

# New Materials and Processes for Integrated Optics

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Materials and processes for integrated optics are faced with increasing demands from telecommunications and instrumentation applications. Progress in three aspects of novel materials and processes are described: titanium-diffused sapphire waveguides and lasers, interferometric excimer laser ablation of waveguide gratings, and surface studies by waveguide surface plasmon resonance.

#### I. Introduction

INTEGRATED optics is experiencing a period of unprecedented growth, primarily fueled by the need for components for high-capacity optical telecommunications systems, but also stimulated by requirements for screening of chemical species for medical, environmental, and biotechnological applications. Well-established integrated optical technologies such as silica-on-silicon,<sup>1</sup> titanium diffusion in lithium niobate,<sup>2</sup> and ion exchange in glass<sup>3</sup> provide ready solutions for many of these applications. However, the need for greater functionality in integrated optical circuits, for optical gain at new wavelengths in compact devices, and for low-cost devices, is driving research into new materials and processes for integrated optics.

In this paper, progress in research into three example systems is presented. First, the realization of waveguides and waveguide lasers by diffusion of titanium into sapphire and the prospects for a low-threshold broadly tunable Ti:sapphire laser are discussed. Second, the writing of relief gratings in ion-exchanged glass waveguides and in thin waveguide overlayers by interferometric laser ablation is described and results are given for waveguide transmission and reflection spectra. Finally, waveguide surface plasmon resonance studies of the electrochemical underpotential deposition of a copper monolayer at the surface of a waveguide overlaid with a thin gold film are described.

### II. Titanium-Diffused Waveguides and Lasers in Sapphire

The titanium sapphire laser is a versatile laboratory tool for spectroscopic applications, with a tuning range from 650 to 1050 nm,<sup>4</sup> making it well suited to tunable short-pulse operation. Realization of a Ti:sapphire waveguide laser on a chip promises low-threshold operation for ready pumping by solid-state sources, rendering it compatible with incorporation into compact spectroscopic instruments. Further, sapphire is a versatile substrate for the growth of ZnO for the generation of acoustic waves, GaN for

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generation of short-wavelength radiation, and silicon for realization of electronic circuits and detectors. We have previously shown that titanium may be diffused into sapphire to give spectroscopic behavior similar to that of bulk-doped crystals,<sup>5</sup> demonstrated waveguide fabrication by titanium diffusion in sapphire,<sup>6</sup> and realized the first waveguide laser in Ti-diffused sapphire.<sup>7</sup> Recently lasers with lower pump power thresholds have been produced by optimizing the device geometry.

Waveguide lasers were fabricated by diffusing 270  $\pm$  7 nm thick, nominally 3 µm wide, stripes of titanium oxide, deposited by thermal evaporation from  $Ti_2O_3$  powder, into 10 mm  $\times$  10 mm c-cut sapphire wafers. Diffusion took place in an argon atmosphere at 1700  $\pm$  60°C for a duration of 60 min plus ~10 min each for heating and cooling. The sample was cut and polished to yield a device 4 mm long, and mirrors were attached to the endfaces. The mirrors had a transmission of 90% at 500 nm and reflectivities of >98% at wavelengths between 760 and 810 nm. Transverse magnetic (TM) polarized pump radiation from an argon ion laser operating at 514.5 nm was chopped and end-fire coupled into a waveguide through the input mirror. The chopper operated to repeatedly pass pump radiation for 1 ms and block it for 19 ms, to reduce heating of the sample. Guided output radiation was collected with a microscope objective lens and unabsorbed pump radiation was separated from laser signals using a cold mirror with an edge at 700 nm. Using appropriate filters, the pump and signal radiation were measured using silicon photodetectors, and the waveguide mode profiles were measured using a silicon CCD camera.

The waveguide laser signal output power is shown as a function of launched pump power in Fig. 1 for two different channels. The launched pump power is estimated from the pump power at the output and the signal output power is averaged over 100 pump pulses for each pump power. The threshold pump power is  $210 \pm$ 10 mW for both lasers and the slope efficiencies are ~0.06% for both lasers. Assuming that the quantum efficiency is 80% and taking the mirror transmission to be 2%, the round-trip loss is estimated as 12 dB for both lasers. Deviations in linearity in the power characteristics are believed to be due to thermal effects. Laser spectra were measured, for laser 2 in Fig. 1 using an optical spectrum analyzer, with pump power 85 mW above threshold, and are found to consist of two main peaks at 788 and 791 nm. The lasers operated between 780 and 885 nm for different pump powers and chopper duty cycles.

The mode intensity profiles for the laser mode and the pump mode for laser 1 were measured during lasing, and are shown in Figs. 2(a) and (b), respectively.

The intensity profiles in Fig. 2 are TM polarized and show fundamental mode operation with the signal mode having an approximate width of 10  $\mu$ m and depth of 5  $\mu$ m at full width 1/*e* peak intensity. The pump mode is shown on the same scale and is substantially narrower; at wavelengths below 500 nm the waveguide supported more than one mode. White-light waveguide absorption measurements, which quantified the Ti<sup>3+</sup> absorption, showed that the waveguides had an average titanium concentration equivalent to 0.13 ± 0.02 wt% Ti<sub>2</sub>O<sub>3</sub> in Al<sub>2</sub>O<sub>3</sub> by comparison with published results for bulk crystals.<sup>4</sup> These measurements yielded no evidence of significant absorption due to Ti<sup>4+</sup>, which causes absorption in the gain band and lowers the material figure of merit.

These results show a considerable reduction in pump power threshold compared with the 1.2 W reported previously for

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Fig. 1. Ti:sapphire waveguide laser characteristics.

Ti-diffused sapphire lasers.<sup>7</sup> However, the low slope efficiency indicates either that the quantum efficiency is low or that the waveguide propagation losses or mirror coupling losses are high. Future work will investigate these parameters and is expected to lead to devices with substantially lower thresholds and higher slope efficiencies. Work is also in progress to realize waveguides with smaller spot sizes, to integrate wavelength selection devices, and to operate the lasers continuously (CW) with appropriate cooling.

#### III. Excimer Laser Ablation of Surface Waveguide Gratings

The application of excimer lasers to the fine machining of optical materials has recently been intensively investigated. Interferometric laser ablation has the potential for realizing strong reflection gratings in compact waveguide devices, with the advantages of flexibility of reflection wavelength selection and minimization of the number of process steps. We have recently demonstrated such reflection gratings near 1300 nm, written in thalliumion-exchanged glass waveguides by interferometric laser ablation at 193 nm.<sup>8</sup> However, the exposure caused substantial damage to the waveguides, resulting in high broadband losses. Bragg gratings



Fig. 2. (a) Signal mode intensity profile. (b) Pump mode intensity profile.

have been written by photolithography and etching in titaniumdiffused waveguides in lithium niobate overlaid with a thin silicon film to enhance modal interaction with the grating.<sup>9</sup> We have studied the use of thin indium tin oxide film overlayers on glass waveguides for enhancement of evanescent chemical sensing and electrochemical control of sensing reactions. Recently we have realized submicrometer relief gratings in thin  $InO_x$  films overlaid on K<sup>+</sup>-ion-exchanged waveguides using interferometric laser ablation at 248 nm.<sup>10</sup>

Waveguides were fabricated by ion exchange of BK7 glass in molten potassium nitrate through aluminum mask openings ranging from 3 to 8  $\mu$ m at 400°C for 11 h. A 135 nm thick film of InO<sub>x</sub> was deposited by DC magnetron sputtering in 100% O<sub>2</sub> to cover a length of 25 mm of the 40 mm long waveguides. The overlaid waveguides were exposed to a high-contrast UV fringe pattern with period 514 nm using the three-mirror interferometer described previously.<sup>8</sup> The spatial distribution of the laser output was homogenized during recording using a rotating plate. Gratings of length 16 mm were produced on each set of waveguides with an average pulse energy density of 60 mJ/cm<sup>2</sup> using between 5 and 100 pulses. An AFM micrograph of part of a grating ablated using 5 pulses is shown in Fig. 3, where the peak-to-peak grating depth is 35 nm, and scales are in nanometers.

The polarized transmission spectra of the waveguides were measured by coupling the ASE spectrum of an erbium-doped fiber amplifier into each waveguide with a monomode fiber and coupling the output signal into an optical spectrum analyzer using



**Fig. 3.** AFM micrograph of an ablated grating in a 135 nm  $InO_x$  film.



Fig. 4. Waveguide transmission and reflection spectra.

a multimode fiber. These spectra were then normalized to that obtained with the monomode fiber butted directly to the multimode fiber. Reflection spectra were obtained using a fiber coupler at the input. An example of the TE-polarized transmission and reflection spectra for an 8- $\mu$ m wide waveguide overlaid with the grating shown in Fig. 3 are given in Fig. 4.

The transmission spectrum shows a broadband loss of about 4 dB, due principally to fiber-waveguide coupling loss but also including transition losses (due to modal mismatch between the coated and uncoated regions of the waveguide) and propagation losses due to scattering and absorption in the overlayer. The grating transmission showed a clear notch at 1546.7 nm with a depth of ~4.5 dB and a bandwidth at full width at half-maximum power of 0.08 nm. The reflection spectrum shows that the reflected power is coupled into the backward-traveling waveguide mode, with a peak reflection coefficient of ~40%. No detectable grating response was observed for the TM polarization. The grating reflection wavelength showed a near-linear dependence on nominal waveguide width of ~0.25 nm/ $\mu$ m over the range from 3 to 8  $\mu$ m. Recently, strong gratings have also been written by interferometric laser ablation in thin Ta<sub>2</sub>O<sub>5</sub> films on glass waveguides.<sup>11</sup>

High-quality relief gratings have been written directly in highindex overlayer films on glass waveguides. The films act both to provide a low ablation threshold material to prevent damage to the underlying waveguides and to increase the field strength at the surface, thereby increasing the overlap with the corrugation. These devices exhibit narrowband reflection of readily adjustable wavelength and strength and high polarization selectivity, which may find application, for example, as reflectors in waveguide lasers, or in the construction of photonic crystal waveguides.

## IV. Surface Studies by Waveguide Surface Plasmon Resonance

The potential of integrated optical surface plasmon resonance sensors has previously been demonstrated in immunosensing for waterborne pesticide analysis.12 The combination of electrochemical techniques with waveguide sensors, through use of conducting overlayers of doped indium oxide, silver, or gold, allows electrochemical control and reversal of sensing reactions and may yield complementary information on the nature of electrochemical processes at surfaces.<sup>13</sup> Underpotential electrochemical deposition (UPD) of monolayers of metal adsorbates on noble metal surfaces occurs below the Nernst potential required for electroplating, when the adsorbate atoms are bonded to the noble metal atoms more strongly than to a surface of the adsorbate metal.<sup>14</sup> The electroadsorption process may be expressed as  $Cu^{0}(ads) \leftrightarrow Cu^{2+}(sol) +$ 2e<sup>-</sup>, where *ads* and *sol* refer to adsorbed copper and copper ions in solution, respectively. Surface plasmon resonance studies of such surface reactions have great sensitivity due to the close



Fig. 5. Integrated optical surface plasmon resonance (IOSPR) sensor.

confinement of the optical fields to the surface under investigation,<sup>15</sup> while the waveguide configuration allows ready tailoring of the interaction strength and integration of dense arrays of such sensors through photolithographic replication.

Pyrex glass wafers 50 mm square were coated with an aluminum film and channels 3  $\mu$ m wide were opened in this film, in the form of Y-junctions as shown in Fig. 5, giving rise to a diffusion mask. The coated wafer was then immersed in molten KNO<sub>3</sub> at 389°C for 7.4 h, to form potassium-ion-exchanged waveguides, and the aluminum mask was removed. The surface of the glass was treated to promote gold adhesion by refluxing in a solution of (3-mercaptopropyl)trimethoxysilane in water and 2-propanol in the ratio 1:1:46 for 15 min.

The wafer was patterned with gold pads  $30 \pm 5$  nm thick and 3 mm long on one arm of each of the waveguide Y-junctions, as shown in Fig. 5. The gold film serves both to guide the surface plasma wave (SPW) and as a working electrode in electrochemical studies. The second waveguide is used to provide a reference output allowing compensation for the effects of input power fluctuations; the device transmittance being defined as T = $P_{\text{Reference}}/P_{\text{Sensing}}$ . The electrodes were connected by a track to pads at the edges of the substrate. Finally, a 700 nm thick layer of Teflon AF 1600 ( $n \approx 1.31$ ) was deposited on the surface of the substrate and patterned to form windows exposing only the gold electrodes on each Y-junction device. This device design matches the velocity of the surface plasma wave at the gold surface and the waveguide mode, for visible wavelengths at analyte indexes near water, resulting in resonant coupling observed as a sharp reduction in the transmittance.12

An open cylindrical silica cell, 20 mm in diameter and 25 mm high, was clamped to the waveguide surface using a silicone rubber O-ring seal, and filled with  $10^{-3}M \text{ Cu}^{2+}$  in 0.1*M* perchloric acid (n = 1.334). A three-electrode cyclic voltammetry circuit was established by introducing a platinum wire counter electrode and a saturated calomel reference electrode (SCE) into the cell, with the gold film pads acting as the working electrodes. Permanent contact was made to the gold electrodes outside the cell at the edge of the substrate. All three electrodes were connected to a conventional potentiostat, allowing the potential of the working electrode, *E*, with respect to the reference electrode, to be controlled and the current, *I*, through the working electrode to be measured.

Figure 6 shows the optical transmission and the electrochemical current against the applied potential after several potential cycles. The first part of the potential scan, from 0.5 to 1.6 V, causes the anodic oxidation of the gold surface, as is shown by the current peak at about 1.1 V and the corresponding drop in transmission.<sup>15</sup> The cathodic scan shows the corresponding reduction peak in the current and increase in the optical transmission. The reduction is completed at about 0.7 V, where the optical transmittance has returned to its preoxidation value. As the potential decreases from 0.7 to 0.4 V, the transmittance increases because of the alteration of the ionic distribution of the double layer at the metal–electrolyte interface. This ionic redistribution involves the chemisorption of anions at the gold, and results in a small displacement current. At a potential of 0.24 V a peak in the current is observed, which is due



Fig. 6. Optical and electrochemical response of IOSPR sensor.

to the deposition of a monolayer of Cu onto the gold film surface. The deposition of this monolayer of ~0.3 nm thickness gives rise to a 10% drop in the optical transmittance. Integration of the peak current over time during deposition gives a charge of 0.41 mC/cm<sup>2</sup>, which is close to the theoretical value of 0.44 mC/cm<sup>2</sup> for a monolayer of Cu<sup>2+</sup> ions transferring two electrons per ion to an ideal Au(111) surface. The direction of the potential scan is reversed at 0.1 V and a peak in current is observed at 0.29 V, corresponding to stripping of the Cu monolayer, and the transmittance increases correspondingly.

The processes involved in the electrochemical oxidation and reduction of a gold surface and the underpotential deposition of  $Cu^{2+}$  on gold may be continuously monitored *in situ* with high sensitivity using a compact integrated optical surface plasmon resonance sensor. The waveguide approach is ideally suited for multisensor integration and the results compare favorably with those obtained using ellipsometry and reflectance measurements.<sup>16,17</sup> Sensor arrays for interrogation of surface films are expected to find wide application in chemical sensing applications, and combined monitoring of electrochemical and optical parameters provides a powerful combination for multiparameter surface sensing.<sup>18</sup>

#### V. Conclusion

Growth in telecommunications applications of integrated optics has stimulated the exploitation of planar optical waveguides in a wide range of fields. Many new applications require materials with different properties to conventional waveguide materials, new fabrication processes, or new techniques to characterize surface processes. An example of progress in research in each of these three areas has been described. Work on sapphire waveguides has been primarily concerned with the realization of lasers, which show potential as compact, low-cost, low-power devices; however, other applications in high-temperature or hostile environments are foreseen. Interferometric excimer laser ablation of thin film waveguide overlays has been shown to be a flexible technique for production of strong high-quality reflection gratings for wavelength selection in integrated devices. Finally, interfacial studies using integrated optical surface plasmon resonance devices have been described, where the surface sensitivity of planar waveguides is exploited to monitor electrochemical processes with great sensitivity.

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