
INASE	Chonarosioma nasus	HOTT	[1.9-0[[6.10]	32	JZ 145
		HOT2		30 26	60
		HOTA	[10-17]	20 50	80
		HOT5	[17-57]	114	200
Stone loach	Noamachailus barbatulus	LOEI	[] 0_5[23	36
Stone Ioach	Noemachenius Dar Dannus	LOF2	[1.9-5]	65	93
Black bullhead	Ictalurus melas	PCH1	[2 5-6]	41	145
Duck builded		PCH2	[6-13]	57	161
		PCH3	[13-29]	127	178
Perch	Perca fluviatilis	PER1	[2.2-15]	166	273
		PER2	[15-37]	148	170
Pumpkinseed	Lepomis gibbosus	PES1	ِ 1-6	307	768
	1 0	PES2	[6-12]	715	1495
		PES3	[12-24]	623	961
Rudd	Scardinius erythrophtalmus	ROT1	[2.3-9[93	219
11400		ROT2	[9-19]	50	70
		ROT3	[19-37]	52	65
Pike-perch	Stizostedion lucioperca	SANI	[3-6]	11	20
		SAN2	[6-61]	37	39
Tench	Tinca tinca	TAN1	[1.5-11]	166	271
		TAN2	[11-23]	80	85
		TAN3	[23-49[108	133

Detailed biological results concerning community structures and species compositions may be found in Fruget et al. (1999).

3. Results

3.1. Hydrological and thermal conditions

During the study period the Rhône discharge upstream of Péage-de-Roussillon hydroelectric scheme was much below average in 1989 (mean discharge = 718 m³s⁻¹; relative discharge, i.e. yearly mean discharge to long-term mean discharge ratio, = 0.7). This was a turning point marking the start of three dry years (Fig. 2). Minimum average daily discharge was 210 m³s⁻¹ in September 1985, i.e. below mean low flow discharge (300 m³s⁻¹). Maximum average daily discharge was 4450 m³s⁻¹ in February 1990, i.e. about that of a ten year return-time flood.

The mean annual water temperature of the Rhône immediately upstream from St-Alban power plant was 13.9°C for the reference period of 1988-1994. Various thermal sequences were recorded during this period (Fig. 2) : 1988 to 1991 were years with higher than average mean annual temperatures ($\geq 14^{\circ}$ C) ; then a decrease took place from 1991 to 1993, when the temperature was lower than 13°C ; finally, 1994 was again a warm year with the highest mean monthly temperature of 24.5°C in July. Year 1989 had the highest mean annual temperature of 14.8°C.

3.2. Spatial vs temporal changes

The first eigenvalue and the percentage of inertia of the various statistical analyses of the physico-chemical data showed that the date effect (seasons and years) was much greater than the station effect (Fig. 3A). If the first eigenvalue of the general PCA was taken as a reference, the within-classes analyses (which measure the loss of information compared to the reference) showed that this loss was greater for the within-dates and within-years analyses than for the within-stations analysis, whereas the between-classes analyses (which measure the gain in information) showed that the seasonal effect was greater than the station effect. This signifies that events such as hydrology (whose variations were correlated with the volume of inputs), or the discontinuation of some industrial outflows upstream from the sector were major physico-chemical events. Inversely, the statistical analyses of the macroinvertebrate data showed clearer spatial than either seasonal or between-years temporal differences (Fig. 3B). Habitat heterogeneity described by the station-technique analyses (bank or mid-channel, mud or stones according to the sampling techniques and the stations considered) was of fundamental importance in the case of the benthic fauna.

Because of the great number of data sets (cf. data analysis), all the graphical results of the previous analyses are not shown (see Fruget et al. 1999 for more detailed analyses), and according to the main question investigated (long-term variability) only the betweenyears analyses are discussed. The first axis of the between-years PCA of the physico-chemistry distinguished years 1993 and 1994 and the first year (1982-83) of the monitoring (samples factorial map). The position of this year 1982-83 is explained by a particularly high discharge (see Fig. 2) and consequently high contents of suspended matter and values of turbidity, for example. The first axis of the correlation circle of variables (Fig. 4A) distinguished oxydability and especially NO₃ concentrations from other parameters $(BOD_5, PO_4, Chla, etc.)$. Three trends may be defined (Fig. 4B): (1) a clear decrease in phosphate concentrations after 1992, that could be related to the closing of some industrial outflows (6 tons P per day) at the end of 1992; (2) a fall in the chlorophylll concentrations starting in 1992 (subsequent to the high concentrations in the years of low river discharge that preceded it); (3) a more or less simultaneous increase in nitrate concentrations, involving a strong increase in the nitrate-to-phosphate ratio from a mean of about 3 in the period 1982-1992 to 20 or 30 in 1993 to 1994. Similarly, the second axis of the between-years correspondence analyses of the algae distinguished 1993 and 1994 from the other years in the case of phytoplankton and showed a sequential arrangement demonstrating a slow shift in the periphyton community during the study period (Fig. 4C & 4D).

Despite the importance of spatial characteristics (habitat heterogeneity, see above), the between-years analysis of the macroinvertebrate fauna detected a temporal shift between 1985 and 1994 : the centre of each class (i.e. year) on the factorial map on one hand, and the coordinates of the F1 between-years analysis on the other hand, were on the positive part of the graphics for the 1980s and on the negative part for the 1990s (Fig. 5A). Because of the high uniformity of the fauna of the regulated Rhône (benthic communities were dominated by eurytopic and pollution-tolerant species; see Fruget 1991, 1994), this difference could be explained by changes in environmental conditions : the abundance of some species could change concurrently with the variability of the hydrological and thermal conditions discussed previously. In fact, among the most abundant species (31 species with total abun-



- Fig. 2. Discharge and temperature of the Rhône River upstream from the study area. Average monthly discharge (A) and temperature (B); average yearly temperature and relative discharge coefficient (C).
- Fig. 2. Débit et température du Rhône en amont du site d'étude. Valeurs moyennes mensuelles du débit (A) et de la température (B). Température moyenne et coefficient d'hydraulicité annuels (C).



Fig. 3. Influence of spatial and temporal factors according to the between- and within-classes Principal Components Analyses, expressed by the percentage of inertia and the coordinates of the first eigenvalue of the different analyses: examples for the physicochemistry (A) and for a biological variable, the macrobenthic communities (B).

Fig. 3. Influence des facteurs spatiaux et temporels résultant des ACP inter- et intra- classes, exprimées par le pourcentage d'inertie et les coordonnées de la première valeur propre des différentes analyses : exemples de la physico-chimie (A) et d'une variable biologique, les macroinvertébrés benthiques (B).

dance $\geq 0.1\%$), the mean number of individuals of one third of them was statistically different before and after the year 1989 (low discharge, high temperatures). Figure 6 showed the yearly changes of six of these species (see statistic values in Table 2). They could be separated into two groups : those with decreasing abundance (*Dugesia polychroa+lugubris* Schmidt and different Molluscs) and those with increasing abundance (*Ecnomus tenellus* Ramb.). The first ones belong to the usual benthic communities of this part of the Rhône River. They were identified as being correlated with low discharge and warm temperature by Bournaud et al. (1987). The gradual increase in discharge after the drought of 1989 had a negative influence on their communities. Inversely, the low discharge of the year 1989 allowed the installation and the expansion of *Ecnomus*

 tenellus, a migrant potamo-lentic species probably drifting from the Saône River with the high discharges



Fig. 4. Algae communitie vs physico-chemistry. Eigenvalues graph, correlation circle of the variables, and samples factorial map of the betweenyears analysis of the physico-chemistry (A); comparison between the yearly total taxonomic richness of the algae and the yearly average concentrations of some physico-chemical variables (B); samples factorial map of the between-years analysis of the periphyton (C) and of the phytoplankton (D). The circles correspond to the centre of classes and the lines to the dispersion of samples. The most significant years are in shadded circles.

Fig. 4. Etude comparée des communautés algales et de la physico-chimie. Valeurs propres, cercle de corrélation des variables et carte factorielle des relevés de l'analyse inter-années pour la physico-chimie (A) ; comparaison entre la richesse taxonomique totale annuelle des algues et les concentrations moyennes annuelles de quelques paramètres physico-chimiques (B) ; carte factorielle des relevés de l'analyse inter-années du périphyton (C) et du phytoplancton (D). Les cercles correspondent au centre des classes et les lignes à la dispersion des relevés. Les cercles grisés correspondent aux années particulièrement informatives.



- Fig. 5. Macroinvertebrate and fish communities vs hydrological and thermal conditions. Samples factorial map of the between-years analysis of the macroinvertebrates and relationship between some biological factors (F1 between-years coordinates, yearly total taxonomic richness, average abundance of the Trichoptera *E. tenellus*) and two environmental variables (yearly average discharge and temperature of the Rhône River) (A); samples and species factorial maps of the between-years analysis of the fish fauna separated in size classes for the dominant species (see codes in Table 1) (B). The circles correspond to the centre of classes and the lines to the dispersion of samples. The most significant years are in shadded circles.
- Fig. 5. Etude comparée des peuplements de macroinvertébrés et de poissons et des conditions hydrologiques et thermiques. Carte factorielle de l'analyse inter-années pour les macoinvertébrés et relation entre différents paramètres biologiques (coordonnées inter-années sur F1, richesse taxonomique totale annuelle, abondance moyenne du Trichoptère *E. tenellus*) et deux variables de milieu (la température et le débit moyens annuels du Rhône) (A) ; cartes factorielles des relevés et des espèces de l'analyse inter-années de l'ichtyofaune (les espèces sont distinguées par classes de taille, voir les codes des espèces et des tailles dans le Tableau 1) (B). Les cercles correspondent au centre des classes et les lignes à la dispersion des relevés. Les cercles grisés correspondent aux années particulièrement informatives.



Fig. 6. Yearly changes in the average abundance per sample (number of individuals expressed as log2 (x+1)) of some macroinvertebrates for which a statistically significant difference was found between the periods before and after 1989 (see Table 2).

Tableau 2. Valeurs caractéristiques et résultats des tests t entre l'abondance moyenne annuelle par prélèvement avant et après 1989 pour quelques espèces de macroinvertébrés statistiquement significatives (P < 0.05).

	Before 1989		After 1989		t test
	Years (N) 6	Samples (N) 254	Years (N) 5	Samples (N) 208	
	Mean	Std deviation	Mean	Std deviation	
Dugesia polychroa+lugubris	8.8	6.9	2.5	1.0	1.98
Valvata cristata	7.3	5.1	1.1	0.7	2.66
Bithynia tentaculata	24.8	20.3	6.0	3.6	2.03
Gyraulus albus	16.0	11.5	1.2	0.6	2.84
Sphaerium spp.+Pisidium spp.	39.0	27.9	13.6	7.9	1.97
Ecnomus tenellus	2.1	4.9	44.4	17.8	5.64

Fig. 6. Evolution inter-annuelle de l'abondance moyenne par prélèvement (nombre d'individus exprimé en log2 (x+1)) de quelques espèces de macroinvertébrés pour lesquelles une difference statistiquement significative est notée entre les périodes avant et après 1989 (voir Tableau 2).

Table 2. Characteristic values and t test results between yearly average abundance per sample before and after 1989 of some statistically significant (P < 0.05) invertebrate species.

of 1987-88. It was significantly recorded at Péage-de-Roussillon in 1989 (first sampling of 3 individuals in 1986). This species was found in slow potamic rivers such as the Saône or the Meuse (Tachet et al. 1988, Meurisse-Genin et al. 1987). Usseglio-Polatera (1991) described it as an eurythermic, indeed thermophilic species with preference for low current velocities.

Axis 2 of the analysis of temporal changes in the ichtyofauna mainly distinguished samples collected in autumn 1987 with positive coordinates, from those collected in summer 1989 (Fig. 5B). The distribution of species on the plot of the first two axes showed that juveniles (the first size class for most species) were rare in the autumn 1987 samples, which were mainly characterized by large-sized fish (for example bleak, codes abl2, abl3; white bream, code brb4; nase, code hot4; etc.), contrasting with the high occurrence of juveniles in summer 1989 (for example roach, gar1; barbel, baf 1; chub, che 1; common bream, bre 1; etc.) (Fig. 5B). The same contrast was noted at the end of the study period : 1992 was a year with a low amount of juveniles (high mean discharge and low mean water temperature, see Fig. 2), while their occurrence was high in 1994 (high summer temperature). The scarcity of the 0+ age class in 1990 was due to a biological reason, the competition with the 1+ age class of 1989. This showed that most of the changes recorded were due to the breeding success of the dominant species.

4. Discussion

As far as the phytoplankton is concerned, few studies of this type were reported in the literature until the mid-1980s (Descy 1992), while studies on periphyton mainly dealt with its biomass. Hydrological conditions, both in the whole sector and in individual stations (especially stations 4 and 5), chemical properties of the water related to local or distant inputs from the catchment, plus physical properties of the water (temperature, suspended solids, etc.) had effects on the overall structure of the algal communities. This is confirmed by the key role played by year 1989 (low discharge and high temperature). This is also confirmed by the lower number of species from 1992 onwards. In fact, although nitrates, in excess compared to phosphates, were not limiting for algal growth (r = -0.365, between nitrate and chlorophyll a concentrations at stations 1 and 2 in the reservoir for the period 1985-1994), the decrease in phosphate may have been critical in terms of nutrient supply and may have been the cause for the reduction in phytoplankton concentrations (as measured by chlorophyll a) and in periphyton species richness (r = 0.523 and r = -0.703 between yearly richness of periphyton and average yearly concentrations of PO_4 and NO_3 respectively). As nitrates were then less consumed, they accordingly occurred in larger quantities. In a similar way, Lair & Sargos (1993) showed that, in the absence of nutrient limitation, discharge and temperature were controlling factors for the algal biomass of the river Loire, but that water quality could also be important in some cases. In the Middle Rhône, there was a constant turnover of phytoplankton communities because of the flowing character of the study area, which disrupted their spatial and temporal organization. In contrast, the periphyton seemed more typical of each sampling station. Most of the taxa were typical of eutrophic waters in the wider sense (meso-eutrophic to eutrophic), and consisted of ubiquitous opportunistic species (Fruget et al. 1999) as is often the case in nutrient-rich lowland rivers (Descy 1992, 1993, Del Giorgio et al. 1991).

The decrease in the number of macroinvertebrate taxa recorded at the end of the 1980s and early 1990s, with a partial recovery from 1992 onwards (see Fig. 5A), was probably connected to hydroclimatic factors (succession of periods of low flow and floods, thermal sequences with high and lower mean annual temperature). These observations are in accordance with the disturbance-diversity concept and tend to confirm the intermediate disturbance hypothesis (Connell 1978) : in steady conditions (years with low discharge), species richness was low (years 1989-1991); maximum species richness occurred when the disturbance (hydroclimatic fluctuations) was intermediate (years 1986 and 1993-1994). These events were non-biotic and stochastic and resulted in significant changes in the composition of the invertebrate fauna. In addition to the profound changes in the river environment brought about by the CNR's works which have favoured potamo-lentic species (Fruget 1991), the between-years climatic changes could explain the dynamics of macroinvertebrate communities. Thus the conditions in 1989 (low discharge and high temperature, see Fig. 2) favoured the appearance and expansion of various species such as was the case for Ecnomus tenellus (see before). Under these conditions, floods are known as the main factor controlling the structure of benthic communities (Townsend et al. 1997). New distribution and colonisation by some organisms with changes in discharge was an important process in the river's ecological functioning. In addition to the habitat changes -that created suitable conditions by decreasing current velocity and increasing temperature, navigation has also favoured migrations and invasions (e.g. the crustaceans *Crangonyx pseudogracilis* Bousf., *Gammarus roeseli* Gervais and *Gammarus tigrinus* Sexton and the molluscs *Lithoglyphus naticoïdes* Pfeiffer and *Corbicula fluminea* Müller) (Jazdzewski 1980, Bij de Vaate 1993). The dynamics of these populations must be carefully observed, spatial and trophic competition between the new immigrants and the previously established macrobenthic populations being possible as was observed in the Rhine and the Moselle rivers (Van der Velde et al. 1994, Bachmann et al. 1997).

For the same reasons of uniformity of the communities as for the invertebrates (dominance of limnophilic Cyprinids, see Fruget 1992), the overall structure of the fish community in the study area mainly depended on hydroclimatic factors that influenced the breeding success, such as the low discharge and high temperature in 1989 and the excessive discharge in 1987. The habitat changes caused by engineering works, such as embankment and hydroelectric schemes, and lower physico-chemical quality of the water than in the Upper Rhône, have led to the disappearance of those species that have the strictest requirements for fundamental factors such as temperature and dissolved oxygen content (burbot, dace, blageon). The present fish assemblage is a relict assemblage dominated by species with broad breeding requirements (such as roach, chub, bleak, pumpkinseed and white bream which accounted for 88 % of the individuals) that find conditions sufficient for them to complete their life cycle. The size class distributions of the most abundant species show that recruitment occurred normally for these species during the study period (Fruget et al. 1999). Most fish species forming the communities in large rivers are long-lived species whose life-history traits (fecundity, egg size, etc.) adapt them for survival in environments with broad natural hydrological variations. Long-term studies are therefore the best means for separating short-term events, such as the effects of a flood, from events whose effects are felt over a longer period (lasting problems of recruitment in a given species).

5. Conclusion

The physical, chemical and biological characteristics of the Middle Rhône are mainly the result of artificial changes in the river and in its catchment (Fruget 1992). From a biological point of view the system is shifting from an epipotamic river (high flow velocities, coarse granulometry) with rheophilic insect species (especially Ephemeroptera and Trichoptera), towards a slow potamic type, with communities composed of ubiquitous and resistant species and a few more sensitive, but relict, species. From a physico-chemical point of view, its large size, and the inertia of the water mass to external inputs, allows the environment to assimilate large inorganic and organic loads.

Discharge and temperature seem to be the major events controlling the physico-chemical and biological dynamics of the Péage-de-Roussillon area (in terms of between-years variations in physico-chemical variables, species richness, diversity and abundance of algae and animals). This is confirmed whatever descriptor is considered : change in abundance of some taxa with low flow rates and warm period preferences, appearence and increase of a potamo-lentic and thermophilic Trichoptera species or high occurrence of juvenile fish after the low discharge and the high temperature of the year 1989. Variations in nutrient input played a secondary role in controlling changes in some communities (particularly the periphyton).

Within this general framework, it seems difficult to distinguish low-level anthropogenic disturbances from normal variations imposed by long-term natural cycles (Schindler 1987). In our case, the effect of the warm water discharge from St-Alban power plant appears to be difficult to discern in an environment that has already been profoundly modified, and that has already adapted to previous changes. At present, it is still the previous changes, such as the CNR's works, that control the system's physical and biological characteristics. In such a situation, long-term studies are the only means of discerning any effect, especially as the effects on the fauna and flora are likely to be moderate or even insignificant and liable to be masked by changes that took place before the power plant was operated.

Magnusson (1990) warned of the risks of false interpretations of phenomena that are only observed for short periods. Similarly, Persat (1991) considered that the conventional spatio-temporal context in which most studies on rivers are conducted is fundamentally too short. Such studies require information on all of the components of the aquatic system, and obtaining such information requires continuous monitoring in time and space (Lair et al. 1996). This is one of the main concerns in ecological research (Elliott 1990, Likens 1989, Wiens et al. 1986). In such cases, the study of changes in fluvial hydrosystems and of the dynamics of their communities demands continuous observation and data collection that only medium- or long-term studies can provide, implying the setting up of ecological monitoring centres for the natural environment such as the long-term ecological research (LTER) sites in the United States (Magnusson 1990).

The fundamental value of such research largely depends on the methodology used and the spatio-temporal sampling strategy chosen. The repetitive nature of this sampling provides information on the functional dynamics and can allow lessons to be drawn in the field of applied ecology (Bellan & Bourcier 1990, Reish & Bellan 1995). In return, this applied approach to environmental problems greatly contributes to our knowledge of how the ecosystems studied function.

Acknowledgements

This study was funded by EDF as part of the hydrobiological monitoring of the Rhône in the vicinity of the St-Alban - St-Maurice power plant. The authors thank Mr Etienne Coatleven (EDF St-Alban) for the interest shown in this monitoring and for his help in supplying data, especially on temperature records, and Prof. Eric Pattee for English corrections of the final draft of this manuscript. This monitoring also required the cooperation of many colleagues, both in the field and in the laboratory. We thank them all.

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