

SYNTHESIS AND INFRARED SPECTRA OF SOME 3 α -HYDROXY Δ_5 -STEROIDS

Jacqueline Weinman and Serge Weinman

Laboratoire de Chimie Biologique, Service du Professeur Max F. Jayle
Faculté de Médecine, 45, rue des Saints-Pères, Paris, France.

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ABSTRACT

A generally applicable method for the preparation of 3 α -hydroxy Δ_5 -steroids is used to obtain 3 α -hydroxyandrost-5-ene, 3 α -hydroxypregn-5-ene, 3 α -hydroxypregn-5-ene-20-one and their corresponding acetates. The infrared spectra of these compounds and of 3 α -hydroxycholest-5-ene and 3 α -hydroxyandrost-5-ene-17-one, known steroids, are measured in the range of 3700-900 cm⁻¹ and the characteristic group frequencies reported.

The characteristic group frequencies of 3-hydroxysteroids¹⁻⁴ and 3-acetoxysteroids^{3,5,6} have already been reported. The spectra of 3 α -hydroxy Δ_5 -steroids, however, have not yet been determined. In the present work, the infrared spectra of these compounds were measured and surveyed. For this purpose, a suitable general method for the preparation of 3 α -hydroxy Δ_5 -steroids was sought and a number of such compounds was prepared : 3 α -hydroxyandrost-5-ene and 3 α -hydroxypregn-5-ene, not until now described, 3 α -hydroxypregn-5-ene-20-one already prepared by another method⁷ and the known 3 α -hydroxycholest-5-ene^{8,9,10,11} and 3 α -hydroxyandrost-5-ene-17-one^{12,13}

I. - SYNTHESIS

Ruzicka *et al.*¹² prepared 3 α -hydroxyandrost-5-ene-17-one from androst-5-ene-3,17-dione on partial hydrogenation in alcohol in the presence of Raney nickel. Butenandt *et al.*⁷ applied the same reaction to the preparation of 3 α -hydroxypregn-5-ene-20-one from pregn-5-ene-3,20-dione. Several methods relating to the isomerisation of 3 β -hydroxy Δ_5 -steroids

into 3α -hydroxy Δ_5 -steroids have also been studied. Barnett *et al.*⁸ obtained epicholesterol by refluxing cholesterol in xylene in the presence of aluminium isopropoxide. Fieser⁹ prepared epicholesterol by reaction of sodium dichromate with cholesterol in a benzene-acetic acid solution and subsequent chromatography on alumina of the resulting complex. These methods generally give pure substances in a low yield. The five-step synthesis by which Plattner *et al.*^{10,11} converted cholesterol to epicholesterol and by which Williams *et al.*¹³ prepared 3α -hydroxyandrost-5-ene-17-one was found to be more efficient. In the present study, this method has been applied with minor modifications.

To begin with, 3β -hydroxy Δ_5 -steroids, the starting material, were submitted to p.nitroperbenzoic acid oxidation¹⁴ and gave the corresponding α -epoxide as principal product; p.nitroperbenzoic acid was chosen because of its stability and reactivity. The crude epoxides, about 80 % yield, melted within 5 to 10 degrees, range which indicated the presence of a small amount of β -epoxide; as earlier studies had shown, peracid oxidation of Δ_5 -steroids gives α and β isomers in yields varying according to steroid structure and experimental procedure^{10,15}. Chromatography on alumina column of crude 3β -hydroxy-5,6-epoxyandrostane failed to separate the pure β -epoxide although it is less polar¹⁰ than the corresponding α -isomer. However, fractionnal crystallization from methanol or acetone allowed pure α -epoxide to be obtained. When crude epoxide samples and analytical samples of α -epoxide were compared, the infrared spectra appeared to be identical; in view of this fact, it was assumed that the β -epoxide yield was low enough to perform the following steps of the synthesis on the crude epoxide.

3β -hydroxy-5,6-epoxysteroids were reduced with LAH in tetrahydrofuran according to the procedure of Plattner *et al.*¹⁶. After destroying the excess of LAH, quick filtration of the alumina sludge (in order to avoid steroid adsorption) and subsequent extraction, yielded about 80 % of $3\beta,5\alpha$ -dihydroxyandrostane while the same procedure gave only about 60 % of the two dihydroxypregnanes.

According to the original technique, treatment of $3\beta,5\alpha$ -dihydroxy-

steroids with methanesulfonyl chloride in pyridine afforded the corresponding 3β -methanesulfonyloxy derivatives in about 90 % yield.

The epimerization was performed by refluxing the mesylates with acetyl chloride and diethylaniline in chloroform. Saponification by refluxing the epimerized products with 10 % potassium hydroxide in aqueous methanol gave the corresponding 3α -hydroxy derivatives mixed with some secondary reaction products.

Chromatography on a short column packed with neutral alumina deactivated with 6 % water, allowed the elimination of hydrocarbons, small amounts of incompletely saponified acetates and polar impurities. The overall average of epimerization was about 33 %.

A final chromatography was performed according to Reichstein's procedure¹⁷ in order to obtain pure steroids for physical measurements.

The synthesis of 3α -hydroxyandrost-5-ene (Va) and 3α -hydroxypregn-5-ene (Vb) required initial reduction of the carbonyl groups of DHA and pregnenolone respectively. The Wolff-Kishner reduction technique, modified by Huang-Minlon¹⁸ and applied to DHA, furnished 3β -hydroxyandrost-5-ene (Ia) in 86 % yield ; hydrazone was formed with gentle reflux of the oxo-steroid with hydrazine hydrate in diethylene glycol in the presence of sodium hydroxide ; then, without isolation, hydrazone was reduced by raising temperature to 195° and refluxing for 5 hours more. Surprisingly enough, the same technique applied to 3β -hydroxypregn-5-ene-20-one yielded the corresponding reduced derivative (Ib) in about 40 % only. In view of this fact, the two-step procedure described by A. Cavé¹⁹, which allows reduction of the carbonyl group at C₍₂₀₎ with a good yield, was substituted for the previous process with advantage. The hydrazone prepared in the usual way was isolated in the first step ; the second step involved its reduction by refluxing with sodium in diethylene glycol for 24 hours. This procedure gave Ib in 79 % yield.

The synthesis of 3α -hydroxypregn-5-ene-20-one (Vc) involved the conversion of the C₍₂₀₎ carbonyl group into the corresponding ethylene ketal in order to prevent the effect of subsequent LAH reduction. The starting ma-

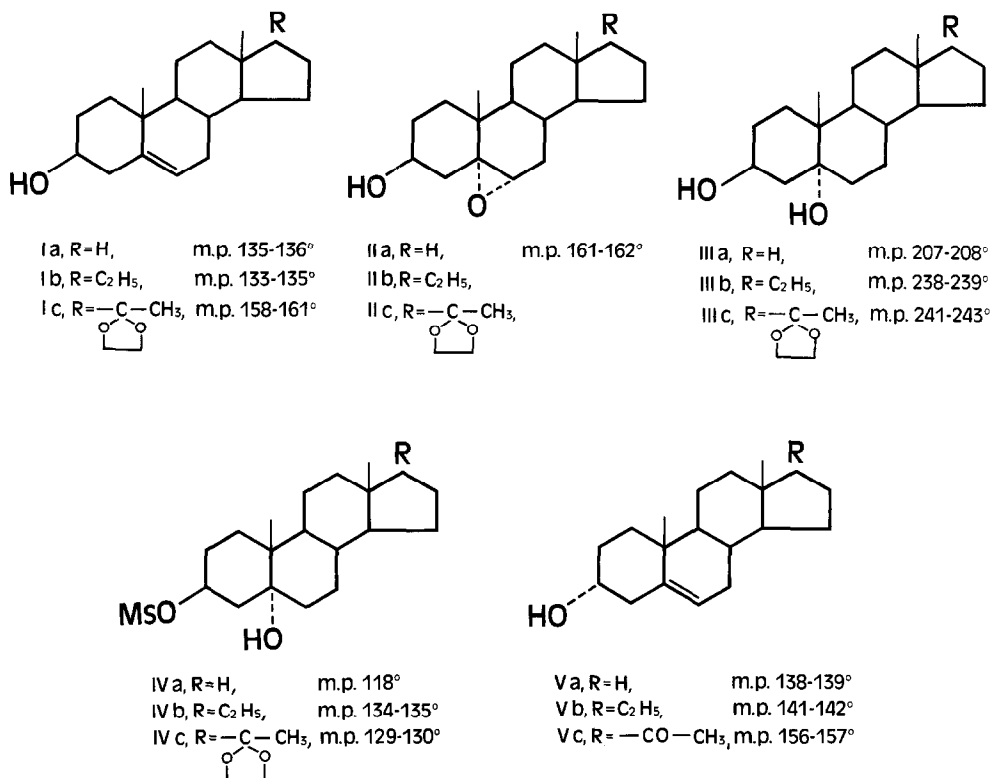


Fig. 1. Synthesis of Δ_5 -steroids.

terial was refluxed in benzene with ethylene glycol in the presence of p. toluenesulfonic acid according to the classic procedure. It is worth mentioning that 3 β -hydroxypregn-5-ene-20-one required refluxing overnight to give the corresponding ethylene ketal Ic in 78 % yield while three hours are sufficient to obtain a similar yield of C₍₁₇₎ ethylene ketal.

Ethylene ketal (Ic) was cleaved by refluxing in acid medium after saponification of the epimerized corresponding product and without isolation of the intermediates.

EXPERIMENTAL

PREPARATION OF 3 α -HYDROXYANDROST-5-ENE

3 β -hydroxyandrost-5-ene (Ia)

To a solution of 3 β -hydroxyandrost-5-ene-17-one (10 g) in diethylene glycol (150 ml) were added 98 % hydrazine hydrate (25 ml) and sodium hydroxide

(15 g). After refluxing for three hours, the water was drained from the condenser and the temperature allowed to rise to 195° ; refluxing was then continued for another five hours. The cooled solution was poured into ice and water, and one drop of concentrated hydrochloric acid was added. The precipitate was filtered and washed with water till neutral. Recrystallization from methanol yielded 7.6 g of 3β -hydroxyandrost-5-ene (Ia) m.p. $135-136^{\circ}$; lit. (20) $136-137^{\circ}$.

3β -hydroxy-5 α , 6 α -epoxyandrostane (IIa)

p. Nitroperbenzoic acid (4 g or 22 mmoles) was added to a solution of 3β -hydroxyandrost-5-ene (6 g or 22 mmoles) in methylene chloride-benzene 9/1 and the mixture was stirred overnight at room temperature; the insoluble material was filtered off and the filtrate washed twice with a 10 % potassium carbonate solution and twice with water, dried and evaporated. The resulting mixture (5.2 g), m.p. $152-160^{\circ}$, was predominantly 3β -hydroxy-5 α , 6 α -epoxyandrostane (IIa) which could be obtained in pure form by fractional crystallization from methanol or acetone. The analytical sample melted at $161-162^{\circ}$.

$\nu_{\text{max.}}^{\text{CS}_2}$: 3610 ; $\nu_{\text{max.}}^{\text{KBr}}$: 1160, 1091, 1060, 1038, 1015, 962, 918, 902, 871-864, 793 cm^{-1} .

Anal. Calcd. for $\text{C}_{19}\text{H}_{30}\text{O}_2$: C, 78.57 ; H, 10.41
Found : C, 78.72 ; H, 10.59

Acetylation of IIa with acetic anhydride and pyridine in equal volume for two days at room temperature yielded 3β -acetoxy-5 α , 6 α -epoxyandrostane, m.p. $119-121^{\circ}$.

$\nu_{\text{max.}}^{\text{KBr}}$: 1735, 1238, 1028, 960, 868, 800 cm^{-1}

Anal. Calcd. for $\text{C}_{21}\text{H}_{32}\text{O}_3$: C, 75.86 ; H, 9.70
Found : C, 75.53 ; H, 9.74

3β , 5 α -dihydroxyandrostane (IIIa)

Crude 3β -hydroxy-5, 6-epoxyandrostane (4 g) was refluxed for half an hour with lithium aluminium hydride (1.5 g) in anhydrous tetrahydrofuran freshly distilled from LAH. The excess reagent was destroyed with ethyl acetate, and a 10 % sodium hydroxide solution was added; this formed a sludge which was separated from the solution by filtration. The sludge and the solution were extracted separately with ethyl acetate. The extracts were combined, washed with water till neutral, dried and the solvent was evaporated. Three crystallizations from acetone gave 2.4 g of 3β , 5 α -dihy-

droxyandrostane (IIIa) m.p. 207-208°. Concentration of the mother liquor yielded an additional 0.9 g of IIIa, m.p. 203-205°.

$\nu_{\text{max.}}^{\text{CS}_2}$: 3612; $\nu_{\text{max.}}^{\text{KBr}}$: 1040, 1028, 998, 982, 960, 920, 910, 868, 818 cm^{-1} .

Anal. Calcd. for $\text{C}_{19}\text{H}_{32}\text{O}_2$: C, 78.03 ; H, 11.03
Found : C, 78.15 ; H, 11.25

Acetylation of IIIa in the usual manner with acetic anhydride and pyridine gave 3 β -acetoxy-5 α -hydroxyandrostane, m. p. 164-165°.

$\nu_{\text{max.}}^{\text{CS}_2}$: 3624, 3598, 3450 ; $\nu_{\text{max.}}^{\text{KBr}}$: 1705, 1265, 1250, 1050, 1020, 962, 828 cm^{-1} .

Anal. Calcd. for $\text{C}_{21}\text{H}_{34}\text{O}_3$: C, 75.40 ; H, 10.25
Found : C, 75.30 ; H, 10.27

3 β -methanesulfonyloxy-5 α -hydroxyandrostane (IVa)

Methanesulfonyl chloride (3 ml) was added to a cooled solution (10°) of 3 β , 5 α -dihydroxyandrostane (2 g) in pyridine (50 ml) ; the mixture was allowed to stand at room temperature for two hours. After dilution with ice and water, the resultant mixture was extracted with ethyl acetate. The extract was washed successively with diluted sulfuric acid, diluted sodium hydroxide and then with water till neutral ; the solution was dried and the solvent evaporated. Trituration of the residue with a small portion of isooctane immediately gave silky crystals of 3 β -methanesulfonyloxy-5 α -hydroxyandrostane (IVa), (2.3 g) m.p. 118° with decomposition.

$\nu_{\text{max.}}^{\text{KBr}}$: 1165, 1155, 998, 978, 935, 920, 868, 818 cm^{-1}

3 α -hydroxyandrost-5-ene (Va)

Acetylchloride (25 ml) and diethylaniline (25 ml) were added to a solution of 3 β -methanesulfonyloxy-5 α -hydroxyandrostane (2.2 g) in chloroform (25 ml); the mixture was refluxed for five hours. The solution was then concentrated and extracted with ethyl acetate. The extract was washed successively with diluted sulfuric acid, diluted sodium hydroxide and then with water till neutral ; the solution was dried and the solvent evaporated. The greenish semicrystalline residue was directly saponified by refluxing with 10 % methanolic potassium hydroxide for thirty minutes. After concentration, the solution was extracted with ethyl acetate. The extract was washed twice with water and dried. Evaporation of the dried solution left a residue which, after crystallization from acetone, yielded 1.4 g of crude product ; this was passed through a short column of neutral alumina (Woelm) grade

III (15 g). The purified product (1.15 g) was carefully chromatographed on neutral alumina grade II (35 g) and eluted with hexane-benzene 9/1 (m.p. 135-137°). Recrystallization of the eluates from methanol gave 0.835 g of 3 α -hydroxyandrost-5-ene, (138-139°).

Anal. Calcd. for C₁₉H₃₀O : C, 83.15 ; H, 11.02
Found : C, 83.34 ; H, 11.11

A solution of Va in a mixture of acetic anhydride and pyridine in equal volume was refluxed for two hours and then allowed to stand overnight at room temperature. The usual work-up followed by recrystallization from methanol gave 3 α -acetoxyandrost-5-ene, m.p. 129-131°.

Anal. Calcd. for C₂₁H₃₂O₂ : C, 79.70 ; H, 10.19
Found : C, 79.57 ; H, 10.20

PREPARATION OF 3 α -HYDROXYPREGN-5-ENE

3 β -hydroxypregn-5-ene (Ib)

A mixture of 3 β -hydroxypregn-5-ene-20-one (5 g), methanol (200 ml) and 98 % hydrazine hydrate (20 ml) was refluxed for three hours and then cooled in ice. The precipitate (2 g) was collected. The mother liquor was diluted and the precipitate obtained was filtered and recrystallized from methanol (2.9 g). The hydrazone (4.9 g) was dissolved in 98 % hydrazine hydrate (17 ml) and a solution of sodium in diethylene glycol (230 ml) was added. After refluxing for 24 hours and cooling, the mixture was poured into 600 ml of water and the whole extracted with ether. The extract was washed twice with water, dried, and the solvent evaporated. Recrystallization from methanol gave 3.1 g of 3 β -hydroxypregn-5-ene (Ib) m.p. 133-135°; lit. (21) 134,5-135,5. Concentration of the mother liquor yielded an additional 0.65 g of Ib, m.p. 130-133°.

3 β , 5 α -dihydroxypregnane (IIIb)

The transformation of Ib into Vb was carried out in the same manner as Ia-Va. In this instance, reduction of crude 3 β -hydroxy-5,6-epoxypregnane (IIb), 2.6 g, m.p. 155-158°, gave 1.3 g of 3 β , 5 α -dihydroxypregnane (III b) m.p. 238-239° (60 % yield).

ν CS_2 : 3612 ; ν KBr : 1040, 962, 952, 933, 916, 910, 869, 818 cm⁻¹
max.

Anal. Calcd. for C₂₁H₃₆O₂ : C, 78.69 ; H, 11.32
Found : C, 78.52 ; H, 11.44

3 β -methanesulfonyloxy-5 α -hydroxypregnane (IVb)

m.p. 134-135° (90 % yield).

$\nu_{\text{max}}^{\text{KBr}}$: 1162, 1155, 1001, 979, 940, 870, 818 cm⁻¹

3 α -hydroxypregn-5-ene (Vb)

By recrystallization from methanol of the hexane-benzene 9/1 eluates, 3 α -hydroxypregn-5-ene (Vb), m.p. 141-142° was obtained.

Anal. Calcd. for C₂₁H₃₄O : C, 83.38 ; H, 11.33
Found : C, 83.41 ; H, 11.19

Vb was acetylated by the same procedure as Va. 3 α -acetoxypregn-5-ene, m.p. 113-115° was obtained.

Anal. Calcd. for C₂₃H₃₆O₂ : C, 80.18 ; H, 10.53
Found : C, 79.99 ; H, 10.60

PREPARATION OF 3 α -HYDROXYPREGN-5-ENE-20-ONE3 β -hydroxypregn-5-ene-20-one ethylene ketal (Ic)

To a solution of 3 β -hydroxypregn-5-ene-20-one (6 g) in benzene (300 ml) was added ethylene glycol (9 ml) and p. toluenesulfonic acid (0.180 g). An azeotropic distillation was slowly performed overnight. The apparatus was designed to allow the solvent to be dried continuously over anhydrous sodium sulfate while refluxing ²². Benzene was then washed with 2N sodium hydroxide and with water till neutral, dried and evaporated. From the first methanol crystallization, 4.7 g of 3 β -hydroxypregn-5-ene-20-one ethylene ketal (Ic), m.p. 158-161°, were obtained ; lit. (23) 160-161°.

3 β , 5 α -dihydroxypregnane-20-one ethylene ketal (IIIc)

The transformation of Ic into Vc was carried out in the same manner as Ia-Va. Reduction of the crude epoxide, 3 β -hydroxy-5,6-epoxypregnane-20-one ethylene ketal (IIc), m.p. 160-165°, by LAH gave 3 β , 5 α -dihydroxypregnane-20-one ethylene ketal, m.p. 241-243°.

$\nu_{\text{max}}^{\text{CS}_2}$: 3612 ; $\nu_{\text{max}}^{\text{KBr}}$: 1260, 1233, 1210, 1123, 1062, 1042, 1015, 944, 919, 880 cm⁻¹.

Anal. Calcd. for C₂₃H₃₈O₄ : C, 72.97 ; H, 10.11
Found : C, 73.12 ; H, 10.25

Epimerization was performed on 3 β -methanesulfonyloxy-5 α -hydroxy-pregnane-20-one ethylene ketal, (IVc) m.p. 129-130°.

ν KBr : 1170, 1068, 1050, 1030, 962, 930, 864, 829 cm^{-1}
max.

3 α -hydroxypregn-5-ene-20-one (Vc)

After saponification of the resulting product of epimerization, ethylene ketal was cleaved by refluxing (15 minutes) in the presence of concentrated hydrochloric acid (1 ml). Crystallization from isooctane of hexane-benzene 5/5 and 4/6 eluates gave 3 α -hydroxypregn-5-ene-20-one (Vc), m.p. 156-157°; lit. (7) 148-152.

Anal. Calcd. for $\text{C}_{21}\text{H}_{32}\text{O}_2$: C, 79.70 ; H, 10.19
Found : C, 79.74 ; H, 10.25

Vc, acetylated by the procedure described above, gave 3 α -acetoxypregn-5-ene-20-one, m.p. 146-148° ; lit. (7) 147°.

The melting points were taken on a micro-hot stage Rotax (A. Balzer) and corrected. Organic solutions were dried over anhydrous sodium sulfate and solvents removed with a rotating film evaporator at the water pump. All solvents used were previously purified.

II. - INFRARED SPECTRA

Experimental method and results.

The spectra were measured in carbon disulfide solution and in potassium bromide dispersion on Perkin-Elmer spectrometer using lithium fluoride prism (range 3700-3500 cm^{-1}) or sodium chloride prism (range 1800-780 cm^{-1}). The position of the characteristic bands for the individual compounds are listed in Table I and summarized in Table II. Representative spectra are shown in Figs. 2 and 3.

Discussion.

3-HYDROXY Δ_5 -STERIODS

In the range of 3700-3500 cm^{-1} , where absorption associated with an

TABLE I. - CHARACTERISTIC GROUP FREQUENCIES IN THE INFRARED

Compounds	Solvent	Characteristic bands (cm ⁻¹)					
3 α -hydroxyandrost-5-ene	CS ₂	3605	3578	1177	1162	1140	
	KBr			1190	1164	1140	
3 α -hydroxypregn-5-ene	CS ₂	3605	3578	1179	1163	1140	
	KBr			1188	1168	1141	
3 α -hydroxycholest-5-ene	CS ₂	3605	3578	1180	1164	1140	
	KBr			1189	1163	1140	
3 α -hydroxyandrost-5-ene-17-one	CS ₂	3606	3582	1180	1165	1140	
	KBr			1191	1162	1138	
3 α -hydroxypregn-5-ene-20-one	CS ₂	3606	3582	1180	1165	1140	
	KBr			1186		1143	
3 α -acetoxyandrost-5-ene	CS ₂	1250	1239	1225	1148	1110	
	KBr	1259	1241	1231	1148	1110	
3 α -acetoxypregn-5-ene	CS ₂	1245	1235	1222	1145	1110	
	KBr	1258	1240	1228	1150	1113	
3 α -acetoxycholest-5-ene	CS ₂	1245	1238	1228	1149	1110	
	KBr	1259	1239	1230	1148	1109	
3 α -acetoxyandrost-5-ene-17-one	CS ₂	1242	1235	1220	1148	1105	
	KBr	1252	1234	1228	1150	1108	
3 α -acetoxypregn-5-ene-20-one	CS ₂	1245	1230		1145	1108	
	KBr	1249	1220		1140	1105	

O-H stretching motion occurs, 3 α -hydroxy Δ_5 -steroids show a doublet while the other 3-hydroxysteroids exhibit a single band of simple contour ; changes in the relative intensities of these two bands occur on the introduction of a ketone group at C₍₁₇₎ or C₍₂₀₎.

In the range of 1050-1000 cm⁻¹, where 3-hydroxysteroids exhibit only

OF 3α -HYDROXY Δ_5 -STEROIDS AND 3α -ACETOXY Δ_5 -STEROIDS

1020	1003	994	978	960	938					
1021	1004	996	983	960	938	874	840	828	815	792
1022	1005	994	977	958	938					
1024	1006	994	980	960	939	878	837	825	813	791
1025	1008	995	978	960	940					
1022	1006	993	982	959	940	878	839	828	819	792
1022	1004	996	980	961	938					
1022	1007	997	979	963	940	880	841	828	810	794
1024	1008	994	978	960	939					
1025	1010	996	983	962	942	874	837		818	792
1040	1018	982								
1040	1018	982	946	929	909	864	828	815	794	
1035	1015	985								
1039	1018	987	950	935	910	864	828	814	794	
1042	1018	990								
1042	1021	992	956	928	912	862	833	813	792	
1035	1013	983								
1035	1018	984	950	930	913	853	830	813	795	
1045	1018	990								
1047	1019	990	948	930	916	862	829	814	793	

one prominent band presumed to involve principally a C-O stretching motion⁴, 3α -hydroxy Δ_5 -steroids show a complex group of three prominent bands at 1025-1020, 1010-1003 and 997-993 cm^{-1} ; their relative intensities vary in a seemingly erratic manner with molecular structure and physical state.

TABLE II. - SUMMARY OF CHARACTERISTIC FREQUENCIES

	Frequency range, cm ⁻¹	
	Carbon disulfide solution	Potassium bromide dispersion
3 α -HYDROXY Δ_5 -STERIODS	3606-3605	
	3582-3578	
	1180-1177	1191-1186
	1165-1162	1164-1162
	1140	1143-1148
	1025-1020	1025-1021
	1008-1003	1010-1004
	996-994	997-993
	980-978	983-979
	961-958	963-959
	940-938	942-938
		880-874
		841-837
		828-825
		819-810
		794-791
3 α -ACETOXY Δ_5 -STERIODS	1250-1242	1259-1249
	1239-1230	1241-1234
	1228-1222	1231-1220
	1149-1145	1150-1140
	1110-1105	1113-1105
	1045-1035	1047-1035
	1018-1013	1021-1018
	990-982	992-982
	956-946	956-946
		935-928
		916-909
		864-853
		833-828
		815-813
		795-792

Between 1200 and 780 cm⁻¹, 3 α -hydroxy Δ_5 -steroids have other bands which can be useful as confirmatory evidence for stereochemistry ; the prominent bands which occurs below 850 cm⁻¹ are associated with unsaturated linkage, and , therefore , are highly characteristic.

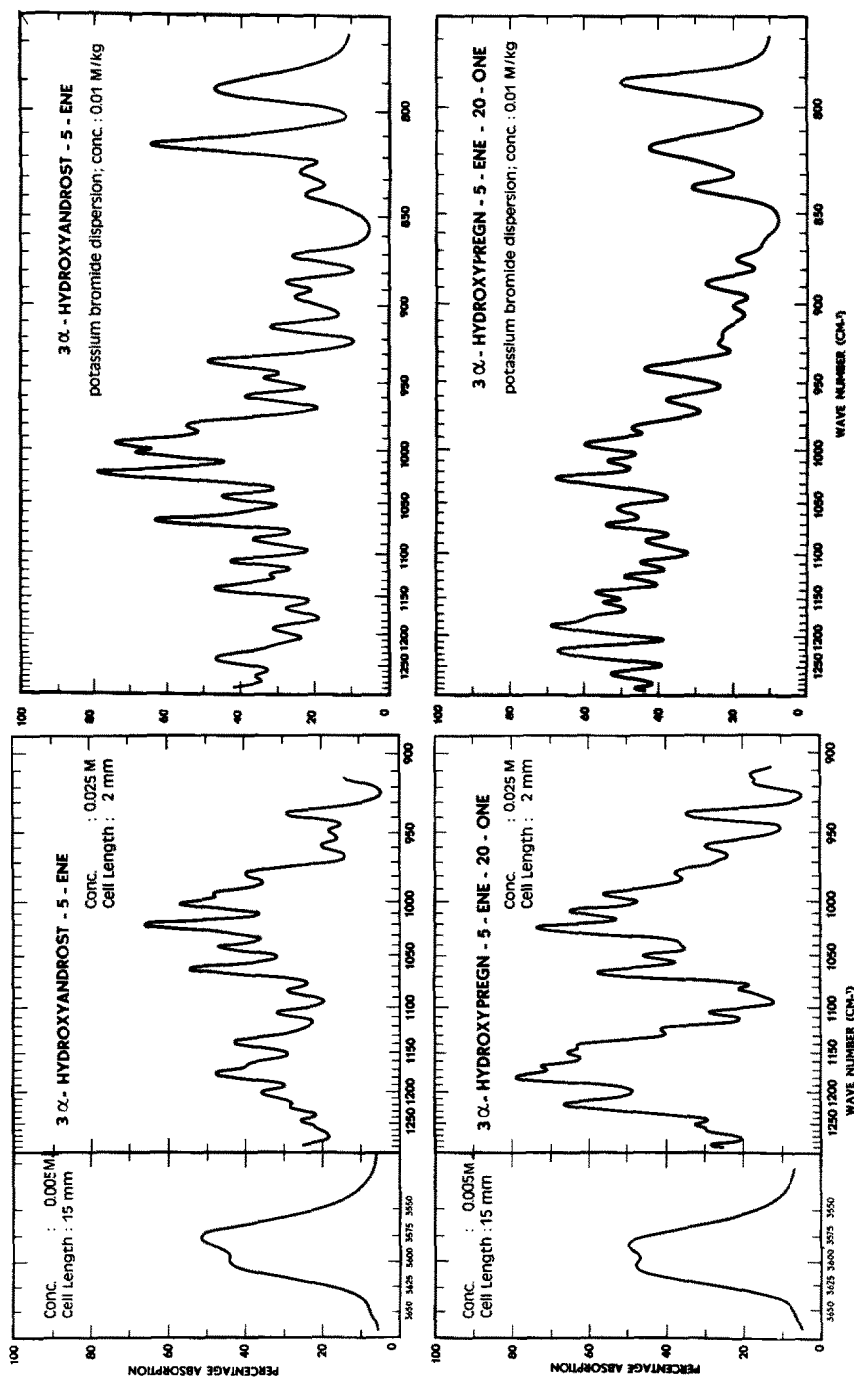


Fig. 2.- Infrared spectra of 3α-hydroxyandrost-5-ene and 3α-hydroxypregn-5-ene-20-one
(carbon disulfide solution and potassium bromide dispersion)

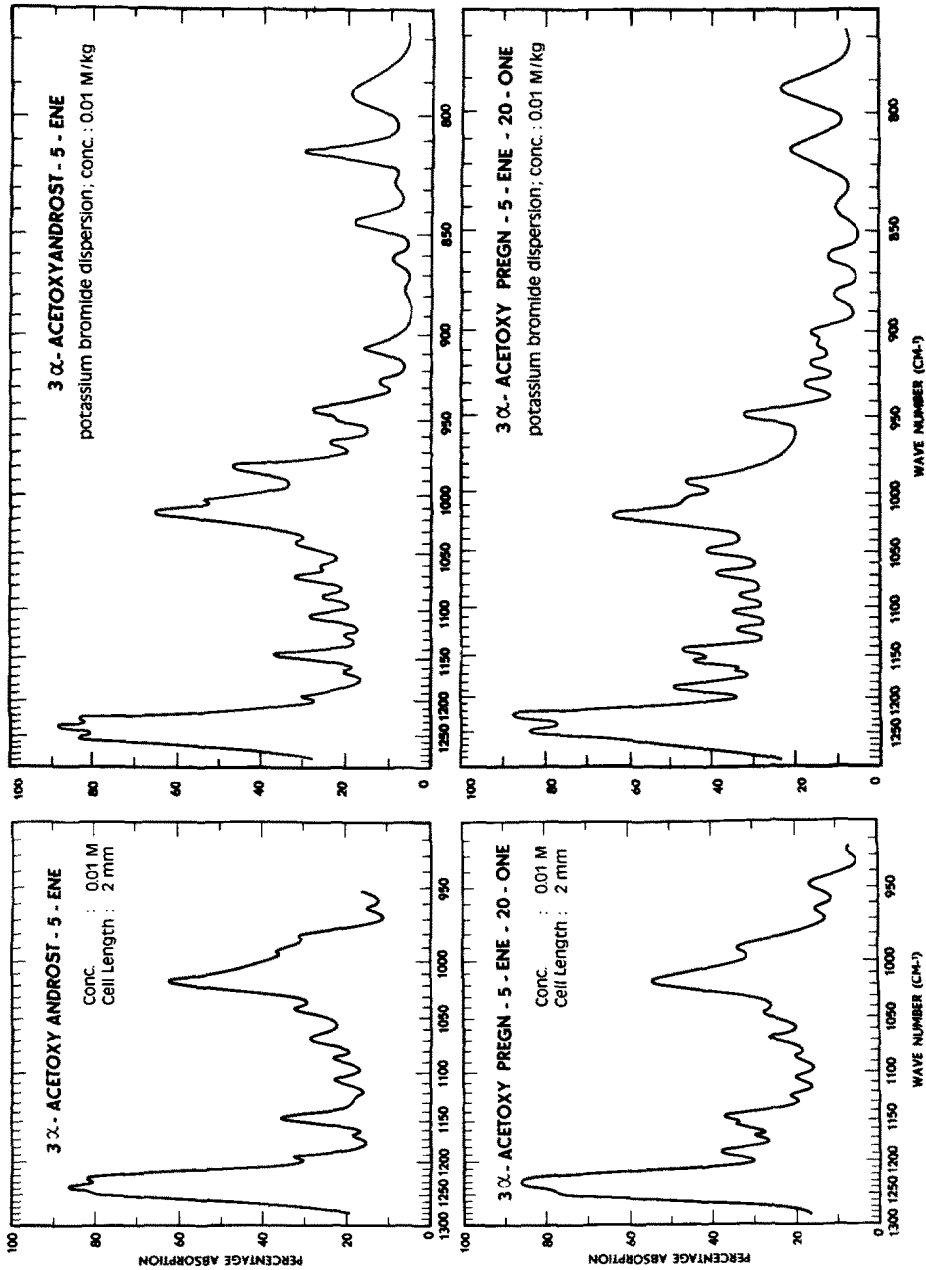


Fig. 3.- Infrared spectra of 3 α -acetoxy-androst-5-ene and 3 α -acetoxy-pregn-5-ene-20-one
(carbon disulfide solution and potassium bromide dispersion)

3-ACETOXY Δ_5 -STEROIDS

Like all 3-axial acetoxysteroids, 3 α -acetoxy Δ_5 -steroids show a strong band at 1020-1010 cm^{-1} and a characteristic group of two or three prominent peaks between 1260 and 1220 cm^{-1} , the center band of the triplet being the most intense in all compounds discussed here. Below 870 cm^{-1} , several bands can be distinguished, which, though weak, seem specific to the acetoxy group at C₍₃₎ in relation to the neighboring center of unsaturation at C₍₅₎.

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