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BIOSYNTHESIS OF IRIDOIDS IN FORSYTHIA SPP.

SØREN DAMTOFT, HENRIK FRANZYK* and SØREN ROSENDAL JENSEN

Department of Organic Chemistry, The Technical University of Denmark, DK-2800 Lyngby, Denmark

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Key Word Index—Forsythia europaea; F. viridissima; Oleaceae; iridoid glucosides; biosynthesis; 11-glucosyl forsythide; 11-methyl forsythide.

Abstract—The biosynthesis of the carbocyclic iridoid glucosides present in the genus Forsythia has been investigated. Deuterium labelled deoxyloganic acid, 8-epi-deoxyloganic acid and adoxosidic acid were fed to Forsythia viridissima and F. europaea. These experiments showed that the biosynthesis presumably follows a pathway including both deoxyloganic acid and adoxosidic acid.

Two new compounds were isolated from F. europaea, i.e. 11-glucosyl forsythide and 11-methyl forsythide.

INTRODUCTION

In a previous paper [1] we have reported on the biosynthetic pathway leading to oleoside-type secoiridoids which apparently are limited to the Oleaceae. Deoxyloganic acid (1) [but not its 8-epimer] was shown to be a potent precursor of these secoiridoids in both *Fraxinus* excelsior and Syringa josikaea.

No biosynthetic work has been reported on the genus *Forsythia* (eight species), which along with the monotypic genus *Abeliophyllum* constitute the tribe, Forsythiae, usually referred to as the subfamily Jasminoideae of the Oleaceae [2]. The relationship between *Forsythia* and *Abeliophyllum* is substantiated by the general vegetative appearance and their common chromosome number (n = 14) [3]. However, in an earlier investigation of *F. viridissima*, the carbocyclic iridoid forsythide (2) was isolated as the only genuine iridoid constituent [4]. The 8β -configuration of the carboxyl group in 2 indicates its biosynthesis to proceed via the same early precursors (e.g. 1) as the secoiridoids in Oleoideae.

Nevertheless, precursors of the 8-epi-series might in fact be involved, since a spontaneous (under weakly acidic or basic conditions) or enzymatic epimerization to the more stable 8β -configuration might take place at the 10-aldehyde stage. Also hypothetically, the origin of the 8β -carboxylic group in 2 might well be geniposidic acid (3), which could undergo further oxidation at C-10 and hydrogenation at the α -side of the 7,8-double bond. Thus, deoxyloganic acid (1) as well as its 8-epimer (4) could be intermediates in the biosynthesis of 2.

This paper describes biosynthetic experiments designed to test these possibilities and the structure elucidation of two novel iridoid glucosides.

RESULTS AND DISCUSSION

Investigation of plant material

As mentioned above, forsythide (2) has earlier been identified as a constituent of F. viridissima, F. europaea and F. japonica (in the last two only by comparative TLC), whereas it appeared to be absent from F. suspensa and F. koreana according to TLC analyses [4]. The present reinvestigation of a large batch of F. viridissima allowed the isolation of a small quantity of adoxosidic acid (5) and a novel iridoid, in addition to a substantial amount of forsythide (2).

The presence of adoxosidic acid (5) agrees with the theory that 2 truly belongs to the 8β -series, possibly derived from deoxyloganic acid (1). Furthermore, chlorogenic acid as well as verbascoside were obtained from *F*. *viridissima*. Only a small amount of the novel compound (6) was obtained, and it was isolated as an apparently inseparable (by MPLC) mixture containing 5-10% of another unidentified iridoid. Identification and characterization of 6 were therefore performed solely by NMR spectroscopy.

The ¹H NMR spectrum of **6** showed all the signals corresponding to a forsythide-type skeleton when compared with the spectrum of **2**. However, the integrals of the signals assignable to the usual glucosylic protons were doubled except for that of the anomeric proton (partly obscured by the HOD-signal at $\delta 4.75$). An additional doublet at $\delta 5.6$ was attributable to an anomeric proton of a 1β -glucosyl ester, thus accounting for the presence of two glucose units in **6**. Hence, **6** was assumed to be the $10 \rightarrow 1\beta$ - or $11 \rightarrow 1\beta$ -glucosyl ester of **2**. Methylation of **6**



with diazomethane afforded, as expected, a monomethyl ester (7).

The ¹³CNMR assignments (Table 1) of 2 and of forsythide dimethyl ester (8) were confirmed by the multiplicities obtained in a DEPT spectrum and the correlations revealed by a ${}^{1}H{-}^{13}C$ COSY spectrum, which was interpretable due to the complete assignment

Table 1. ¹³C NMR data of forsythide-type glucosides (D_2O)

С	2	6	7	8	A (10)	10a
1	97.6	97.8	97.7	97.4	97.7	94.9
3	153.6	155.2	155.2	153.1	153.2	150.2
4	111.7	110.8	110.8	111.7	111.8	111.6
5	34.8	34.8	34.6	34.7	34.9	33.0
6	32.3	32.3	32.1	32.2	32.4	30.4
7	29.0	29.0	28.7	28.6	29.0	27.3
8	45.9	45.8	45.7	45.7	45.9	44.2
9	44.5	44.5	44.5	44.5	44.5	44.0
10	180.4	180.3	178.9	178.8	180.4	179.6
11	171.9	168.3	168.2	170.6	170.8	166.9
OMe-10			53.5	53.4		
OMe-11				52.7	52.7	51.1
1′	99.9	99.9	99.9	99.8	99,9	95.9
2′	73.5	73.5	73.5	73.5	73.5	70.5
3′	76.3	76.5	76.5	76.5	76.5	72.4
4'	70.4	70.4	70.4	70.4	70.4	68.4
5'	77.2	77.2	77.2	77.1	77.2	77.0
6'	61.5	61.5	61.5	61.5	61.5	61.5
1″		94.6	94.6			
2″		72.8	72.8			
3″		76.5	76.5			
4″		70.0	70.0			
5″		77.7	77.7			
6″		61.4	61.3			

of the ¹H NMR spectra performed by decoupling experiments.

In 8 the more upfield carbonyl signal was assigned to C-11, since this is a conjugated methyl ester. From inspection of Table 1, it is seen that 11-glucosylation most convincingly accommodates the observed shift differences for C-3 (+2.1 ppm), C-4 (-0.9 ppm) and C-11 (-2.4 ppm) between 7 and 8. Moreover, the chemical shift (δ 53.5) of the carbomethoxy group in 7 indicates it to be part of a saturated ester, since a carbomethoxy group at the conjugated C-11 would be located in the narrow range δ 52.8-52.5 (e.g. 52.7 in 8) when recorded in D₂O [5]. Also, an upfield shift (1.4 ppm) of C-10 was seen upon methylation of 6, whereas the chemical shift of C-11 was almost unchanged. Thus, the structure of 6 was established as 11-glucosyl forsythide.

Similarly, work-up of a small amount of F. europaea yielded forsythide (2), chlorogenic acid and verbascoside as major components, whereas the minor constituents were cornoside, 11-glucosyl forsythide (6) and adoxosidic acid (5). In addition, a monomethyl ester (A) of 2 was obtained in a substantial quantity.

The finding of a methylated derivative of 2, using an extraction procedure not involving boiling with methanol, allows it to be considered a natural metabolite. Forsythide 10-methyl ester (9) has earlier been isolated as an artifact from *F. viridissima*, and 9 has been shown to arise during the extraction of the plant with hot methanol [4].

Thus, to decide whether the present monomethyl ester (A) isolated from *F. europaea* had the structure 9 or 10, both ¹³C NMR data and chemical evidence were employed. The ¹³C NMR spectrum of A (Table 1) exhibited a carbomethoxy group at δ 52.7 supporting a position at C-11 (i.e. 10) when compared to 8. Furthermore, a signific-

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ant difference (1.6 ppm) between the C-10 of the methyl ester (A) and 8, as well as the almost identical chemical shifts of C-11 in these compounds agree with the conjecture that A is the 11-methyl ester (10). A similar conclusion can be drawn from the relative positions of C-10 and C-11 in A and 2. Final proof was obtained by the synthesis of 10 by selective alkaline hydrolysis [4] of 8 (available by methylation of 2) and the observation that A and 10 had identical NMR spectra.

Synthesis of labelled precursors

Catalytic transfer hydrogenation of 11a to deoxygeniposide (12) and selective catalytic deuteration of the latter allowed the preparation of ²H-labelled 1 and 4 [6, 7].

Adoxosidic acid (5) was prepared by catalytic (Pd/C) deuteration under basic conditions (triethyl amine added) of geniposide (13) followed by alkaline hydrolysis [8].

Biosynthetic experiments

As already stated, a likely pathway to forsythide (2) might involve deoxyloganic acid (1) as well as adoxosidic acid (5) of which the latter was found in both species of *Forsythia* examined in this work (Table 2). However, in order to exclude a route via intermediates of the α -series, a negative experiment with such a likely precursor, together with positive results for precursors of the β -series was needed. Accordingly, both 1 and 4 were tested as precursors in *F. viridissima*; cut stems were fed with d_4 -1 (13% 4 present) and d_4 -4 (>98% epimeric purity) in early August 1991 (experiment nos 1 and 2). Usual work-up and reverse phase chromatography of the water-soluble part of the ethanolic extracts yielded fractions of 2 also

Table 2. Results from biosynthetic experiments

	F. viridissima		F. europaea	
	Expt 1	Expt 2	Expt 3	Expt 4
Precursor	d4-1	d4	d4-1	d3-5
Epimeric purity	87	>98	92	> 98
(%) (mg)	19	16.5	22	11
Plant(g)	29	28	15	15
Metabolic period				
(days)	5	5	4	4
Adoxosidic acid (5)	*	*	14†	11†
Incorporation (%)	8		5.5	(24)
Forsythide (2)	218 mg	284 mg	45§	47§
Incorporation (%)	2	1	7.5	8.5
11-Methyl forsyth-		•		
ide (10)			60	79
Incorporation (%)			6.5	6.5

*Present as a small impurity in the fraction of 2.

†Isolated after addition of carrier (9 mg) as the methyl ester (14).

A 4% incorporation into an unidentified trace compound having a methyl group at $\delta 1.3-1.2$.

§Isolated as the dimethyl ester (i.e. 5 cf. Experimental).

containing a small amount of 5. Without further purification these fractions were subjected to ²H NMR, which revealed incorporations of 1 into both 2 and 5 (2 and 8%, respectively, see below). Conversely, no signals in the ²H NMR spectrum of the corresponding iridoid acid fraction from the plant fed with d_4 -4 were attributable to 2 or 5. However, a signal at $\delta 1.25$ might be assignable to a 10-methyl group of an iridoid bearing an 8-hydroxy substituent, but detection by¹H NMR was not possible as only a minute amount of this compound was present, indicating it to be an unnatural metabolite.

Further validation and a more thorough analysis of these results were undertaken in experiments 3 and 4 (performed in June 1993), where F. europaea was employed since its higher capability to absorb precursors was expected to result in even higher incorporations. Thus, d_4 -1 and d_3 -5 were applied hydroponically to cut stems, and upon fractionation of the extracts pure fractions of 11-methyl forsythide (10) were obtained. Likewise, methylation of the isolated impure mixtures of 2 and 5 (to which additional 5 was added) followed by rechromatography afforded pure fractions of the methyl esters 8 and 14. Almost the same degree of incorporation (6.5-8.5%) of 1 and 5 into 2 and 10 was obtained; in addition 1 was efficiently transformed into 5 (5.5%) showing the latter to be a true intermediate. Further information was obtained by comparison of selected ratios of the observed ²H integrals of the samples (in the case of the precursors these values were estimated by ¹H NMR). Only a slight decrease relative to d_4 -1 was seen for the ratio I(8)/I(6+7) in 2 and 10 (Table 3) which may reflect that the 10-aldehyde stage is short-lived, since a significant isotope exchange at C-8 would otherwise have been expected. Surprisingly, the adoxosidic acid (5) isolated from experiment 3 (purified as the methyl ester 14) contained less label in the 10position than expected: I(10)/I(6+7+8) should be 0.5 (against the measured value 0.3 if 2/3 of the original label was retained, or even higher when taking a possible isotope effect into account). However, an explanation

Table 3. Ratios of ²H integrals at positions 6-8 and 10

	Expt 3	Expt 4
d4-1		
I(8)/I(6+7)	0.47	
I(10)/I(6+7+8)	0.76	
$I(6\beta + 7\alpha + 8)/I(6\alpha + 7\beta)$	3.2	
<i>d</i> ₃ -5		
$I(6\beta + 7\alpha + 8)/I(6\alpha + 7\beta)$		4.0
Adoxoside (14)*		
I(10)/I(6+7+8)	0.30	
$I(6\beta + 7\alpha + 8)/I(6\alpha + 7\beta)$	3.2	4.4
Forsythide dimethyl ester (8)†		
I(8)/I(6+7)	0.42	
$I(6\beta + 7\alpha + 8)/I(6\alpha + 7\beta)$		3.9
11-Methyl forsythide (10)		
I(8)/I(6+7)	0.41	

*†Represents the values for 5 and 2, respectively.



Scheme 1. Proposed route for the biosynthesis from 1 of 2, 6 and 10.

might be that the isolated 5 was partly derived by a reductive pathway from the 10-aldehyde, which otherwise is usually oxidized to 2. This leads to the assumption that 1 may in fact be converted to 2 by a multistep enzyme as depicted in Scheme 1. Such a route would require I(10)/I(6 + 7 + 8) = 0.25 (or somewhat higher if abstraction of ¹H is preferred over ²H during oxidation) in 5, which is close to the observed value of 0.3. Moreover, the ratio $I(6\beta + 7\alpha + 8)/I(6\alpha + 7\beta)$ was seen to be retained during the conversion of 1 into 2 (and 10) as well as by the oxidation of 5 to 2. Thus, removal of protons at C-6, C-7 or C-8 has presumably not occurred in the biogenesis of forsythide-type iridoids, and the accumulated evidence points to a route involving oxidation of 1 to 2 via 5 and the 10-oxo intermediate (Scheme 1).

Chemotaxonomic implications

Earlier studies of the phenolic constituents in Forsythia species [9, 10] have shown rutin to be ubiquitous in this genus, and the isomeric phenylpropanoids, verbascoside (e.g. in F. viridissima) and forsythiaside (e.g. in F. europaea) were found in the seven species examined. However, in the present work, verbascoside was isolated as the sole compound of the latter type, both in F. viridissima and F. europaea. The verbascoside analogues are primarily concentrated in the Oleaceae and in the families of the superorder Lamianae [11], whereas chlorogenic acid is widely distributed among the sympetalous families. Thus, the finding of chlorogenic acid in *Forsythia* species was not surprising. By contrast, the co-occurrence of cornoside and iridoids in F. europaea is noteworthy, since these compounds are usually considered to be mutually exclusive [11]. The putative close relationship between Forsythia and Abeliophyllum [2, 3] is chemically supported by their common content of verbascoside, cornoside and rutin [12].

EXPERIMENTAL

General procedures. Mps: uncorr. ¹H NMR: 250 and 500 MHz, D_2O using the HOD-signal at 4.75 ppm as int. standard; acetates were recorded in CDCl₃ (CHCl₃-signal at 7.27 ppm). ¹³C NMR: 62.5 MHz, C-6' was set to 61.5 ppm as a standard [5]. ²H NMR: 77 MHz; glucosides in H₂O with 0.0156%²H of natural abundance, and acetates in CHCl₃ with 0.017% ²H of natural abundance.

Prep. TLC: 20×40 cm plates coated with 1 mm layers of silica gel PF₂₅₄ (Merck); bands were detected in UV-light (254 nm). Reverse phase MPLC: Merck Lobar C-18 columns size B and C. H₂O-MeOH mixts were used as eluents and peaks were detected by UV (240 nm).

²H labelling in the precursors. Determination of the labelling in 1 was performed by ¹H NMR which showed 0.8 ²H at C-6 (α : β 5:3), 0.9 ²H at C-7 (α : β 8:1), 0.8 ²H at C-8 and 1.9 ²H at C-10. A similar labelling pattern was observed for 4. According to ¹H NMR labelling was present at C-6 [ca 0.5 ²H; (α : β 1:4)], C-7 [0.9 ²H; (α : β 8:1)], and C-8 (0.8 ²H) in 5.

Plant material. Shoots of *F. viridissima* were obtained in August 1991 and twigs of *F. europaea* were collected in June 1993 from The Botanical Garden of Copenhagen.

Work-up of plant material. Frozen foliage (500 g) of F. viridissima was homogenized with EtOH (2.5 l). Filtration of insoluble material, concn in vacuo and subsequent partitioning in H₂O-Et₂O (1:2; 900 ml) gave an aq. phase which was passed through Celite (5 g). Evapn in vacuo of the filtrate yielded a foam (44.4 g), which was dissolved in H₂O (150 ml) and extracted with n-BuOH (3 \times 250 ml). Evapn in vacuo of the aq. layer afforded A (12.4 g), which was redissolved in MeOH-H₂O (15:1; 160 ml) and filtered though activated C (10 g). The filtrate was taken to dryness yielding a syrup (11.3 g), which was applied to an alumina column (75 g). Elution with H_2O (750 ml) and concn in vacuo of the eluate gave a yellowish syrup (9.7 g) which was chromatographed (dissolved in 10% HOAc; 3 portions; size C) giving 3 frs when eluting with 3:1, A-1 (196 mg), A-2 (38 mg) and 2 (189 mg; 0.04%).

Rechromatography of A-1 dissolved in 10% HOAc (Bcolumn; 7:1 to 4:1) afforded 6 in admixture with *ca* 10% of another unidentified iridoid (16 mg; 0.003%); methylation (CH₂N₂-Et₂O in McOH) and MPLC (B-column; 10:1 to 1:1) gave upon elution with 5:2 almost pure 7 (8 mg). Similarly, A-2 (7:1 to 4:1) furnished 5 (19 mg; 0.004%).

The concd *n*-BuOH extracts were partitioned in H_2O -EtOAc (1:3; 400 ml); evapn *in vacuo* yielded B (21.7 g) and an EtOAc-soluble extract, C (10.0 g). An aliquot of B (8.7 g) was subjected to MPLC (C-column; 10:1 to 3:1) and upon elution with 3:1, 2 (0.62 g; 0.3%) was obtained.

Forsythide (2). ¹H NMR (250 MHz; D₂O): δ 7.49 (br s, H-3), 5.27 (d, J = 5.5 Hz, H-1), 4.75 (d, J = 8.5 Hz, H-1'), 2.91 (q, J = 7.5 Hz, H-5), 2.82 (q, J = 8 Hz, H-8), 2.53 (q, J

= 7 Hz, H-9), 2.14 (m, H_a-6), 2.02 (m, H_a-7), 1.78 (m, H_b-7), 1.53 (m, H_s-6); 13 C NMR: Table 1.

11-Glucosyl forsythide (6). ¹H NMR (250 MHz; D₂O): δ 7.67 (br s, H-3), 5.33 (d, J=5.5 Hz, H-1), 2.98 (q, J =7.5 Hz, H-5), 2.82 (m, H-8), 2.57 (m, H-9), 2.20 (m, H_a-6), 2.05 (m, H_a-7), 1.79 (m, H_b-7), 1.55 (m, H_b-6), 5.59 (d, J =7.5 Hz, H-1"), 3.88 (dd, 2H, J = 12 Hz and 2.5 Hz, H_a-6' and H_a-6"), 3.69 (dd, 2H, J = 12 Hz and 5 Hz, H_b-6' and H_b-6"), 3.60-3.22 (m, 6H, remaining glucosyl protons); ¹³C NMR: Table 1.

10-Methyl-11-glucosyl forsythide (7). ¹H NMR (250 MHz; D₂O): δ 7.67 (br s, H-3), 5.34 (d, J = 6 Hz, H-1), 3.68 (s, 3H, 10-OMe), 2.99 (q, J = 7.5 Hz, H-5), 2.89 (q, J = 8 Hz, H-8), 2.60 (q, J = 6.5 Hz, H-9), 2.18 (m, H_a-6), 2.02 (m, H_a-7), 1.82 (m, H_b-7), 1.57 (m, H_b-6), 5.58 (d, J = 8 Hz, H-1"), 4.76 (obscured by the HOD-signal, H-1'), 3.87 (dd, 2H, J = 12 Hz and 2.5 Hz, H_a-6' and H_a-6"), 3.74-6.64 (m, 2H, H_b-6' and H_b-6"), 3.61-3.31 (m, 6H, H-3', H-3", H-5', H-5", H-4' and H-4"), 3.26 (t, 2H, J = 9 Hz, H-2' and H-2"); ¹³C NMR: Table 1.

Frozen foliage (8.3 g) of F. europaea was extracted with EtOH and the crude extract subsequently partitioned in H_2O -Et₂O to give a H_2O -soluble extract (0.91 g), which was dissolved in 10% HOAc and applied to a B-column (25:1 to 1:1). Elution with 10:1 afforded cornoside (5 mg; 0.06%), whereas an impure fr. (7 mg) containing 11-glucosyl forsythide (6) was obtained with 5:1. Impure 5 (6 mg) was followed by 2 (46 mg; 0.6%) and chlorogenic acid (11 mg; 0.1%) when eluting with 4:1. Lastly, 11methyl-forsythide (3:1; 10; 32 mg; 0.4%) and verbascoside (1:1; 183 mg; 2.2%) were eluted.

Selective alkaline hydrolysis of 8. Methylation of 2 in MeOH with $CH_2N_2-Et_2O$ gave 8. Partial alkaline hydrolysis of 8 (325 mg) in dilute NaOH (0.25 M; 4 ml) for 2 days at 0° yielded upon MPLC (B-column; H₂O to 2:1) 2 (4:1; 102 mg; 34%) and 10 (2:1; 172 mg; 55%), which was obtained as a hygroscopic foam, $[\alpha]_{D}^{21}$ - 56.9° (MeOH; $c 0.9) C_{17}H_2O_{11} \cdot H_2O$ requires H 6.20, C 48.34, found H 6.19, C 48.41%.

Forsythide dimethyl ester (8). ¹H NMR (500 MHz; D₂O): δ 7.54 (d, J = 1.2 Hz, H-3), 5.34 (d, J = 5.8 Hz, H-1), 3.77 (s, 3H, 11-OMe), 3.76 (s, 3H, 10-OMe), 3.00 (br q, J= 7.7 Hz, H-5), 2.93 (dt, $J = 2 \times 7.3$ Hz and 9.1 Hz, H-8), 2.61 (dt, $J = 2 \times 6.2$ Hz and 8.0 Hz, H-9), 2.23 (m, H_a-6), 2.07 (m, H_a-7), 1.85 (dq, $J = 3 \times 8.0$ Hz and 13.3 Hz, H_b-6), 1.56 (dq, $J = 3 \times 7.5$ Hz and 13.5 Hz, H_b-6), 4.82 (d, J= 8.1 Hz, H-1'), 3.94 (dd, J = 12.3 Hz and 2.3 Hz, H_a-6', 3.76 (obscured by OMes, H_b-6') 3.54 (t, J = 9.2 Hz, H-3'), 3.50 (ddd, J = 9.8 Hz, 5.0 Hz and 2.3 Hz, H-5'), 3.44 (br t, J= 9.6 Hz, H-4'), 3.34 (dd, J = 8.1 Hz, H-2'); ¹³C NMR: Table 1.

11-Methyl forsythide (10). ¹H NMR (250 MHz; D_2O): δ 7.47 (br s, H-3), 5.26 (d, J = 5.5 Hz, H-1), 3.69 (s, 3H, 11-OMe), 2.93 (q, J = 7.5 Hz, H-5), 2.83 (q, J = 8 Hz, H-8), 2.53 (q, J = 7 Hz, H-9), 2.17 (m, H_a-6), 2.02 (m, H_a-7), 1.78 (m, H_b-7), 1.48 (m, H_b-6), 4.75 (d, J = 8.0 Hz, H-1'), 3.86 (dd, J = 12 Hz and 1.5 Hz, H_a-6'), 3.68 (dd, J = 12 Hz and 5 Hz, H_b-6'), 3.52-3.32 (m, 3H, H-3', H-4' and H-5'), 3.27 (br t, J = 9 Hz, H-2'); ¹³C NMR: Table 1.

Acetylation of 10. Acetylation of 10 (Ac_2O -pyridine 1:1; 2 hr at room temp.) and work-up gave a tetraacetate

(10a) which could not be crystallized from EtOH (and Et₂O). ¹H NMR (250 MHz; CDCl₃): δ 7.40 (d, J = 1 Hz, H-3), 5.35 (d, J = 3.5 Hz, H-1), 3.74 (s, 3H, 11-OMe), 3.02 (dt, $J = 2 \times 7$ and 4 Hz, H-5), 2.76 (q, J = 8 Hz, H-8), 2.65 (dt, $J = 2 \times 8$ and 3.5 Hz, H-9), 2.21–1.89 (3H, obscured by Ac-Mes, H_a-6 and $2 \times$ H-7), 2.12, 2.06, 2.03 and 1.94 (s, each 3H, 4 × Ac-Me), 1.78 (m, H_b-6), 5.25 (t, J = 9.5 Hz, H-3'), 5.13 (t, J = 10 Hz, H-4'), 5.01 (dd, J = 9.5 and 8 Hz, H-2'), 4.88 (d, J = 8 Hz, H-1'), 4.33 (dd, J = 12.5 and 4.5 Hz, H_a-6'), 4.17 (dd, J = 12.5 and 2.5 Hz, H_b-6'), 3.80–3.70 (1H, obscured by 11-OMe, H-5'); ¹³C NMR: Table 1.

Feeding experiments. The labelled glucosides were dissolved in H_2O (2-3 ml). Young, herbaceous shoots of F. viridissima (2-3, ca 25 cm, ca 30 g) and F. europaea (2-3, 20-25 cm, ca 15 g), freshly cut under H_2O , were immersed in the above solns. The precursors were absorbed within 4-6 hr and more H_2O (2-3 ml) was added to ensure complete absorption. In order to keep the plants fresh in the remaining part of the metabolic period, they were placed in a chamber with moist air. At the time of workup the plants still looked fresh.

Work-up of feeding experiments. The ethanolic extract (using 400 ml EtOH) of the plant material was partitioned in H₂O-Et₂O (1:2; 90 ml). A methanolic soln of the aq. extract was filtered through activated C (0.5 g) and chromatographed (column size C; prewashed with 7:1 +0.25% HOAc) eluting with 7:1 to 1:1. F. viridissima gave first 2 in admixture with several minor unidentified iridoid compounds (ca 10 mg); continued elution with 5:1 afforded a fr. (200-300 mg) of 2 containing a small amount of 5. Later frs consisted of chlorogenic acid (2:1; ca 80 mg) and verbascoside (3:2; 0.4-0.5 g). From F. europaea, cornoside (ca 35 mg) was first obtained (7:1) then a mixt. containing 2 and a minute amount of adoxosidic acid (5) was eluted with 3:1. Elution with 3:2 afforded 10 (see Table 2 for amounts). To the mixts of 2 and 5 in MeOH, 5 was added as carrier (9 mg) and treatment with CH₂N₂-Et₂O gave the methyl esters. Rechromatography (B-column; 25:1, 3:1 to 3:2) yielded frs of 14 (5:2; 10–15 mg) and 8 (3:2; ca 45 mg). Results are shown in Table 2.

Incorporation of ²H into the isolated iridoid glucosides (Table 2) was measured by ²H NMR (3 ml H₂O; 10 mm tubes) using the integrals of the peak from the natural abundance of ¹H²HO and the largest peak corresponding to incorporated labelling.

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