# GAS CHROMATOGRAPHY - MASS SPECTROMETRY OF CATECHOL ESTROGENS

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## ABSTRACT

The gas chromatographic and mass spectrometric properties of 19 catechol estrogens and catechol estrogen methyl ethers are reported. The gas chromatographic behaviour of the TMS-derivatives on the stationary phases OV-1, OV-3, OV-7, and OV-17 is examined and correlated with their molecular weight, shape, and polarity. The characteristic mass spectrometric features of the compounds result from the aromatic ring A, which is able to stabilize positive charge within the molecular ions. Consequently the molecular ions form the base peaks of the spectra. Fragmentation patterns highly specific for the catechols as well as for their monomethyl and dimethyl ethers are discussed and substantiated by determination of metastable ions and high resolution mass measurements.

## INTRODUCTION

The formation of catechol estrogens and their methyl ethers is a major route of estrogen metabolism in man [1-7] as well as in laboratory animals [8-12]. Although these ring A-hydroxylation and methyla-

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tion reactions cause loss of estrogenic activity of the steroid hormones [13] the metabolites formed have been shown to interact with other hormones, for example KNUPPEN *et al.* [14-16] demonstrated that catechol estrogens act as strong inhibitors of enzymic catecholamine deactivation. Furthermore GELBKE *et al.* [17] suggested recently that determination of 2-hydroxylated estrogens might be a useful parameter for monitoring abnormal pregnancies.

Relatively little information is available on the gas chromatographic and mass spectrometric behaviour of this important group of steroid hormone metabolites. Combined gas liquid chromatography-mass spectrometry (GLC-MS) is invaluable in the separation and identification of complex mixtures of estrogen metabolites; moreover the outstanding technique of fragmentography [18] renders possible highly specific quantitative determinations of steroids within the picogram region [19-22]. A necessary prerequisite for these qualitative and quantitative analyses is a knowledge of the GLC-retention values and of the MS-fragmentation patterns which are examined in the present study for 19 ring A-substituted estrogens.

#### MATERIALS AND METHODS

Steroids<sup>\*</sup>: estrone, estradiol, and estriol were gifts from Schering AG, Berlin. 2-Hydroxyestrone, 4-hydroxyestrone, 2-hydroxyestradiol, 4-hydroxyestradiol, 2-hydroxyestriol, and 4-hydroxyestriol were prepared according to GELBKE *et al.* [23]. 2-Methoxy-

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estrone, 2-hydroxyestrone 3-methyl ether, 2-methoxyestradiol, 2-hydroxyestradiol 3-methyl ether, 2-methoxyestriol, and 2-hydroxyestriol 3-methyl ether were synthesized using the method of FISHMAN *et al.* [24]. 2-Hydroxyestrone 2,3-dimethyl ether, 4-hydroxyestrone 3,4-dimethyl ether, 2-hydroxyestradiol 2,3-dimethyl ether, and 2-hydroxyestriol 2,3-dimethyl ether were obtained by treatment of the corresponding catechol compounds with diazomethane as described [25]. 4-Hydroxyestrone 3-methyl ether, 4-hydroxyestrone 4-methyl ether, and 4-hydroxyestradiol 3-methyl ether [26] were kindly supplied by Prof. Dr.R.Knuppen, Lübeck.

Prior to analysis hydroxy-steroids were converted to their TMSderivatives by reaction with N,O-bis(trimethylsilyl)-trifluoroacetamide containing 1% chlorotrimethylsilane (W. Günther Analysentechnik, Düsseldorf) as described previously [19].

Gas liquid chromatography was carried out using a Pye 104 gas chromatograph (Philips, Hamburg) equipped with a flame ionisation detector. Glass columns (2.1 m  $\times$  3 mm ID) were packed with either 3% OV-1 on 100/120 chromosorb W HP, 3% OV-3 on 100/120 chromosorb W HP, 3% OV-7 on 100/120 chromosorb W HP, or 3% OV-17 on 100/120 chromosorb W HP. The precoated supports were purchased from W. Günther Analysentechnik, Düsseldorf.

GLC-conditions: column temperature  $215^{\circ}$  C; detector temperature  $250^{\circ}$  C; carrier gas flow 25 ml nitrogen per min.

Low resolution mass spectra were recorded on a LKB 9000 gas chromatograph-mass spectrometer (LKB Produkter, Stockholm). Operation conditions: column temperature 215° C; carrier gas flow 25 ml per min; temperature of molecular separator 230° C; ion source temperature 250° C; ionisation energy 70 eV. High resolution mass spectra were recorded

Steroid	Relative OV-1	retention OV-3	values on th OV-7	e phases 0V-17
estriol	1	1	1	1
2-hydroxyestrone	0.66	0.77	0.80	1.08
2-hydroxyestrone 3-methyl ether	0.61	0.73	0.85	1.23
2-hydroxyestrone 2-methyl ether	0.63	0.75	0.86	1.25
2-hydroxyestrone 2,3-dimethyl ether*	0.59	0.72	0.86	1.44
4-hydroxyestrone	0.72	0.86	0.95	1.23
4-hydroxyestrone 4-methyl ether	0.53	0.68	0.75	1.02
4-hydroxyestrone 3-methyl ether	0.60	0.77	0.88	1.50
4-hydroxyestrone 3,4-dimethyl ether∛	0.45	0.63	0.74	1.19
2-hydroxyestradiol	0.82	0.82	0.80	0.79
2-hydroxyestradiol 3-methyl ether	0.72	0.78	0.81	0.87
2-hydroxyestradiol 2-methyl ether	0.76	0.81	0.84	0.90
2-hydroxyestradiol 2,3-dimethyl ether	0.69	0.78	0.84	1.05
4-hydroxyestradiol	0.90	0.92	0.92	0.92
4-hydroxyestradiol 3-methyl ether	0.76	0.81	0.84	0.92
2-hydroxyestriol	1.58	1.48	1.48	1.33
2-hydroxyestriol 3-methyl ether	1.43	1.41	1.48	1.55
2-hydroxyestriol 2-methyl ether	1.47	1.48	1.54	1.62
2-hydroxyestriol 2,3-dimethyl ether	1.30	1.41	1.55	1.86
4-hydroxyestriol	1.82	-	-	1.57

Table 1. GLC of TMS-derivatives of estrogens on 3% OV-1, OV-3, OV-7, and OV-17 at  $215^{\circ}$  C. GLC-retention values are given relative to estriol-TMS.

\*These steroids are measured as free compounds

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on a AEI MS30 gas chromatograph-mass spectrometer coupled to a DS30 data system (AEI Scientific Apparatus Ltd., Manchester) under the operation conditions described above.

## RESULTS AND DISCUSSION

In the course of the present investigation trimethyl silyl ethers of catechol estrogens proved to be the most suitable derivatives for gas chromatography as well as for mass spectrometry. In addition to being easily prepared, the silylated derivatives exhibit low polarity and high thermal stability which results in symmetrical GLC-peaks and high intensities of molecular ions. The gas chromatographic retention data of the estrogens analysed on four stationary phases (OV-1, OV-3, OV-7, OV-17) are compiled in Table 1.

The relative retention times of the TMS-steroids depend upon molecular weight as well as shape and polarity of the molecules. Molecular weight predominantly influences the gas chromatographic behaviour on OV-1 which is a non polar stationary phase consisting of a methylsilicone polymer. The higher the molecular weight of the steroid derivatives the longer the retention time on OV-1. In addition, the effect of molecular shape is shown by the retention times of 4-hydroxyestrone, 4-hydroxyestradiol, and 4-hydroxyestriol (Fig. 1). The 4-trimethylsiloxy groups are stretched out resulting in longer retention times than the corresponding 2-substituted compounds.

The stationary phases OV-3, OV-7, and OV-17 differ from OV-1 by increasing numbers of phenyl groups within the silicone polymer resulting in an increase of polarity. Thus OV-17 separates steroids according to their content of polar groups, while the properties of



<u>Fig. 1</u>. Effect of molecular weight and molecular shape of TMS-steroids on retention time relative to estriol-TMS

OV-3 and OV-7 may be situated between those of OV-1 and OV-17. For example the retention values of 2-hydroxyestrone increase due to the 17-oxo group from 0.66 on OV-1 up to 1.08 on OV-17 whereas the corresponding data for 2-hydroxyestradiol remain virtually constant on all four phases.

The chromatographic properties of methylated catechol estrogens

are of special interest. Compared with the trimethylsilyl ethers the methoxy groups behave like weakly polar groups. This is demonstrated in Table 1. Within the series 2-hydroxyestrone, 2-hydroxyestrone 2-methyl ether, 2-hydroxyestrone 3-methyl ether, and 2-hydroxyestrone 2,3-dimethyl ether the relative retention times on OV-1 decrease from 0.66 to 0.59 with decreasing molecular weights, whereas they increase on OV-17 columns from 1.08 to 1.44 due to the polar effect of the methyl ethers. The same phenomenon can be observed with 2-hydroxyestradiol and 2-hydroxyestriol by comparing the catechols with their monomethyl and dimethyl ethers.

With the 3,4-substituted steroids the situation is somewhat complicated. Although retention values follow molecular weight on OV-1, on OV-17 the steric effect of the bulky 4-trimethylsiloxy group even overcomes the influence of the weak polar methyl ethers. Thus 4-hydroxyestrone and 4-hydroxyestrone 3-methyl ether show longer retention times on OV-17 than do the corresponding 4-methylated compounds, 4-hydroxyestrone 4-methyl ether and 4-hydroxyestrone 3,4-dimethyl ether.

Table 2 lists the mass spectrometric data of the catechol estrogens investigated. The characteristic mass spectral feature of these compounds is the molecular ion, usually the base peak in the spectrum. This is due to the resistance of aromatic ring A to fragmentation induced by electron impact and to the extraordinary power of catechol trimethylsilyl and methyl ethers to stabilize positive charge. Small M-15 peaks exist in all spectra; although loss of the C-18 methyl radical is possible, the most probable site of methyl cleavage is at the silicon atom [27]. The mass 23

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Steroid	+ <b>Σ</b>	M-15	M-28	M-30	M-31	M-56	M-57	M-85	M-89	M-124	Other fragments
2-hydroxyestrone	<b>430</b> 100	415 5	402 1			374 1	373 1	345 3	341 5	306 8	73 75
2-hydroxyestrone 3-methyl ether	372 100	357 6		3 <b>42</b> 35	341 2			287 5		248 5	73 35
2-hydroxyestrone 2-methyl ether	<b>372</b> 100	357 ?		342 33	341 2			287 6		248 3	73 30
2-hydroxyestrone 2,3-dimethyl ether*	<b>314</b> 100	299 5	286 2	284 1	283 <b></b> 4	258 2	257 3	229 <i>9</i>	225 1	<b>190</b> 12	<b>01</b>
4-hydroxyestrone	<b>430</b> 100	415 5	402 3			374 2	373 2	345 7	341 13	306 6	73 82
4-hydroxyestrone 4-methyl ether	372 100	357 9	344 3	342 33	341 9	316 1	315 2	287 9	283 1	248 <i>8</i>	73 27
4-hydroxyestrone 3-methyl ether	372 100	357 22	344 6	342 61	341 2	316 1	315 1	287 5	283 1	248 4	73 25
4-hydroxyestrone 3,4-dimethy] ether*	<b>314</b> 100	299 2	286 1	<b>2</b> 84 2	283 <i>9</i>	258 3	257 4	229 13	225 1	<b>190</b> 12	97 13

<sup>\*</sup>These steroids are measured as free compounds

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Steroid	+ <u>Σ</u>	M-15	M-30	M-90	M-131	M-185	<u>m</u> 129	<mark>е</mark> 73	0th fragm	er ents
2-hydroxyestradiol	<b>504</b> 100	489 6		414 <i>9</i>	373 β	<b>319</b> 20	129 71	73 79	205 24	<b>267</b> 27
2-hydroxyestradiol	<b>446</b>	431	416	356	315	261	<b>129</b>	73	209	218
3-methyl ether	100	6	7	3	14	8	12	60	8	<i>9</i>
2-hydroxyestradiol	<b>446</b>	431	416	356	315	261	<b>129</b>	73	209	218
2-methyl ether	100	6	7	3	14	8	10	60	10	<i>8</i>
2-hydroxyestradiol	<b>388</b>	373		298	257	208	129	73	<b>151</b>	203
2,3-dimethyl ether	100	3		5	30	14	28	60	20	14
4-hydroxyestradiol	<b>504</b> 100	489 5		414 2	373 9	319 3	$\frac{129}{8}$	73 36	415 2	285 9
4-hydroxyestradiol	<b>446</b>	431	<b>416</b>	356	315	261	129	73	218	261
3-methyl ether	100	14	<i>13</i>	5	25	<i>8</i>	13	43	7	<sup>8</sup>

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Table

Steroid	+ Σ	M-15	06-M	M-118	M-144	M-159	M-180	M-193	M-207	<u>m</u> 147	<u>m</u> 129	<mark>ਕ</mark> 73
2-hydroxyestriol	592	577	502	474	448	<b>4</b> 33	412	399	385	147	129	73
	68	3	2	2	∉	∉	2	3	<b>4</b>	25	5	100
2-hydroxyestriol	<b>534</b>	519	444	416	01	375	354	34 <b>1</b>	327	147	129	73
3-methyl ether	100	4	4	7	10	14	6	11	11	14	19	98
2-hydroxyestriol	534	519	444	416	390	375	354	341	327	<b>147</b>	<b>129</b>	73
2-methyl ether	100	3	1	6	8	12	∉	7	10	10	20	90
2-hydroxyestriol	<b>476</b>	461	386	358	332	<b>31</b> 7	296	283	269	147	<b>129</b>	<b>73</b>
2,3-dimethyl ether	100	1	5	11	7	21	م	19	15	15	18	75
4-hydroxyestriol	592	577	502	474	448	433	412	399	385	147	<b>129</b>	<b>73</b>
	46	2	3	∉	∉	6	3	6	5	14	<i>12</i>	100



<u>Fig. 2</u>. Mass spectrum of 2-hydroxyestrone 3-methyl ether spectra of catechol estrogen monomethyl ethers are characterized by ions at M-30 which are the most important peaks in the fragmentation patterns of the isomeric monomethyl ethers of 2-hydroxyestrone and 4-hydroxyestrone (Fig. 2). High resolution measurements established that the M-30 can certainly be attributed to the loss of 2 methyl groups. As summarized in table 3 the loss of  $CH_2O$  can be excluded.

<u>Table 3</u> High resolution mass measurement of the M-30 peaks of the isomeric monomethyl ethers of 2-hydroxyestrone and 4-hydroxyestrone (as TMS-derivatives)

Steroid	found for M-30	calculated for C <sub>20</sub> H <sub>26</sub> O <sub>3</sub> Si	calculated for C <sub>21</sub> H <sub>30</sub> O <sub>2</sub> Si
2-hydroxyestrone 2-methyl ether	342.1666	342.1651	342.2015
2-hydroxyestrone 3-methyl ether	342.1638	342.1651	342.2015
4-hydroxyestrone 3-methyl ether	342.1635	342.1651	342.2015
4-hydroxyestrone 4-methyl ether	342.1642	342.1651	342.2015

<u>Table 4</u>. Metastable ions in the mass spectra of mono- and dimethyl ethers of 2-hydroxyestrone and 4-hydroxyestrone (TMS derivatives) Theoretical values are calculated using the formula  $m^{p_c} = \frac{m_2^2}{m_1}$ 

ion	m/e calcd.	m/e found
m <sub>2</sub>		
342	314,42	314,5
342	327,63	327,8
283	255,06	255,2
	rion m <sub>2</sub> 342 342 283	tion m/e calcd. m <sub>2</sub> 342 314,42 342 327,63 283 255,06

M<sup>+</sup>(m/e 372)



<u>Fig. 3</u>. M-15 and M-30 fragments of the TMS-ether of 2-hydroxyestrone 2-methyl ether; formation of metastable ions at m<sup>x</sup> 314,5 and m<sup>x</sup> 327,8

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The expulsion of two methyl groups leads to a cyclic ion, the proposed structure of which is shown in Figure 3. The occurrance of metastable ions (Table 4) indicates that m/e 342 is formed by two different ways: 1. Simultaneous loss of two methyl groups, one from the methoxy- and the second from the TMS-moiety, yielding a metastable ion m<sup>x</sup> at m/e = 314,5 (calculated m<sup>x</sup> = 314,41). 2. Subsequent loss of two methyl groups via the M-15, the second step  $(357 \rightarrow 342)$ of this process producing a metastable m<sup>x</sup> at m/e = 327,8 (calculated  $m^{\kappa}$  = 327,63). The data given above leave no doubt, that M-30 is the result of a rearrangement of the methoxy and trimethylsiloxy groups at ring A of the estrogen molecule. The suggestion that the consecutive expulsion of  $H_2$  and  $C_2H_4$  could be the source of this fragment [28] is not in accordance with our findings. The spectra of the isomeric monomethyl ethers of 2-hydroxyestradiol, 4-hydroxyestradiol, and 2-hydroxyestriol exhibit peaks of lower intensities at M-30, since ring D-induced fragmentation acquires increasing significance.

Within the series of catechol estrogen monomethyl ethers only 4-methoxyestrone shows a M-31, which is a major peak in the spectra of 2-hydroxyestrone 2,3-dimethyl ether and 4-hydroxyestrone 3,4-dimethyl ether (Fig. 4). This type of fragment arises by expulsion of a methoxy radical as confirmed by the metastable ions (cf. Table 4).

Characteristic for catechol estrogen TMS-ethers are peaks at M-89 which are attributed to the loss of trimethylsiloxy-radicals.





Fig. 4. Mass spectrum of 4-hydroxyestrone 3,4-dimethy1 ether



Fig. 5. Mass spectrum of 2-hydroxyestradiol 3-methyl ether



Fig. 6. Mass spectrum of 2-hydroxyestriol 2-methyl ether

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The remainder of the fragmentation pattern of the steroids investigated is governed by the type of functional groups at ring D of the molecules. Thus, the spectra of all 17-oxo-estrogens show peaks at M-56, M-57, M-85, and M-124 which are generated following reaction mechanisms analogous to those described for estrone methyl ether [29]. 17B-Hydroxysteroid TMS ethers expulse ring D fragments yielding peaks at m/e 129 and M-131 (Fig.5). Similar results are observed for  $5\alpha$ -androstane-17B-o1 TMS ether [30]. Ring A-substituted estriols (Fig.6) are degraded in the same way as estriol, the mass spectrum of which is discussed in detail by ADLERCREUTZ and LUUKKAINEN [31].

It can be concluded that the trimethylsilyl derivatives of catechol estrogens and their methyl ethers show highly characteristic fragmentation patterns in mass spectrometry. Combined gas chromatography-mass spectrometry can be recommended as a powerful analytical tool in biochemical and endocrinological investigations involving catechol estrogens, as demonstrated previously [25]. Furthermore the outstanding gas chromatographic and mass spectrometric features of the compounds studied in this paper make them attractive for quantitative determinations using the high specific and sensitive method of fragmentography [19-21].

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# Nomenclature list

2-Hydroxyestrone	2,3-dihydroxy-1,3,5(10)-estratrien-17-one
4-Hydroxyestrone	3,4-dihydroxy-1,3,5(10)-estratrien-17-one
2-Hydroxyestradio1	1,3,5(10)-estratriene-2,3,176-trio1
4-Hydroxyestradio1	1,3,5(10)-estratriene-3,4,17B-trio1
2-Hydroxyestrio1	1,3,5(10)-estratriene-2,3,16α,17β-tetro]
4-Hydroxyestrio]	1,3,5(10)-estratriene-3,4,16α,17B-tetrol
2-Methoxyestrone	2-hydroxyestrone 2-methyl ether
2-Methoxyestradio1	2-hydroxyestradiol 2-methyl ether
2-Methoxyestriol	2-hydroxyestriol 2-methyl ether
TMS-derivative	trimethylsilyl derivative